Agreement on Social Security between Canada and Portugal

Qualifying for Canadian and Portuguese benefits

The Agreement

The Agreement on Social Security between Canada and Portugal came into force on May 1st, 1981.

The Agreement may help you qualify for Canadian and Portuguese old age and disability benefits if you contributed to both the Canada Pension Plan and the Portuguese pension program, or if you resided in Canada and in Portugal.

The Agreement may also help you qualify for Canadian and Portuguese survivor benefits if you are the widow, widower or child of a person who contributed to the pension programs of the two countries.

Social security legislation and agreements are complex. This sheet contains only *general* information and may not describe all the provisions that apply to your situation.

Qualifying for a Canadian benefit

The Canadian pension programs included in the Agreement are the Canada Pension Plan and the Old Age Security program.

Under the Canada Pension Plan, you can receive a benefit when you retire or if you become disabled. The Plan may also pay benefits to your survivors after you die. To qualify for a benefit, you normally must have contributed to the Plan for a minimum period.

If you do not qualify for a Canada Pension Plan benefit, Canada will consider periods of contribution to the Portuguese pension program as periods of contribution to the Canada Pension Plan.

The Old Age Security program covers most persons who live or have lived in Canada. The pension is payable at the age of 65 to persons who meet certain residence conditions. To qualify for a Canadian Old Age Security pension in Canada, you normally must have lived in this country for at least 10 years after the age of 18. You normally need 20 years of residence in Canada after the same age to receive an Old Age Security pension outside Canada.

What happens if you do not qualify for a Canadian Old Age Security pension because you have not lived in Canada for the minimum number of years? Under the Agreement, Canada will consider periods during which you resided in Portugal after the age of 18, as periods of residence in Canada.

Qualifying for a Portuguese benefit

The Portuguese pension program covers all employed and self-employed persons. Coverage is voluntary for those not covered by any other contributory program.



To qualify for a benefit under the Portuguese pension program, you normally must have contributed to the program for a minimum number of years. For example, to qualify for a Portuguese old age benefit, you normally must have contributed to the program for at least 15 years (with a minimum of 120 days of registered contributions in each year).

If you have not contributed to the Portuguese pension program for the minimum period, you may not qualify for a Portuguese benefit. However, under the Agreement, Portugal will consider periods of contribution to the Canada Pension Plan and/or periods of residence in Canada after age 18, as periods of contribution to the Portuguese pension program.

Payment of your benefits

You may qualify for a Canadian or Portuguese benefit, or both. Under the Agreement, each country will pay a benefit based *solely* on your periods of contribution or periods of residence under its pension program.

For more information

You can find more information on the Social Security Agreement between Canada and Portugal on HRDC's Web site. The address is:

www.hrdc-drhc.gc.ca/ibfa

How to apply for benefits

If you want to apply for a Canadian or Portuguese benefit under the Agreement, or if you have questions, please call or write us.

From Canada or the United States, you can reach us at:

- 1 800 277-9914
- 1 800 255-4786 (TTY)

From other countries, please call:

+1 613 957-1954

You can also contact us at:

- Income Security Programs
 Human Resources Development Canada
 Ottawa, ON K1A 0L4
 CANADA
- E-mail: isp-psr.mail-poste@hrdc-drhc.gc.ca
- Fax: +1 613 952-8901