

FOREWORD

This directory is designed for the use of Canadians between the ages of 18 and 35 who are seeking opportunities abroad through exchange, working holiday, work-study and other types of programs. It describes how to go about in securing the required authorization in a foreign country in accordance with the personal situation of the participant and the admission requirements of the program in which he or she chooses to participate.

The **Department of Foreign Affairs and International Trade (DFAIT)** encourages the introduction of new, reciprocal exchange activities within its international cultural relations programs. It also promotes these programs in order to enable young Canadians to obtain new skills and exposure to the cultures of host countries.

Some of these international youth exchange programs are managed by the embassies or consular posts of the host countries, while others are managed by Canadian agencies.

The directory, which is divided into seven parts, gives an overview of each of the programs available and a list of publications and guidebooks that will help you find what you are looking for. Further information must be obtained from the diplomatic posts of the countries concerned or the agencies offering the programs. Their addresses and telephone numbers are given in the directory.

Unless otherwise specified, participants in these programs will receive the same treatment as nationals of the host countries in the application of laws, regulations and practices regarding working conditions. In most cases, participants must make their own travel arrangements and pay their own transportation costs, including airplane tickets, accommodation and meals.

We hope that this directory will help you in your search and encourage you to explore the full range of opportunities provided by these programs, designed especially for you, in order to gain knowledge and a broader experience of life. For more information or to contact us please visit our website at: <http://www.dfait-maeci.gc.ca/123go>

Enjoy your trip!

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