Development of a Reliable Self-Report Instrument for the Assessment of Criminogenic Need
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### **EXECUTIVE SUMMARY**

The Antecedents to Crime Inventory (ACI) was created to assist clinicians in identifying individuals' antecedents to offending. The ACI is a self-report questionnaire consisting of high-risk situations (or needs) that may place an offender at risk of re-offending. At present the ACI is a useful screening instrument for determining individual treatment needs and may form an integral part of a multi-method criminogenic need assessment. The ACI was determined to be a reliable instrument, however it's validity is still somewhat premature. Although not explicitly developed as a recidivism prediction instrument, meaningful differences existed between recidivists and successful releases on several domains. Further, the goal to develop a self-report measure to assist clinicians to identify criminogenic needs appears to have been met. This report describes the process of constructing and validating the ACI and concludes by presenting a version for use in the criminal justice system.

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### INTRODUCTION

Within the field of addictive behaviours, the relapse prevention model has been developed as a maintenance program to enable individuals in treatment to prevent relapse and maintain newly adopted behaviour patterns (George & Marlatt, 1986). Since then the concept of identifying high risk situations and their relation to relapse has been extensively applied in the areas of the assessment and treatment of sexual offenders (Laws, 1986; Marshall & Barbaree, 1990). It is believed that a distinct pattern occurs, known as the offence cycle (Pithers, 1990), whereby offenders repeat antisocial behaviours in response to being presented with similar cues. These cues can be either events or dispositions and are referred to as antecedents.

That specific antecedents may exist which consistently relate to antisocial behaviour became fused with the broader literature of criminogenic needs with the application of relapse prevention to the treatment of non-sexual offenders (McGuire, 1995). The idea that an offence cycle exists and can be delineated for an offender has contributed to an increased understanding regarding the treatment and management of offenders (Quinsey & Walker, 1992). This idea has been incorporated into contemporary protocols for the assessment of offenders criminogenic needs (Level of Supervision - Revised, Andrews & Bonta, 1995; Offender Intake Assessment, Motiuk, 1997; Psychological Intake Assessment, Serin, 1997). Criminogenic needs are "dynamic attributes of the offender that, when changed, are associated with changes in the probability of recidivism" (Andrews & Bonta, 1998).

It has been recommended that within the context of contemporary risk appraisals a multi-method assessment be preferred (Motiuk & Serin, 1998). Currently there exist several structured clinical interviews and case-based reviews for assessing criminogenic needs (Leis, Motiuk, & Ogloff, 1995), however there are no explicit self-report measures. The purpose of this report is to describe an effort to complement existing assessment approaches with a reliable self-report measure

of antecedents to criminality. Several authors have investigated antecedents to events such as alcohol relapse (Annis & Davis, 1989) and sexual reoffending (Pithers, 1991) in addition to the identification of early or developmental factors (Loeber & Dishion, 1983; Moffitt, 1993). In an effort to identify more proximal cues to reoffending, Zamble and Quinsey (1997) conducted a series of interviews with offenders yielding a range of factors consistent with earlier findings but with increased emphasis on emotional events.

The Personal, Interpersonal, and Community-Reinforcement (PIC-R; Andrews & Bonta, 1998) perspective on criminal behaviour encouraged the identification of factors thought to influence the engagement in antisocial behaviour. This perspective emphasizes the need to understand behaviour within the context of the individual, their situation, and their relations with others. Research investigating relapses across various addictions (Cummings, Gordon, & Marlatt, 1980) supports this model, finding that 71% of all relapses were precipitated by negative emotional states (35%), interpersonal conflict (16%), and social pressure (20%).

Zamble and Quinsey (1991) investigated more specific precursors to offending in a sample of offenders. In those who reported drinking 8 standard drinks per day, 53% linked this use to verbal or physical aggression. Furthermore, in the month preceding an offence, dysphoric mood depression (23%), anger (17%), and anxiety (15%) were noted as precursors. For those who had committed a robbery, financial gain was cited 88% of the time while peer pressure and boredom were less frequently cited, reflecting 10% of respondents' reasons. This evidence provides support for the inclusion of these domains in the assessment of antecedents to criminality. Although these factors are unlikely to apply uniformly across all offenders, the results may serve to inform intervention and supervision strategies.

Currently several need areas have been identified and are consistently considered in offender assessment: Employment; Marital / Family Relationships; Associates / Social Interaction; Substance Abuse; Community Functioning; Personal / Emotional Orientation; Attitude. A more detailed description of these domains and the literature supporting their designation as criminogenic needs is available elsewhere (Correctional Service Canada, 1998). The development of the Level of Supervision Inventory (Andrews, 1982) represented an initial effort at formalizing the assessment of these criminogenic needs among offenders. This was a departure from psychologists' efforts to identify dispositions or traits in offenders relating to psychopathology (Blackburn, 1996). Subsequent research has demonstrated that high scores (high needs) on the LSI correlate with recidivism (Andrews, 1989).

Precursors to reoffending can be categorized (Pithers, 1991) as predisposing (early), precipitating (immediate), and perpetuating (ongoing) risk factors.

Predisposing risk factors, while important in taxonomic research, are static and not responsive to intervention. The perpetuating risk factors are ongoing problems in an offender's life, and are therefore assessed post-treatment during community follow-up. It is the precipitating risk factors, occurring in the 6 months prior to the offence, which are the focus of the ACI.

The ACI is a self-report questionnaire intended to reflect the following proximal cues: impulsivity; social pressure; excitement; anger; social alienation; substance abuse; financial concerns; interpersonal conflict; and family conflict. Clinical lore suggests these nine areas, while not exhaustive, reflect variables considered to be related to criminality. For instance, Zamble and Quinsey (1997) describe impulsivity, anger, social alienation, and financial pressures as proximal cues that offenders' report lead to their commission of crimes. Impulsivity, anger and excitement are important in poorly regulated individuals and therefore relevant domains for inclusion in a self-report measure of criminogenic need. Pithers, Beal,

Armstrong and Petty (1989) report clinician's ratings of social alienation or depression, anger, and substance abuse to be important precursors to sexual offending. Also, Andrews (1982) notes the importance of financial difficulties and the commission of crimes to secure money. Lastly, conflict both within and outside the family is considered relevant to criminality (Williamson, Hare, & Wong, 1987).

The process for the identification of high-risk situations using detailed clinical and criminal records has been described by Pithers et al. (1989). Although their guidelines regarding conducting clinical interviews and training of staff was intended for the assessment of sexual offenders, they appear equally applicable to non-sexual offenders. It was intended that the development of the ACI would augment this process, potentially identifying key areas for additional probing within an interview.

### **Scale Creation**

The rationale for creating the ACI was to delineate the antecedent categories into detailed circumstances, both additive (extended stimuli) and subtractive (diminished stimuli), that were representative of criminogenic needs and could be completed as a self-report inventory. While information obtained from an interview incorporates the assessor's perceptions and insights, the self-report provides the forum for which the offender can identify their own needs, an important component of offender assessments (Blackburn, 1992). Moreover, the ACI represents areas of need that are represented in the psychological literature and that may not be as well articulated in the existing assessment strategies of criminogenic need. The addition of the ACI may facilitate a more accurate measurement of criminogenic needs and assist in the development of more precise intervention strategies.

The development of a summated rating scale, such as the ACI, entails numerous phases. The purpose of this report is to describe the process of constructing the ACI and to present a reliable self-report instrument for the assessment of antecedents to antisocial behaviour.

The first phase in the construction of the ACI was to clearly define what the scale was intended to measure. A review of the empirical literature yielded 9 distinct domains considered antecedents to antisocial behaviour. The development of reliable domains (described in Table 1) for assessing antecedents to crime was the intention in creating the ACI.

The next phase entailed writing an initial item pool to be subjected to statistical analysis later in the process of scale construction. A list of 145 items was derived representing different circumstances that might precede the commission of a criminal act (see Appendix A for list of items). Each item is evaluated according to whether the thoughts or situations preceded their crime (never, rarely, often, and almost always). The incorporation of both multiple items per domain and multiple response choices was intended to increase response precision.

Table 1 Domain definitions of the ACI

Domains	Definition
Impulsivity	Inability to delay gratification; lack of planning; lack of forethought.
Social Pressure	Doing what others expect; inability to say "no" to others.
Excitement	Need for immediate gratification; sensation seeking; proneness to boredom.
Social Alienation	Feelings of inadequacy; lack of purpose; need to belong and be accepted by others.
Substance Use	Excessive use of drugs and alcohol; commits crimes in order to maintain habit.
Financial	Need for money, inability to maintain a job.
Interpersonal Conflict	Poor conflict resolution skills; inability to formulate and enforce personal boundaries.
Family Conflict	Inability to resolve routine family conflicts; unrealistic expectations of family members.

### **Item Selection**

Internal criterion: A sample of 364 men offenders institutionalized at several Ontario facilities (Millhaven Assessment Unit, Joyceville, Frontenac and Pittsburgh) completed the 145-item ACI. This sample was mostly representative of the men offender population drawn from an admission unit, at a medium and minimum security institution. The intention of this step was to perform an item analysis in order to choose a set of items that formed an internally consistent domains and scale as a whole. Throughout the process of scale reduction, the aim was to obtain parsimony without compromising on internal

consistency. Internal consistency was measured using coefficient alpha, which is the degree to which the items in the scale (or domains) measure the same construct.

In an effort to find those items that formed an internally consistent scale, a reliability analysis was performed for each domain. The rationale for conducting the analysis in this manner was to ensure that the same underlying construct was measured. Moreover, this scale was designed to provide insight into the various domains with no meaning attached to a total score for the scale. The reliabilities for the initial item pool are listed in Table 2. The alpha levels and mean inter-item correlations were all within the acceptable to admirable range. However, the number of alpha's above .90 is an indication that there is redundancy among the items within the domains (Crocker & Algina, 1986). Considering that the 145-item scale was much longer than desired, the redundancy could be minimised by reducing the length of the scale.

Table 2 Domain Reliabilities for the Initial Item Pool

Domains	No. of Items	Alpha	Mean Inter-item r
Impulsivity	25	0.91	0.31
Social Pressure	10	0.88	0.43
Excitement	10	0.88	0.43
Anger	15	0.92	0.44
Social Alienation	25	0.95	0.42
Substance Use	10	0.89	0.45
Financial	10	0.90	0.48
Interpersonal Conflict	20	0.93	0.42
Family Conflict	20	0.91	0.37

There were three primary strategies adopted in this item reduction process. The first was to decide upon an optimal number of items per domain. The second was to examine the nature of the intercorrelations among the items and delete one of the two items that were highly intercorrelated or uncorrelated with each other. Finally, the third was to retain those items that had the highest item-remainder correlations.

First, items with inter-item correlations ranging between 0.15 and 0.60 were considered for inclusion while those outside this range were eliminated. This process was performed to ensure that the items were neither unrelated or a replication of other items within the domain. The next step examined the item-remainder correlations. This analysis compares each item with the sum of the remaining items in order to determine how well each individual item relates to the other items in the domain. Those items with low item-remainder correlations were also considered for elimination. When an item had an inter-item correlation outside the range for inclusion, the item with the lowest item-remainder correlations were deleted until the domain consisted of 8 items. The outcome of this process was a reduction in the initial item pool from 145 items to 72 items.

The revised 72-item ACI was subjected to a reliability analysis to ensure that the item deletion process did not reduce the alpha's below an acceptable level of 0.70 (Nunnally, 1978). Table 3 displays the results of this analysis demonstrating that an acceptable reliability and average inter-item correlation was maintained. Although the alpha's were reduced somewhat from the initial item pool, this was due primarily to the reduced variability caused by the elimination of items.

Table 3 Reliability of the 8-item Domains

Domains	No. of Items	Alpha	Mean Inter-item <i>r</i>
Impulsivity	8	0.84	0.40
Social Pressure	8	0.83	0.39
Excitement	8	0.84	0.41
Anger	8	0.88	0.48
Social Alienation	8	0.89	0.50
Substance Use	8	0.86	0.44
Financial	8	0.87	0.47
Interpersonal Conflict	8	0.88	0.49
Family Conflict	8	0.84	0.43

External criterion: One of the most bothersome aspects of self-report inventories is the possible effect of biases such as self-deception and impression management. Individuals high in self-deception have a propensity to be overconfident in their response choices while those high in impression management tend to over-report desirable behaviours and under-report undesirable behaviours. In either case, the completion of the self-report questionnaire will not be in accordance with their true feelings or actions. In order to determine whether the ACI was subject to response bias, the Balanced Inventory of Desirable Responding (BIDR; Paulhus & Reid, 1991) was administered to a subset of the sample (n = 97). This information was used as an external criterion for item selection facilitating the elimination of those items for which social desirability was highest.

The items were correlated with both the impression management and selfdeception subscales of the BIDR. The numerous correlations inflated the probability of Type I errors resulting in the adoption of a more conservative level for rejection (p = 0.01). The results suggested that some of the domains were subject to more bias, particularly to self-deception, than other domains (see Appendix B). For instance, both forms of bias equally influenced excitement and social pressure. On the other hand anger, social alienation, substance abuse and interpersonal and family conflict were strongly influenced by only self-deception. The financial domain was unrelated to any form of bias. The nature of the correlations (negative) suggest that as the offenders engage in more self-deception they are less likely to endorse the items as antecedents to their antisocial behaviour.

Using the BIDR as an external criterion for item elimination, it was decided that 2 additional items within each domain would be eliminated. A scale consisting of 6 items per domain was decided upon as there was a substantial reduction in reliability using 5 items per domain. The outcome of this process was a reduction from 145 items in the initial item pool to a 54-item scale. The items that constitute each domain are listed in Table 4 (see Appendix C for the testing version).

Table 4 Domain Items of the ACI

Domains	Items		
Impulsivity	When I suddenly had an urge to do it		
	When I thought I needed to show others I was in		
	control		
	When it just felt good at the time		
	When I wondered about my self-control and felt like		
	testing it		
	When I couldn't wait to do it legally		
	When I wanted to show off in front of others		
Social Pressure	When I gave my word and couldn't back down		
	When someone told me about a surefire score		
	When I had to save face		
	When someone approached me with a plan and I		
	didn't know how to say no		
	When everyone else was doing it		
	When I came across the same situation that had		
	prompted me to commit crimes previously		
	1 - 1		
Excitement	When someone dared me not to		
	When I lived on the edge		
	When I would remember how good it felt		
	When I needed some excitement		
	When I was bored		
	When I felt restless and couldn't settle down		
Anger	When I felt really pissed off		
_	When I was fed up with others putting me down		
	When I felt someone deliberately tried to hurt me		
	When I was angry		
	When I was frustrated with someone		
	When someone took advantage of me		

Social Alienation	When I was afraid that things weren't going to work out When I couldn't seem to do anything I tried When I couldn't seem to do anything right When I felt I didn't fit in with others
	When life seemed to lack all meaning
	When I felt life was useless
Substance Use	When I needed money to buy more booze
	When I was so drunk that I couldn't remember
	When I was somewhat drunk
	When I needed money to buy more drugs
	When I was so stoned that I couldn't remember
	When I was somewhat stoned
Financial	When I couldn't find a job
	When my welfare/UIC ran out
	When I couldn't find a job that paid more than minimum
	wage
	When I had to borrow money from friends
	When I quit my job
	When I owed money to others
Interpersonal Conflict	When someone made fun of me
	When I felt jealous over something a friend had done
	When someone treated me with disrespect
	When I fought with friends
	When others interfered with my plans
	When others took advantage of me
Family Conflict	When my kids didn't do as they were told
	When my wife/girlfriend wanted me to stop seeing my
	friends
	When my kids had problems at school
	When my kids were bothering me
	When my wife/girlfriend yelled at me
	When my wife/girlfriend wanted me to take a crappy job

# Reliability

The elimination of 91 items from the initial item pool rendered it necessary to repeat a reliability analysis with the new 54-item scale. Although a reduction in the reliability coefficients was expected, it should be insubstantial if the appropriate items were deleted. The reliability coefficients, mean inter-item correlations, and domain descriptives are listed in Table 5. The results demonstrate excellent domain reliabilities. The reliability for the entire scale was 0.95 with a mean inter-item correlation of 0.31. Since a total score is not meaningful with this scale the domain reliabilities are of greater relevance.

Table 5 Reliability of the 6-item Scale

Domains	Alpha	Mean Inter-item <i>r</i>	Mean	SD
Impulsivity	0.80	0.40	3.32	3.68
Social Pressure	0.79	0.40	3.95	3.92
Excitement	0.80	0.40	3.41	3.67
Anger	0.85	0.48	3.52	4.04
Social Alienation	0.86	0.51	3.44	4.12
Substance Use	0.84	0.48	3.95	4.50
Financial	0.83	0.45	3.91	4.10
Interpersonal Conflict	0.84	0.48	2.10	3.03
Family Conflict	0.79	0.42	1.22	2.37

Note: Possible range of scores per domain is 0 to 18.

The number of items strongly correlating with the BIDR prompted the development of a domain measuring response bias. This domain was created from items excluded during item analysis and which met the following criteria: 1) were endorsed by more than 80% of the normative sample, 2) were representative of the domains, and 3) formed an internally consistent domain.

An examination of the items produced 13 items that met the first criteria. These items were examined to determine whether they met the last two criteria. The 6 items (Table 6) that were chosen represented 5 different domains and produced the greatest reliability. The response set domain had a mean of 1.62, standard deviation of 2.89, alpha coefficient of 0.82 and a mean inter-item correlation of 0.43.

Table 6 Response Set Domain

Domain	Items
Response Set	When I felt uncomfortable around others When I tried to impress others by buying them drugs When someone didn't like me for no good reason When I thought friends were trying to control me and I wanted to feel more independent When my wife/girlfriend reminded me that her parents told her I wouldn't amount to anything When my wife/girlfriend and I were having sexual problems

# Validity

Convergent validity: The retrospective nature of self-report measures elicits concerns regarding the validity of the information. For instance, an offender could have been angry when committing the offence, but no longer reports being angry several months later and this may affect their response patterns on the ACI. In an effort to partially address the issue of validity, clinicians were asked to consider file and case history information, criminal records, and interview information for 139 of the offenders (38% of the total sample) and to *independently* assess the extent to which the offender's criminality might be explained by one or more of the domains.

The correlation between psychologists' ratings of antecedents and the obtained domain scores are presented in Table 7. The results demonstrate that there was strong agreement between independent ratings by clinicians and offenders' self-reported antecedents to criminality.

Table 7 Correlations between ACI Domains and Psychologists' Ratings of Antecedents

Domains	r	n
Impulsivity	0.31**	139
Social Pressure	0.27*	134
Excitement	0.29**	138
Anger	0.54**	138
Social Alienation	0.28**	139
Substance Use	0.68**	135
Financial	0.47**	135
Interpersonal Conflict	0.22*	137
Family Conflict	0.23*	138

<sup>\*</sup>p<.01. \*\*p<.001.

Predictive validity: The validity of the ACI is still somewhat premature. However, at the time the initial item pool was assessed, the Statistical Information on Recidivism Scale (SIR; Nuffield, 1982) was concurrently administered to a sample of 97 offenders. The validity of the ACI would be partially supported if it was negatively correlated with the SIR (lower scores reflect higher risk). Furthermore, this analysis would determine whether antecedents identified by the ACI were related to the prediction of risk. To control for the increased probability

of a Type I error due to the numerous correlations, a more conservative level of rejection was adopted (0.01). Referring to Table 8, most domains were unrelated to the SIR. This is not surprising given that, due to the floor effect, there was very little variability in the ACI scores. Despite this, the substance use and financial domains emerged as potentially important antecedents as the risk of re-offending increases. These domains are discussed as 'potentially important' since their correlations did not meet the 0.01 criteria.

Table 8 Domain Correlations with the SIR <sup>a</sup>

Domain	Total SIR	Risk Group <sup>b</sup>
Impulsivity	-0.01	0.04
Social Pressure	-0.10	0.08
Excitement	0.00	0.04
Anger	0.01	-0.01
Social Alienation	-0.04	-0.04
Substance Use	-0.17	0.18
Financial	-0.18*	0.16
Interpersonal Conflict	0.10	-0.11
Family Conflict	0.09	-0.09

<sup>&</sup>lt;sup>a</sup> These are semi-partial correlations controlling for self-deception.

Discriminant validity: Follow up data was available on 277 of the normative sample. Of this sample, 40.1 % (n = 111) did not recidivate while 59.9% (n = 166) recidivated. A multivariate analysis of variance (MANOVA) was performed in order to determine whether recidivists differed from non-recidivists on any of the ACI domains.

<sup>&</sup>lt;sup>b</sup> Risk group: very poor (-30 to -9), poor (-8 to 5), very good (6 to 27).

<sup>\*</sup> p < .05.

The overall MANOVA model was significant (F(10, 266) = 2.26, p < .05,  $h^2 = 0.08$ ) indicating that at least one of the domains differed between the groups. Follow-up comparisons demonstrated that for 4 of the 10 domains (using p < 0.01) recidivists scored significantly higher than non-recidivists. The domains are as follows (see Table 9 for descriptive statistics): substance use (F(1, 275) = 6.56, p < 0.01;  $h^2 = 0.02$ ), excitement (F(1, 275) = 6.71, p < .01;  $h^2 = 0.02$ ), financial (F(1, 275) = 13.83, p < .001;  $h^2 = 0.05$ ), and social pressure (F(1, 275) = 9.15, p < 0.01;  $h^2 = 0.03$ ). Although the recidivists tended to score higher across these domains, the small effect sizes suggest the differences are more a function of power than meaningful differences.

Table 9 Descriptive Statistics of the Domains for Recidivists and Non-Recidivists

Domains	Reci	divists	Non-R		
	М	SD	М	SD	Sig.
Impulsivity	3.45	3.56	2.90	3.20	ns
Social Pressure	4.39	3.99	3.04	3.09	**
Excitement	3.83	3.60	2.72	3.32	**
Anger	3.47	3.85	3.21	4.09	ns
Social Alienation	3.68	4.32	2.81	3.58	ns
Substance Use	4.52	4.43	3.17	4.08	**
Financial	4.53	4.22	2.77	3.27	***
Interpersonal Conflict	2.21	3.12	1.68	2.61	ns
Family Conflict	1.21	2.28	0.83	1.65	ns
Response Set	1.71	2.62	1.08	2.21	ns

<sup>\*\*</sup> p < .01. \*\*\* p < .001.

Of those who recidivated (n = 166), 54.8% of them committed a new violent offence while 45.2% committed a non-violent offence. A MANOVA was performed to determine whether the groups differed across any of the domains. The overall model was not significant (F(10, 154) = 0.15, ns;  $h^2 = 0.01$ ) and therefore the violent and non-violent recidivists did not differ on any of the domains (see Table 10 for descriptive statistics).

Table 10 Descriptive Statistics of the Domains for Violent and Non-Violent Recidivists

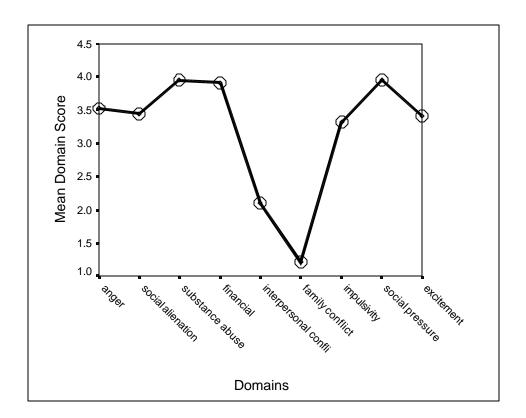
Domains	Vio	Violent		Non-Violent		
	М	SD	М	SD	Sig.	
Impulsivity	3.31	3.34	3.62	3.82	ns	
Social Pressure	4.21	3.80	4.61	4.22	ns	
Excitement	3.69	3.40	4.00	3.86	ns	
Anger	3.20	3.75	3.80	3.98	ns	
Social Alienation	3.44	4.20	3.99	4.47	ns	
Substance Use	4.37	4.22	4.69	4.70	ns	
Financial	4.38	4.07	4.70	4.42	ns	
Interpersonal Conflict	2.04	3.10	2.41	3.15	ns	
Family Conflict	1.18	2.18	1.26	2.40	ns	
Response Set	1.62	2.68	1.82	2.56	ns	

# Norms

The final scale for assessing antecedents to crime was completed and is considered internally consistent with minimal influence due to social desirability. An advantage of the subject pool used in scale construction was that it represented the population for which the scale was intended for use, optimizing the probability that future samples of similar characteristics will respond in a

comparable fashion. Thus, the distributional characteristics of this sample were used as norms, facilitating interpretations of individual scores in relation to the distribution of scores in the population (Figure 1).

Figure 1 Profile of the Normative Sample



The raw scores were transformed into percentiles in order to create domains with the same mean and standard deviation. Using this type of standardized scale the domains could be placed on the same profile chart (see Appendix D). Unlike the linear T-score, percentile transformations are equivalent to area T-scores which are interpretable when the data is not normally distributed (as in this case). The profile sheet, to be used for assessments, contains the raw scores for the

domains in the body and the corresponding percentile equivalents located on the left-hand side. The shaded area encompasses the mean (46) and 1 standard deviation on either side of the mean (+/- 13). Plotting an individuals score on this sheet is useful for identifying needs that may be important treatment targets.

### CONCLUSION

Spector (1992) has noted that a good scale is one that is reliable, valid, appropriate to the population of people who use it, and developed with concern for possible effects of bias. Throughout the construction of the ACI these basic principles were adhered to in an effort to produce a reliable and valid instrument for use in assessing offenders criminogenic needs.

The item selection process reduced the initial item pool from 145 items to 54 items while maintaining acceptable reliability. This step involved both internal and external criteria for item selection and produced a scale that was internally consistent with minimal effects due to response bias. However, although several items were deleted from the scale due to high response bias, the extent of the correlations with the BIDR suggests that the ACI should be given in conjunction with a social desirability scale. This is probably prudent for usage of self-report batteries with offenders as a general practice. Although response bias cannot be completely eliminated, it can be identified and minimized, which is why an internal response set scale was developed.

The normative profile and the relation with the BIDR suggest that the offenders may be more willing to admit to antecedents that require less personal ownership than others. For instance, blaming criminal activity on factors outside of oneself, such as alcohol or money, requires less insight than admitting that involvement in criminal activity is the result of a personality characteristics such as high impulsivity or need for excitement. Furthermore, the circumstances, setting and reasons for using the ACI, as well as instructions may have a considerable influence on the resultant profile.

There are three potential problems with the use of the ACI. First, the profile sheet illustrates that the ACI is subject to a floor effect whereby most offenders endorse very few of the items. Second, the like all self-report instruments, the ACI is subject to response bias. Efforts to address this issue in the scale development,

both in terms of item selection and development of a response set, should help minimise this concern. Finally, the profile of the normative sample presented in Figure 1 illustrates that the interpersonal and family conflict domains are infrequently endorsed. Relative to other domains, this suggests that there may either be an inherent problem with the domains, the offenders lack insight into these domains, or they do not represent highly relevant antecedents to crime.

Although the results did not demonstrate strong predictive and discriminant validity, the ACI remains a useful instrument as an adjunct to existing appraisals of offender risk and need. Although not explicitly developed as a recidivism prediction instrument, meaningful differences existed between recidivists and successful releases on several domains. Further, the goal to develop a self-report measure to assist clinicians to identify situations that place offenders at risk of offending appears to have been met. Future applications in the areas of treatment planning, sensitivity to treatment changes, and risk management strategies will determine the utility of the ACI.

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### APPENDIX A

- 1. When I didn't think of the consequences
- 2. When it was expected of me by others
- 3. When I was bored
- 4. When I was angry
- 5. When I wanted to prove I was right
- 6. When I was depressed about things in general
- 7. When I needed money to buy more booze
- 8. When I couldn't find a job
- 9. When I felt sad
- 10. When I wanted to prove I didn't need help
- 11. When I had an argument with a friend
- 12. When I had met a good woman
- 13. When I needed some excitement
- 14. When others tried to tell me what to do
- 15. When I had become a father
- 16. When I felt I hadn't done my best
- 17. When others made me feel uncomfortable
- 18. When I was frustrated with someone
- 19. When I couldn't provide food for my family
- 20. When I had an argument with my wife/girlfriend
- 21. When I wanted to show off in front of others
- 22. When I felt lost with nowhere to turn
- 23. When someone tried to put me down
- 24. When I had to save face
- 25. When I wanted to get even
- 26. When I felt life was worthless
- 27. When I needed money to buy more drugs
- 28. When others made me feel uptight
- 29. When my kids were bothering me
- 30. When I suddenly had an urge to do it
- 31. When I gave my word and couldn't back down
- 32. When someone dared me not to
- 33. When I felt really pissed off
- 34. When I felt under a lot of pressure
- 35. When I felt alone
- 36. When I was so drunk that I couldn't remember
- 37. When I couldn't pay the rent
- 38. When I felt down and wanted to feel better
- 39. When I didn't stop to think
- 40. When I felt rejected
- 41. When my wife/girlfriend was nagging at me to do something
- 42. When I was anxious or tense
- 43. When I didn't have a chance to check with others.

- 44. When my kids were ashamed of me
- 45. When I felt under a lot of pressure
- 46. When someone treated me with disrespect
- 47. When I felt someone treated me unfairly
- 48. When I got fired from my job
- 49. When someone hurt a family member
- 50. When I heard of an easy score
- 51. When I couldn't seem to do anything right
- 52. When someone gave me their word and then let me down
- 53. When everyone else was doing it
- 54. When I was so angry I wanted to hurt someone
- 55. When I felt it was no use, I was headed back to jail
- 56. When I was so stoned that I couldn't remember
- 57. When a close friend was emotionally hurt
- 58. When my wife/girlfriend yelled at me
- 59. When I was confident and relaxed
- 60. When I came across the same situation that had prompted me to commit crimes previously
- 61. When I lived on the edge
- 62. When I felt I would explode I was so angry
- 63. When I thought I could do anything and not get caught
- 64. When I felt no one really cared what happened to me
- 65. When I was somewhat drunk
- 66. When I quit my job
- 67. When I was afraid that things weren't going to work out
- 68. When I wondered about my self-control and felt like testing it
- 69. When someone didn't like me for no good reason
- 70. When my kids didn't do as they were told
- 71. When I felt restless and couldn't settle down
- 72. When I thought I was cured and could finally control myself
- 73. When my wife/girlfriend did something I didn't want her to
- 74. When I couldn't seem to do anything I tried
- 75. When I felt inferior to others
- 76. When someone took advantage of me
- 77. When I owed money to others
- 78. When my wife/girlfriend wanted me to stop seeing my friends
- 79. When I thought friends were trying to control me and I wanted to feel more independent
- 80. When I lacked the energy to do things
- 81. When others took advantage of me
- 82. When I was out with others and wanted to show off
- 83. When I felt someone deliberately tried to hurt me
- 84. When I felt empty inside
- 85. When I was somewhat stoned
- 86. When others interfered in my plans

- 87. When my wife/girlfriend wanted me to take a crappy job
- 88. When I thought I needed to show others I was in control
- 89. When I wanted to impress others
- 90. When I would remember how good it felt
- 91. When I was afraid for my safety
- 92. When I felt powerless to say no, even though I didn't want to do it
- 93. When everything was going badly for me
- 94. When I tried to impress others by buying their drinks
- 95. When my welfare/UIC ran out
- 96. When I felt guilty about something
- 97. When I couldn't wait to do it legally
- 98. When I felt jealous over something a friend had done
- 99. When my wife/girlfriend reminded me that her parents told her I wouldn't amount to anything
- 100. When I remembered the thrill it gave me before
- 101. When others ignored me
- 102. When my kids left their toys out for me to trip over
- 103. When I thought about how unfair life was
- 104. When I fought with friends
- 105. When someone made fun of me
- 106. When I couldn't get social assistance (welfare/UIC)
- 107. When my kids had problems at school
- 108. When I did things on the spur of the moment
- 109. When I started to withdraw away from others
- 110. When I didn't get along with people at work
- 111. When someone approached me with a plan and I didn't know how to say no
- 112. When someone stole something of mine
- 113. When I felt I didn't fit in with others
- 114. When I was drinking
- 115. When I felt someone was treating me differently
- 116. When my kids got caught stealing
- 117. When I didn't use self-control
- 118. When someone told me about a surefire score
- 119. When others felt I wouldn't because it was too risky
- 120. When I was fed up with others putting me down
- 121. When it just felt good at the time
- 122. When life seemed to lack all meaning
- 123. When I tried to impress others by buying them drugs
- 124. When I couldn't find a job that paid more than minimum wage
- 125. When I felt uncomfortable about others
- 126. When I thought I finally had it together and could control myself
- 127. When someone made fun of me
- 128. When my kids misbehaved
- 129. When I wanted to show others I wasn't afraid

- 130. When I was unable to accomplish my goals
- 131. When my wife/girlfriend fooled around on me
- 132. When things were going well
- 133. When I couldn't perform sexually
- 134. When I trusted someone and they let me down
- 135. When I had to borrow money from friends
- 136. When my wife/girlfriend flirted with another man
- 137. When I thought I was so careful that I wouldn't get caught
- 138. When it seemed like things were coming together
- 139. When I said something I regretted and wished I could take it back
- 140. When someone encouraged me to
- 141. When I felt betrayed
- 142. When I had no hope for the future
- 143. When I was using drugs
- 144. When I was in a good relationship
- 145. When my wife/girlfriend and I were having sexual problems

# **APPENDIX B**

Items	Impression Management	Self-deception
Impulsivity		-
30	23	15
88	05	21
121	12	19
108	27**	23
137	31**	17
21	19	25
68	10	40**
97	27**	19
Social Pressure		1.0
31	29**	20
118	23	10
24	09	22
53	18	24
82	24	28**
111	07	<u>2</u> 0 15
2	07 29**	14
60	29**	10
Excitement	29	10
13	31**	34**
32	01 22**	12
61	33**	22
90	19	22
42	09	33**
3	26**	40**
129	20	31**
71	17	39**
Anger		
33	.02	22
120	04	31**
76	06	39**
83	15	25
141	23	35**
4	09	33**
18	.08	30**
62	18	35**
Social Alienation		
6	14	40**
64	22	39**
67	07	21
74	03	28**

Table continues

Items	Impression Management	Self-deception
51	09	32
113	11	37**
122	15	31**
26	16	30**
Substance Use		
7	11	37**
36	09	28**
65	24	31**
94	11	33**
123	.01	31**
27	13	29**
56	09	31**
85	12	23
Financial		
8	12	21
95	16	08
124	16	16
48	18	24
77	15	20
135	18	23
66	12	08
37	25	14
Interpersonal Conflict		
127	01	29**
98	15	25
46	14	27**
104	02	30**
52	23	30**
81	15	38**
86	08	34**
115	18	35**
Family Conflict		
70	03	26**
99	06	31**
131	20	31**
78	01	29**
107	04	20
29	06	24
58	.03	23
87	02	17

Note: Item numbers correspond to items listed in Appendix A. \*\* p < 0.01.

### **APPENDIX C**

### ACI

### Instructions

This questionnaire was designed to help you in identifying the thoughts and situations that may place you at risk of committing a crime.

The list includes a number of thoughts and situations that might occur before you think about committing a crime. Read each item carefully and decide whether that thought or situation applies to you.

Evaluate the item on the following scale and circle the corresponding number. Try to consider all your crimes when evaluating the item.

### Circle:

- "0" If these thoughts or situations have **NEVER** occurred before you committed a crime.
- "1" If these thoughts or situations have **RARELY** occurred before you committed a crime.
- "2" If these thoughts or situations have **OFTEN** occurred before you have committed a crime.
- "3" If these thoughts or situations have **ALMOST ALWAYS** occurred before you committed a crime.

Think back over your crime(s) and evaluate whether the following situations occurred prior to you committing these crimes. Rate the items on the following scale.

(	)			1	2	3
	/ /ER			RARELY	OFTEN	ALMOST ALWAYS
146	V LIX			IVAILET	OI ILI	ALMOOT ALWATO
39)	0 1	2	3	When my kids we	re bothering m	е
40)	0 1	2	3			ng to control me and I wanted
				to feel more indep	pendent	
41)	0 1			When I couldn't w	<i>r</i> ait to do it lega	lly
42)	0 1	2	3	When everyone e	else was doing i	t
43)	0 1				d	
44)	0 1				ated with some	eone
45)	0 1					•
46)	0 1	2	3	When I was so st	oned that I coul	dn't remember
47)	0 1	2	3	When I quit my jo	b	
48)	0 1	2	3	When others inter	fered with my p	olans
49)	0 1			, ,		
50)	0 1					d me that her parents told her
				n't amount to anyth		
51)	0 1				showoff in fron	nt of others
52)	0 1	2	3	When I came acre to commit crimes		tuation that had prompted me
53)	0 1	2	2	When I felt restles		sottle down
,	0 1					
54)	0 1			When someone to When I felt life was		of file
55)	0 1			When I was some		
56)	0 1					
57)	0 1					mo.
58)	0 1				_	me to take a crappy job
59) 60)	0 1					re having sexual problems
50)	0 1	_	J	willering wile/gil		To Having Schaal problems

# **SCORING**

# Impulsivity[Sum Items 1,11,21,31,41,51] Social Pressure[Sum Items 2,12,22,32,42,52] Excitement[Sum Items 3,13,23,33,43,53] Anger[Sum Items 4,14,24,34,44,54] Social Alienation[Sum Items 5,15,25,35,45,55] Substance Use[Sum Items 6,16,26,36,46,56] Financial[Sum Items 7,17,27,37,47,57] Interpersonal Conflict[Sum Items 8,18,28,38,48,58] Family Conflict[Sum Items 9,19,29,39,49,59] Response Set[Sum Items 10,20,30,40,50,60]\_

Transfer the total domain scores onto the profile sheet

# **APPENDIX D**

Percentile	Impulsivity	Anger	Excitement	Social Pressure	Social Alientation	Substance Abuse	Financial	Interpersonal Conflict	Family Conflict	Response Set
100	13 - 18	13 -18	12 - 18	13 - 18	13 - 18	14 - 18	13 - 18	9 - 18	7 - 18	8 - 18
98	10 - 11	11 - 12	11	12	11 - 12	13	12	8	6	7
96 94		10	10	11		12	11	7	5	
94	9	_	9	10	10	11	10			6
92	8	9	8	9	9	10	9	6		
90 88	0	8	0	9	8	9	9	0	4	5
86		Ü		8	Ü	Ü			•	
86 84	7		7				8	5		
82		7			7	8				
80 78	6			7			7		3	4
76			6	,		7	,		3	
74		6	_		6			4		
72				_			6			
70 68	5		5	6		6				3
66	5		5		5	O				3
64		5			ŭ				2	
62				5				3		
60	4					5	5			
58 56 54	4	4	4		4					2
54		7	7		7					
52							4			
50				4		4		2		
48 46	3	3	3		3				1	
44	3	3	3		3				'	
42						3	3			1
40 38				3						
38		0	0		0			4		
36 34	2	2	2		2	2		1		
32				2			2			
30									0	0
28		1	_		1					
26 24	1		1	1		1	1	0		
24 22				1			I	0		
20		0			0	0				
18	0		0							
16				0			0			