



PREGNANT? NO ALCOHOL.

*For more information about Fetal Alcohol Syndrome (FAS) and related disorders, talk to a counsellor, nurse, midwife or doctor.
Call 1 800-0 Canada (1 800 622-6232) TTY/TDD: 1 800 465-7735 Check out www.healthcanada.ca/fas*

Brought to you by your federal, provincial and territorial governments.

Canada⁺