

# Lightning Safety Tips



## **IF CAUGHT IN A LEVEL FIELD FAR**

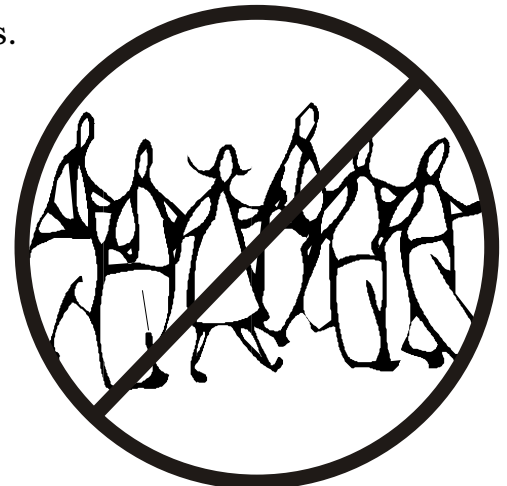
**FROM SHELTER** and you feel your hair stand on end, lightning may be about to hit you. Crouch on the ground immediately, with feet together, placing your hands on your knees and bending forward. Don't lie flat.

**KEEP A SAFE DISTANCE FROM TALL OBJECTS,** such as trees, hilltops, and telephone poles.



**STAY AWAY FROM OBJECTS THAT CONDUCT ELECTRICITY,** such as metal fences, bicycles and fishing rods.

**IF YOU ARE IN A GROUP IN THE OPEN,** spread out keeping people several metres apart.



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