

H.E.R.O.S. Program

Offers FREE Emergency Preparedness Seminars

Disaster Preparedness for Pets

Wednesday Oct. 19, 7:00 pm, Pinetree Community Centre, Room #9, 1260 Pinetree Way, Coquitlam. Coquitlam Emergency Social Services is presenting a course on how to prepare for pets in the case of emergencies or disasters. Participants will learn about the necessary supplies to have on hand as well as how to make a plan to ensure pets have proper care following a disaster. A door prize will be drawn during the session. **Course #132009**

Personal, Family and Community Emergency Preparedness

Monday Oct. 24, 7:00 pm, Riverview Elementary School, Library, 700 Clearwater Way Coquitlam. This session will be facilitated by HEROS, City of Coquitlam and School District #43 representatives. It will cover typical earthquake damage and hazards and how to protect yourself inside and outside of your home or place of business. Details regarding emergency supplies, family communication, schools and community preparedness will be discussed. A door prize will be drawn during this course. **Course #131984**

Post Earthquake Rapid Damage Assessment of Buildings

Tuesday Oct.25, 7:00 pm, Pinetree Community Centre, Room #4, 1260 Pinetree Way, Coquitlam. Participants will learn how to make structural and non-structural components safer from seismic motion. Safe building evacuation, fire prevention, building assessment, and unsafe building treatment will also be covered in this session. An assessment guide is available for purchase at the course for \$5. A door prize will be drawn during the session. **Course #132008**

Basic Fire Suppression

Wednesday Oct 26, 7:00 pm, Town Centre Fire Hall, Training Room, 1300 Pinetree Way, Coquitlam. Participants will learn about different types of fires and fire extinguishers, basic fire chemistry and common sources of household fires, as well as when and how to put out small fires. Come dressed appropriately for hands on fire extinguisher training. A door prize will be drawn during the course. **Course #132010**

Date and Start Time	Course	Cost	Location
Oct. 19/05 Wed. 7:00 pm	Disaster Preparedness for Pets Course #132009	FREE	Pinetree Community Centre Room #9 1260 Pintree Way, Coquitlam
Oct. 24/05 Mon. 7:00 pm	Personal, Family and Community Emergency Preparedness Course #131984	FREE	Riverview Elementary School Library 700 Clearwater Way, Coquitlam
Oct. 25/05 Tues. 7:00 pm	Post Earthquake Rapid Damage Assessment of Buildings Course #132008	FREE	Pinetree Community Centre Room #4 1260 Pintree Way, Coquitlam
Oct. 26/05 Wed. 7:00 pm	Basic Fire Suppression Course #132010	FREE	Town Centre Fire Hall Training Room 1300 Pinetree Way, Coquitlam

“Advance registration is requested.”

For more information call the HEROS office at 604-945-1578

Register to reserve your space by using one of the following methods and quoting course number

- www.coquitlam.ca/signmeup
- 24 hour touch-tone telephone registration @604-927-3555
- In person at any Leisure & Parks Services facility
- Staff assisted telephone registration @ 604-933-6000 available weekdays from 8:30am-8:30pm



Presented by the Emergency Program
City of Coquitlam