



File No.:	Decision No.:
Service No(s).:	

### Medical Questionnaire: Musculoskeletal Lower Limb Conditions

Family name:	Given name:	Date of Birth:
Name of Physician:		Date of Examination:

#### MEDICAL DIAGNOSIS(ES) OF CLAIMED/PENSIONED CONDITION(S) REQUIRING EXAMINATION:

1. \_\_\_\_\_

Is this diagnosis:  confirmed or  provisional?

Do you expect further medical improvement?  Yes  No

If yes, please comment and include approximate time frame:

2. \_\_\_\_\_

Is this diagnosis:  confirmed or  provisional?

Do you expect further medical improvement?  Yes  No

If yes, please comment and include approximate time frame:

3. \_\_\_\_\_

Is this diagnosis:  confirmed or  provisional?

Do you expect further medical improvement?  Yes  No

If yes, please comment and include approximate time frame:

**Very specific information is required by Veterans Affairs Canada to evaluate and assess a client's claimed pensioned condition(s). As this information may not generally form part of the clinical history, please help us to collect this information by answering the following questions.**

**Please complete applicable sections only.**

**If additional recording space is required, please use the "additional comments" sheet.**

**PLEASE ATTACH/FORWARD COPIES OF RELEVANT REPORTS (E.G. DIAGNOSTIC, CONSULTATION, OPERATIVE, LABORATORY, HOSPITAL DISCHARGE SUMMARIES)**

#### **Lower Extremity Function:**

*Please complete this section if the client has a condition that affects the lower limb as a whole (e.g. spinal cord injury or disease which affects one or both lower limbs, complex regional pain syndromes Type 1 and Type 2 of the lower limb(s), compartment syndromes of the lower limb(s), peripheral neurological conditions of the lower limb(s)).*

Does the lower limb condition affect the client's ability to use the lower limb efficiently for walking, standing, etc?  Yes  No

If yes, please describe:

#### **Walking/Mobility**

Does the lower limb condition affect the client's ability to walk in a manner normal for age, on a variety of different terrains and at varying speeds?  Yes  No

If yes, describe:

Does one or both legs give way resulting in falls?  Yes  No

If yes, to what extent? Describe:

Is paresthesia and/or numbness present in one or both legs?  Yes  No

If yes, please describe:

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**Stairs/Ramp Use:**

What best describes the client's ability to manage (ascend and descend) stairs/ramps?

- Independent    
 Requires use of hand rail(s)    
 Requires personal assistance    
 Unable to manage

**Distance:**

How far is the client able to walk without stopping, as a result of the claimed/pensioned condition?

- 100 meters or less    
 250 meters or less    
 500 meters or less    
 greater than 500 meters

What is the limiting factor? Describe:

Is the client able to walk further after resting?      Yes      No

**Aids/Assistance:**

Does the client require personal assistance when walking as a result of the claimed/pensioned condition?      Yes      No

Does the client require a mobility aid when walking as a result of the claimed/pensioned condition?      Yes      No

If yes, a) identify the mobility aid(s) used (brace, cane, walker, etc).

b) under what conditions does the client use the aid/personal assistance?

c) how often is the aid/personal assistance required?

Does the client require a wheelchair?      Yes      No

If yes, please provide details and circumstances of use:

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**HIP CONDITION(S):**

**MEDICAL HISTORY:** Describe current relevant symptoms noting frequency, duration, aggravating and relieving factors.

Hip injury(ies):  Yes  No

If yes, please describe and include dates:

Are further diagnostic tests or consultations ongoing/planned?  Yes  No

If yes, indicate for which condition and indicate the nature of the test/consultation, and the appointment date (if known).

**TREATMENT:** Provide a complete medication list (indicating dosage, frequency, duration, route and response), details of relevant surgery/hospitalization and other therapies (e.g. physiotherapy).

**COMPLICATIONS:**

Are there any complications resulting from the claimed/pensioned condition(s)?

Yes  No

If yes, please provide details:

**Fracture Status:** (if applicable)

Please indicate the site and type of fracture(s):

- 1.
- 2.
- 3.

Is/are the above noted fracture(s) well healed?

1.  Yes  No
2.  Yes  No
3.  Yes  No

If no, please describe noting non-union, malunion, angulation and displacement.

**Osteomyelitis:** (if applicable)

Has the client had osteomyelitis?  Yes  No

If yes, please comment on sites, activity, dates and outcomes:

**PLEASE FILL OUT PHYSICAL EXAMINATION SECTION ON PAGES 8 AND 9**

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**KNEE CONDITION(S):**

**MEDICAL HISTORY:** Describe current relevant symptoms noting frequency, duration, aggravating and relieving factors.

Knee injury(ies):  Yes  No  
If yes, please describe and include dates:

Are further diagnostic tests or consultations ongoing/planned?  Yes  No  
If yes, indicate for which condition and indicate the nature of the test/consultation, and the appointment date (if known).

**TREATMENT:** Provide a complete medication list (indicating dosage, frequency, duration, route and response), details of relevant surgery/hospitalization and other therapies (e.g. physiotherapy).

**COMPLICATIONS:**

Are there any complications resulting from the claimed/pensioned condition(s)?  Yes  No  
If yes, please provide details:

**Fracture Status:** (if applicable)

Please indicate the site and type of fracture(s):

- 1.
- 2.
- 3.

Is/are the above noted fracture(s) well healed?

1.  Yes  No
2.  Yes  No
3.  Yes  No

If no, please describe noting non-union, malunion, angulation and displacement.

**Osteomyelitis:** (if applicable)

Has the client had osteomyelitis?  Yes  No

If yes, please comment on sites, activity, dates and outcomes:

**PLEASE FILL OUT PHYSICAL EXAMINATION SECTION ON PAGES 8 AND 9**

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**ANKLE CONDITION(S):**

**MEDICAL HISTORY:** Describe current relevant symptoms noting frequency, duration, aggravating and relieving factors.

Ankle injury(ies):  Yes  No  
If yes, please describe and include dates:

Are further diagnostic tests or consultations ongoing/planned?  Yes  No  
If yes, indicate for which condition and indicate the nature of the test/consultation, and the appointment date (if known).

**TREATMENT:** Provide a complete medication list (indicating dosage, frequency, duration, route and response), details of relevant surgery/hospitalization and other therapies (e.g. physiotherapy).

**COMPLICATIONS:**

Are there any complications resulting from the claimed/pensioned condition(s)?  Yes  No  
If yes, please provide details:

**Fracture Status:** (if applicable)

Please indicate the site and type of fracture(s):

- 1.
- 2.
- 3.

Is/are the above noted fracture(s) well healed?

1.  Yes  No
2.  Yes  No
3.  Yes  No

If no, please describe noting non-union, malunion, angulation and displacement.

**Osteomyelitis:** (if applicable)

Has the client had osteomyelitis?  Yes  No

If yes, please comment on sites, activity, dates and outcomes:

**PLEASE FILL OUT PHYSICAL EXAMINATION SECTION ON PAGES 8 AND 9**

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**FOOT/TOES CONDITION(S):**

**MEDICAL HISTORY:** Describe current relevant symptoms noting frequency, duration, aggravating and relieving factors.

Foot/Toe injury(ies):  Yes  No  
If yes, please describe and include dates:

Are further diagnostic tests or consultations ongoing/planned?  Yes  No  
If yes, indicate for which condition and indicate the nature of the test/consultation, and the appointment date (if known).

**TREATMENT:** Provide a complete medication list (indicating dosage, frequency, duration, route and response), details of relevant surgery/hospitalization and other therapies (e.g. physiotherapy).

**COMPLICATIONS:**

Are there any complications resulting from the claimed/pensioned condition(s)?  Yes  No  
If yes, please provide details:

**Fracture Status:** (if applicable)

Please indicate the site and type of fracture(s):

- 1.
- 2.
- 3.

Is/are the above noted fracture(s) well healed?

1.  Yes  No
2.  Yes  No
3.  Yes  No

If no, please describe noting non-union, malunion, angulation and displacement.

**Osteomyelitis:** (if applicable)

Has the client had osteomyelitis?  Yes  No

If yes, please comment on sites, activity, dates and outcomes:

**PLEASE FILL OUT PHYSICAL EXAMINATION SECTION ON PAGES 8 AND 9**

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**AMPUTATION(S):**

**MEDICAL HISTORY:** Describe current relevant symptoms noting frequency, duration, aggravating and relieving factors. Indicate the site of the amputation(s). Please be as specific as possible (e.g. above knee amputation). Indicate length of stump in centimeters.

Is/are there relevant injury(ies)?

If yes, please describe and include dates:

Are further diagnostic tests or consultations ongoing/planned?  Yes  No

If yes, indicate for which condition and indicate the nature of the test/consultation, and the appointment date (if known).

**TREATMENT:** Provide a complete medication list (indicating dosage, frequency, duration, route and response), details of relevant surgery/hospitalization and other therapies (e.g. physiotherapy). Indicate if a prosthesis is used and if so, describe type.

**COMPLICATIONS:**

Are there any complications resulting from the claimed/pensioned condition(s)?  Yes  No

If yes, please provide details:

**PLEASE FILL OUT PHYSICAL EXAMINATION SECTION ON PAGES 8 AND 9**

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**PHYSICAL EXAMINATION: (fill out only portion applicable to the pensioned/claimed condition(s))**  
 Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Pulse \_\_\_\_\_ Respiration \_\_\_\_\_

**GENERAL APPEARANCE:**

  
  
  

Please provide the following information where and if applicable for each pensioned/claimed condition:

**ACTIVE Range Of Motion (ROM): (N = Normal)**

<u>HIP</u>	Right	Left	Describe any pain with movement:
Flexion (N = 120°)	_____ degrees	_____ degrees	_____
Extension (N = 30°)	_____ degrees	_____ degrees	_____
Abduction (N = 40°)	_____ degrees	_____ degrees	_____
Adduction (N = 20°)	_____ degrees	_____ degrees	_____
External Rotation (N = 45°)	_____ degrees	_____ degrees	_____
Internal Rotation (N = 30°)	_____ degrees	_____ degrees	_____

<u>KNEE</u>			
Flexion (N = 130°)	_____ degrees	_____ degrees	_____
Extension (N = 0°)	_____ degrees	_____ degrees	_____
Varus (N = nil)	_____ degrees	_____ degrees	_____
Valgus (N = Nil)	_____ degrees	_____ degrees	_____

<u>Knee Stability</u>	Right	Left	Comments:
Valgus stress	_____	_____	_____
Varus stress	_____	_____	_____
Drawer test (Anterior/Posterior)	_____	_____	_____
Lachman (at 30 degrees)	_____	_____	_____

<u>ANKLE</u>			
Dorsiflexion (N = 25°)	_____ degrees	_____ degrees	_____
Inversion (N = 30°)	_____ degrees	_____ degrees	_____
Plantar Flexion (N = 40°)	_____ degrees	_____ degrees	_____
Eversion (N = 20°)	_____ degrees	_____ degrees	_____

**FOOT/TOES**  
 Describe any loss of ROM of the toe(s). Identify the affected joint and provide a measurement of active ROM in degrees for all planes of movement.



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**Ankylosed or Flail Joints:**

If a joint(s) is/are ankylosed or flail, please indicate below:

- |                          |                                    |                           |                                |
|--------------------------|------------------------------------|---------------------------|--------------------------------|
| a) Joint affected: _____ | <input type="checkbox"/> ankylosed | _____ position in degrees | <input type="checkbox"/> flail |
| b) Joint affected: _____ | <input type="checkbox"/> ankylosed | _____ position in degrees | <input type="checkbox"/> flail |
| c) Joint affected: _____ | <input type="checkbox"/> ankylosed | _____ position in degrees | <input type="checkbox"/> flail |

**OTHER EXAMINATION FINDINGS: Describe any relevant examination findings.**

**IF ADLs ARE AFFECTED ON A CONTINUOUS BASIS, DESPITE OPTIMAL TREATMENT, PLEASE COMPLETE THE ADL SECTION.**

**OTHER PERTINENT FINDINGS: (i.e. other conditions that may be contributing to the client's impairment)**

If there are other conditions contributing to the impairment, describe and indicate to what degree:

Physician's signature:	Is VAC to be invoiced? <input type="radio"/> Yes <input type="radio"/> No	Telephone No. (     )	Today's date:
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### Activities of Daily Living (ADL) Questionnaire

Family name:	Given name:	Date of Birth:
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Name of Physician:	Date of Examination:
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**IF APPLICABLE TO THE CLAIMED/PENSIONED CONDITION(S), PLEASE COMPLETE THIS SHEET**

**Activities of Daily Living:**

Please describe the impact that the **pensioned conditions** have on **Activities of Daily Living**.

Select the description that most accurately reflects the client's current level of functioning for each of the following activities:

Activity	Independent	Independent (with aids)	Requires reminders, prompting and/or supervision in addition to minor assistance	Needs extensive assistance	Totally dependent
Eating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grooming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Toileting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transferring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please elaborate (list aids required, ability to sit/stand unaided during task, safety concerns, bed mobility, etc.):

**Continence/Incontinence:**

Select the description that most accurately reflects the client's current level of bladder and bowel control:

	Continent (No assistance needed)	Occasional nighttime incontinence (once a week or less)	Daytime incontinence (more than once per week)	Daytime (daily) incontinence (requiring protective padding)	Daytime (daily) incontinence (requiring intervention by others)	Total incontinence
Bladder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bowel	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Comment:** Please note the number of incontinence pads used/day, if applicable.

**Locomotion:** Please comment on any difficulty with walking, provide walking distance, and list aids required.

**Chronic Pain:** Please comment on pain intensity, frequency, symptoms and response to treatment.

**Comments:** Please remember to note other contributing conditions.

Physician's signature:	Today's date:
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Family name:

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Additional Comments:

Physician's signature:

Today's date: