

# Choose fall protection for the job...



because the alternative *falls flat*.



Staying safe when working at heights is possible,  
you just need to know your options.

## 1 Guardrail

Keeps a barrier between you and the edge – your safest choice!

## 2 Travel Restraint

Keeps you from getting close to the edge, if you're properly tied into it.

## 3 Fall-Arrest

Keeps you from hitting the ground after you've fallen – your last resort!



**IF YOUR JOB REQUIRES YOU TO WORK AT HEIGHTS, YOU MUST USE FALL PROTECTION.**

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