

**A**ctivities: Non-structured initiatives that encourage students to actively participate in a "play-like" environment, above and beyond the Physical Education class.

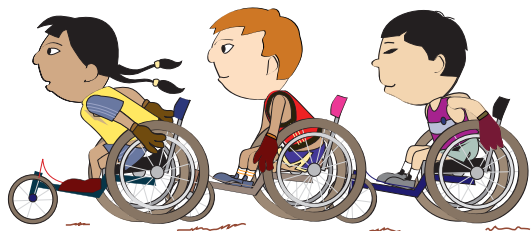
**C**urricular, Co-curricular and Extra-Curricular Programs: Structured activities that provide opportunities for students to participate in physical activity and learn basic movement skills that are required in order to participate in sport and life long physical activity.

**T**eamwork: Involves a group focus on physical activity within the school setting. These activities are usually referred to as "mass participation" physical activities. Through teamwork, the value of physical activity is promoted and organized throughout the school.

**I**ntegration: Regular physical activity and health benefits are promoted throughout different subject areas.

**O**pportunities: Students participate in physical activity outside the school setting, in programs held in the community. Students have access to the community facilities such as rinks, pools, gymnastics club etc.

**N**etworking: On going activity –based interactions between the school and the community. Inviting community members into the school to assist in the delivery of the program.



## School Communities In ACTION...



### Vision

All students will be provided with physical activity opportunities as teachers, parents, students and community leaders are committed to working together in pursuit of active lifestyles.

New  Nouveau  
**Brunswick**  
C A N A D A



Education  
Culture and Sport Secretariat

## Mission

School Communities In ACTION is designed to assist schools to adopt, implement and maintain a variety of physical activity opportunities. This physical activity program is intended to support (not to replace) the Physical Education class and can be a family and a community priority, which extends beyond schools.

What is the School Communities In ACTION program?

A free program designed to:

- \* recognize and reward the successful physical activity programs that already exist in the New Brunswick schools.
- \* encourage and recognize schools that adopt, implement and maintain additional physical activity programs.

How can you enroll in the School Communities In ACTION program?

**1.** Early in the school year, complete and submit an action plan to the School Communities In ACTION program coordinator. Your action plan outlines the physical activity programs the school intends to offer.



**3.** If your school has already completed at least one activity in each A-C-T-I-O-N category, then you have qualified for the Minister's Award, Level 1. Your school is encouraged to implement more activities in order to complete other A-C-T-I-O-N sets and to increase its level of recognition. It may be possible for one activity to qualify for more than one category.

**4.** Towards the end of the school year, complete and submit an inventory checklist of what your school has offered under each of the six A-C-T-I-O-N categories.

**5.** Soon after submitting your inventory checklist, your school will receive a report and become eligible to receive the Minister's Award recognition plaque, at the appropriate level. Congratulations!

