

## APPENDIX A

### REQUIREMENTS FOR ALPINE SKIING (DOWNHILL)

#### Co-Curricular School Ski Trips

Subject to District Education Council policy, school ski trips are permitted as a co-curricular activity, one school day per year for students in grades 6, 7 and 8 (i.e. a total of no more than three school days over these three grades).

Schools must comply with the *New Brunswick Physical Education Safety Guidelines* ([Elementary and Middle School Guidelines](#), [High School Guidelines](#)) and the following conditions must be met:

- the parent of a student wishing to participate in a school ski trip shall be fully informed of the nature of the risks involved and must sign a consent form acknowledging the potential for injury to his/her child;
- as with any other co-curricular activity, ski trips must have an educational orientation, complete with a lesson plan. Ski trips are not permitted during school hours for solely recreational purposes;
- at the ski hill, students must be under appropriate supervision of a fully qualified ski instructor;
- schools must be informed as to the number of instructors available, any limits on the number of students, safety precautions, and cost per student prior to authorization being given for such trips; and
- adequate arrangements shall be made to ensure participating students have suitable clothing.

#### Curricular and Extra-Curricular Ski Trips

The following conditions apply to curricular and extra-curricular alpine ski trips:

- the parent of a student wishing to participate in a school ski trip shall be fully informed of the nature of the risks involved and must sign a consent form acknowledging the potential for injury to his/her child; and
- the activity must be conducted in accordance with the *New Brunswick Physical Education Safety Guidelines* ([Elementary and Middle School Guidelines](#), [High School Guidelines](#)).

In addition, curricular alpine skiing must follow curriculum specifications.