

WATCHDOG AND RUBI



Watchdog is your friend. He looks after you when you are at home, at school, alone or playing with your friends.



Rubi is also your friend. Rubi is a safety robot who teaches you how to stay safe. Read the story carefully and keep Watchdog and Rubi as your very best friends.



What kind of person is a stranger?

Strangers come in all shapes and sizes. Strangers can be men or women, tall or short, young or old.

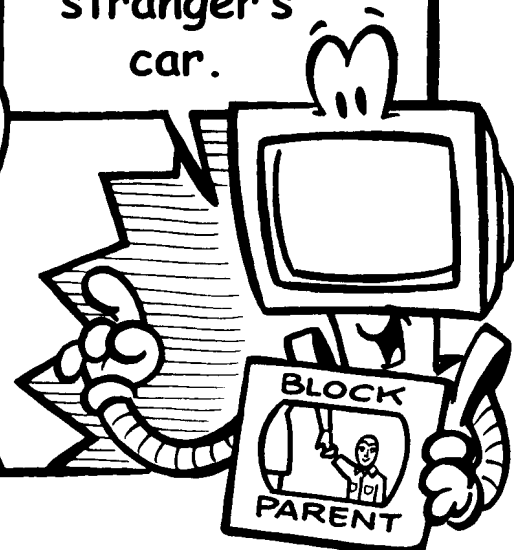


Most strangers are good, but some are bad. Be careful when a stranger wants to talk to you. Strangers can start off being nice and end up being mean.

Sometimes strangers will tell you they are lost and ask you to help them find their house. Strangers may tell you that they are looking for a puppy or a kitten and ask you to help them find it. Sometimes strangers will offer you candy or money to take a walk with them. If these things happen to you, yell **NO!** and run away as fast as you can.

What else should I remember to do?

Always stay three giant steps away from a stranger's car.



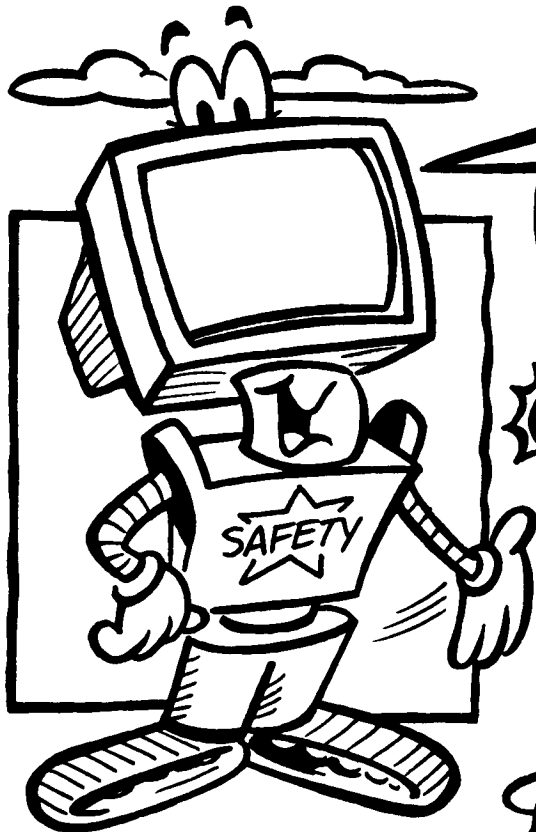


If a stranger asks you to get into a car, yell **NO!** and run away. Run to a *Block Parent* house or a place with people. Always tell someone you trust, like your parents or your teacher, about the stranger.

Try to remember what the stranger's car looked like. Remembering the car's name and colour will help the police. Write the car's licence plate number in the dirt or snow if you can. Look at Rubi's monitor and remember these safety tips.

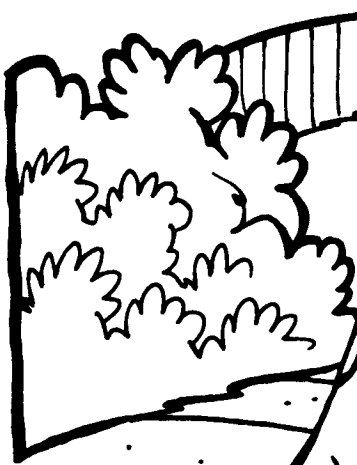
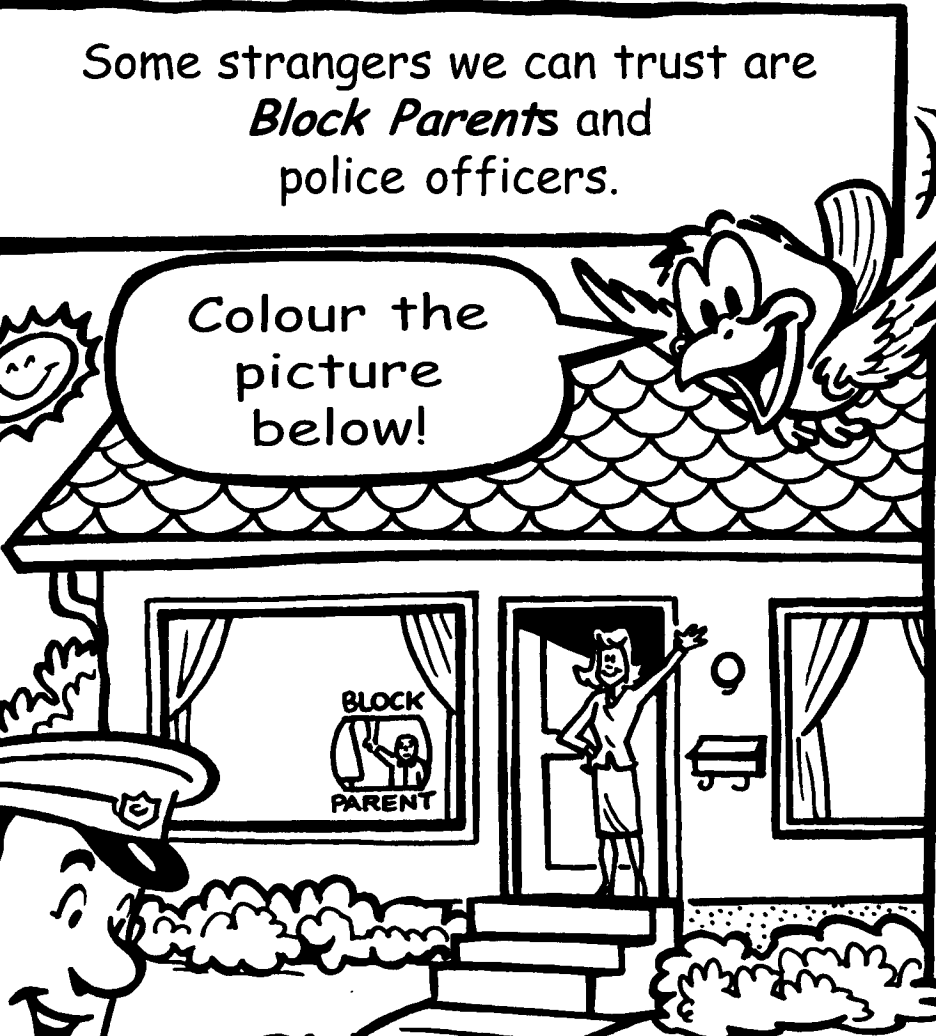
Always stay
three giant steps
away from a
stranger's car.

Never get into a
stranger's car.



Some strangers we can trust are *Block Parents* and police officers.

Colour the picture below!



You can trust *Block Parents* and police officers in uniform.

These people will help if you are lost or frightened.



Touches

Sometimes a person may try to hold you or touch the private parts of your body. If someone tries to touch you and it makes you feel uncomfortable, yell

NO!

and run away from that person. Always tell your parents or your teacher that someone tried to touch you.

Some people may also ask you to touch or hug them.

Never touch or hug anyone unless your parents say it is OK.





Secrets

Sometimes a person may try to touch the private parts of your body and ask you to keep those touches a secret. These are bad secrets and you should tell your parents, your teacher or a police officer about them.

Never keep touches a secret.

Never take money, candy or drugs from anyone. If your friends tell you that it is OK

to take drugs or alcohol, say **NO!** and tell your parents or your teacher. Don't keep these things a secret because they are bad secrets.

Some secrets can be good secrets.

A good secret is a special word between me and my parents that only we know. I will only go with someone I don't know if they tell me the special word. Then I know that my parents trust that person and I can too.

That's right! Your special word is a good secret you should keep with your parents. Don't let anyone else know your special word.

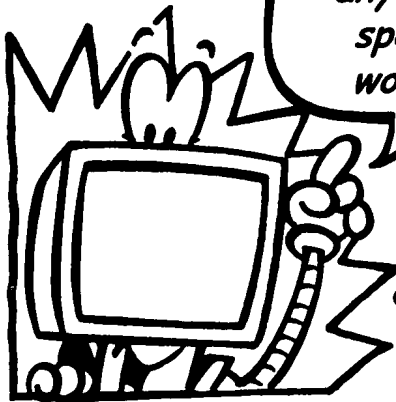


Do you know any good special words?

Apples

Squashed Tomatoes

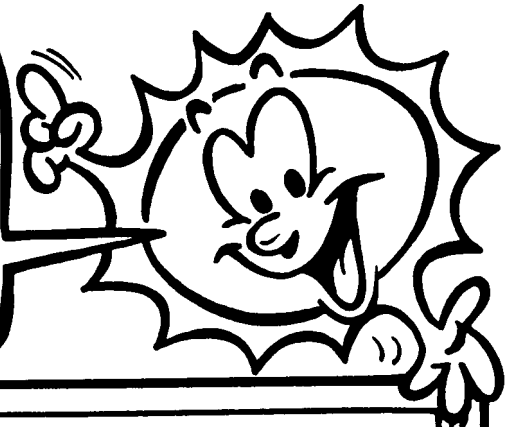
Skipping Rope



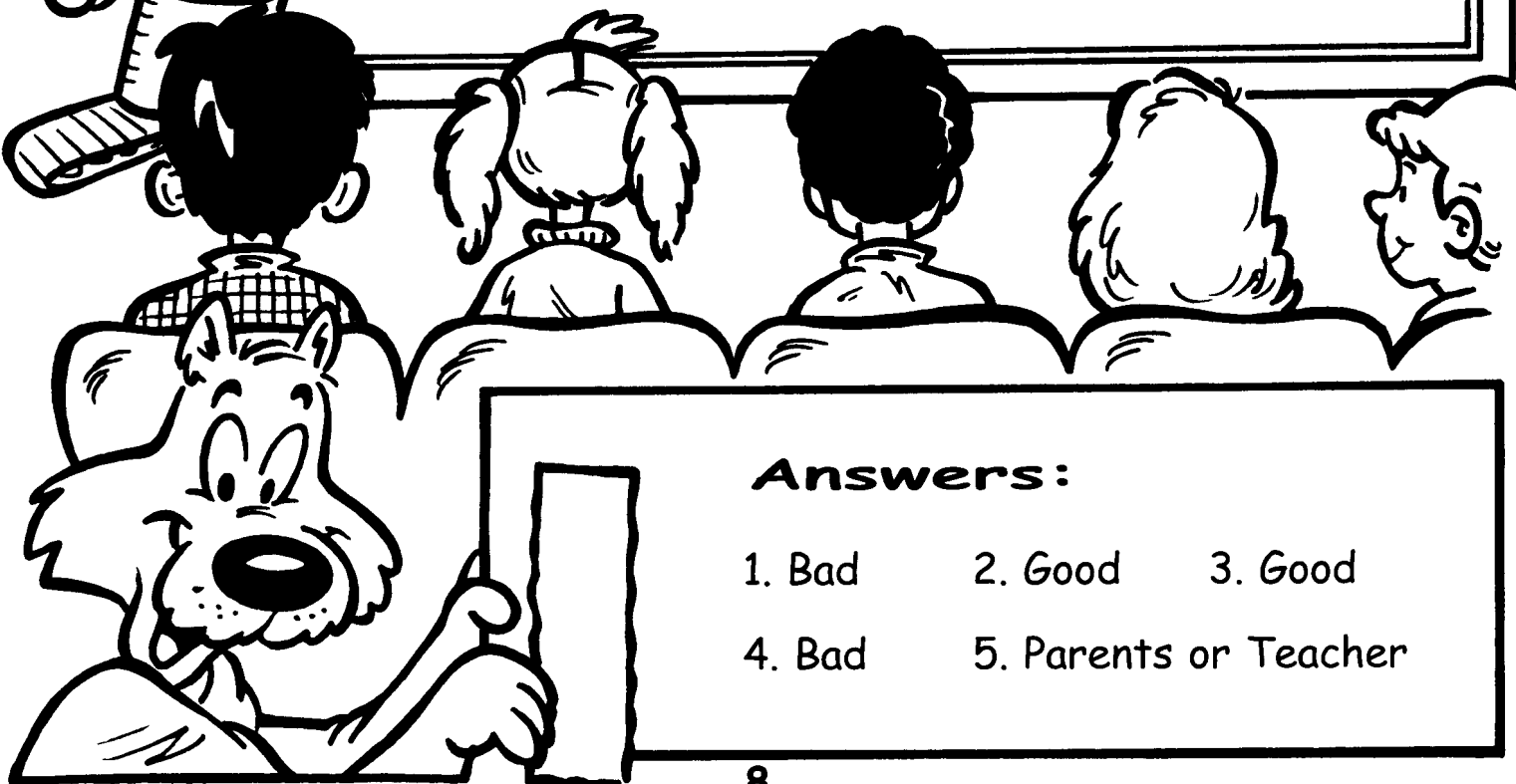
Remember: always use your special word.

What did you learn about secrets today?

Rubi has some questions for you about secrets. Can you answer them?



1. Taking money, candy or drugs from a stranger is a _____ secret.
2. Police officers and *Block Parents* are _____ strangers.
3. Special words are _____ secrets.
4. If anyone touches me, that is a _____ secret.
5. If anyone wants me to keep a bad secret, I will tell my _____.



Answers:

1. Bad
2. Good
3. Good
4. Bad
5. Parents or Teacher

Watchdog
and
Rubi's
Safety Tips
for Safe
Kids



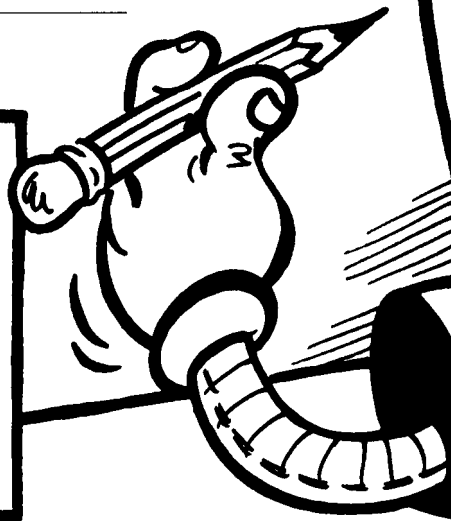
It is very important that you play in safe places. You should always play with friends when you are outside. Make sure you tell your parents or your teacher where you will be playing.

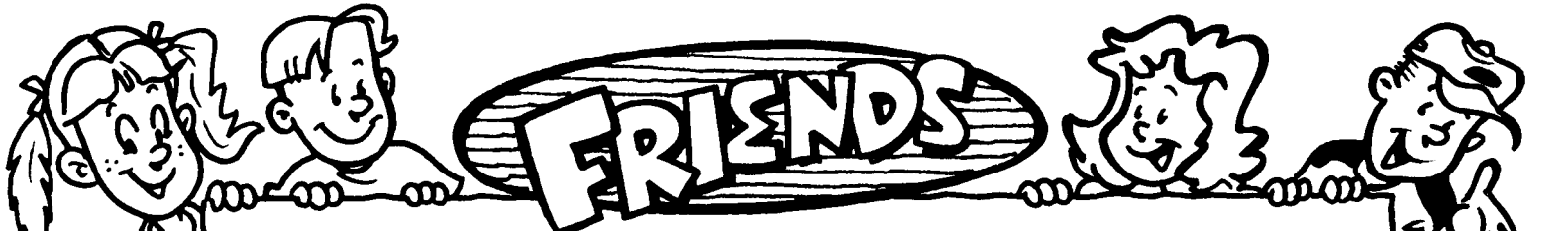
To help you learn the safe places to play near your home, Rubi has a quiz for you. When you are done, you will know what places are safe to play in and what places are dangerous.

1. Is playing outside by yourself a safe place to play?
2. Is playing with friends at school safe?
3. Are back alleys safe places to play?
4. Are rivers and sewers safe places to play?
5. Is playing at a friend's house a safe place to play?

Answers: 1. No 2. Yes 3. No 4. No 5. Yes

Do you know any other safe places to play? List them here and ask your parents or your teacher if those are safe places.





FRIENDS

A friend is someone who would never hurt you or ask you to do something you know is wrong. A friend is someone who would never ask you to take drugs or alcohol.

Friends are people you know well and trust. Friends always play safe and help you if you are in trouble.

But sometimes we get mad at our friends when we are playing with them. Remember, even if you get mad at your friends, do not leave them to play by yourself. If you get mad, go home and talk to your parents.

Write your friends' full names and phone numbers below. Your mother or father can call these numbers to find you if you do not come home on time. Show this list to your parents and have them keep it in a safe place.

★
My friends are!
▽

First Name Last Name Phone #

1. _____

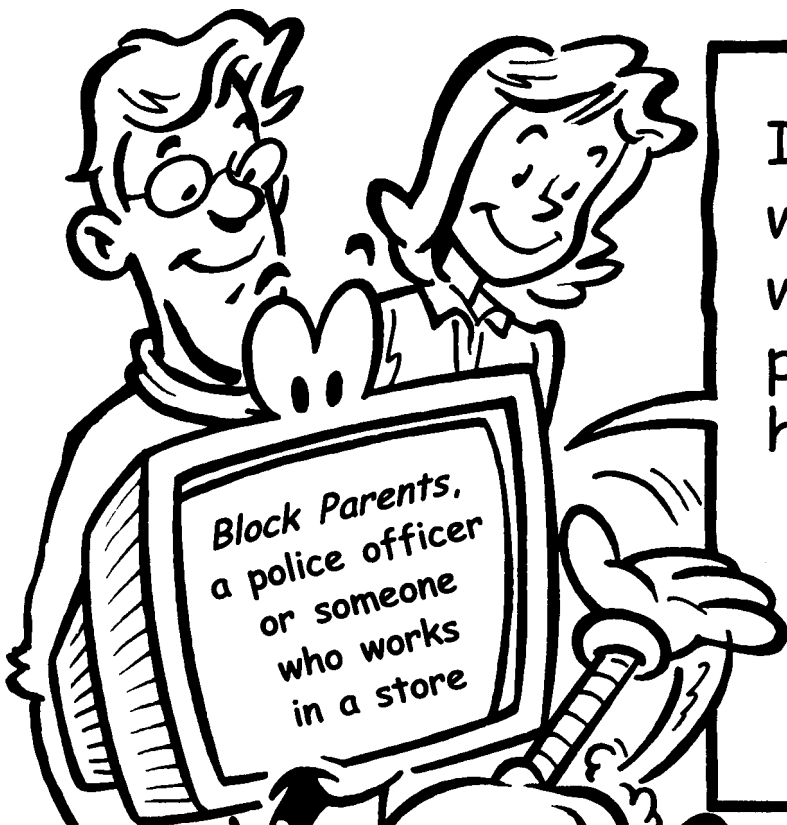
2. _____

3. _____

4. _____

5. _____





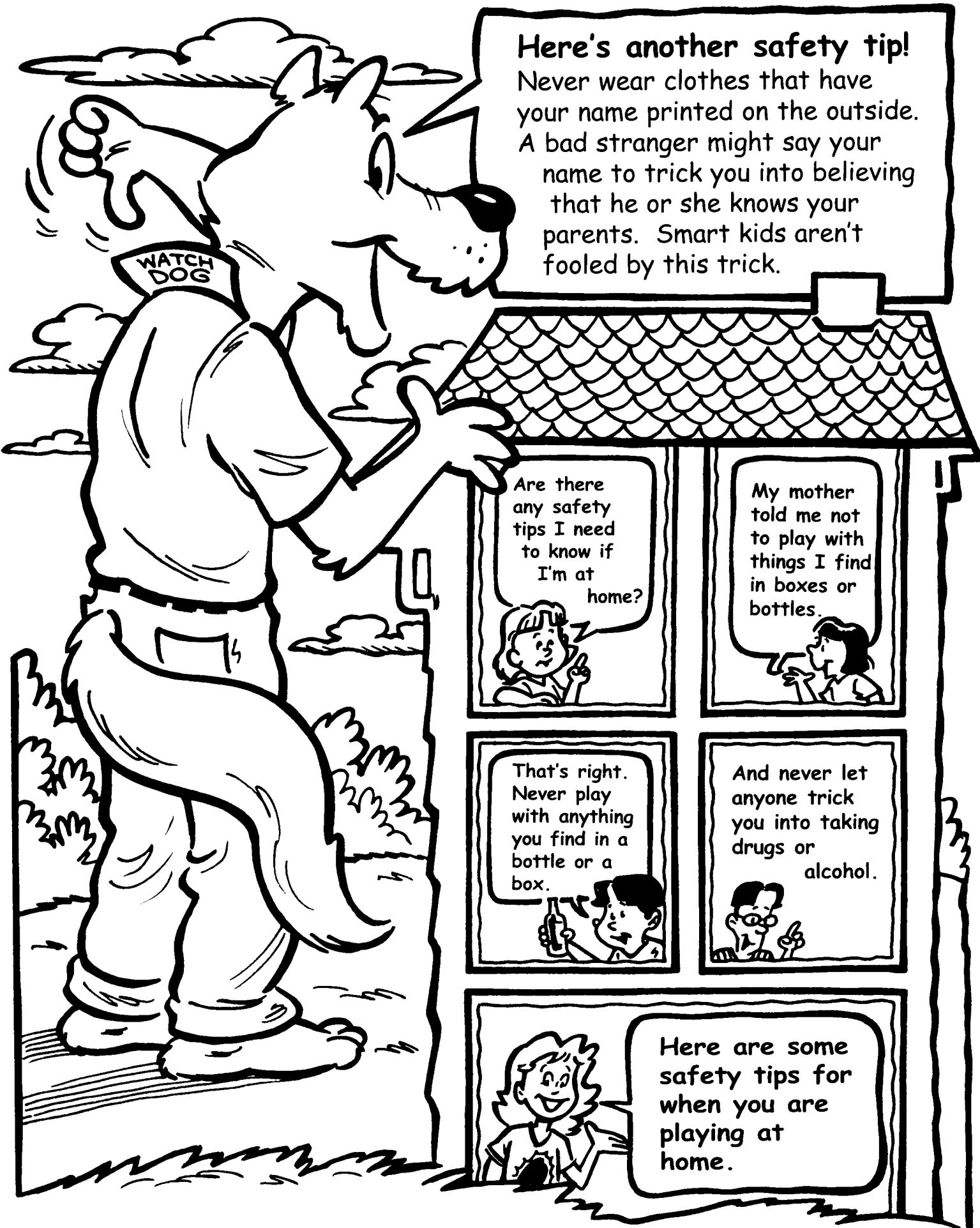
If a stranger approaches while you are playing with friends, there are people you can trust to help you. Look at Rubi's monitor to remember the people you can trust to help you.



Ask your mother or father for permission before you go to play with a friend.

Tell your parents where you are playing and when you will be home.





Here's another safety tip!
Never wear clothes that have your name printed on the outside. A bad stranger might say your name to trick you into believing that he or she knows your parents. Smart kids aren't fooled by this trick.

Are there any safety tips I need to know if I'm at home?

My mother told me not to play with things I find in boxes or bottles.

That's right. Never play with anything you find in a bottle or a box.

And never let anyone trick you into taking drugs or alcohol.

Here are some safety tips for when you are playing at home.



Always lock the doors when you are playing at home. If someone knocks on the door, don't open it and don't talk to the person visiting.

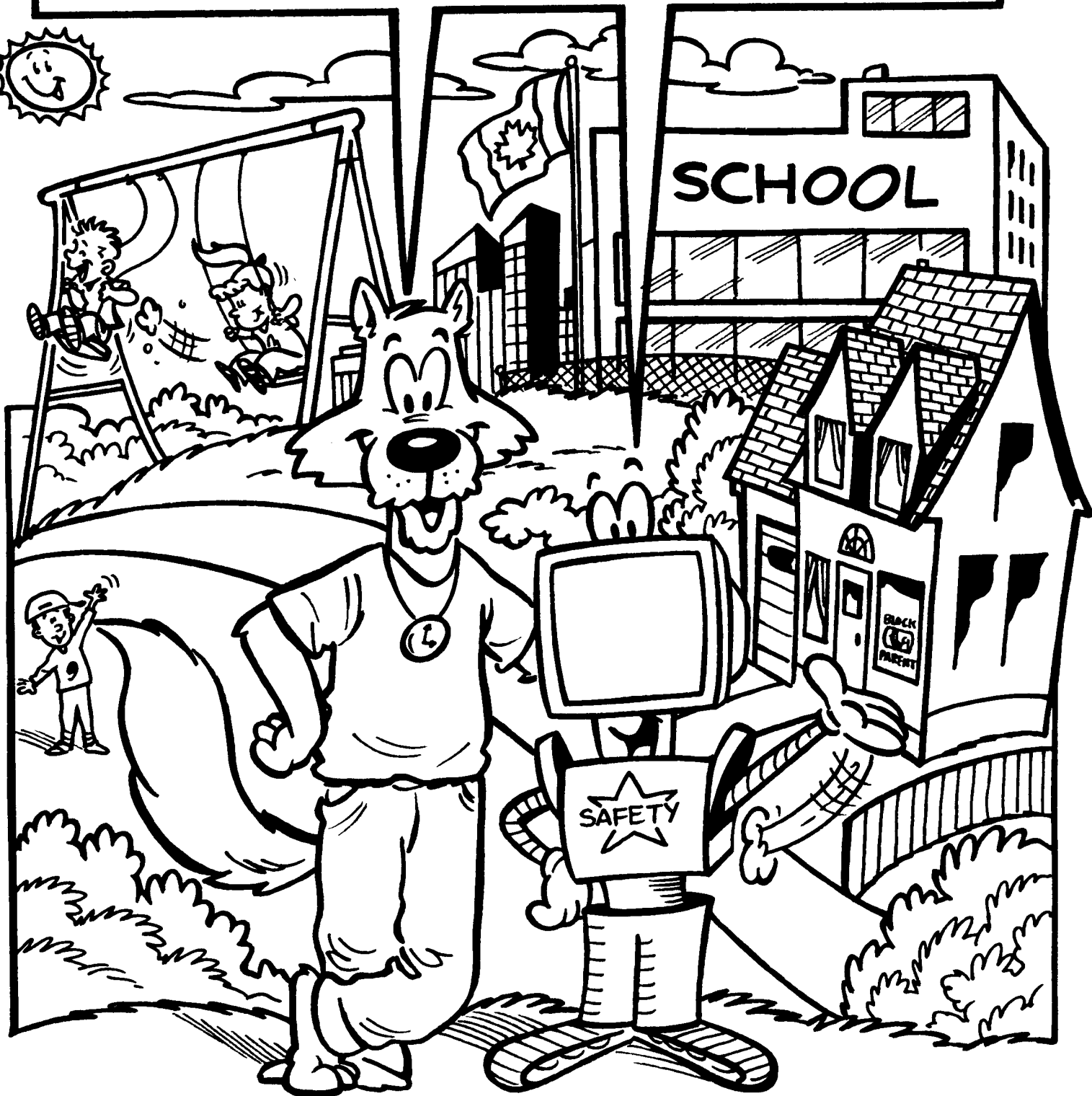
If someone phones your home, don't tell anyone you are alone. Tell the person to call back later and then hang-up. Never say more than that.

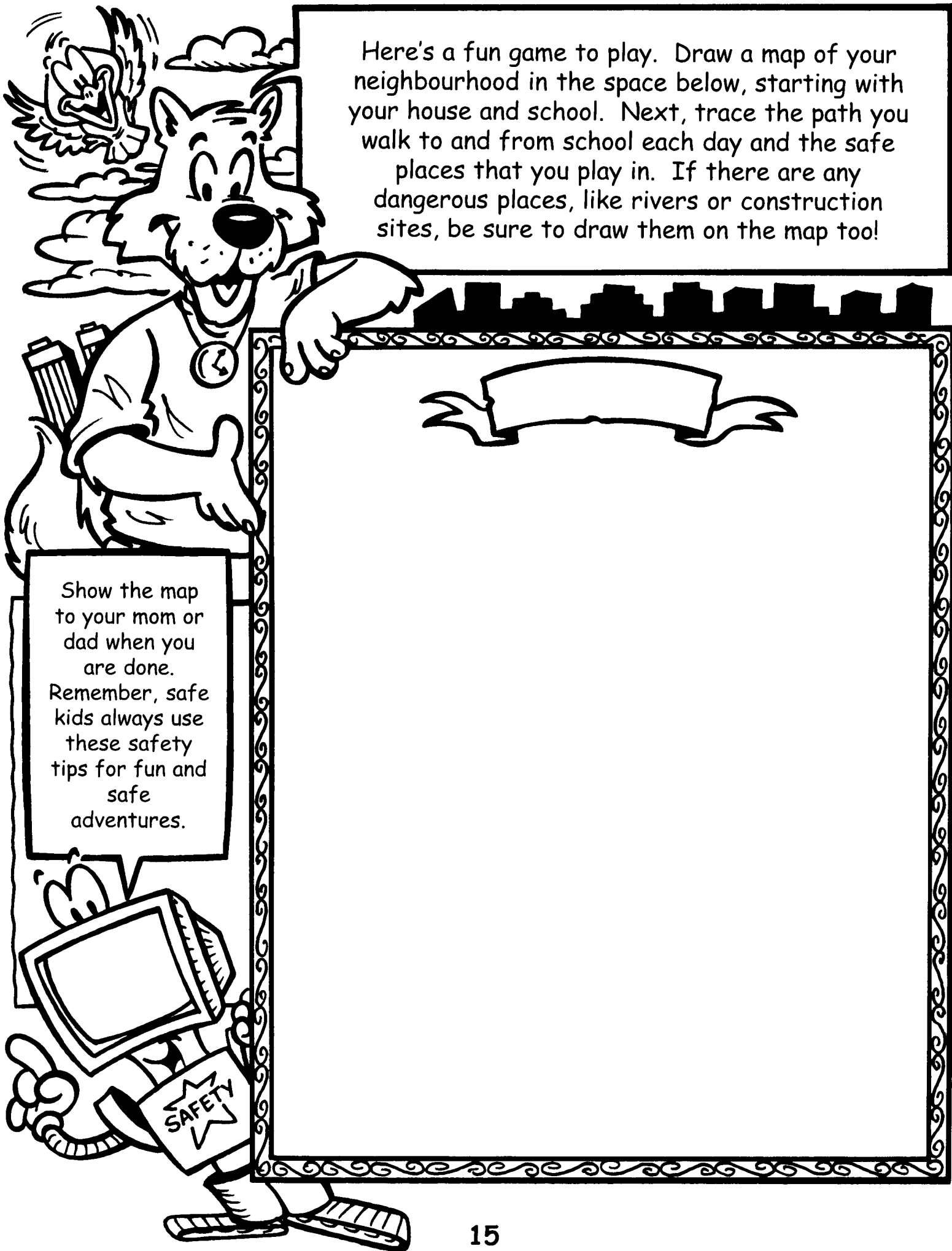
It is important that you know how to use your phone. If you don't, ask your mother or father to teach you how to make a local and long distance phone call and contact the operator.

Ask your parents to teach you how to use 911 or contact the police. Get the name and phone number of a neighbour who is available to help you when your parents are away.

In the back of this book, you will find Rubi's Printout Page. This page contains important information that will help you in an emergency. Ask your mom or dad to help you fill out this page.

Safe kids know their way to and from school. They know the safe places to play and they know where **Block Parents** live in their neighbourhood.

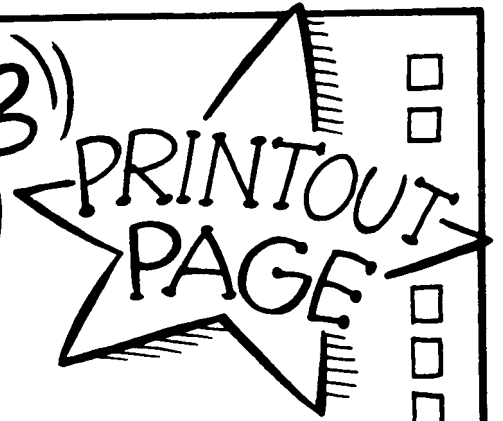
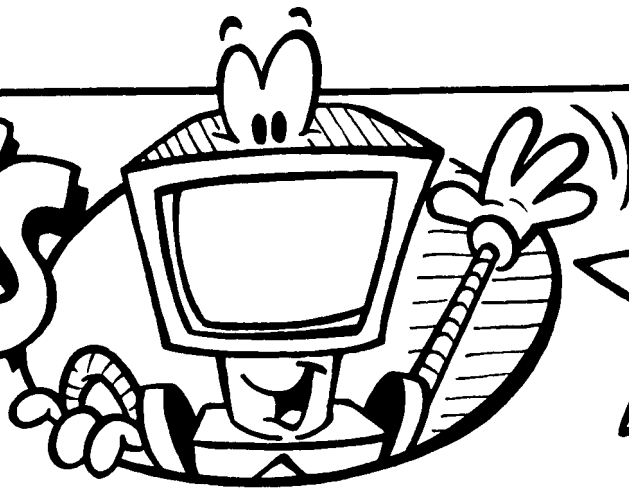




Here's a fun game to play. Draw a map of your neighbourhood in the space below, starting with your house and school. Next, trace the path you walk to and from school each day and the safe places that you play in. If there are any dangerous places, like rivers or construction sites, be sure to draw them on the map too!

Show the map to your mom or dad when you are done. Remember, safe kids always use these safety tips for fun and safe adventures.

RUBI'S



My name is: _____

My home address is: _____

My parents' names are: _____

My telephone number is: _____

When I need help, I can call:

Emergency _____

Operator _____

Police _____

Fire _____

Ambulance _____