

Ministry of Education

SAFETY

at Your School

Sample Survey for Students in Grades 4 to 6 About Bullying

Name of school: _____

School ID: _____

Name of school board/authority: _____

Board ID: _____

Date: _____



Schools need to be safe places so that students can be relaxed enough in them to learn.

The purpose of this survey is to find out about student safety and bullying at your school.

Please do not put your name on this survey. Your answers are confidential, so please try to answer the questions as honestly as you can. We are interested in what students, as a group, tell us.

This survey is meant to be a sample. It may be used as is or adapted by schools or boards.

Student Information

We do not want you to put your name on this survey, but we do want to know something about the students who complete this survey. So, please answer the following questions:

1. What grade are you in? Check one: 4 5 6
2. Are you a boy or a girl? Check one: Boy Girl
3. What is your first language (the first one you learned to speak)? _____
4. Can you read and write easily in English? Very easily Easily Not very easily
5. How long have you lived in Canada? All my life Part of my life: _____ years

Optional Question

Answering the following question is voluntary.

People sometimes identify themselves by race, the colour of their skin, or the country in which they, their parents, or their grandparents were born. For the purposes of this survey, how do you describe yourself?* (Check more than one if appropriate.)

- | | |
|---|---|
| <input type="checkbox"/> Aboriginal
(Inuit, Métis, North American Indian) | <input type="checkbox"/> Korean |
| <input type="checkbox"/> Arab/West Asian
(e.g., Armenian, Egyptian, Iranian, Lebanese, Moroccan) | <input type="checkbox"/> Latin American |
| <input type="checkbox"/> Black
(e.g., African, Haitian, Jamaican, Somali) | <input type="checkbox"/> South Asian |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Southeast Asian |
| <input type="checkbox"/> Filipino | <input type="checkbox"/> White
(Caucasian) |
| <input type="checkbox"/> Japanese | <input type="checkbox"/> Other
(please describe) _____ |
| | <input type="checkbox"/> I don't know |

*The list of choices given here is from the Statistics Canada website at www.statcan.ca/english/concepts/definitions/ethnicity01.htm.

Bullying

There are lots of ways to bully, but in all cases students who bully other students want to hurt or upset them (it's not an accident). Usually they hurt or upset them over and over again, and have an advantage over them, such as being bigger. Sometimes a group of students will bully a student.



Types and Examples of Bullying

- **Physical bullying**
 - pushing, hitting, shoving, slapping, kicking, spitting at, or beating others up
 - damaging or stealing another person's belongings
- **Verbal bullying**
 - calling someone names, teasing or making fun of them
 - embarrassing or threatening someone
- **Social bullying**
 - leaving others out of a group or refusing to play with them
 - saying bad things about others
 - making others look silly
 - telling others not to talk to someone
- **Electronic bullying**
 - sending e-mail or phone text messages or pictures to threaten someone, hurt their feelings, embarrass or make them look bad, or to tell people secrets about them
- **Racial/ethnocultural bullying**
 - treating others differently or badly because of their race, culture, or the colour of their skin
 - saying bad things about someone's race, culture, or skin colour
 - telling racist jokes
- **Sexual bullying**
 - touching, pinching, or grabbing part of someone's body in a way that makes them feel uncomfortable
- **Religion-based bullying**
 - treating others differently or badly because of their religion
 - saying bad things about someone's religion
- **Gender-based bullying**
 - leaving others out or treating them badly because they are a boy or a girl
 - saying things or joking in a way that makes someone feel bad about being a girl or a boy

When you answer the following questions, think about **THE PAST 4 WEEKS**.

During the past 4 weeks . . .

9. Have you been bullied at school? (Circle one answer)

Not once
in 4 weeks

Once or twice
in 4 weeks

Every week

Many times
a week

Don't know

10. Have you been bullied on your way to or from school? (Circle one answer)

Not once
in 4 weeks

Once or twice
in 4 weeks

Every week

Many times
a week

Don't know

11. Have you bullied others at school? (Circle one answer)

Not once
in 4 weeks

Once or twice
in 4 weeks

Every week

Many times
a week

Don't know

12. Have you bullied others on the way to or from school? (Circle one answer)

Not once
in 4 weeks

Once or twice
in 4 weeks

Every week

Many times
a week

Don't know



13. In the past 4 weeks at school, how often have other students bullied you . . . (Circle one answer for each question.)

a) **physically?**

Examples: pushed, hit, shoved, slapped, kicked, spit at, or beat you up; took or damaged your belongings

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

b) **verbally?**

Examples: called you names, teased, or made fun of you; said mean things to you; embarrassed or threatened you

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

c) **socially?**

Examples: left you out of their group, said bad things about you, made you look silly in front of others, refused to play with you, got other students to not talk to you or like you

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

d) **electronically?**

Examples: sent e-mail or phone text messages or pictures to threaten you, hurt your feelings, embarrass you, make you look bad, or tell secrets about you

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

e) **racially/
ethnoculturally?**

Examples: treated you differently or badly because of your race, culture, or the colour of your skin, said bad things or joked about your race, culture, or the colour of your skin

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

f) **sexually?**

Examples: touched, pinched, or grabbed part of your body in a way that made you uncomfortable

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

g) **because of
your religion?**

Examples: treated you differently or badly because of your religion; said bad things about your religion

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

h) **because of
your gender?**

Examples: left you out or treated you badly because you are a boy or a girl; said things or joked in a way that made you feel bad for being a girl or a boy.

Not once in 4 weeks	Once or twice in 4 weeks	Every week	Many times a week	Don't know
--------------------------------	-------------------------------------	-------------------	------------------------------	-------------------

14. In the past 4 weeks at school, how often have you seen or heard another student being bullied . . . (Circle one answer for each question.)

a) physically?

Examples: pushed, hit, shoved, slapped, kicked, spit at, or beat up by someone; had their belongings damaged or stolen

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

b) verbally?

Examples: called names, teased, or made fun of; spoken to meanly; embarrassed or threatened

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

c) socially?

Examples: left out of groups or games, gossiped or talked about, made to look silly in front of others

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

d) electronically?

Examples: hurt, threatened, embarrassed, made to look bad, or had secrets told by other students through e-mail or phone text messages or pictures

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**e) racially/
ethnically?**

Examples: treated differently or badly because of their race, culture, or skin colour; had bad things said to them about their race, culture, or skin colour

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

f) sexually?

Examples: touched, pinched, or grabbed in a way that made them feel uncomfortable

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**g) because of
their religion?**

Examples: treated differently or badly because of their religion; had bad things said to them about their religion

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**h) because of
their gender?**

Examples: left out or treated badly because they are a boy or a girl; had things said to them or heard jokes that made them feel bad for being a girl or a boy.

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

15. In the past 4 weeks at school, how often have you, either on your own or as part of a group, bullied other students . . . (Circle one answer for each question.)

a) physically?

Examples: pushed, hit, shoved, slapped, spit at, or beat someone up; stolen or damaged someone's belongings

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

b) verbally?

Examples: called someone names, teased or made fun of them; spoken to someone meanly, or embarrassed or threatened them

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

c) socially?

Examples: left other students out of groups or games on purpose, gossiped or said bad things about them, made them look silly in front of others, got other students not to like them or talk to them

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

d) electronically?

Examples: used e-mail or phone text messages or pictures to hurt, threaten, or embarrass other students, make them look bad, or tell secrets about them

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**e) racially/
ethnoculturally?**

Examples: treated someone differently or badly because of their race, culture, or skin colour; said bad things or joked about the race, culture, or skin colour of others

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

f) sexually?

Examples: touched, pinched, or grabbed part of someone's body in a way that made them feel uncomfortable

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**g) because of
their religion?**

Examples: treated them differently or badly because of their religion; said bad things to them about their religion

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

**h) because of
their gender?**

Examples: left out or treated them badly because they are a boy or a girl; said things or joked in a way that made them feel bad for being a girl or a boy.

**Not once
in 4 weeks**

**Once or twice
in 4 weeks**

Every week

**Many times
a week**

Don't know

16. In the past 4 weeks, how often have you tried to help another student who was being bullied? (Circle one.)

Not once in 4 weeks | Once or twice in 4 weeks | Every week | Many times a week | Don't know

17. Do teachers try to stop bullying? (Circle one.)

Never Sometimes Often Always They don't notice it

18. Does the principal or vice-principal try to stop bullying? (Circle one.)

Never Sometimes Often Always They don't notice it

19. Where does bullying happen at school? (Check as many as you want.)

- | | |
|--|--|
| <input type="checkbox"/> Classrooms | <input type="checkbox"/> Washrooms |
| <input type="checkbox"/> Hallways | <input type="checkbox"/> On the school bus |
| <input type="checkbox"/> School entrances or exits | <input type="checkbox"/> Coatroom or locker areas |
| <input type="checkbox"/> Library | <input type="checkbox"/> Playground |
| <input type="checkbox"/> Gym | <input type="checkbox"/> Lunch or eating area |
| <input type="checkbox"/> Change rooms | <input type="checkbox"/> Other places (please say where) |

20. When does bullying happen most? (Check as many as you want.)

- | | |
|--|---|
| <input type="checkbox"/> On the way to and from school | <input type="checkbox"/> Between classes |
| <input type="checkbox"/> Before school | <input type="checkbox"/> During breaks or at recess |
| <input type="checkbox"/> Lunch time | <input type="checkbox"/> After school |
| <input type="checkbox"/> During classes | <input type="checkbox"/> On field trips |

21. Think of the last time that you saw or heard another student being bullied. What did you do? (Check any that are true for you.)

- | | |
|---|---|
| <input type="checkbox"/> I have not seen or heard another student being bullied. (Go to question 23.) | <input type="checkbox"/> I helped the person being bullied while they were being bullied. |
| <input type="checkbox"/> I ignored it. | <input type="checkbox"/> I helped the person being bullied later on. |
| <input type="checkbox"/> I told my parents about it. | <input type="checkbox"/> I stood and watched. |
| <input type="checkbox"/> I told my teacher about it. | <input type="checkbox"/> I made a joke about it. |
| <input type="checkbox"/> I told my principal or vice-principal about it. | <input type="checkbox"/> I joined in the bullying. |
| <input type="checkbox"/> I told an adult at school about it. | <input type="checkbox"/> I got someone to help stop it. |
| <input type="checkbox"/> I told an adult outside of school about it. | <input type="checkbox"/> I stood up to the person who was doing it. |
| <input type="checkbox"/> I told another student about it. | <input type="checkbox"/> I got back at the bully later. |

22. If you did not do anything the last time you saw or heard another student being bullied, what was the reason? (Pick one.)

- | | |
|---|---|
| <input type="checkbox"/> I didn't want to get involved. | <input type="checkbox"/> It isn't right to tell on other people. |
| <input type="checkbox"/> I was afraid. | <input type="checkbox"/> The bullying wasn't so bad. |
| <input type="checkbox"/> I didn't know what to do or who to talk to. | <input type="checkbox"/> The person being bullied deserved it. |
| <input type="checkbox"/> I thought if I told someone, they wouldn't do anything about it. | <input type="checkbox"/> It wasn't my business or my problem. |
| | <input type="checkbox"/> I didn't want to get in trouble for telling. |

23. Think of the last time you were bullied. What did you do?

(Check any that are true for you.)

- | | |
|--|---|
| <input type="checkbox"/> I have not been bullied. (Go to question 25.) | <input type="checkbox"/> I told another student about it. |
| <input type="checkbox"/> I ignored it. | <input type="checkbox"/> I fought back. |
| <input type="checkbox"/> I told my parents about it. | <input type="checkbox"/> I got someone to help stop it. |
| <input type="checkbox"/> I told my teacher about it. | <input type="checkbox"/> I stood up to the person who was doing it. |
| <input type="checkbox"/> I told my principal or vice-principal about it. | <input type="checkbox"/> I made a joke of it. |
| <input type="checkbox"/> I told an adult at school about it. | <input type="checkbox"/> I got back at the bully later. |
| <input type="checkbox"/> I told an adult outside of school about it. | |

24. If you did not do anything the last time you were bullied, what was the reason? (Pick one.)

- | | |
|---|---|
| <input type="checkbox"/> I was afraid. | <input type="checkbox"/> It isn't right to tell on other people. |
| <input type="checkbox"/> I did not know what to do or who to talk to. | <input type="checkbox"/> The bullying wasn't so bad. |
| <input type="checkbox"/> I thought if I told someone, they wouldn't do anything about it. | <input type="checkbox"/> I didn't want to get in trouble for telling. |

25. Do you feel you could talk to an adult at school if you were having a difficult day? (Circle one.) Yes Not sure No

26. Do you feel you could talk to another student at school if you were having a difficult day? (Circle one.) Yes Not sure No

27. Do you feel you could talk to your parents if you were having a difficult day? (Circle one.) Yes Not sure No



Is there anything else that you want to tell us about how safe you feel at your school?



If you are having a difficult time with other students at school,
please know that we are here to help.

You can talk to any adult that you trust at your school.
You can talk to a counsellor, a teacher, a coach, a caretaker,
or a bus driver, as long as it is someone you trust.

We want to help ... contact us.

THANK YOU FOR COMPLETING THIS SURVEY.

Your answers will help us make this school
safer for all its students.