

Are you
ready?

The best protection in
any emergency is knowing
what to do.



Emergency Preparedness
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Emergency Preparedness Kit Checklist

An emergency preparedness kit will help ensure your safety and the safety of your family. Making one is easy, inexpensive, and quick – in fact, you probably already have most of the items you need.

Your emergency preparedness kit should contain adequate supplies to keep you and your family self-sufficient in your home for at least three days.

Assemble the supplies in an easy-to-carry container and store it in an easily accessible location.

Your emergency preparedness kit should contain:

- Battery-operated or crank radio
- Flashlights & extra light bulbs
- Extra batteries
- Cash or traveler's cheques
- Utility knife
- Rope
- Shovel
- Fire extinguisher: small canister, ABC type
- Tube tent
- Blankets/sleeping bags
- Plastic sheeting
- Candles and matches/lighter
- Extra car keys
- Important papers (see checklist for details)
- Food and bottled water (see checklist for details)
- Clothing and footwear (one change of clothes per person; more for children)
- Toilet paper and other personal supplies
- First aid kit (see first aid checklist)
- Backpack/duffel bag
- Plastic garbage bags, ties
- Disinfectant, chlorine bleach
- Extra fuel for car, stored in a safe place and in an approved container; not a large quantity
- Emergency preparedness manual. The City of Ottawa's "Together We're Prepared" Emergency Preparedness Guide is available from the Emergency Management Unit at City Hall, or online at ottawa.ca
- Map of area and compass
- Adjustable wrench, to shut off household gas and water
- Whistle (in case you need to attract attention)
- Playing cards, games, paper, pencils

To find out more about what the City is doing, and what you can do to be prepared, visit ottawa.ca, call 580-2400 or consult the Red Pages in your phone book. The City's Web site is your best source of complete emergency preparedness information for the whole family.