

July 2002

Women's Organizations of Alberta



# Women's Organizations of Alberta

Fifth Edition July 2002

Funding for this initiative has been provided by the Human Rights, Citizenship and Multiculturalism Education Fund

To obtain additional copies of this

directory, phone: Calgary: (403) 297-6571 Edmonton: (780) 422-1245

To call toll-free from Alberta locations outside Edmonton and Calgary, first dial 310-0000, wait for the prompt, then dial the 10-digit

phone number listed above.

### Deaf or hard of hearing with TTY

Edmonton: (780) 427-1597 Calgary: (403) 297-5639 Toll-free: 1-800-232-7215

Changes to programs, services, office locations, contact persons and phone numbers may occur after the publication of this directory.

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Alberta Community Development Human Rights and Citizenship Branch

Fifth Edition July 2002 The Alberta Human Rights and Citizenship Branch of Alberta Community Development is pleased to introduce the fifth edition of *Women's Organizations of Alberta*. This directory is designed to:

- List organizations in Alberta that provide ongoing services and programs primarily for women;
- Encourage networking among women's organizations;
- Increase referrals between groups;
- Provide points of contact so women can become involved; and
- Act as a springboard in the creation of new community-based services and programs.

We have included not-for-profit organizations that offer at least one ongoing service or program designed specifically for women. To avoid duplicating other directories, we have NOT included agencies that offer services for the general public.

This directory is also available in printable and text format on at the Ministry of Community Development's web site at www.cd.gov.ab.ca.

### What's in the Directory?

Groups and organizations are listed first according to subject areas. This section includes descriptions of the organizations' services as well as their telephone numbers and addresses.

The Location Index sorts the groups and organizations by communities. So, if you want to know what groups exist in your community, turn to the Location Index starting on page 98. We have included the Alphabetical Index starting on page 103. These two indexes list only the names of the organizations. Once you have found an organization by location or alphabetically, go to the Subject Area listing for details on how to contact the organization.

As there are many other services that may be of interest to women, we have listed other directories currently available in the province. This listing is on page 109.

### For the Future

We have made every effort to ensure the information in this directory is current and complete. However, information about groups and organizations changes from time to time. Also, new groups are formed and some are no longer active.

Recognizing that this directory will always be a "work-in-progress," we plan to provide periodic updates.

To help keep the directory up to date, please let us know of changes to your organization. You can do this by completing the Update Form on pages 107 and 108. If your group is not included in this edition and wants to be added to the next edition, please complete the Update Form.

Send the Update Form to:

Human Rights & Citizenship Branch Alberta Community Development 800 Standard Life Centre 10405 Jasper Avenue Edmonton, AB T5J 4R7

Phone: (780) 427-3116 Fax: (780) 422-3563

E-mail: humanrights@gov.ab.ca

### Acknowledgements

We acknowledge and thank the many women's organizations that responded to our requests for information. Without their help, this directory would not be possible. Funding for this initiative has been provided by the Human Rights, Citizenship and Multiculturalism Education Fund.

### Disclaimer

The organizations listed in this directory provided their contact information and the description of their services. They gave written permission to include them in this directory.

The views and policies of the organizations listed do not necessarily reflect those of the Alberta government. The Human Rights and Citizenship Branch is not responsible for the quality of programs and services offered by these organizations.

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There are many organizations in the province that provide services to aboriginal women. These services include native women's shelters and culturally appropriate programs that provide support, self-help and healing.

# Aboriginal Youth and Family Well-Being and Education Society

11202 - 131 Street

Edmonton, AB T5M 1C3

P: (780) 413-9360 F: (780) 413-9363

Director: Cindy Ziorio

Provides a stay-in-school program for aboriginal youth in five junior high schools in Edmonton. Works with mothers and schools, provides in-home support as well as information on parenting, personal development, culture and family.

### Alberta Aboriginal Women's Society

PO Box 5168

Peace River, AB T8S 1R8

P: (780) 624-3416 F: (780) 624-3409

E: aaws@telusplanet.net President: Ruth Kidder

Assists aboriginal women, their families and communities in furthering their goals. Provides referral services and training programs.

### Alberta Native Friendship Centres Association

700, 10707 – 100 Avenue Edmonton, AB T5J 3M1

P: (780) 423-3138 F: (780) 425-6277

E: anfca3@telusplanet.net

W: www.albertafriendshipcentres.ca

Contact: Joanne Horwill

Supports the development and operation of friendship centres in Alberta. Addresses the social, health, economic, justice and recreational issues that affect aboriginal people living in rural and urban settings. Offers a provincially based HIV/AIDS Awareness Program and Diabetes Program, and coordinates youth-based programming in 15 communities.

### Awo-Taan Calgary Native Women's Shelter

PO Box 6084, Station A Calgary, AB T2H 2L3

P: (403) 531-1970

P: (403) 531-1972 (24-hour crisis line)

F: (403) 531-1977

E: awotaan@shawlink.ca

E: ec.awotaan@shawlink.ca

Director of Operations:

Ermine Cummings

Provides an immediate response to domestic violence for women and children through a 24-hour crisis line. Offers a secured facility, individual counselling, group healing circles, community referrals, child support, advocacy, information and education regarding domestic violence, access to relevant resources, and support in basic needs such as transportation, donated clothing and meals.

# Bigstone Cree Nation Women's Emergency Shelter

PO Box 900

Wabasca, AB TOG 2K0

P: (780) 891-3905

P: (780) 891-3333 (crisis line)

P: 1-877-891-5322 (toll-free)

F: (780) 891-3918

Manager: Janet Gladue

Provides safe and secure accommodation for women and children who are experiencing violence. Offers programs and services to work toward change and peace. Provides one on one counselling and support, group activities and children's services for shelter clients.

### Canadian Indigenous Women's Resource Institute

201 1039 - 17 Avenue SW

Calgary, AB T2T 0B2

P: (403) 228-7717

F: (403) 244-7617

E: ciwri@virtualcity.com

Executive Director: Doreen Spence

Raises awareness and educates non-native people regarding issues facing visible minorities, specifically aboriginal people, and stresses how this knowledge can benefit society as a whole. Develops and presents workshops, seminars, and educational forums specifically targeting Indigenous women and relevant issues, including healing circles and spiritual counselling. Provides and promotes mental, physical, spiritual and emotional healing through native spirituality.

### Canadian Native Friendship Centre

11205 - 101 Street

Edmonton, AB T5G 2A4

P: (780) 479-1999

F: (780) 479-0043

W: www.nativecentres.org/

edmonton.htm

Executive Director: Donna Woodward

Provides opportunities, programs and services to meet the cultural, social, economic and educational needs of aboriginal people in Edmonton.

### Elizabeth Fry Society of Edmonton

10523 – 100 Avenue

Edmonton, AB T5J 0A8

P: (780) 421-1175 Main Office

P: 1-866-421-1175 (Main Office)

P: (780) 422-4775 Court Office

F: (780) 425-8989 Main Office

F: (780) 427-2681 Court Office

E: director@elizabethfry.ab.ca

E: admin@elizabethfry.ab.ca

W: www.elizabethfry.ab.ca

Executive Director: Sara McEwan

Office Manager: Zelekash Alemu

Fosters the dignity and worth of women who come into conflict with the law and help them live as valued members of their communities. Offers Aboriginal Women's Program encouraging aboriginal women to reconnect with their culture. Also offers court support through Courtwork Program, Prison

Liaison, Changing Paths... Life Skills Program, Private Home Placement for federally sentences women who are on day parole, Shoplifting Program, and one-on-one counselling and crisis intervention.

### Ermineskin Women's Shelter

PO Box 1830

Hobbema, AB TOC 1NO

P: (780) 585-4470

P: (780) 585-4444 (24 hour crisis line)

F: (780) 585-3636

E: ews@incentre.net

Director: Sandra Ermineskin

A Native women's shelter established to provide services to abused women and their children and other women who live on reserve or in surrounding areas where there are no other services on a 24-hour basis.

# Institute for the Advancement of Aboriginal Women

Suite 300, 10256 – 113 Street Edmonton, AB T5K 1M4

P: (780) 479-8195

P: 1-877-471-2171 (toll-free)

P: (780) 471-2167 F: (780) 471-2169

E: iaaw@telusplanet.net

W: www.iaaw.ca

President: Muriel Stanley Venne Executive Assistant: Grace Half

Promotes positive attitudes towards aboriginal women. Promotes aboriginal women and their particular field of expertise and ability. Addresses issues of concern at the local, provincial, federal and international levels. Encourages the participation of Indigenous people, including women, in any forums dealing with Indigenous human rights.

### Metis Child and Family Services Society

10437 – 123 Street

Edmonton, AB T5N 1N8

P: (780) 452-6100

P: (780) 452-6108

P: (780) 452-6202

F: (780) 452-8944

E: marymc@metischild.com

W: www.metischild.com

Office Manager: Mary Barclay Program Manager: Lanny Der

Promotes health and well-being of Metis children and families by building on the capacity of the Metis community through the provision of culturally sensitive and appropriate programs and services. Offers a Women's talking circle.

# Moonlodge Women's Group Sagitawa Friendship Centre

PO Box 5083

Peace River, AB T8S 1R7

P: (780) 624-2443

F: (780) 624-2728

W: pride@incentre.net

Programs Coordinator: Barbara McAuley

Unites women to share in the healing and growth of the mind, body and spirit. Offers bi-monthly meetings to discuss issues and help women find balance in their lives. An annual Women's conference is organized focusing on holistic well-being.

#### ABORIGINAL

### **Native Addictions Services Society**

101, 1009 – 7 Avenue SW Calgary, AB T2P 1A8 P: (403) 261-7921

F: (403) 261-7945

Facilitators: Georgina Bird/Terry Wilson

Assists individuals and families affected by addictions by providing education, prevention treatment and support. Offers Women's programs including Weekly Women's Group, Weekly Sharing Circle and E.A.G.L.E. (Ending Aggression Group Living Empowered) Circle.

### Paspew House, Mikisew Cree First Nation

PO Box 90

Fort Chipewyan, AB TOP 1B0

P: (780) 697-3329

P: (780) 697-3323 (24 hour crisis line)

F: (780) 697-3608

E: paspew@telusplanet.net

Director: Caroline Adam

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Offers 24 hour crisis line for the community.

### **Red Deer Native Friendship Society**

4945 – 79 Street

Red Deer, AB T4N 1Z1

P: (403) 340-0020

F: (403) 342-1610 Contact: Trudie Black Provides crisis intervention and prevention, and counselling for families and children. Offers a prenatal unit and programming for youth.

### Rocky Native Friendship Centre Society: Women's Group

PO Box 1927

Rocky Mountain House, AB T0M 1T0

P: (403) 845-2788 F: (403) 845-3093

E: iris@rockynfc.monarch.net Community Activities & Events

Coordinator: Iris Schenk

Improves the quality of life for urban aboriginal people. In addition to the Women's Group, also provides services for men, youth and families.

Women play a key role in advancing all aspects of the arts in the province including theatre, visual arts and literature. This section lists organizations that assist women working in the arts.

#### **Azimuth Theatre Association**

11315 – 106 Avenue NW Edmonton, AB T5H 0R6

P: (780) 454-0583 F: (780) 454-0699

Develops research-based theatre performances examining critical social issues in order to initiate positive change in communities, institutions and individuals.

# Calgary Women's Writing Project Society

321, 223 – 12 Avenue SW

Calgary, AB T2G 0G9

P: (403) 263-0500

F: (403) 263-0500

E: info@cwwp.org

W: www.cwwp.org President: Irene Peters

VP Org. Dev.: Wiesha Barron

Provides and promotes opportunities for Women's publications. Publishes upcoming writers and gives a voice to the Women's experience. Provides a training ground for women writers.

### Herland Feminist Film and Video Festival

302, 501 – 18 Avenue SW

Calgary, AB T2S 0C7

P: (403) 245-3441

F: (403) 209-3261

E: herland@shaw.ca

W: www.herlandfestival.com

The festival was established in 1989 and provides a space for women filmmakers and video artists to showcase their work. Fifty percent of showing is work by aboriginal women and women of colour. Also promotes work by lesbian and bisexual women and women with disabilities.

# University of Alberta: Women's Writing Program Faculty Extension

4th floor, 8303 – 112 Street, University

**Extension Centre** 

Edmonton, AB T6G 2T4

P: (780) 492-1185

F: (780) 492-1857

E: susan.boychuk@ualberta.ca

W: www.extension.ualberta.ca/

womenswords

Program Coordinator: Susan Boychuk

Offers a unique week-long writing program — Women's Words: Summer Writing Week — each June. Provides access to writing classes through the world wide web as well as classroom learning. The program is designed for all women, both established and new writers, with stories.

Crisis intervention provides immediate help to women in emergency situations. The following organizations have services 24 hours a day, seven days a week. For a complete listing of emergency shelters, see Violence Against Women: Shelters subject area.

### Awo-Taan Calgary Native Women's Shelter

PO Box 6084, Station A Calgary, AB T2H 2L3

P: (403) 531-1970

P: (403) 531-1972 (crisis line)

F: (403) 531-1977

E: awotaan@shawlink.ca

E: ec.awotaan@shawlink.ca

Director of Operations:

**Ermine Cummings** 

Provides an immediate response to domestic violence for women and children through a 24 hour crisis line. Offers a secured facility, individual counselling, group healing circles, community referrals, advocacy, information and education regarding domestic violence, access to relevant resources, and support in basic needs such as transportation, donated clothing and meals.

### **Birthright**

108, 11520 – 100 Avenue Edmonton, AB T5K 0J7

P: (780) 488-0681

P: 1-800 -550-4900 (toll-free)

F: (780) 488-1528

Director: Monica Meerveld

Offers caring non-judgmental support and friendship to any woman facing an unplanned pregnancy. Offers pregnancy tests, prenatal classes, baby and maternity clothing. All services are free and confidential.

# **Brooks and District Women's Safe Shelter Society**

PO Box 1045

Brooks, AB T1R 1C6

P: (403) 362-2766

P: (403) 793-2232

F: (403) 793-8288

E: bdwsss@eidnet.org

Offers 24 hour shelter accommodation for women and children leaving an abusive situation. Offers crisis intervention counselling, telephone crisis line, support group, information and referral services and community education.

### Crisis Association of Vegreville

PO Box 1022

Vegreville, AB T9C 1S1

P: (780) 632-2233

P: (780) 632-7070 (24 hour help line)

F: (780) 632-2283

Coordinator: Elaine Stefanowski

Provides crisis intervention through 24 hour help line. Provides short term, safe and supportive environment for abused women and their children, women in crisis or other women needing accommodation. Provides clients with information about services available.

### Dr. Margaret Savage Crisis Centre

PO Box 419

Cold Lake, AB T9M 1P1

P: (780) 594-5095

P: (780) 594-3353 (Helpline)

F: (780) 594-7304

E: crisis@telusplanet.net

W: www.ultimatesites.com/acus

(click on Cold Lake)

Contact: Jocelynne Dery or Lisa Morgan

Operates a shelter for women, with or without children, who are victims of family violence or confronted with any crisis. Offers weekly support groups for women, training and information regarding self-esteem, life skills, empowerment, custody, legal issues and family violence.

# Edmonton Women's Shelter (WIN House)

PO Box 20088, RPO Beverly Edmonton, AB T5W 5E6

P: (780) 471-6709

P: (780) 479-0058 (24 hour crisis and support line)

F: (780) 479-8252

E: ews@telusplanet.net

Provides shelter to abused women with children for a maximum three week stay. Offers an outreach program to women who leave the shelter. Provides support, legal education assistance, advocacy and a 24 hour crisis and support line. Through the shelter women also have access to child support and outreach programs. Personal incidentals, medication and transportation are provided on a needs basis. Seed money

fund provides for the start-up and development of new non-profit programs which may be proposed and are within the mission of Edmonton Women's Shelter.

### Ermineskin Women's Shelter

PO Box 1830

Hobbema, AB TOC 1NO

P: (780) 585-4470

P: (780) 585-4444 (24 hour crisis line)

F: (780) 585-3636

E: ews@incentre.net

Director: Sandra Ermineskin

A Native women's shelter established to provide services to abused women and their children and other women who live on reserve or in surrounding areas where there are no other services on a 24-hour basis.

### Grande Prairie Women's Residence Association (Odyssey House)

PO Box 1395

Grande Prairie, AB T8V 4Z2

P: (780) 532-2672 (also 24 hour

crisis line)

F: (780) 532-1389

E: kathys@incentre.net

Executive Director: Kathy Sheppard

Provides safe, short-term and supportive accommodation for abused women and their children. Provides information groups for women on family violence, self-esteem and parenting. Offers one-on-one crisis intervention and a 24 hour crisis line. Provides a follow-up program for women and children setting up on their own.

#### CRISIS INTERVENTION

### Lloydminster Sexual Assault and Information Centre

PO Box 2033

Lloydminster, SK S9V 1R5

P: (306) 825-8255 (also 24 hour

crisis line)

F: (306) 825-9557

E: tstaff\_lsaic@qlo.com

W: www.lloydminster.org/sexualassault/

services.htm

Executive Director: Muriel Ralston

Provides crisis intervention, support and education to victims and survivors of sexual abuse. Works closely with community organizations to assure survivors receive the best possible service and referrals to appropriate agencies. 24 hour crisis line provides supportive listening and choices, information and referrals.

### PACE Sexual Assault Centre Genesis Program

201, 10118 – 101 Avenue Grande Prairie, AB T8V 0Y2

P: (780) 539-6692

F: (780) 538-0960

Program Coordinator: Donelda Laing

Offers 24 hour crisis intervention, counselling, education and referral regarding sexual abuse. Provides treatment groups.

# Paspew House, Mikisew Cree First Nation

PO Box 90

Fort Chipewyan, AB TOP 1B0

P: (780) 697-3329

P: (780) 697-3323 (24 hour crisis line)

F: (780) 697-3608

E: paspew@telusplanet.net

Director: Caroline Adam

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Offers 24 hour crisis line for the community.

### Pincher Creek Women's Emergency Shelter Association

PO Box 2092

Pincher Creek, AB TOK 1W0

P: (403) 627-4868

P: 1-888-354-4868 (toll-free)

P: (403) 627-2114

F: (403) 627-4808

E: pcwesa@telusplanet.net

Executive Director: Heike DeGraff Office Manager: Cathy Bastien

In collaboration with other agencies, provides safe shelter and support services for women and children who are fleeing abusive situations. Offers 24 hour counselling, educational programs, 24 hour crisis line, support groups, outreach and advocacy. Offers weekly Healing Circle, in-house support groups, advocacy, parenting skills, workshops on family violence, residential services, childcare, transportation, crisis intervention, referrals and information.

### **Red Deer Native Friendship Society**

4945 - 79 Street

Red Deer, AB T4N 1Z1

P: (403) 340-0020

F: (403) 342-1610

Contact: Trudie Black

Provides crisis intervention and prevention, and counselling for families and children. Offers a prenatal unit and programming for youth.

### Region 3 Family Based Care Society Shelter/Eagle Women's Emergency Shelter

PO Box 610

Black Diamond, AB TOL 0H0

P: (403) 933-3370

F: (403) 933-3307

Coordinator of Women's Services:

Sue Harris

Offers 24 hour shelter accommodation for women and children at low risk of violence. Offers support services and outreach programs.

### Safe Home (High Level)

PO Box 396

High Level, AB TOH 1Z0

P: (780) 926-3899

P: 1-888-926-0301 (toll-free)

P: (780) 926-2277 (Administration)

F: (780) 926-3874

E: safehome@telusplanet.net

Director: Diana Broekaert

Offers shelter and counselling 24 hours a day to women in crisis and their children. Operates a 24 hour crisis line.

Provides public education on family violence, dating violence to all communities in Region 17.

### Sexual Assault Centre of Edmonton

3rd floor 10355-Jasper Avenue

Edmonton, AB T5J 1Y6

P: (780) 423-4102

P: (780) 423-4121 (24 hour crisis line)

F: (780) 421-8734

E: sace@oanet.com

E: ksmith@sace.ab.ca

W: www.sace.ab.ca

Executive Director: Karen Smith

Operates a 24 hour crisis line, individual and/or group counselling and children's play therapy. Offers presentations, workshops and print material on sexual violence. Process Group is available for women who have participated in an initial 14 week group.

### Support Network, The

301, 11456 – Jasper Avenue

Edmonton, AB T5K 0M1

P: (780) 482-0198 (admin.)

P: (780) 482-4357 (24 hour distress line)

F: (780) 488-1495

E: admin@thesupportnetwork.com

W: www.thesupportnetwork.com

Executive Director: Joan Wright

24 hour distress line offers nonjudgmental, confidential supportive listening. Support to suicidal individuals and to those affected by suicide. Provides suicide awareness education.

### Wellspring Family Resource and Crisis Centre

5116 – 51 Avenue Whitecourt, AB T7S 1A1

P: (780) 778-6209 P: 1-800-467-4049

F: (780) 778-2410

E: wellsprg@telusplanet.net Director: Joanne Moran

Administrative Assistant: Helen Schutte

Provides a short-term emergency shelter that offers a safe environment for women in crisis with or without children. Provides emotional support and education. Provides services to all members of the community including 24 hour crisis line, lay counselling, information and outreach support with follow-up with priority given to family violence issues, and referral service to appropriate agencies. Also offers preventative initiatives including education, awareness and information. Operates a resource library containing both audio and visual materials on a variety of topics. Offers support groups and family violence workshops throughout the year.

### YWCA Family Violence Prevention Centre and Sheriff King Home

2003 – 16 Street SE Calgary, AB T2G 5B7

P: (403) 266-4111

P: (403) 266-0707 (crisis line)

F: (403) 262-1743

E: sheriffk@cadvision.com W: www.ywcaofcalgary.com Director: Carolyn Goard

Serves women, men and children who have witnessed, and/or perpetrated abusive behaviour in an intimate relationship. All services are delivered within the context of a range of innovative, integrated, multi-faceted and gender neutral (with the exception of the shelter program) programming. Provides shelter for women and children fleeing abuse, 24 hour crisis line, outreach counselling, and specialized group counselling services for women, men, children and adolescents. Limited couple and family counselling is available when it is deemed safe for all parties, through the Children's, Men's and Women's Programs.

### YWCA of Lethbridge and District

604 – 8 Street South Lethbridge, AB T1J 2K1

P: (403) 329-0088

P: (403) 320-1881 (crisis line)

F: (403) 327-9112

E: ywca@telusplanet.net

W: www.ywcalethbridge.org

Chief Executive Officer: Michelle Dyke

Committed to women and the enhancement of their lives. Offers health and fitness programming, Women's emergency shelter, 24 hour crisis line, Women's residence, drop in childcare, supported independent living program for teens, and summer programs for children.

The following organizations provide information, support and services to women from cultural, racial and other minorities. The organizations also offer information to other groups on issues of concern to their members.

### Alberta Network of Immigrant Women

205 - 1409 Edmonton Trail NE

Calgary, AB T2E 3K8

P: (403) 262-8040 F: (403) 262-8040

E: network.aaisa@shaw.ca

Kamal Sehgal

Serves as an information and networking source for member agencies. Provides resources to strengthen the leadership skills of immigrant women. Prepares briefs and research material on issues that impact the lives of immigrant women.

### **ASSIST Community Services Centre**

9655 – 105A Avenue

Edmonton, AB T5H 0M3

P: (780) 429-3111

F: (780) 424-7837

E: eccsc@telusplanet.net

W: www.telusplanet.net/public/eccsc

Executive Director: Serena Ma

This non-profit society strives to provide programs and services to newcomers to enable them to integrate into the Canadian society. Offers various programs on prenatal support, parenting, and Women's health.

### **Calgary Catholic Immigration Society**

300, 120 – 17 Avenue SW

Calgary, AB T2S 2T2

P: (403) 262-2006

F: (403) 262-2033

E: ccis@cadvision.com

W: www.cadvision.com/ccis

Executive Director: Fariborz Birjandian

Serves immigrants and refugees of Calgary. Offers a parenting program and operates a collective kitchen.

### **Calgary Coalition on Family Violence**

300, 750 – 11 Street SW

Calgary, AB T2P 3N7

P: (403) 266-5059

F: (403) 264-3914

E: ccfv@cadvision.com

W: www.cadvision.com/ccfv

Coordinators: Julie Black,

Shamim Sayani

The Calgary Coalition on Family Violence pursues accessible, equitable and effective services for ethnocultural and racial minority women and their families who experience abuse and violence. The Coalition advocates for systemic change to build an inclusive and equitable response to domestic violence and also provides training in cross-cultural communication, anti-racism, cultural competency and domestic violence.

### CULTURAL, RACIAL AND OTHER MINORITY GROUPS

### Calgary Hadassah-Wizo

1607 – 90 Avenue SW Calgary, AB T2V 4V7 P: (403) 253-4612

F: (403) 640-1100

Board Coordinator: Lauren Bell

An organization of Canadian women dedicated to the support of health, social welfare and educational programs for children and women in Israel, and to the enrichment of Jewish life in Canada. Women for Women is a Canadian Hadassah-Wizo project.

# Calgary Immigrant Women's Association (CIWA)

300, 750 – 11 Street SW Calgary, AB T2P 3N7

P: (403) 263-4414

F: (403) 264-3914

E: ciwagen@cadvision.com W: www.ciwa-online.com

Executive Director: Edna Sutherland

Promotes and supports the integration of immigrant women into the community and the larger Canadian society. Offers transportation to programs and/or services, settlement and integration support, information and referral services, family conflict resolution, language instruction and translation and parenting programs. An emergency fund is available for abused women.

# Calgary Mennonite Centre for Newcomers (CMCN)

201, 3517 – 17 Avenue SE Calgary, AB T2A 0R5 P: (403) 569-0409 F: (403) 248-5041

E: newcomer@cmcn.ab.ca

W: www.cmcn.ab.ca

Community Development Manager:

Marichu Antonio

Assists newcomers to Canada as they settle and integrate into Canadian society. Offers family development groups in seven languages (Chinese, Vietnamese, Farsi, Arabic, Spanish, Punjabi, Hindi/Bangladeshi), employment in catering business, nutrition education and health education.

### Central Alberta Immigrant Women's Association

402, 48114 – 50 Street Red Deer, AB T4N 1X4

P: (403) 341-3553

F: (403) 309-3807

E: caiwa@rtt.com

Contact: Grace Emblem

Raises awareness of immigrant women in all aspects of Canadian life. Helps women achieve their full potential as members of Canadian society. Assists in the development of personal, educational, economic independence and well-being of immigrant women and their families. Provides workshops, resource materials, library resources, outreach services, networking opportunities, referrals, advocacy and education. Operates Food for Thought, a collective kitchen for immigrant women, CAIWA (multi-ethnic food) Catering and offers beginner computer classes for immigrant women.

### Changing Together: A Centre for Immigrant Women

103, 10010 – 107A Avenue Edmonton, AB T5H 4H8

P: (780) 421-0175 F: (780) 426-2225

E: changing@icrossroads.com

W: www.icrossroads.com/~changing Executive Director: Sonia Bitar

Helps immigrant women and their families participate fully in Canadian society. Offers English as a Second Language (ESL) classes and prevention of family violence workshops. Provides counselling, bi-cultural parenting program, seniors program and support groups for abused women. Offers a mentoring program for immigrant women seeking employment, outreach workshops, information and referrals and Making Changes program (preemployment workshop for immigrant women). Operates a volunteer program.

### Congress of Black Women of Canada: Edmonton Chapter

PO Box 11121, Main Postal Office

Edmonton, AB T5J 3K4

P: (780) 475-7991 F: (780) 475-6307

E: braunmw@telusplanet.net

President: Maureen Braun

Provides a network of solidarity and a united voice in the defence and extension of human rights and liberties for black women of Canada. Provides referrals to members and their families who need access to services at the community level.

# Edmonton Centre for Survivors of Torture and Trauma (ECSTT)

101, 10010 – 107A Avenue Edmonton, AB T5H 4H8

P: (780) 424-7709 F: (780) 424-7736

E: mcnedm@emcn.ab.ca

W: www.emcn.ab.ca

Provides services, programs and support to refugees and immigrants who are survivors of physical and/or psychological torture or have come from situations of catastrophic trauma.

Provides counselling for women who need to overcome the effects of trauma and integrate into Canadian society.

# **Edmonton Mennonite Centre for Newcomers**

101, 10010 – 107A Avenue Edmonton, AB T5H 4H8

P: (780) 424-7709 F: (780) 424-7736

E: mcnedm@emcn.ab.ca

W: www.emcn.ab.ca

Helps immigrants and refugees integrate into Canadian society. Supports and advocates for the human rights of their clients.

### Filipino Canadian Women's Baranggay Association of Alberta

12903 – 133 Street Edmonton, AB T5L 1S9

P: (780) 453-1266 F: (780) 453-1266

President: Henrietta H. Maquiling

### CULTURAL, RACIAL AND OTHER MINORITY GROUPS

Through education and training, this association promotes the well-being, health, settlement and career opportunities of Canadian women, especially those of southeast Asian origin. Provides referral services. Fosters networking with other ethno-cultural organizations dealing with Women's issues.

# Gay and Lesbian Community Centre of Edmonton Society, The

45, 9912 – 106 Street Edmonton, AB T5J 2P2

P: (780) 488-3234 F: (780) 482-2855

E: glcce@interdaun.com W: www.edmc.net/glcce

Administrator: Kristy Harcourt Female Co-Chair: Roz Ostendorf

Provides resources, referrals and support to all people regarding gay, lesbian, bisexual and transgender issues. Offers confidential peer counselling, drop-in centre and telephone information line, resource library, support groups and counselling for women primarily relating to sexuality and sexual orientation. Provides a reference library largely containing books about lesbian and bisexual women.

### Indo Canadian Women's Association, Millwoods Welcome Centre for Immigrants

335, Tower 2, Millbourne Market Mall, 38 Ave. and Millwoods Road Edmonton, AB T6K 3L6 P: (780) 490-0477 F: (780) 440-9864 E: nkumar@nwci.ca W: www.icwa-char.org

Helps visible minorities and immigrant men and women become integrated into Canadian society, raise their economic potential, acquire skills to access government services through counselling and referrals, and alleviate the isolation caused by language and cultural barriers. Promotes networking with other agencies to increase awareness of diversity and human rights. Provides settlement services, a quarterly newsletter, free English and citizenship classes, support groups and drop-in for women. Offers videos and publications on various topics including prevention of family violence and human rights.

### Multicultural Health Brokers Cooperative

c/o 9253 – 92 Street Edmonton, AB T6C 3R4

P: (780) 430-6253 F: (780) 469-4803

E: yvonnechiu@connect.ab.ca

President: Yvonne Chiu

Supports immigrant and refugee individuals and families in attaining optimal health through relevant health education, community development and advocacy support. Provides pre and post-natal education and outreach support to immigrant and refugee women as an "entry point" to providing holistic family support.

#### Na'amat Edmonton

7200 - 156 Street

Edmonton, AB T5R 1X3

P: (780) 444-9444

F: (780) 444-9444

E: salpern@powersurfr.com Coordinator: Sylvia Alpern

Assists women, children and families in Israel and locally to better themselves in all aspects of earning a living, improving educational standards and promoting Jewish identity to ensure Jewish continuity. Protects against violence and ensures safety while responding to humanitarian concerns and social justice.

# RoseNet: Law and Abused Immigrant Women

Legal Studies Program, University Extension Centre 4th floor, 8303 – 112 Street Edmonton, AB T6G 1K4 P: (780) 492-1720

F: (780) 492-1857

W: www.rosenet-ca.org

Associate Director: San San Sy

This website collectively (project team and the immigrant women) develops a safe "virtual" place for immigrant women to learn relevant legal information, including information about resources in Alberta, and issues related to spousal abuse. Empowers immigrant women by enabling them to develop skills in using the Web for nonformal learning. Also provides relevant legal information to service providers serving abused immigrant women.

# Students and Teachers Opposing Prejudice (STOP)

c/o Lindsay Thurber Comprehensive High School

4204 – 58 Street

Red Deer, AB T4N 2L6

P: (403) 347-1171

F: (403) 340-1676

E: kspackman@rdpsd.ab.ca

W: www.cdpsd.ab.ca/ltchs/programs/

stop/index.html

Advisor: Kirsten Spackman

Promotes awareness of discrimination based on gender and other diversity issues. Operates as a voluntary, school-based student group that organizes a variety of events and activities including Take Back the Night rally and a white ribbon campaign.

# Ukrainian Women's Association of Canada: St. John's Branch

10611 – 110 Avenue Edmonton, AB T5H 1H7

P: (780) 425-9692 F: (780) 425-9692

President: Nataliya Grytsiv

Ukrainian Women's Association of Canada is a service organization based on religion, offering fellowship and education. Promotes human rights, culture and culture retention. Facilitates integration of immigrants and migrants. Offers playschool, church school, Ukrainian school, and cultural events.

### CULTURAL, RACIAL AND OTHER MINORITY GROUPS

# Womonspace Social and Recreational Society of Edmonton

PO Box 128, Main Post Office Edmonton, AB T5J 3K4

P: (780) 482-1794

E: womonspace@hotmail.com

W: www.gaycanada.com/womonspace/ Newsletter Editor: Shawna Mochnacz

Womonspace is a non-profit organization which informs and entertains lesbians in Edmonton and the surrounding areas. Publishes a monthly newsletter, hosts women-only dances, and organizes recreational activities.

### World Council of Muslim Women Foundation

2005, 10883 – Saskatchewan Drive Edmonton, AB T6E 4S6

P: (780) 439-5088 F: (780) 439-5088

E: wcomwf@connect.ab.ca

Founder and President: Dr. Lila Fahlman

Supports the education of women and children locally and globally. Promotes the rights of Muslim women. Focuses on Muslim women and children in China (Xingjiang province).

# Worlds of Women Together: A Centre for Immigrant Women

205, 631 – Prospect Drive SW Medicine Hat, AB T1A 4C2

P: (403) 529-8953 F: (403) 528-9383

E: worlds@memlane.com Executive Director: Pilar Silva

This centre's vision is to see immigrant/ refugee women fully integrated into the main stream of Canadian life. Identifies and helps to remove multiple barriers for immigrant/refugee women and make the process of transition and integration as smooth as possible. Embraces and celebrates all women who are interested in working with immigrant women. Offers programs on personal development, active citizenship, volunteering opportunities, educational and recreational services/courses, referrals, mediation, translation, consultation, counselling and celebration of all women (March 8; Women's History Month).

This section includes organizations that provide services to Francophone women.

### Alliance Feminine de St. Isidore

PO Box 1231

St. Isidore, AB TOH 3B0

P: (780) 624-8357

F: (780) 624-9510

E: arbl@telusplanet.net

Armande Lavoie

Promotes the status of French Canadian women. Meets the needs of the community by offering courses, workshops, visiting the sick, catering and other activities.

### Association Canadienne-Française de l'Alberta: Regionale d'Edmonton (ACFA)

8627 Marie-Anne-Gaboury (91 Rue)

Edmonton, AB T6C 3N1

P: (780) 469-4401

F: (780) 469-3997 E: acfa.edm@francalta.ab.ca

W: www.francalta.ab.ca

Coordinator: Nicole Pageau

Represents the francophone population in the Edmonton region. Promotes French Canadian cultural, social and economic well-being. Encourages, promotes and develops education in French. Establishes and maintains friendly relationships with different ethnic groups. The women's committee holds conference dinners on various women's issues, organizes an annual weekend health retreat, and organizes the March 8 celebration.

### Association Multiculturelle Francophone de l'Alberta

12, 8925 – 82 Avenue

Edmonton, AB T6C 0Z2

P: (780) 440-0719

F: (780) 440-0744

E: amfa@compusmart.ab.ca

W: www.amfa.ab.ca

Development Officer: Erica Philippe

Seeks to unite Francophone immigrants from different parts of the world in order to facilitate their integration into Canadian society. Offers basic community services to French speaking immigrants and newcomers to Edmonton, including orientation, translation and support in the settlement process. Provides information about healthcare, social services, ESL, employment and other services and resources in the community. Highlights the multicultural aspect of Francophones in Alberta.

#### Coalition des Femmes de l'Alberta

120, 8627 rue Marie-Anne-Gaboury (91 Street)

Edmonton, AB T6C 3N1

P: (780) 462-0502

F: (780) 450-1253

Coordinator: Suzanne Lamy-Thibaudeau

Coalition des Femmes is the coordinating body of French language Women's groups and programming in Alberta. Provides lists of contacts in Alberta communities and information about events for and by Francophone women. Publishes and distributes a bulletin four times annually. Organizes

### FRANCOPHONE WOMEN

conferences, workshops, renewal weekends and International Women's Day activities. Focuses on themes including financial autonomy, health and wellness, women's rights and employment equity.

### Mouvement des Femmes Chretiennes (M.F.C.)

4630 – 50 Avenue St. Paul, AB TOA 3A2 P: (780) 645-3697

Contact: Odette Plamondon

Promotes Christian family living. Helps the elderly, handicapped and youth of the diocese. Promotes special projects with groups and students. Organizes and subsidizes friendly gathering trips to various locations in Alberta. Organizes monthly meetings and annual diocesan convention.

This section covers the subject of general health and wellness. The organizations listed may either be specific to women, or of high interest to women.

# **Boyle Street Community Services Co-operative**

10116 – 105 Avenue Edmonton, AB T5K 0K2

P: (780) 424-4106 F: (780) 425-2205

E: hhunter@boylestco-op.org Executive Director: Hope Hunter

Promotes and develops healthier inner city communities by helping people meet their daily needs and realize their potential through one on one intervention and health promotion. Offers Health for Two and family support programs.

### Calgary Health Region: Grace Women's Health Centre

1441 – 29 Street NW North Tower Foothills Medical Centre Calgary, AB T2N 4J8

P: (403) 670-2180 (Women's Health Admin.)

F: (403) 283-4703

E: suzette.miller@calgaryhealthregion.ca W: www.crha-health.ab.ca/clin/women

Manager: Suzette Miller Director: Laurie Blahitka

Provides health care to women. Offers Breast Health Program, Colposcopy Clinic, Maternal Fetal Medicine, Obstetrics and Gynecology Clinic, Osteoporosis Centre, Urodynamics Services, Women's Day Surgery, Outreach Program and Pastoral Care. Also offers Women's Health Resources, including telephone and individual consultations with a multi-disciplinary staff team, courses and workshops, a newsletter, workshops, and a lending library.

### Calgary Women's Health Collective

3rd floor, 223 – 12 Avenue SW Calgary, AB T2R 0G9 P: (403) 265-9590 (Leave message)

Offers counselling services for depression, anxiety, anger, grief and trauma recovery, life transitions, sexuality, self-esteem and body image, childhood food and relationship issues. The Collective offers a sliding fee scale based on income and number of dependents, so that all women can have access to counselling at a reasonable and affordable rate.

### Canadian Indigenous Women's Resource Institute

201,1039 – 17 Avenue SW Calgary, AB T2T 0B2

P: (403) 228-7717

F: (403) 244-7617

E: ciwri@virtualcity.com Executive Director: Doreen Spence

Raises awareness and educates nonnative people regarding issues facing visible minorities, specifically aboriginal people, and stresses how this knowledge can benefit society as a whole. Develops and presents workshops, seminars, and educational forums specifically targeting Indigenous women and relevant issues, including healing circles and spiritual counselling. Provides and promotes mental, physical, spiritual and emotional healing through native spirituality.

### Candora Society of Edmonton, The

248 Abbotsfield Mall 3210 – 118 Avenue

Edmonton, AB T5W 1W4

P: (780) 474-5011 P: (780) 477-5655 P: (780) 477-5659 E: candora@ecn.ab.ca

W: www.compsecure.com/candora/

Contact: Diane Sopher Contact: Ann Nicolai

Promotes positive growth in the lives of women, children and families in the community. Provides opportunities for progressive learning about the issues that affect the lives of families. Connects people to increase understanding of each other, reduce isolation, build self-worth and enrich the community. Networks and collaborates with community partners on early intervention. Offers Health for Two, English as a Second Language, PACE (educational programs to help prepare women for entering the work force), crafts and collective kitchens for women.

# CanSurmount (sponsored by the Canadian Cancer Society)

1200 College Plaza 8215 – 112 Street

Edmonton, AB T6G 2C8

P: (780) 455-7181

P: (780) 455-5353 (support line)

F: (780) 455-0277

W: www.cancer.ab.ca

Coordinators: Laurette Phimester and Monique Gervais Timmer (Edmonton),

Sheila Whitlock (Stony Plain),

Mary Lynn Bofart

Millie Olsen (Drayton Valley)

Offers emotional peer support for cancer patients and their family and friends through monthly meetings. Provides an opportunity to listen and share the feelings of fear, frustration, anger and hope that cancer patients and their families experience.

### **Catholic Social Services: Kairos House**

8815 - 99 Street

Edmonton, AB T6E 3V3

P: (780) 451-5621 F: (780) 454-2906

W: www.catholicsocialservices.ab.ca

Team Leader: Darla Quinlan

A residential home for people living with HIV/AIDS.

### Catholic Social Services: Kairos II Program

8815 – 99 Street

Edmonton, AB T6E 3V3

P: (780) 451-5621 F: (780) 454-2906

W: www.catholicsocialservices.ab.ca

Team Leader: Darla Quinlan

Kairos II is a community based outreach support service for women with HIV, and their children.

### Mistahia Regional Health Authority: Sexual Health Program

10320 - 99 Street

Grande Prairie, AB T8V 6J4

P: (780) 513-7551 F: (780) 532-1550

E: cmullane@mhr.ab.ca

W: www.mhr.ab.ca

Contact: Catherine/Mary Jean

Provides information, education, consultation, clinical counselling services and client advocacy related to sexuality. Offers information on reproductive choice, family planning, pregnancy and sexually transmitted disease protection. Services are open to women and men. Mistahia Health Region offers a funding program, MAGS, open to all groups within the Mistahia Health Region. Contact Jennifer Wood at (780) 513-7527 for further information.

### Multicultural Health Brokers Cooperative

c/o 9253 – 92 Street Edmonton, AB T6C 3R4

P: (780) 430-6253 F: (780) 469-4803

E: yvonnechiu@connect.ab.ca

President: Yvonne Chiu

Supports immigrant and refugee individuals and families in attaining optimal health through relevant health education, community development and advocacy support. Provides pre and post-natal education and outreach support to immigrant and refugee women as an "entry point" to providing holistic family support.

# Reach to Recovery (sponsored by the Canadian Cancer Society)

1200 College Plaza 8215 – 112 Street

Edmonton, AB T6G 2C8

P: (780) 455-7181

P: (780) 455-5353 (support line)

F: (780) 455-0277

W: www.cancer.ab.ca

Coordinators: Agnes van der Klaauw

Dianne Kuntz (Edmonton) Pat Mis (Sherwood Park)

Women who have previously experienced breast cancer offer practical and emotional support to newly diagnosed women with breast cancer through one on one visits and monthly group support meetings. Partners and family members are welcome to attend.

### Royal Alexandra Hospital: Women's Health Program Women's Centre

10240 Kingsway Avenue Edmonton, AB T5H 3V9

P: (780) 477-4804 F: (780) 491-5051

Patient Care Director, Women's Health: Sue Chandler

Provides comprehensive health services to women in Edmonton and referral services to women in northern and central Alberta. Offers inpatient services, obstetrical services, gynecology services including continence, urogynecology, urotherapy, fertility, colposcopy, gynecology oncology, and ambulatory health care.

### Screen Test: Alberta Program for the Early Detection of Breast Cancer Calgary

120, 1040 – 7 Avenue SW

Calgary, AB T2P 3G9

P: (403) 220-4302 (Dr. H. Bryant)

P: (403) 262-4769 (C. May)

F: (403) 270-3898 (Dr. H. Bryant)

F: (403) 290-0933 (C. May)

E: heatherb@cancerboard.ab.ca

E: carolem@cancerboard.ab.ca

W: www.cancerboard.ab.ca/screentest

Director: Dr. Heather Bryant Coordinator, Screen Test South:

Carole May

Provides organized high quality breast screening services to women of Alberta. Offers screening mammograms for

women 50 years of age and over. Provides breast screening information and education sessions to lay and professional organizations.

### Screen Test: Alberta Program for the Early Detection of Breast Cancer Edmonton

311 Kingsway Garden Mall 109 Street and Princess Elizabeth Avenue

Edmonton, AB T5G 3A6

P: (780) 474-0183 (P. Taschuk)

P: (780) 479-1744 (J. Hauber)

P: (780) 262-4769 (C. May)

F: (780) 477-8418 (P. Taschuk)

F: (780) 477-8418 (J. Hauber)

E: pattik@cancerboard.ab.ca

E: joanh@cancerboard.ab.ca

W: www.cancerboard.ab.ca/screentest Provincial Coordinator: Patti Taschuk Coordinator, Screen Test North: Joan Hauber

Provides organized high quality breast screening services to women of Alberta. Offers screening mammograms for women 50 years of age and over. Provides breast screening information and education sessions to lay and professional organizations.

### Sexually Transmitted Disease (STD) Centre (Public Health Division)

11111 – Jasper Avenue Edmonton, AB T5K 0L4

P: (780) 413-5156

F: (780) 425-2194

W: www.cha.ab.ca

Manager: Barbara Anderson

Provides services free of charge to the general public, focusing on preventing and treating sexually transmitted diseases. The provincial STD/HIV information line is 1-800-772-2437 available 24 hours a day.

# Society for the Retired and Semi-Retired

15 Sir Winston Churchill Square Edmonton, AB T5J 2E5

P: (780) 423-5510 F: (780) 426-5175

E: srsr@icrossroads.com

W: www.srsr.seniors.com

Executive Director: Roger Laing

Enhances the quality of life of older persons. Offers fitness classes, recreational and social programs, housing registry, assistance in finding reliable workers for around the home, guardianship applications and assistance with completing government forms.

### **Victorian Order of Nurses (VON)**

100, 4936 – 87 Street Edmonton, AB T6E 5W3

P: (780) 466-0293 F: (780) 463-5629

E: vonedmonton@interbaun.com

W: www.von.ca

Executive Director: Clarece A. Mather

VON is a charity guided by the principles of primary healthcare, and works in partnership with Canadians for a healthier society through leadership in community-based care, delivery of innovative, comprehensive health and social services, and influence in the

development of health and social policy. Provides primary health care services to several shelters in Edmonton through the services of registered nurses with specialized training.

# Women's Health Bureau (Health Canada)

Jeanne Mance Bldg.

Tunney's Pasture Postal Locator 1903C

Ottawa, ON K1A 0K9

P: (613) 946-7213

F: (613) 952-3496

W: www.hc-sc.gc.ca/english/women

Contact: Marnie Rankin

Develops and integrates policies into the work of other Health Canada divisions. The activities of the Women's Health Bureau are intended to enhance the responsiveness of the Canadian health system generally to the health needs and concerns of women in all their diversity, in keeping with the Beijing Platform for Action and the Federal Plan for Gender Equality. The main role of the bureau is the implementation and ongoing development of Health Canada's Women's Health Strategy. The Centres of Excellence for Women's Health Program is one of the major components of the Strategy.

### HEALTH AND WELLNESS — GENERAL

#### YWCA of Banff

PO Box 520

Banff, AB TOL OCO

P: (403) 760-3200

F: (403) 760-3202

E: resource@ywcabanff.ab.ca W: www.ywcabanff.ab.ca Contact: Neal Mytton

Provides services and programs directed to women, children and families, as well as young service industry workers. Offers community information and referral, self-defense courses, life skills development, Planned Parenthood counselling, training programs, and low cost co-ed guest accommodation. Operates a shelter for women and children escaping from abuse, Elderhostel, and a training centre.

### **YWCA of Calgary**

320 – 5 Avenue SE

Calgary, AB T2G 0E5

P: (403) 263-1550

F: (403) 263-4681

E: ywca@ywcaofcalgary.com

W: www.ywcaofcalgary.com

Chief Executive Officer: Jill Wyatt

Provides housing, family violence prevention programs, Women's employment and education services, and recreation and fitness facilities.

#### YWCA of Edmonton

10242 - 105 Street

Edmonton, AB T5J 3L5

P: (780) 423-9922

F: (780) 425-7467

E: ywca@compusmart.ca

W: www.ywcaofedmonton.org Executive Director: Kelly Sloan

Provides a strong voice and support for women and their families. Offers group counselling for women who are in or have been in abusive relationships, a comprehensive support program for bereaved women, men and children; Family Support Services, Volunteer Services, and YoWoChAs, an outdoor education centre which provides opportunities for learning and personal growth.

### YWCA of Lethbridge and District

604 – 8 Street South

Lethbridge, AB T1J 2K1

P: (403) 329-0088

F: (403) 327-9112

E: ywca@telusplanet.net

W: www.ywcalethbridge.org

Chief Executive Officer: Michelle Dyke

Committed to women and the enhancement of their lives. Offers health and fitness programming, Women's emergency shelter, 24 hour crisis line, Women's residence, drop in childcare, supported independent living program for teens, and summer programs for children.

This section lists programs for those with mental health. Some programs are specific to women.

Canadian Mental Health Association: Alberta North Central Region (ANCR)

200, 10235 – 124 Street Edmonton, AB T5N 1P9

P: (780) 414-6300 F: (780) 482-7498

E: main@cmhaancr.ab.ca

Social Program Coord.: Tom Mavlas

Canadian Mental Health Association is a non-profit organization which provides services for people experiencing long term persistent mental illness. Women's Web Program provides adult women with persistent mental illness an opportunity to socialize with other women.

**Edmonton City Centre Church** 

**Corporation: Our Place** 

9537 – 106 Avenue

Edmonton, AB T5H 0N3

P: (780) 426-6466 E: rplace@eccc.org

W: www.eccc.org

Manager: Sandra Wilson

Provides safe, affordable and supportive housing for women with mental illness.

### INTRODUCTION

The organizations listed in this section offer support, services and programs relating to pregnancy and reproductive issues.

#### Alberta Association of Midwives

PO Box 11957 Main Post Office

Edmonton, AB T5J 3L1

P: (780) 425-5464 F: (780) 286-5256

E: drach@midwives.org

W: www.telusplanet.net/public/robinl/

aam\_homepage.htm President: Diane Rach

This professional organization represents midwives. Informs and educates the public about the role of midwives in today's health care system.

### Alberta Pro-Life Alliance Association

PO Box 11479

Edmonton, AB T5J 3K5

P: (780) 421-7747 F: (780) 421-7749

E: apl@albertaprolife.com

W: www.albertaprolife.com

Contact: Patty Nixon

Raises awareness on the sanctity of life issues.

# Association for Safe Alternatives in Childbirth (ASAC)

Office Address: 202, 8540 - 109 Street

Edmonton, AB Mailing Address: Box 1197 Main P.O. Edmonton, AB T5J 2M4

P: (780) 425-7993

F: (780) 497-7576 E: info@asac.ab.ca

W: www.asac.ab.ca

President: Cherilyn Michaels

ASAC is a resource and advocacy group for parents and parents-to-be. Provides information on pregnancy, childbirth, midwifery and related topics. Also provides support to implement midwifery into the Alberta health care system. Operates a library, playgroups, and offers monthly film and information nights.

### **Birthright**

108, 11520 – 100 Avenue Edmonton, AB T5K 0J7

P: (780) 488-0681

P: 1-800-550-4900 (toll-free)

F: (780) 488-1528

Director: Monica Meerveld

Offers caring non-judgmental support and friendship to any woman facing an unplanned pregnancy. Offers pregnancy tests, prenatal classes, baby and maternity clothing. All services are free and confidential.

### **Calgary Pregnancy Care Centre**

205, 925 – 7 Avenue SW

Calgary, AB T2P 1A5

P: (403) 269-3111

F: (403) 237-5917

E: info@pregcare.com

W: www.pregcare.com Executive Assistant: Cheryl Taylor

Offers assistance to women facing an unplanned pregnancy, through education and counselling. Offers

counselling on abortion risks and procedures, adoption, parenting, and post-abortion recovery. Offers pre-natal and parenting classes as well as peer support groups for birthmothers. Provides maternity and infant clothing. Provides referrals and connections to other community resources.

### **Campaign Life Coalition Alberta**

PO Box 1777

Edmonton, AB T5J 2P2

P: (780) 473-5008 F: (780) 476-0094

Spokesperson: Susan McNeely

Promotes and supports government (at all levels) to enact legislation to protect all life from conception to natural death. Aids women who are in crisis because of unplanned pregnancy.

### Canadian Abortion Rights Action League (CARAL)

616 – 880 Wellington Street

Ottawa, ON K1R 6K7

P: (613) 789-9956

P: (403) 283-8591

F: (613) 789-9960

E: caral@caral.ca

W: www.caral.ca

Director of Outreach Programs:

Cynthia Wilson

Alberta Contact: Melanie Anderson

This pro-choice volunteer organization works to ensure that all women have total reproductive freedom to exercise the right to safe, accessible abortion. Provides information on abortion services and procedures across Canada.

### **Central Alberta Pregnancy Care Centre**

203, 4820 – Gaetz Avenue Red Deer, AB T4N 4A4

P: (403) 343-1611

F: (403) 343-1738

E: capcc@telusplanet.net

Executive Director: Lola French

Offers education and support for unplanned pregnancy, young parents and those with post-abortion issues. Offers crisis pregnancy intervention, peer counselling for pregnancy, abortion, alternatives, infant loss, post-abortion and adoption, parenting classes and prenatal support.

#### **Grande Prairie Voice for Life**

9613 – 100 Street

Grande Prairie, AB T8V 2L2

P: (780) 538-3344

F: (780) 539-4184

E: vfl@telusplanet.net

Executive Director: Lila Gault Administrator: Wanda Brown

Fosters respect for all human life in all stages of development. Provides educational programs to schools and organizations on fetal development, sexually transmitted diseases, teen pregnancy, abortion, abstinence, birth control and other life issues (euthanasia).

Kensington Clinic 2431, 5 Avenue NW

Calgary, AB T2N 0T3

P: (403) 283-9117 F: (403) 283-9139

W: www.kensingtonclinic.com Executive Director: Celia Posyniak

Provides abortion services from 6-20 weeks of pregnancy. Services are funded by Alberta Health Care.

### La Leche League Canada: Alberta/Northwest Territories

13 – 52313 Rg Road 232 Sherwood Park, AB T8B 1B7

P: (780) 464-1864 (Answering machine)

F: (780) 467-1120

Area Coordinator of Leaders: Fiona Audy

Provides information and support to women who choose to breastfeed. Holds monthly meetings. Volunteer leaders are available by phone seven days a week. Locations of La Leche League Canada Leaders: Airdrie, Bentley, Camrose, Calgary, Chestermere, Edmonton, Fairview, Fort McMurray, Grande Prairie, Hinton, Jasper, Lac La Biche, Lacombe, Lethbridge, Olds, Peace River, Raymond, Red Deer, Red Water, Rycroft, St. Albert, Sedgewick, Sexsmith, Sherwood Park, Stony Plain, Sylvan Lake, Turner Valley.

#### La Salle Residence

10015 - 111 Street

Edmonton, AB T5K 1K4

P: (780) 482-6268

P: (780) 482-2190

F: (780) 482-3008

Executive Director: Madeleine Therrien Assistant Director: Rita Coulombe s.g.m.

Provides second stage shelter accommodation for single expectant mothers, single mothers with young children, or abused women in transition. Gives supportive counselling before and after delivery. Assists residents toward increased growth, maturity and independence.

### Mistahia Regional Health Authority: Sexual Health Program

10320 - 99 Street

Grande Prairie, AB T8V 6J4

P: (780) 513-7551

F: (780) 532-1550

E: cmullane@mhr.ab.ca

W: www.mhr.ab.ca

Contact: Catherine/Mary Jean

Provides information, education, consultation, clinical counselling services and client advocacy related to sexuality. Offers information on reproductive choice, family planning, pregnancy and sexually transmitted disease protection. Services are open to women and men. Mistahia Health Region offers a funding program, MAGS, open to all groups within the Mistahia Health Region. Contact Jennifer Wood at (780) 513-7527 for further information.

### **Morgentaler Clinic**

12409 – 109A Avenue Edmonton, AB T5M 4A7

P: (780) 484-1124 F: (780) 489-3379

E: bayaclinic@telusplanet.net W: www.morgentalerclinic.ca

Manager: Kim Cholewa

Provides abortions. Services covered by Alberta Health Care and Saskatchewan Health.

### **Parent Development Centre**

2749 Sinai Avenue SW Calgary, AB T3E 7A9

P: (403) 777-1850 (Postpartum Support)

P: (403) 777-1854 (Parenting Support)

P: (403) 265-1117 (Parent Stress Line)

F: (403) 253-8219

E: adminpdc@home.com Director: Honey Watts

Enhances family well-being through three types of services. Postpartum Support provides telephone and group support to women experiencing postpartum depression difficulty following the birth or adoption of a child or during pregnancy. Trained volunteers provide support through Parent Stress Line, where volunteers listen, support, problem solve and provide information about resources. Parents & Children Together enriches and strengthens families with pre-school children through ongoing parent education, support and play.

### Planned Parenthood Alberta (Calgary)

102, 1212 1 Street SE Calgary, AB T2G 2H8 P: (403) 283-8591

F: (403) 283-8563

E: ppalberta@plannedparenthoodalta.com W: www.plannedparenthoodalta.com Executive Director: Melanie Anderson

Planned Parenthood Alberta's mission is to support reproductive choice and promote sexual health for all Albertans. Provides sexual and reproductive health information and services for all women. Operates the Reproductive Health Resource Centre. Offers workshops, a referral service for women seeking reproductive health services and develops resource materials specifically for women.

### **Planned Parenthood Edmonton**

50, 9912 – 106 Street Edmonton, AB T5K 1C5

P: (780) 423-3737 F: (780) 425-1782

E: ppae@ppae.ab.ca

W: www.ppae.ab.ca

Executive Director: Larry Brockman

Provides people with the skills and knowledge to make informed choices around issues of sexuality within the context of their values, beliefs and experience. Offers free pregnancy testing, pro-choice pregnancy options counselling, information about birth control, fertility/infertility, menopause and sexual orientation. Programs are

designed to provide non-judgmental and factual information in a confidential, supportive and culturally sensitive environment.

# Planned Parenthood Alberta (SE Alberta)

550 C Allowance Avenue SE Medicine Hat, AB T1A 3E3

P: (403) 526-6111 F: (403) 527-7307

W: www.plannedparenthoodalta.com Office/Volunteer Coordinator: Celina Ling

Planned Parenthood Alberta's mission is to support reproductive choice and promote sexual health for all Albertans. Offers free pregnancy testing, pregnancy options counselling and workshops on a number of sexual and reproductive health issues for all women.

### **Pregnant Teen Program**

9922 – 112 Avenue

Grande Prairie, AB T8V 6V7

P: (780) 538-3854 F: (780) 539-4706

E: dmorgan@gppsd.ab.ca

Contact: Sandy Wilson/Melodie Hood

Helps pregnant and parenting teens achieve their personal best. Teens are eligible for all programs until age 20, if needed they are referred to partnering program(s). Offers pre and post-natal information, onsite counselling, nurse, schooling and nursery. Also offers breast-

feeding support group, mom's group, pregnant support group, baby clothing exchange, Nobody's Perfect Parenting, child safe first-aid, collective kitchen and home visitation.

#### Red Deer and District Pro-Life

PO Box 202

Red Deer, AB T4N 5E8

P: (403) 340-2229

P: (403) 347-4843

E: llouiseo@telusplanet.net

President: Donald Ottosen

An educational organization dedicated to the sanctity of all human life from conception to natural death.

### Serena Calgary

5917 – 1A Street SW

Calgary, AB T2H 0G4

P: (403) 252-9298

F: (403) 590-9894

E: serenaca@telusplanet.net

W: www.serenacalgary.ca Coordinator: Linda Reid

and sexuality as requested.

Teaches and promotes the Sympto-Thermal method of natural family planning. Provides instruction, materials and ongoing counselling on natural family planning to achieve or avoid pregnancy in usual circumstances, as well as during post-partum, breastfeeding, and menopause. Presents information on natural family planning

#### HEALTH AND WELLNESS — PREGNANCY & REPRODUCTIVE ISSUES

# **Serena Edmonton Natural Family Planning Association**

PO Box 1820 Station Main Edmonton, AB T5J 2P2

P: (780) 488-5221

E: serenaed@telusplanet.net

W: www.serena.ca

Coordinator: Carolyn Towle

Provides information and instruction on the Sympto-Thermal Method of natural family planning to achieve, postpone, or avoid pregnancy. Offers update sessions for couples experiencing difficulties in achieving pregnancy, during postpartum, breastfeeding and menopause. Values human life from conception. Provides information sessions for health professionals, fertility awareness and classroom presentations.

**Terra Association** 

9930 – 106 Street Edmonton, AB T5K 1C7

P: (780) 428-3772 F: (780) 425-5160

E: terra@terraassociation.com W: www.terraassociation.com Executive Director: John Meston

Responds to the challenges that youth deal with regarding teen pregnancy and parenting. A range of programs and services are delivered using a holistic approach to meet the emotional, physical, social and educational needs of youth up to 19 years of age. These include Casework Services, Future Directions, Labour Support, Healthy Families, Peers Educating Peers, Learning for Life, Parenting Education, Services for

Young Fathers, Child and Family Support Centre, In-Home Family Support, Aboriginal Services, Pre-natal Classes, Nutritional Services, and Klothes Kloset Shop.

#### HEALTH AND WELLNESS — SPORTS & PHYSICAL HEALTH

#### INTRODUCTION

This section includes organizations that promote, encourage and support women to adopt healthier lifestyles through physical activity.

# Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS)

Suite 202, 801 King Edward Avenue

Ottawa, ON K4C 1C9

P: (613) 562-5667 F: (613) 562-5668 E: caaws@caaws.ca W: www.caaws.ca

Reception: Brenda Parker

Ensures that all girls and women have access to a complete range of opportunities and choices, and have equity as participants and leaders in sport and physical activity. Offers educational resources and information on a variety of issues related to women and sport. Scholarships and grants are available. Web site offers further information on scholarships and grants, as well as news stories, issues, etc.

# In Motion Network: Promoting Physical Activity for Girls and Women

905 Standard Life Centre 10405 – Jasper Avenue Edmonton, AB T5J 4R7

P: (780) 422-7108 F: (780) 427-5140

E: shona.schleppe@gov.ab.ca Contact: Shona Schleppe Promotes increased physical activity opportunities for girls and women as participants and leaders, through networking, advocacy and education.

# International Working Group on Women and Sport (IWG)

c/o Sport Canada 15 Eddy Street Hull, QC K1A 0M5 P: (819) 956-8036 F: (819) 956-8019 W: www.iwg-gti.org

The IWG is a coordinating body made up of governmental and key non-governmental representatives whose goal is to influence decision-makers responsible for the development of opportunities for girls and women in sport throughout the world.

# University of Alberta: Be Fit For Life Resource Centre

W-79 Van Vliet Physical Education Centre Edmonton, AB T6G 2H9

P: (780) 492-0758 F: (780) 492-0764

E: trina.bandi@ualberta.ca

W: www.provincialfitnessunit.ualberta.ca

Coordinator: Trina Bandi

Encourages Albertans to adopt healthier lifestyles through physical activity and services that support this lifestyle. Provides presentations, workshops and seminars on various topics related to nutrition, physical activity, fitness and wellness, as requested.

This section includes organizations that offer drug, alcohol and addiction recovery programs or services, including residential programs. Some programs are specifically for women.

### Alberta Alcohol and Drug Abuse Commission (AADAC)

Henwood 18750 – 18 Street RR6 LCD1

Edmonton, AB T5B 4K3

P: (780) 422-9069 F: (780) 422-5408

Contact: Supervisor of Women's Program

Helps women with serious alcohol, drug or gambling problems by providing a safe and secure place to recover. Henwood offers a three week live-in support program designed specifically for women within a co-ed facility. This program includes workshops and group counselling, relaxation and recreation therapy, living skills workshops and introduction to community self-help groups.

# Aventa Addiction Treatment for Women

2005 – 10 Avenue SW Calgary, AB T3C 0K4 P: (403) 245-9050

F: (403) 245-9485 E: info@aventa.org W: www.aventa.org

Olivia al Cara arrica y Staral

Clinical Supervisor: Stephanie Blumensaat Provides drug, alcohol and gambling addiction recovery services to women. Facilities offer residential, outpatient and long-term recovery services. Programs are based on the concept that addiction is a holistic illness and requires change in four areas: physical, emotional, social and spiritual.

### **McDougall House Association**

11070 – 108 Street Edmonton, AB T5H 3A9

P: (780) 426-1409

F: (780) 429-3459

E: mha@powersurfr.com

E: www.gov.ab.ca/aadac/services/

fundedagencies/mha

**Executive Director: Cindy Ward** 

Provides drug-free long-term residential support and counselling for women in recovery. This specialized program for women offers structural programming, group therapy and individual counselling. Funding may be arranged through Alberta Human Resources and Employment.

# **Native Addictions Services Society**

101 1009 – 7 Avenue SW Calgary, AB T2P 1A8

P: (403) 261-7921

F: (403) 261-7945

W: smeier@nass.ca

Program Manager: Shawn Meier

Assists individuals and families affected by addictions by providing education, prevention treatment and support.

# **HEALTH AND WELLNESS — SUBSTANCE ABUSE & ADDICTIONS**

Offers Women's programs including Weekly Women's Group, Weekly Sharing Circle and E.A.G.L.E. (Ending Aggression Group Living Empowered) Circle.

# Women for Sobriety: Edmonton Chapter

21 Queen Mary West 11016 – 109 Avenue Edmonton, AB T5H 1E1 P: (780) 429-3855 Area Coord. for Western Provinces: A. Irene Quaite-Boehk

Provides a program for women with addictions. Promotes emotional and spiritual growth using the Women for Sobriety (WFS) 13 Statements of Acceptance along with the development of self-esteem and self-realization. Helps to meet the special needs of women in recovery through new thinking, new habits, new image and a new life without the addiction.

The following organizations deal with issues and resources related to the civil and criminal justice systems. As human rights are an important aspect of legal rights, organizations that address human rights concerns have been included in this section.

#### **4 Corners Society**

409, 10405 Saskatchewan Drive Edmonton, AB T6E 4R9

P: (780) 430-8480 F: (780) 472-2601

E: 4corners@chickmail.com W: www.4cornersonline.net

Directors: Nancy Nassef/Christie Schultz

The 4 Corners Society is a non-profit organization dedicated to promoting the education and awareness of Women's rights based upon grounds of equality between the sexes. Encourages people from all walks of life to attend their International Women's Day Celebrations, December 6th memorial, and contribute to their annual anthology. Holds an annual high school essay contest where students are asked to compose essays with a feminist theme. Each year a beneficiary of their International Women's Day fundraiser is chosen to receive a percentage of funds raised. Contact 4 Corners for further information.

Alberta Civil Liberties Research Centre c/o Faculty of Law, University of Calgary 2500 University Drive NW Calgary, AB T2N 1N4 P: (403) 220-2505 F: (403) 284-0945 E: aclrc@ucalgary.ca Executive Director: Linda McKay-Panos

Promotes awareness among Albertans about civil liberties and human rights through research and education. Several publications deal with women's issues such as sexual harassment.

### Alberta Human Rights and Citizenship Commission, Alberta Community Development

Northern Region Room 800, Standard Life Centre 10405 Jasper Avenue Edmonton, AB T5J 4R7

P: (780) 427-3116

P: (toll-free outside Edmonton by first dialing 310-0000)

P: TTY: (780) 427-1597 or

1-800-232-7215 F: (780) 422-3563

Southern Region 310, 525 – 11 Avenue SW

Calgary, AB T2R 0C9 P: (403) 297-6571

P: toll-free outside Calgary by first dialing 310-0000)

P: TTY: (403) 297-5639 or

1-800-232-7215

F: (403) 297-6567

W: www.albertahumanrights.ab.ca

An independent commission of the Government of Alberta. It offers human rights education services and helps people resolve human rights complaints filed under the Human Rights, Citizenship and Multiculturalism Act.

Provides information on a confidential and free-of-charge basis to people who believe they may have experienced discrimination in Alberta, who are responding to a human rights issue, or who are seeking more information about human rights in Alberta.

# Canadian Federation of University Women: Calgary Club (CFUW)

348 Wascana Crescent SE

Calgary, AB T2J 1H5 P: (403) 249-0046

F: (403) 271-2826

E: cfuwcalgary@hotmail.com

W: www.members.shaw.ca/cfuwcalgary/

President: Suzanne Parkinson

Canadian Federation of University Women (CFUW) is a voluntary, nonpartisan, non-profit, self-funded, bilingual organization. There are more than 130 clubs across Canada. Active in public affairs working to raise the social, economic and legal status of women as well as to improve education, the environment, peace, justice and human rights. Provides education through monthly speakers. Studies issues related to their mandate through an Issues/ **Education Committee. Funds** scholarships at the University of Calgary (refer to U of C Scholarships and Grants booklet) and supports national CFUW fellowships.

### Canadian Human Rights Commission: Alberta and Northwest Territories Region

308, 10010 – 106 Street Edmonton, AB T5J 3L8

P: (780) 495-4040

F: (780) 495-4044

E: info.com@chrc-ccdp.ca

W: www.chrc-ccdp.ca

Regional Director: Hilda Henkelman

Administers compliance with the Canadian Human Rights Act and the Employment Equity Act. The purpose of these Acts is to ensure equality of opportunity and freedom from discrimination in federal jurisdiction. The commission's business is to make these Acts work for the benefit all Canadians. The three main aspects of its work are to restore the rights of those who have been discriminated against, prevent discrimination before it occurs and promote greater understanding of human rights and how they are protected.

# Edmonton and District Labour Council Women's Committee

201,10425 – Princess Elizabeth Avenue Edmonton, AB T5G 0Y5

P: (780) 474-4747

P: (780) 490-1629

F: (780) 477-1064

E: edlc@telusplanet.net President: Alex Grimaldi

Women's Committee Directory:

Norma Johnson

Provides a network of solidarity and a unified voice for the protection of human rights and liberties in the workplace for Edmonton and surrounding district. Concerned with ending violence against women, general health and welfare issues, and providing workplace information on labour rights. The Women's Committee actively promotes Women's rights and participates in events that support those rights.

# **Edmonton Mennonite Centre for Newcomers**

101 10010 – 107A Avenue Edmonton, AB T5H 4H8

P: (780) 424-7709 F: (780) 424-7736

E: mcnedm@emcn.ab.ca

W: www.emcn.ab.ca

Helps immigrants and refugees integrate into Canadian society. Supports and advocates for the human rights of their clients.

### **Elizabeth Fry Society of Calgary**

650, 1010 – 1 Street SW Calgary, AB T2R 1K4

P: (403) 294-0737

F: (403) 262-0285

E: coordinator@elizabethfry.ab.ca

W: www.elizabethfry.ab.ca

Agency Coordinator: Diane Altwasser

Locates and organizes community resources in order to give humane assistance to women in conflict with the law. Assists in the rehabilitation of the female offender, and monitors the

judicial and corrections systems to promote improvements when and where possible. Offers Prison Program, Pre-Employment Program and Shoplifting Intervention Program.

### Elizabeth Fry Society of Edmonton

10523 – 100 Avenue

Edmonton, AB T5J 0A8

P: (780) 421-1175 Main Office

P: 1-866-421-1175 Main Office

P: (780) 422-4775 Court Office

F: (780) 425-8989 Main Office

F: (780) 427-2681 Court Office

E: director@elizabethfry.ab.ca

E: admin@elizabethfry.ab.ca

W: www.elizabethfry.ab.ca

Executive Director: Sara McEwan Office Manager: Zelekash Alemu

Fosters the dignity and worth of women who come into conflict with the law and help them live as valued members of their communities. Offers Aboriginal Women's Program encouraging aboriginal women to reconnect with their culture. Also offers court support through Courtwork Program, Prison Liaison, Changing Paths... Life Skills Program, Private Home Placement for federally sentences women who are on day parole, Shoplifting Program, and one on one counselling and crisis intervention.

#### HUMAN RIGHTS AND LEGAL ISSUES

# Human Rights and Citizenship Branch (Alberta Community Development)

800 Standard Life Centre 10405 Jasper Avenue Edmonton, AB T5J 4R7

P: (780) 427-3116

P: (toll-free outside Edmonton by first dialing 310-0000)

P: TTY: (780) 427-1597 or

1-800-232-7215 F: (780) 422-3563 W: www.cd.gov.ab.ca

Offers Persons Case Scholarships to students whose studies ultimately contribute to the advancement of women. Promotes educational resources and materials related to women's issues. Produces "Women's Organizations of Alberta" directory.

# Institute for the Advancement of Aboriginal Women

1, 11205 – 101 Street Edmonton, AB T5G 2A4

P: (780) 479-8195

P: 1-877-471-2171 (toll-free)

F: (780) 471-2169

E: iaaw@telusplanet.net

W: www.iaaw.ca

President: Muriel Stanley Venne Office Manager: Grace Half

Promotes positive attitudes towards aboriginal women. Promotes aboriginal women and their particular field of expertise and ability. Addresses issues of concern at the local, provincial, federal and international levels. Encourages the participation of Indigenous people

including women in any forums dealing with Indigenous human rights. Actively involved in the areas of human rights and dignity of aboriginal women.

# Legal Aid Society of Alberta — Edmonton

300 Revillon Building 10320 – 102 Avenue Edmonton, AB T5J 4A1

P: (780) 427-7575 F: (780) 427-5909

W: www.legalaid.ab.ca

Facilitates equality of access to the justice system through provision of funding for legal services in serious legal matters to those who would not otherwise be able to finance themselves solely from their own resources.

# Mediation and Restorative Justice Centre

201 11205 – 107 Avenue Edmonton, AB T5H 0Y2

P: (780) 423-0896 F: (780) 423-2467

E: mrjc@accessweb.com

Assists parties in difficult discussions, facilitating with respect and creating clarity and understanding so parties can move on to create options that meet needs of both parties. Acts as a resource and refers parties to appropriate services. Deals with issues including community conflict, pets, parking, fences, noise, all bylaw issues, restorative justice and non-profit organizations.

# RoseNet: Law and Abused Immigrant Women

Legal Studies Program, University Extension Centre 4th floor 8303 – 112 Street Edmonton, AB T6G 1K4

P: (780) 492-1720 F: (780) 492-1857

W: www.rosenet-ca.org

Associate Director: San San Sy

This website collectively (project team and the immigrant women) develops a safe "virtual" place for immigrant women to learn relevant legal information, including information about resources in Alberta, and issues related to spousal abuse. Empowers immigrant women by enabling them to develop skills in using the Web for nonformal learning. Also provides relevant legal information to service providers serving abused immigrant women.

# Student Legal Assistance Society (Calgary)

University of Calgary 2500 University Drive NW Calgary, AB T2N 1N4

P: (403) 220-6637 F: (403) 282-0473 E: sla@ucalgary.ca

W: www.fp.ucalgary.ca/SLA

Executive Director: Maureen Mallett

Provides free legal assistance to people in the Calgary area who are unable to afford legal assistance. Works in the Provincial Court in Traffic, Criminal, Civil and Family Divisions.

### **Student Legal Services of Edmonton**

11011 – 88 Avenue Edmonton, AB T6G 0Z3

P: (780) 492-2226 F: (780) 492-7574 E: slsed@ualberta.ca

W: www.law.ualberta.ca/students/sls Executive Coordinator: Michael Whiting

Provides free legal information and assistance to people who do not qualify for legal aid and are not able to afford a lawyer. Provides legal research and education on issues of general community interest and concern.

# Students and Teachers Opposing Prejudice (STOP)

c/o Lindsay Thurber Comprehensive High School 4204 – 58 Street

Red Deer, AB T4N 2L6

P: (403) 347-1171 F: (403) 340-1676

E: kspackman@rdpsd.ab.ca

W: www.cdpsd.ab.ca/ltchs/programs/ stop/index.html

Advisor: Kirsten Spackman

Promotes awareness of discrimination based on gender and other diversity issues. Operates as a voluntary, school-based student group that organizes a variety of events and activities including Take Back the Night rally and a white ribbon campaign.

#### **HUMAN RIGHTS AND LEGAL ISSUES**

University of Alberta: Office of Human Rights

University of Alberta 289 Central Academic Building Edmonton, AB T6G 2G1

P: (780) 492-7325 F: (780) 492-2990

F: human.rights@ualberta.ca W: www.ualberta.ca/~hurights

Director: Janet Smith

Promotes human rights on campus. Provides educational leadership to the university community with respect to human rights. Provides consultative and advisory services on human rights, employment equity and educational equity issues.

#### **VIOLET Forum**

Legal Studies Program University Extension Centre 4th floor 8303 – 112 Street Edmonton, AB T5K 1K4 P: (780) 492-1720

F: (780) 492-1720 F: (780) 492-1857

W: www.humanities.ualberta.ca:8080/

~violetforum

Associate Director: San San Sy

An electronic meeting place to share information and ideas about family violence issues.

#### **VIOLET: Law and Abused Women**

Legal Studies Program University Extension Centre 4th floor 8303 – 112 Street Edmonton, AB T6G 1K4 P: (780) 492-1720 F: (780) 492-1857

W: www.violetnet.org

Associate Director: San San Sy

This website is a plain language, womanfriendly, safe space on the Internet providing passive and interactive services to meet the legal information needs of abused women and their service providers in Alberta.

### Women for Women Afghanistan

Bankview PO Box 32014 Calgary, AB T2T 5X6

P: (403) 244-5625

F: (403) 229-3037

W: www.w4wafghan.ca Contact: Janice Eisenhauer

This organization is a Canadian solidarity group committed to raising awareness to the plight of women in Afghanistan. Overall goals of projects are to support the empowerment efforts of women in Afghanistan and the refugee camps in Pakistan and to raise awareness in Canada of the human rights, violations. Projects contribute towards Women's education, health, refugee resettlement, employment and Women's human rights advocacy.

### Women's Health Bureau (Health Canada)

Jeanne Mance Bldg. Tunney's Pasture Postal Locator 1903C Ottawa, ON K1A 0K9 P: (613) 946-7213 F: (613) 952-3496

W: www.hc-sc.gc.ca/english/women

Contact: Marnie Rankin

Develops and integrates policies into the work of other Health Canada divisions. The activities of the Women's Health Bureau are intended to enhance the responsiveness of the Canadian health system generally to the health needs and concerns of women in all their diversity, in keeping with the Beijing Platform for Action and the Federal Plan for Gender Equality. The main role of the bureau is the implementation and ongoing development of Health Canada's Women's Health Strategy. The Centres of Excellence for Women's Health Program is one of the major components of the Strategy.

This section includes organizations that provide information on subjects relevant to women's issues and refer women to other helpful groups.

### Alberta Aboriginal Women's Society

PO Box 5168

Peace River, AB T8S 1R8

P: (780) 624-3416 F: (780) 624-3409

W: aaws@telusplanet.net President: Ruth Kidder

Assists aboriginal women, their families and communities in furthering their goals. Provides referral services and training programs.

# Alberta Association of Services for Children and Families (AASCF)

350, 10909 – Jasper Avenue Edmonton, AB T5J 3L9

F: (780) 425-4828 E: aascf@aascf.com W: www.aascf.com

P: (780) 424-4498

Executive Director: Catherine Hedlin

The AASCF is a provincial membership association whose members provide services to vulnerable children and families. The AASCF's mandate is to work to strengthen member agencies and to promote attitudes, practices and conditions that contribute to quality services for vulnerable children and families.

### Calgary Status of Women Action Committee

302 501 – 18 Avenue SW

Calgary, AB T2S 0C7

P: (403) 209-3232 F: (403) 209-3261

E: calgaryswac@shaw.ca

W: www.mycalgary.com/cswac

Works to raise awareness and educate the public on a wide range of Women's issues. Offers activities and resources including publications, workshops, resource library, research, writing, discussion groups, speakers, films and videos, and an internet site. Proudly sponsors "herland: a feminist film and video celebration".

# Crowsnest Pass Women's Resource and Crisis Centre

208, 12501 – 20 Avenue Blairmore, AB TOK 0E0

P: (403) 562-8000 F: (403) 562-8500

Coordinator: Edit Carpenter

Serves as a central meeting place and drop-in facility for women and their families, encouraging personal growth regardless of their ethical beliefs.

Promotes education and awareness of family violence issues and prevention.

Offers programming, public education on family and legal issues, legal resources and referral, counselling referral, personal support, baby layettes, Coats for Kids, Christmas Toy Hampers, shelter

transportation, resource library, second hand clothing store, quarterly newsletter to members and any other reasonable assistance to anyone in the community.

#### **Edmonton Local Council of Women**

11014 – 173A Avenue Edmonton, AB T5X 3G1 P: (780) 456-4141 Public Relations/Media: Carla Kozak

Works towards education and advocacy. This council has 14 constituent organizations which represents 20,000 people in Edmonton. Researches and educates members on a wide variety of topics. Drafts submissions to government to eradicate want and inequality in our society. Provides speakers on various topics including education, economics, multiculturalism, personal growth, and time management. For more information check out the National Council of Women web site at www.ncwc.ca.

# Family and Community Support Services (F.C.S.S.): Canmore

114 Rundle Drive Canmore, AB T1W 2L9

P: (403) 609-3743 ext. 422

F: (403) 609-8271

E: bcaston@gov.canmore.ab.ca

Manager: Brenda Caston

Provides information, referral, education and support through workshops, counselling and community networking. Acts as a touchstone for women of the area. Offers parenting workshops, seniors ombudsman service, crisis counselling and collective kitchens. Provides peer support in the schools, postpartum support and parent support groups.

# Family and Community Support Services (F.C.S.S.) Family Centre: Edson

PO Box 6300

4818 – 7 Avenue Edson, AB T7E 1T7

P: (780) 723-4338

F: (780) 723-3508

E: vandgstd@yellowhead.com

Family Centre Assistant:

Debbie Vandergust

Provides and promotes educational, social and skill development programs to support and encourage the establishment and maintenance of healthy families and individuals in Edson. Offers a drop-in program for parents and pre-school children. Maintains a toy lending library and resource materials dealing with family issues. Participates in International Women's Day.

### Family and Community Support Services (F.C.S.S.): Jasper

PO Box 1090, 612 Connaught Dr. (upstairs)

Jasper, AB TOE 1E0

P: (780) 852-2100

F: (780) 852-2147

E: kwaxer@town.jasper.ab.ca

W: www.jasper-alberta.com

Director: Kathleen Waxer

Provides preventative social services and enhances community development. Offers a mother's support group, where new mothers have an opportunity to meet other new mothers and listen to guest speakers. Runs a breastfeeding support group. Assists groups in the community, through funding, workshops and programs, to develop preventative programs which help enhance the quality of life.

### Family and Community Support Services (F.C.S.S.): Wainwright and District

902 – 5 Avenue

Wainwright, AB T9W 1C7

P: (780) 842-2555

F: (780) 842-5783

W: fcsdirector@altanet.ca Director: Milad Asdaghi

Enhances the quality of life through the support of community based preventative programming and volunteerism. Funds many programs that help women, including family counselling and home support.

### Family and Community Support Services (F.C.S.S.): Westlock and District

East Wing, 10336 – 106 Street

Westlock, AB T7P 2G1

P: (780) 349-5900

F: (780) 349-5551

E: wefcss@telusplanet.net Director: Scott Rodda Provides preventative social services to enhance the quality of life of individuals, families and communities. Provides resources, information and referrals. Offers support through counselling and workshops. Helps individuals, families and seniors maintain independence within the community. Provides opportunities for community involvement. Assists with the development of support groups for all ages.

#### **Famous 5 Foundation**

2217 – 31 Avenue SW

Calgary, AB T2T 1T7

P: (403) 245-6453

F: (403) 245-6122

E: famous5@telusplanet.net

W: www.famous5.org

President and Chief Executive Officer:

Frances Wright

Honours the Famous 5 and other Canadian women. Commemorates the 'Persons' Case and inspires, recognizes and celebrates achievement. Offers Rising Stars (young women), speaker luncheons, Famous 5 Exhibit Tour, and a curriculum guide (2002).

# Fort McMurray Family Crisis Society (Unity House)

PO Box 6165

Fort McMurray, AB T9H 4W1

P: (780) 743-1190 F: (780) 791-5560

Executive Director: Bonnie Paul

Provides shelter for women and their children who have experienced family violence or sexual assault. Offers support, information and referral.

### Jasper Women's Committee

PO Box 1509

Jasper, AB TOE 1E0

P: (780) 852-4418

F: (780) 852-4185

Chair: Ginette Marcoux-Frigon

Committed to advocacy work on violence against women. Provides public education. Organizes ongoing events including celebrating International Women's Day, Take Back the Night, and Candlelight Vigil.

# Mediation and Restorative **Justice Centre**

201, 11205 – 107 Avenue Edmonton, AB T5H 0Y2

P: (780) 423-0896

F: (780) 423-2467 E: mrjc@accessweb.com

Assists parties in difficult discussions, facilitating with respect and creating clarity and understanding so parties can move on to create options that meet needs of both parties. Acts as a resource and refers parties to appropriate services. Deals with issues including community conflict, pets, parking, fences, noise, all bylaw issues, restorative justice and non-profit organizations.

# Prostitution Awareness and Action Foundation of Edmonton (PAAFE)

PO Box 11471 Main PO Edmonton, AB T5J 3K6

P: (780) 471-6137

F: (780) 471-6237

E: paafe@telusplanet.net

**Executive Director: Kate Quinn** 

PAAFE is a collaboration of concerned individuals and groups working towards long term solutions to the complex issues central to prostitution. Working through community partnerships PAAFE fosters hope through awareness, community initiatives, education, disbursing funds and advocacy. Creating Options Aimed at Reducing Sexual Exploitation is a new court diversion and mentorship program for women who are charged with prostitution related offences.

### Status of Women Canada (SWC) Women's Program

Northern Regional Office 905 Highfield Place 10010 – 106 Street Edmonton AB T51 318

Edmonton, AB T5J 3L8

P: (780) 495-5020

P: (780) 495-5577

F: (780) 495-2315

E: carol.hutchings@telusplanet.net E: deborah.welch@telusplanet.net

Program Officers: Carol Hutchings/

Suzanne Sauve

Regional Director: Deborah Welch

SWC is the federal government department mandated to ensure Women's equality is integrated into all federal government legislation, policies, programs and initiatives. With provincial and territorial governments, SWC addresses such issues as: violence against women, gender equality in the justice system, and education and training for women. The Women's Program of SWC provides financial and technical assistance to Women's groups and other voluntary organizations. About 500 projects are supported each year nationally, dealing with a wide range of issues that fall within funding areas: economic equality, social justice, access and participation.

### University of Lethbridge Campus Women's Centre

SP 150 4401 – University Drive West Lethbridge, AB T1K 3M4

P: (403) 329-2094 F: (403) 329-2224

E: womens.centre@uleth.ca

W: www.home.uleth.ca/~womens.centre

Treasurer: Bonnie Garbutt

Works towards creating a safer environment for women on campus. Examines and attempts to change policies which may have an adverse impact on women. Strives to create an environment based on equality, prevent problems from occurring, as well as support clients who have suffered. Helps women gain the resources they need to achieve their goals. Helps women deal

with issues including harassment, discrimination, violence against women, and the strain of familial obligation. Provides a safe, confidential and supportive environment where women can share these issues and other matters of importance to them. Sponsors ongoing programs for single parents, and Sister Support (a group for lesbian women).

### Womanspace Resource Centre

215,740 – 4 Avenue South Lethbridge, AB T1J 0N9

P: (403) 329-8338 F: (403) 329-8886

E: womanspace@telusplanet.net W: www.telusplanet.net/public/

womanspace

Coordinator: Dorothy McKenna

Womanspace Resource Centre is a non-profit community-based Women's organization which aims to respect and reflect the diversity of women in the Lethbridge Region. Provides services which link women and their children to various community helping agencies. Maintains a collection of resources available to the public, and provides public education on a wide variety of issues including violence against women and children, poverty, accessible child care, divorce, maintenance and custody. Offers a newsletter, advocacy, and a support group for abused women.

#### Women's Centre, The

644B – 1 Avenue NE Calgary, AB T2E 0B6

P: (403) 264-1155 F: (403) 264-1203

E: womens-centre@shaw.ca W: www.womens-centre.org Coordinator: Susan Gillies

Offers peer support services for women. Services are provided by trained volunteers. Offers peer counselling, a lending library, workshops on general issues of interest to women, covering issues such as diversity, self-esteem, and resume writing. Provides information and referral to other services, and a legal advice clinic.

#### **YWCA of Banff**

PO Box 520

Banff, AB TOL OCO

P: (403) 760-3200

F: (403) 760-3202

E: resource@ywcabanff.ab.ca

W: www.ywcabanff.ab.ca

Neal Mytton

Provides services and programs directed to women, children and families, as well as young service industry workers. Offers community information and referral, self-defense courses, life skills development, Planned Parenthood counselling, training programs, and low cost co-ed guest accommodation. Operates a shelter for women and children escaping from abuse, and Elderhostel, and a training centre.

#### **YWCA of Calgary**

320 – 5 Avenue SE Calgary, AB T2G 0E5

P: (403) 263-1550

F: (403) 263-4681

E: ywca@ywcaofcalgary.com W: www.ywcaofcalgary.com

Chief Executive Officer: Jill Wyatt

Provides housing, family violence prevention programs, Women's employment and education services, and recreation and fitness facilities.

#### YWCA of Edmonton

10242 - 105 Street

Edmonton, AB T5J 3L5

P: (780) 423-9922

F: (780) 425-7467 E: ywca@compusmart.ca

W: www.ywcaofedmonton.org

Executive Director: Kelly Sloan

Provides a strong voice and support for women and their families. Offers group counselling for women who are in or have been in abusive relationships, a comprehensive support program for bereaved women, men and children; Family Support Services, Volunteer Services, and YoWoChAs, an outdoor education centre which provides opportunities for learning and personal growth.

The organizations listed in the Inner City and Poverty category offer services for the severely financially disadvantaged.

#### **Bissell Centre**

10527 – 96 Street Edmonton, AB T5H 2H6

P: (780) 423-2285 F: (780) 429-7908

E: mfleger@bissellcentre.org W: www.bissellcentre.org

Manager of Community Services:

Marilyn Fleger

Works towards increasing the power of people with the least access to resources to determine and achieve their goals. Offers support and opportunities for those unable to sustain basic well being. Helps build the capacity of children to attain the quality of life they deserve as adults. Offers no cost emergency child care, women's lunches, Health for Two Program, summer camping programs, urban youth and adult recreation programs, traditional parenting teaching circle, emergency services (food, clothing, etc.) and family advocacy.

# **Boyle Street Community Services Cooperative**

10116 – 105 Avenue Edmonton, AB T5K 0K2

P: (780) 424-4106 F: (780) 425-2205

E: hhunter@boylestco-op.org W: www.boylestco-op.org

Executive Director: Hope Hunter

Promotes and develops healthier inner city communities by helping people meet their daily needs and realize their potential through one on one intervention and health promotion. Offers Health for Two and family support programs.

### Boys and Girls Clubs of Alberta

11759 – Groat Road Edmonton, AB T5M 3K6

P: (780) 415-1734

F: (780) 415-1737

E: info@bgcalberta.com W: www.bgcalberta.com

Exec Director: Gordon Matchett

Develops children's potential through partnership. The Boys and Girls Club's vision is that every child has access to this organization in their community.

### **Dickinsfield Amity House**

9213 – 146 Avenue Edmonton, AB T5E 2J9

P: (780) 478-5022 F: (780) 473-8979

E: dickfld@telusplanet.net

Executive Director: Tracy Patience

Promotes and encourages the independence and well-being of underprivileged families in the Edmonton area by providing educational, recreational and social programs. Provides support groups, collective kitchens, food cooperatives, outreach programs, youth programs and

family special events. Acts as an advocacy group for low-income families. Provides pre-school programming on a drop-in basis.

# Edmonton City Centre Church Corporation: Our Place

9537 – 106 Avenue

Edmonton, AB T5H 0N3

P: (780) 426-6466

E: rplace@ecccc.org

W: www.ecccc.org

Manager: Sandra Wilson

Provides safe, affordable and supportive housing for women with mental illness.

# Legal Aid Society of Alberta — Edmonton

300 Revillon Building 10320 – 102 Avenue Edmonton, AB T5J 4A1

P: (780) 427-7575 F: (780) 427-5909

W: www.legalaid.ab.ca

Facilitates equality of access to the justice system through provision of funding for legal services in serious legal matters to those who would not otherwise be able to finance themselves solely from their own resources.

# Protection and Restraining Order Project (PROP)

300 Revillon Bldg. 10320 102 Avenue

Edmonton, AB T5J 4A1

P: (780) 423-8920

F: (780) 421-1463

E: kathi.l@legalaid.ab.ca

Program Coordinator: Kathi Lewis

PROP assists people who are seeking protection from abusive partners. PROP can assist by providing information about the process of obtaining a restraining order or other kinds of protective orders, provide support throughout the process, do safety planning, make referrals to other community agencies, and do advocacy as needed.

# Student Legal Assistance Society (Calgary)

University of Calgary 2500 University Drive NW Calgary, AB T2N 1N4

P: (403) 220-6637

F: (403) 282-0473

E: sla@ucalgary.ca

W: www.fp.ucalgary.ca/SLA

Executive Director: Maureen Mallett

Provides free legal assistance to people in the Calgary area who are unable to afford legal assistance. Works in the Provincial Court in Traffic, Criminal, Civil and Family Divisions.

#### **INNER CITY AND POVERTY**

### **Student Legal Services of Edmonton**

11011 – 88 Avenue Edmonton, AB T6G 0Z3

P: (780) 492-2226 F: (780) 492-7574 E: slsed@ualberta.ca

W: www.law.ualberta.ca/students/sls Executive Coordinator: Michael Whiting

Provides free legal information and assistance to people who do not qualify for legal aid and are not able to afford a lawyer. Provides legal research and education on issues of general community interest and concern.

# Women's Economic and Business Solutions Society (WEBS), The

9142 – 118 Avenue Edmonton, AB T5B 0V1

P: (780) 479-4196 F: (780) 474-8197

E: webs@telusplanet.net

Supports low income women as they create alternatives to poverty and dependence. Support is generated and sustained through complex community networks and partnerships. Provides micro-business development, support and incubation and networking.

These organizations offer programs and services for women over 50 years of age.

### **Alberta Council on Aging**

401, 10707 – 100 Avenue Edmonton, AB T5J 3M1

P: (780) 423-7781 F: (780) 425-9246

E: acaging@compusmart.ab.ca

W: www.seniorfriendly.ca Executive Director: Peggy Fleet

Alberta Council on Aging is a provincial seniors umbrella organization that represents the concerns of Alberta's seniors. Consults with seniors throughout the province to determine the issues of aging and represents these concerns to government, businesses, agencies and the public. Provides advice (tools) and consultation to individuals, organizations and business to better meet the needs of seniors. Empowers seniors to advocate on their own behalf.

#### **Kerby Assembly**

1133 – 7 Avenue SW Calgary, AB T2P 1B2

P: (403) 265-0661 F: (403) 264-7042

E: ceo@kerbycentre.com W: www.kerbycentre.com

Chief Executive Officer: Patricia E. Allen

Assists older people to live as well as possible for as long as possible, as residents in the community. Provides health and wellness services, social work services, information services, housing services, food services and social opportunities.

#### **Minerva Senior Studies Institute**

Grant MacEwan College 7-131, 10700 – 104 Avenue Edmonton, AB T5J 4S2

P: (780) 497-5082 F: (780)497-5088

E: hewesj@admin.gmcc.ab.ca

E: minerva@admin.gmcc.ab.ca

W: www.minerva.macewan.ca

Coordinator: Jane Hewes

Provides learning opportunities for older adults by developing, sponsoring, promoting, offering and participating in educational events designed to enhance seniors, intellectual pursuits that enrich their lives. Offers courses, workshops, presentations and walkabouts in subjects ranging from Computers to History, Criminal Justice to Health.

#### **OLDER WOMEN**

# Society for the Retired and Semi-Retired

15 Sir Winston Churchill Square Edmonton, AB T5J 2E5

P: (780) 423-5510 F: (780) 426-5175

E: srsr@icrossroads.com W: www.srsr.seniors.com

**Executive Director: Roger Laing** 

Enhances the quality of life of older persons. Offers fitness classes, recreational and social programs, housing registry, assistance in finding reliable workers for around the home, guardianship applications and assistance with completing government forms.

The organizations listed in this section provide support, services and information for families.

# Alberta Association of Services for Children and Families (AASCF)

350, 10909 – Jasper Avenue Edmonton, AB T5J 3L9

P: (780) 424-4498

F: (780) 425-4828

E: aascf@aascf.com W: www.aascf.com

Executive Director: Catherine Hedlin

The AASCF is a provincial membership association whose members provide services to vulnerable children and families. The AASCF's mandate is to work to strengthen member agencies and to promote attitudes, practices and conditions that contribute to quality services for vulnerable children and families.

# Alberta Federation of Women United for Families

207, 1324 – 11 Avenue SW

Calgary, AB T3C 0M6

P: (403) 228-2190

F: (403) 228-2249

E: afwuf@cadvision.com

W: www.afwuf.org

President: Hermina Dykxhoorn

Provides a vehicle for women who defend the rights of the unborn, who recognize the traditional family as the basic unit of society and follow Judeo-Christian ethics. Expresses concern for Women's rights to all levels of

government. Gains recognition for the contributions of women in all areas of society. Sponsors seminars, conferences and study sessions. Promotes and defends legislation which protects the traditional family.

### **ASSIST Community Services Centre**

9655 – 105A Avenue

Edmonton, AB T5H 0M3

P: (780) 429-3111

F: (780) 424-7837

E: eccsc@telusplanet.net

W: www.telusplanet.net/public/eccsc

Executive Director: Serena Ma

This non-profit society strives to provide programs and services to newcomers to enable them to integrate into the Canadian society. Offers various programs on prenatal support, parenting and women's health.

### Candora Society of Edmonton, The

248 Abbotsfield Mall

3210 - 118 Avenue

Edmonton, AB T5W 1W4

P: (780) 474-5011

P: (780) 477-5655

F: (780) 474-5011

F: (780) 477-5659

E: candora@ecn.ab.ca

W: www.compsecure.com/candora/

Contact: Diane Sopher Contact: Ann Nicolai

Promotes positive growth in the lives of women, children and families in the community. Provides opportunities for progressive learning about the issues that affect the lives of families. Connects people to increase understanding of each other, reduce isolation, build self-worth and enrich the community. Networks and collaborates with community partners on early intervention. Offers Health for Two, English as a Second Language, PACE (educational programs to help prepare women for entering the work force), crafts and collective kitchens for women.

# Family and Community Support Services (F.C.S.S.) Family Centre: Edson

PO Box 6300

4818 – 7 Avenue

Edson, AB T7E 1T7

P: (780) 723-4338

F: (780) 723-3508

E: vandgstd@yellowhead.com

Family Centre Assistant:

Debbie Vandergust

Provides and promotes educational, social and skill development programs to support and encourage the establishment and maintenance of healthy families and individuals in Edson. Offers a drop-in program for parents and pre-school children. Maintains a toy lending library and resource materials dealing with family issues. Participates in International Women's Day.

### **Kara Family Support Centre**

6717, 132 Avenue

Edmonton, AB T5C 2A4

P: (780) 478-5396

F: (780) 478-1979

E: karaf@telusplanet.net

Contact: Anne Fitzpatrick

Offers family support programming including parenting courses, support group for women, Native craft group, drop-in child care and collective kitchens. Offers intensive 20 week parenting and interaction program for parents and their pre-school children.

# **Kids First Parent Association** of Canada

PO Box 63053

2604 Kensington Road NW

Calgary, AB T2N 4S5

P: (403) 283-2400

P: (403) 640-0560

F: (403) 283-2400

E: kidsfirstcanada@hotmail.com

E: bevgsmith@hotmail.com

W: www.kidsfirst1.tripod.ca

Acting President: Beverley Smith

This national, non-profit charitable organization supports parents who wish to raise their children at home. Promotes flexible workplace arrangements that allow parents of children ages 0-6 generous amounts of time to parent. Maintains an extensive library on child care issues.

#### **Maintenance Enforcement Program**

7th floor, 10365 – 97 Street Edmonton, AB T5J 3W7

P: (780) 422-5555 F: (780) 401-7575

E: alberta.mep@gov.ab.ca W: www.gov.ab.ca/just

Monitors and collects child and spousal maintenance ordered by the courts. Women ordered to pay maintenance (debtors) can also register and payments to the creditor will be processed and recorded.

### Multicultural Health Brokers Cooperative

c/o 9253 – 92 Street Edmonton, AB T6C 3R4

P: (780) 430-6253 F: (780) 469-4803

E: yvonnechiu@connect.ab.ca

President: Yvonne Chiu

Supports immigrant and refugee individuals and families in attaining optimal health through relevant health education, community development and advocacy support. Provides pre and postnatal education and outreach support to immigrant and refugee women as an "entry point" to providing holistic family support.

### Norwood Child and Family Resource Centre

9516 – 114 Avenue Edmonton, AB T5G 0K7

P: (780) 471-3737 F: (780) 477-1632

E: norcentr@telusplanet.net Program Director: Kim O'Leary

Provides opportunities to nurture a stronger, healthier community through the facilitation of programs that enable children and families to achieve their full potential. Services include parent support, referrals, crisis intervention, education and support for women at risk. Advocates on behalf of low income families, provides pre-school programming and offers after school programs for youth and families.

#### Parent Centre, The

7713, 81 Avenue Edmonton, AB T6C 0V4 P: (780) 465-3976

Coordinator: Diane Waddell

The only non-profit organization that offers pre- and post-natal education. Eg. pre-natal classes, pre- and post-natal fitness classes, child and infant CPR, baby care, weekend pre-natal workshops, indoor playground for children from birth to kindergarten.

#### PARENTING AND FAMILY — FAMILY LIFE

#### **Parent Development Centre**

2749 Sinai Avenue SW Calgary, AB T3E 7A9

P: (403) 777-1850 (Postpartum Support)

P: (403) 777-1854 (Parenting Support)

P: (403) 265-1117 (Parent Stress Line)

F: (403) 253-8219

W: adminpdc@home.com Director: Honey Watts

Enhances family well-being through three types of services. Postpartum Support provides telephone and group support to women experiencing postpartum depression difficulty following the birth or adoption of a child or during pregnancy. Trained volunteers provide support through Parent Stress Line, where volunteers listen, support, problem solve and provide information about resources. Parents & Children Together enriches and strengthens families with pre-school children through ongoing parent education, support and play.

#### **Sonshine Counselling Services**

204, 3505 – 14 Street SW Calgary, AB T2T 3W2

P: (403) 243-2002 ext. 206

F: (403) 287-2194

E: director@sonshine.ab.ca W: www.sonshine.ab.ca

Agency Coordinator: Geri Karsten

Provides counselling services to individuals, couples and families through a Christian non-profit outreach ministry. Specializes in counselling for individuals who have experienced emotional, physical, sexual or spiritual abuse. Sliding scale fees are based on family income.

These services and programs are designed primarily for females whose ages range from six years to the mid 20's.

# Aboriginal Youth and Family Well-Being and Education Society

11202 – 131 Street Edmonton, AB T5M 1C3

P: (780) 413-9360 F: (780) 413-9363

Director: Cindy Ziorio

Provides a stay in school program for aboriginal youth in five junior high schools in Edmonton. Works with mothers and schools, provides in-home support as well as information on parenting, personal development, culture and family.

# Association of Women in Engineering and Science (AWES): Edmonton

PO Box 1401 Station Main Edmonton, AB T5J 2N5

P: (780) 492-8624

E: awesinfo@yahoo.com

W: www.geocities.com/awes\_2000/

Offers women in engineering and science a higher profile in society by encouraging career advancement and acting as role models for younger women. Provides opportunities for sharing ideas and experiences. Offers information and assistance to students interested in careers in engineering and science. Publishes a newsletter "Integral"

and conducts regular technical and social meetings to discuss areas of interest to women in science and engineering.

# Big Sisters and Big Brothers Society of Calgary and Area

106, 2411 – 4 Street NW Calgary, AB T2M 2Z8

P: (403) 777-3535

F: (403) 777-3525

E: bsbbcalgary@cadvision.com

W: www.bsbbcalgary.ab.ca

Co-Directors: Christina Niedballa and

Shannon Norris

Enriches the lives of children in need through mentoring. Supports children as they strive to become contributing citizens by matching selected (and supported) adult volunteers with children who have a clear need for one on one mentoring relationships. Seeks to make an early and preventative impact on the development of the child.

### Boys and Girls Clubs of Alberta

11759 – Groat Road

Edmonton, AB T5M 3K6

P: (780) 415-1734

F: (780) 415-1737

E: info@bgcalberta.com

W: www.bgcalberta.com

Exec Director: Gordon Matchett

Develops children's potential through partnership. The Boys and Girls Club's vision is that every child has access to this organization in their community.

#### PARENTING AND FAMILY — GIRLS & YOUNG WOMEN

#### Canada World Youth

205,10816A – 82 Avenue Edmonton, AB T6E 2B3

P: (780) 432-1877 P: 1-877-929-6884 F: (780) 433-4489 E: pra@cwy-jcm.org

W: www.cwy-jcm.org

Regional Director: Mike Power

Allows young people and community members to share an educational experience and training opportunities through which they increase their awareness and acquire knowledge related to local and international development. Offers Young Women's International Exchange between Alberta and Ukraine.

# Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS)

Suite 202, 801 King Edward Avenue

Ottawa, ON K4C 1C9 P: (613) 562-5667

F: (613) 562-5668 E: caaws@caaws.ca W: www.caaws.ca

Reception: Brenda Parker

Ensures that all girls and women have access to a complete range of opportunities and choices, and have equity as participants and leaders in sport and physical activity. Offers educational resources and information on a variety of issues related to women and sport. Scholarships and grants are available. Website offers further information on scholarships and grants, as well as news stories, issues, etc.

# Catholic Social Services: Safe House Program

10709 – 105 Street Edmonton, AB T5H 2X3

P: (780) 474-9938 F: (780) 474-9942

Team Leader: Cindy VanTeeling

This voluntary short term residential facility provides support to youth who are involved in or at risk for involvement in prostitution. Supported independent living is also available.

### **4 Corners Society**

409, 10405 Saskatchewan Drive

Edmonton, AB T6E 4R9

P: (780) 430-8480 F: (780) 472-2601

E: 4corners@chickmail.com W: www.4cornersonline.net

Directors: Nancy Nassef/Christie Schultz

The 4 Corners Society is a non-profit organization dedicated to promoting the education and awareness of Women's rights based upon grounds of equality between the sexes. Encourages people from all walks of life to attend their International Women's Day Celebrations, December 6th memorial, and contribute to their annual anthology. Holds an annual high school essay contest where students are asked to compose essays with a feminist theme. Each year a beneficiary of their International Women's Day fundraiser is chosen to receive a percentage of funds raised. Contact 4 Corners for further information.

# In Motion Network: Promoting Physical Activity for Girls and Women

905 Standard Life Centre 10405 – Jasper Avenue Edmonton, AB T5J 4R7

P: (780) 422-7108 P: (780) 427-5140

E: shona.schleppe@gov.ab.ca Contact: Shona Schleppe

Promotes increased physical activity opportunities for girls and women as participants and leaders, through networking, advocacy and education.

# Moonlodge Women's Group Sagitawa Friendship Centre

PO Box 5083

Peace River, AB T8S 1R7

P: (780) 624-2443 F: (780) 624-2728

E: pride@incentre.net

Programs Coordinator: Barbara McAuley

Unites women to share in the healing and growth of the mind, body and spirit. Offers bi-monthly meetings to discuss issues and help women find balance in their lives. An annual Women's conference is organized focusing on holistic well-being.

# Nellie McClung Girls' Junior High Program at Oliver School

10227 – 118 Street

Edmonton, AB T5K 2V4

P: (780) 488-1221 F: (780) 488-1189

E: Karen.Linden@epsb.ca Principal: Karen Linden

Provides junior high programming for girls based on the Alberta Learning curriculum enhanced by the inclusion of a Women's studies component and an emphasis on experiential learning. The program emphasizes the development of leadership, initiative, self-reliance and independence in young women.

### **Pregnant Teen Program**

9922 – 112 Avenue

Grande Prairie, AB T8V 6V7

P: (780) 538-3854 F: (780) 539-4706

E: swilson@gppsd.ab.ca

Contact: Sandy Wilson/Melodie Hood

Helps pregnant and parenting teens achieve their personal best. Teens are eligible for all programs until age 20 if needed, they are referred to partnering program(s). Offers pre and post-natal information, onsite counselling, nurse, schooling and nursery. Also offers breast-feeding support group, mom's group, pregnant support group, baby clothing exchange, Nobody's Perfect Parenting, child safe first-aid, collective kitchen and home visitation.

### PARENTING AND FAMILY — GIRLS & YOUNG WOMEN

#### **Terra Association**

9930 – 106 Street Edmonton, AB T5K 1C7

P: (780) 428-3772 F: (780) 425-5160

E: terra@terraassociation.com W: www.terraassociation.com Executive Director: John Meston

Responds to the challenges that youth deal with regarding teen pregnancy and parenting. A range of programs and services are delivered using a holistic approach to meet the emotional, physical, social and educational needs of youth up to 19 years of age. These include Casework Services, Future Directions, Labour Support, Healthy Families, Peers Educating Peers, Learning for Life, Parenting Education, Services for Young Fathers, Child and Family Support Centre, In-Home Family Support, Aboriginal Services, Pre-natal Classes, Nutritional Services, and Klothes Kloset Shop.

This section lists organizations that provide programs and services to women with disabilities and other disability groups.

# Alberta Committee of Citizens with Disabilities

707 10339 – 124 Street Edmonton, AB T5N 3W1

P: (780) 488-9088

P: 1-800-387-2514 (toll-free)

P: TTY (780) 488-9090

F: (780) 488-3757

E: accd@accd.net

W: www.accd.net

Executive Director: Beverley Matthiessen

Works to promote community development and public education. Educates elected officials, bureaucrats and other interested parties about issues and concerns of women with disabilities. Produces a newsletter on disability issues. Provides self-development, leadership and advocacy skills workshops.

#### INTRODUCTION

Education is an important part in the advancement of women in society. This section lists institutions and organizations that offer post-secondary and continuing education and training designed for women

### **Association of Women in Engineering** and Science (AWES): Edmonton

PO Box 1401 Station Main Edmonton, AB T5J 2N5

P: (780) 492-8624

E: awesinfo@yahoo.com

W: www.geocities.com/awes\_2000/

Offers women in engineering and science a higher profile in society by encouraging career advancement and acting as role models for younger women. Provides opportunities for sharing ideas and experiences. Offers information and assistance to students interested in careers in engineering and science. Publishes a newsletter "Integral" and conducts regular technical and social meetings to discuss areas of interest to women in science and engineering.

### **Athabasca University:** Women's Studies Program

Centre for Work & Community Studies

1 University Drive

Athabasca, AB T9G 3A3

P: (780) 675-6100

F: (780) 675-6240

E: auinfo@athabascau.ca E: cathyc@athabascau.ca

W: www.athabascau.ca

Women's Studies Coordinator: Catherine Cavanaugh, Professor Arlene Young, Professor

Canada's open distance university is dedicated to remove barriers that traditionally restrict access to and success in university-level studies. Women's Studies Program provides courses for outside credit as well as credit within Athabasca University programs. Offers a part-time certificate in counselling women.

# Calgary Women's Writing **Project Society**

321, 223 – 12 Avenue SW

Calgary, AB T2R 0G9

P: (403) 263-0500

F: (403) 263-0500 E: info@cwwp.org

W: www.cwwp.org

President: Irene Peters

VP Org. Dev.: Wiesha Barron

Provides and promotes opportunities for Women's publications. Publishes upcoming writers and gives a voice to the women's experience. Provides a training ground for women writers.

#### Canada World Youth

205, 10816A – 82 Avenue Edmonton, AB T6E 2B3

P: (780) 432-1877

P: 1-877-929-6884

F: (780) 433-4489

E: pra@cwy-jcm.org

W: www.cwy-jcm.org Regional Director: Mike Power

Allows young people and community members to share an educational experience and training opportunities through which they increase their awareness and acquire knowledge related to local and international development. Offers Young Women's International Exchange between Alberta and Ukraine.

# Canadian Federation of University Women: Calgary Club (CFUW)

348 Wascana Crescent SE

Calgary, AB T2J 1H5

P: (403) 249-0046

F: (403) 271-2826

E: cfuwcalgary@hotmail.com

W: www.members.shaw.ca/cfuwcalgary/

President: Suzanne Parkinson

CFUW is a voluntary, non-partisan, nonprofit, self-funded, bilingual organization. There are more than 130 clubs across Canada. Active in public affairs, working to raise the social, economic and legal status of women, as well as to improve education, the environment, peace, justice and human rights. Provides education through monthly speakers. Studies issues related to their mandate through an Issues/ **Education Committee. Funds** scholarships at the University of Calgary (refer to U of C Scholarships and Grants booklet) and supports national CFUW fellowships.

# Canadian Women in Communications (CWC) Association canadienne des femmes en communication

804, 67 – Yonge Street Toronto, ON M5E 1J8

P: 1-800-361-2978 (toll-free)

P: (416) 363-1880

F: (416) 363-1882

E: cwcafc@cwc-afc.com

W: www.cwc-afc.com

President: Stephanie MacKendrick

(Toronto)

Edmonton Chapter Chair: Sharon Shuya Calgary Chapter Co-chair: Cori Horton

and Astrid DesLandes

Canadian Women in Communications (CWC) is a national, bilingual and notfor-profit organization dedicated to advancing the involvement and impact of women in the converging communications field including broadcasting, cable, telecommunications, film and video, new media and allied fields. CWC is built on the foundation of professional development and ongoing training. These include several scholarships, awards, mentorship program, Women on Boards initiative, networking opportunities, speakers and workshops, as well as member benefits such as a job bank and group insurance.

### Alberta Women in Trades, Technology, Operations and Blue Collar Work (WITT)

207 Hollinger Close Edmonton, AB T5A 5E8

P: (780) 456-6064 June Hall

P: (780) 479-1815 Kathy Bouchard

F: (780) 456-6065

E: snowitt@shaw.ca

National Coord., WITT National

Network: June Hall (VP)

Provincial Rep.: Kathy Bouchard

An education and advocacy organization dedicated to promoting and assisting in the recruitment, training and retention of women in trades, technology, operations and blue collar work. Provides support, encouragement, information and mentoring for women in these fields.

#### **Institute for Gender Research**

University of Calgary 2500 University Drive NW Calgary, AB T2N 0A5

P: (403) 220-7862

E: gender@ucalgary.ca

W: www.uclagary.ca/gender

Director: Dr. Wilfreda Thurston

Conducts and facilitates gender-related research on economics, social and humanist issues. Fosters awareness of the importance of gender in personal and public life. Shapes policy on a regional, national and international level. Offers an annual lecture series on gender.

#### **Minerva Senior Studies Institute**

Grant MacEwan College 7-131, 10700 – 104 Avenue Edmonton, AB T5J 4S2

P: (780) 497-5082

P: (780)497-5088

E: hewesj@admin.gmcc.ab.ca

E: minerva@admin.gmcc.ab.ca

W: www.minerva.macewan.ca

Coordinator: Jane Hewes

Provides learning opportunities for older adults by developing, sponsoring, promoting, offering and participating in educational events designed to enhance seniors, intellectual pursuits that enrich their lives. 90% of learners at Minerva are women. Offers three semesters per year. Offers courses, workshops, presentations and walkabouts in subjects ranging from Computers to History, Criminal Justice to Health.

### University of Alberta: Women's Studies Program

13-15 Tory Building Edmonton, AB T6G 2H4

P: (780) 492-7078

F: (780) 492-5273

E: womens@ualberta.ca

W: www.arts.ualberta.ca/womenstudies/

Chair: Dallas Cullen

Works to expand and transmit knowledge about women and gender relations. Offers Bachelor of Arts degree with a major in Women's Studies, an honours B.A. in Women's Studies, and a combined honours program in Women's Studies and another discipline.

### University of Alberta: Women's Writing Program

Faculty of Extension 4th floor 8303 – 112 Street University Extension Centre Edmonton, AB T6G 2T4

P: (780) 492-1185 F: (780) 492-1857

E: susan.boychuk@ualberta.ca W: www.extension.ualberta.ca/

womenswords

Program Coordinator: Susan Boychuk

Offers a unique week-long writing program — Women's Words: Summer Writing Week each June. Provides access to writing classes through the world wide web as well as classroom learning. The program is designed for all women, both established and new writers, with stories.

# **University of Calgary: Faculty of Continuing Education**

2500 University Drive NW Calgary, AB T2N 1N4 P: (403) 220-2952

F: (403) 284-9242

Offers several Women's programs.

# **University of Calgary: Prospective Student Office**

MacKimmie Library Block 135 2500 University Drive NW Calgary, AB T2N 1N4 P: (403) 220-6920

P: (403) 220-6920 P: (403) 210-0043

Manager of Recruitment: Alex England

Provides post-secondary education to women who are wishing to continue their education or return to school to enhance or build their skill set(s).

### **Women Building Futures Society**

11219 Jasper Avenue (rear entrance) Edmonton, AB T5K 0L9

P: (780) 452-1200 F: (780) 452-1279

E: info@womenbuildingfutures.com

E: jlarcher@shaw.ca

W: www.womenbuildingfutures.com Executive Director: Judy Lynn Archer

Supports women in achieving economic equality and well-being by providing equal opportunity for women to obtain training and employment in the construction trades. Develops training programs that will increase women's participation in construction trades, particularly low income women. Identifies and addresses the systemic barriers which women face in pursuing work in the construction trades.

### **YWCA of Calgary**

320 – 5 Avenue SE

Calgary, AB T2G 0E5

P: (403) 263-1550

F: (403) 263-4681

E: ywca@ywcaofcalgary.com W: www.ywcaofcalgary.com

Chief Executive Officer: Jill Wyatt

Provides housing, family violence prevention programs, women's employment and education services, and recreation and fitness facilities.

The organizations listed in this section are religious in nature. They enhance the spiritual well-being of their members and/or provide community service.

#### Calgary Hadassah-Wizo

1607 – 90 Avenue SW Calgary, AB T2V 4V7 P: (403) 253-4612 F: (403) 640-1100

Board Coordinator: Lauren Bell

An organization of Canadian women dedicated to the support of health, social welfare and educational programs for children and women in Israel, and to the enrichment of Jewish life in Canada. Women for Women is a Canadian Hadassah-Wizo project.

# Catholic Women's League of Canada: Alberta MacKenzie Provincial Council

PO Box 516

Sexsmith, AB T0H 3C0

P: (780) 568-4641 F: (780) 568-2985

E: partingtonl@hotmail.com

W: www.cwl.ab.ca

President: Lucille Partington

Offers educational and spiritual leadership training for women (especially Catholic women). Promotes understanding and growth of religious freedom, social justice, peace and harmony. Members promote and work in areas as varied as aboriginal women's issues, human rights, violence against women and economics. All 300 councils in Alberta have been involved in establishing emergency shelters throughout the province. Lobbies government with annual resolutions and information. Concerned about human rights in Canada and abroad. League members actively promote the wellbeing of the family. Involved in environmental and recycling issues. Provides bursaries and scholarships.

# Movement des Femmes Chretiennes (M.F.C.)

4630 – 50 Avenue St. Paul, AB TOA 3A2 P: (780) 645-3697 Odette Plamondon

Promotes Christian family living. Helps the elderly, handicapped and youth of the diocese. Promotes special projects with groups and students. Organizes and subsidizes friendly gathering trips to various locations in Alberta. Organizes monthly meetings and annual diocesan convention.

## **Sonshine Counselling Services**

204, 3505 – 14 Street SW Calgary, AB T2T 3W2

P: (403) 243-2002 ext. 206

F: (403) 287-2194

E: director@sonshine.ab.ca

W: www.sonshine.ab.ca

Agency Coordinator: Geri Karsten

Provides counselling services to individuals, couples and families through a Christian non-profit outreach ministry. Specializes in counselling for individuals who have experienced emotional, physical, sexual or spiritual abuse. Sliding scale fees are based on family income.

## Ukrainian Women's Association of Canada: St. John's Branch

10611 – 110 Avenue Edmonton, AB T5H 1H7

P: (780) 425-9692 F: (780) 425-9692

President: Nataliya Grytsiv

Ukrainian Women's Association of Canada is a service organization based on religion, offering fellowship and education. Promotes human rights, culture and culture retention. Facilitates integration of immigrants and migrants. Offers playschool, church school, Ukrainian school, and cultural events.

### **RURAL AND FARM WOMEN**

### INTRODUCTION

This section includes organizations that provide support and opportunities to rural and farm women.

#### Alberta Women's Institutes

220, 10403 – 72 Street Edmonton, AB T5S 1K9

P: (780) 488-5282 F: (780) 488-5282

E: altawi@telusplanet.net

Promotes personal growth, the family and community action through education and involvement in emerging issues. Provides a rural woman's voice to the government on issues affecting the home, family and community. Branches throughout the province provide an opportunity for women to share information and develop personal skills in public speaking and leadership.

### INTRODUCTION

The organizations listed in this section offer crisis services and counselling for women, and information and support relating to these services. Most shelters and second stage housing offer crisis services and counselling as well. For a complete listing of shelters, refer to the Shelters section. For a complete listing of second stage housing refer to the Second Stage Housing section.

## Action Committee Against Violence (ACAV)

8th floor, 205 – 8th Avenue SE Box 2100 Stn. M Calgary, AB T2G 0K9

P: (403) 268-6755

F: (403) 268-5458

E: karen.walroth@gov.calgary.ab.ca Coordinator: Karen Walroth

ACAV's mission is to work towards a violence-free community. Promotes coordination of agencies, determines needs of the community, acts as a catalyst, speaks out against violence and provides information.

## Alberta Association of Sexual Assault Centres (AASAC)

305, 707 – 10 Avenue SW Calgary, AB T2R 0B3

P: (403) 275-4654

F: (403) 275-9641

E: coordinator@aasac.ca

W: www.aasac.ca

Provincial Coordinator: Debra

Tomlinson

AASAC is a provincial umbrella organization. We work with local communities to support individuals and families affected by sexual assault in Alberta. Member agencies (10 sexual assault centres in Alberta) provide counselling and education services.

## Calgary Coalition on Family Violence

300, 750 – 11 Street SW

Calgary, AB T2P 3N7 P: (403) 266-5059

F: (403) 264-3914

E: ccfv@cadvision.com

W: www.cadvision.com/ccfv

Coordinators: Julie Black, Shamim

Sayani

The Calgary Coalition on Family Violence pursues accessible, equitable and effective services for ethnocultural and racial minority women and their families who experience abuse and violence. The Coalition advocates for systemic change to build an inclusive and equitable response to domestic violence and also provides training in cross-cultural communication, antiracism, cultural competency and domestic violence.

## Calgary Women's Health Collective

3rd floor, 223 – 12 Avenue SW Calgary, AB T2R 0G9

P: (403) 265-9590 (Leave message)

Offers counselling services for depression, anxiety, anger, grief and trauma recovery, life transitions, sexuality, self-esteem and body image, childhood food and relationship issues.

The Collective offers a sliding fee scale based on income and number of dependents, so that all women can have access to counselling at a reasonable and affordable rate.

## Campus Women's Centre, University of Lethbridge

SP 150 4401 – University Drive West Lethbridge, AB T1K 3M4

P: (403) 329-2094 F: (403) 329-2224

E: womens.centre@uleth.ca

W: www.uleth.ca/~womens.centre

Treasurer: Chrissy Dickinson

Works towards creating a safer environment for women on campus. Examines and attempts to change policies which may have an adverse impact on women. Strives to create an environment based on equality, prevent problems from occurring, as well as support clients who have suffered. Helps women gain the resources they need to achieve their goals. Helps women deal with issues including harassment, discrimination, violence against women, and the strain of familial obligation. Provides a safe, confidential and supportive environment where women can share these issues and other matters of importance to them. Sponsors ongoing programs for single parents, and Sister Support (a group for lesbian women).

# Canadian Women's Foundation — (CWF) Fondation canadienne des femmes

504,133 – Richmond Street West Toronto, ON M5H 2L3

P: (416) 365-1444

F: (416) 365-1745 E: info@cdnwomen.org

W: www.cdnwomen.org

**Executive Director: Beverley Wybrow** 

CWF is a public charitable foundation which raises funds and grants money for projects promoting economic development and violence prevention, to meet the special needs of women and girls. CWF issues Requests for Proposals (RFPs) which state which organizations may apply, the types of projects that will be considered, CWF's priorities, and the size of grants.

## Central Alberta Women's Outreach Society

4808 – 51 Avenue

Red Deer, AB T4N 4H3

P: (403) 347-2480

F: (403) 343-0302

E: outreach.cawos@shaw.ca

Executive Director: Martha Ludike

Assists women and their children with basic need support (food, shelter, clothing and furniture). Provides crisis intervention, support and educational programs to disadvantaged women. Offers community information and referral, advocacy and legal information. Programs include: collective kitchen,

battered Women's support group, self esteem and assertiveness group, crafts, women's social support group and furniture program.

## Crowsnest Pass Women's Resource and Crisis Centre

208, 12501 – 20 Avenue Blairmore, AB TOK 0E0

P: (403) 562-8000 F: (403) 562-8500

E: cnpwrc@telusplanet.ent Coordinator: Edit Carpenter

Serves as a central meeting place and drop-in facility for women and their families, encouraging personal growth regardless of their ethical beliefs. Promotes education and awareness of family violence issues and prevention. Offers programming, public education

on family and legal issues, legal resources and referral, counselling referral, personal support, baby layettes, Coats for Kids, Christmas Toy Hampers, shelter transportation, resource library, second hand clothing store, quarterly newsletter to members and any other reasonable assistance to anyone in the community.

## Edmonton City Centre Church Corporation — Crossroads Program

810, 10117 – Jasper Avenue Edmonton, AB T5J 1W8

P: (780) 474-7421 F: (780) 497-7154

E: xroads@eccc.org W: www.eccc.org

Program Manager: Kourch Chan

Crossroads offers public education, alternatives, support and hope to children and adults involved in or at risk of involvement in prostitution. Provides information, a street outreach program and general assistance to people being exploited sexually through prostitution. Operates two safe houses — one for youth, the other for adult women and their children.

## Family and Community Support Services (F.C.S.S.): Athabasca

4720 - 48 Street

Athabasca, AB T9S 1L7

P: (780) 675-7002

P: (780) 675-2623

P: (780) 689-3741 Boyle Area Office

F: (780) 675-5933

E: fcssatha@telusplanet.net

E: schevigny@hotmail.com

Executive Director: Darin Flemmer

Women's Outreach Worker:

Sandie Chevigny

F.C.S.S. facilitates Women's Outreach Support Program for women and teen girls who are currently experiencing or have experienced relationship abuse. Offers one on one sessions with an outreach worker and the opportunity to participate in a support group. The outreach worker is available to provide presentations to help raise public awareness about domestic abuse.

## Family Violence Prevention Centre — Edmonton John Howard Society

205,10010 – 107A Avenue Edmonton, AB T5H 4H8

P: (780) 423-1635

F: (780) 425-1699

E: fvpc@telusplanet.net

Coordinator: Terri Roy-Brenneis

Works to meet the needs of a diverse community. It provides crisis counselling, safety planning, emotional support, advocacy, referrals, and information about options open to people affected by family violence. Accepts donations of furniture which are distributed to people with low income who are leaving abusive relationships.

## Help Line (Cold Lake)

PO Box 419

Cold Lake, AB T9M 1P1

P: (780) 594-3353

F: (780) 594-7304

E: crisis@telusplanet.net

Contact: J. Dery

Provides telephone or drop-in support and/or referral to any community member, including women with or without children who identify themselves as victims of family violence.

## PACE Sexual Assault Centre Genesis Program

#201, 10118 – 101 Avenue

Grande Prairie, AB T8V 0Y2

P: (780) 539-6692

F: (780) 538-0960 Program Coordinator: Donelda Laing

Offers crisis intervention, counselling, education and referral regarding sexual abuse. Offers treatment groups.

Peer Support Services for Abused Women

301,501 – 18 Avenue SW

Calgary, AB T2S 0C7

P: (403) 234-PEER

F: (403) 228-0438

E: pssaw@shaw.ca

W: www.members.home.net/pssaw Executive Director: Andrea Silverstone

Provides peer based support to women and children post abuse. Programs include support group, one on one support, self esteem workshops, information and referrals.

## Protection and Restraining Order Project (PROP)

300 Revillon Bldg.

10320 102 Avenue

Edmonton, AB T5J 4A1

P: (780) 423-8920

F: (780) 421-1463

E: kathi.l@legalaid.ab.ca

Program Coordinator: Kathi Lewis

PROP assists people who are seeking protection from abusive partners. PROP can assist by providing information about the process of obtaining a restraining order or other kinds of protective orders, provide support throughout the process, do safety planning, make referrals to other community agencies, and do advocacy as needed.

## RoseNet: Law and Abused Immigrant Women

Legal Studies Program, University Extension Centre 4th floor, 8303 – 112 Street Edmonton, AB T6G 1K4

P: (780) 492-1720 F: (780) 492-1857

W: www.rosenet-ca.org

Associate Director: San San Sy

This website collectively (project team and the immigrant women) develops a safe "virtual" place for immigrant women to learn relevant legal information, including information about resources in Alberta and issues related to spousal abuse. Empowers immigrant women by enabling them to develop skills in using the Web for nonformal learning. Also provides relevant legal information to service providers serving abused immigrant women.

### Sexual Assault Centre of Edmonton

3rd floor, 10355 – Jasper Avenue Edmonton, AB T5J 1Y6

P: (780) 423-4102

P: (780) 423-4121 (24 hour crisis line)

F: (780) 421-8734

E: sace@oanet.com

E: ksmith@sace.ab.ca

W: www.sace.ab.ca

Executive Director: Karen Smith

Operates a 24 hour crisis line, individual and/or group counselling and children,s play therapy. Offers presentations,

workshops and print material on sexual violence. Process Group is available for women who have participated in an initial 14 week group.

## **Sexual Assault Program**

PO Box 6165

Fort McMurray, AB T9H 4W1

P: (780) 791-6708 F: (780) 791-5560

Program Coordinator: Pascale Sonier

Provides support, information and referrals to anyone who has been sexually abused, assaulted or harassed.

## **Sonshine Counselling Services**

204, 3505 – 14 Street SW

Calgary, AB T2T 3W2

P: (403) 243-2002 ext. 206

F: (403) 287-2194

E: director@sonshine.ab.ca

W: www.sonshine.ab.ca

Agency Coordinator: Geri Karsten

Provides counselling services to individuals, couples and families through a Christian non-profit outreach ministry. Specializes in counselling for individuals who have experienced emotional, physical, sexual or spiritual abuse. Sliding scale fees are based on family income.

## St. Albert Stop Abuse In Families (SAIF) Society

324 Professional Building

7 St. Anne Street

St. Albert, AB T8N 2X4

P: (780) 460-2195

F: (780) 460-2190

E: saif@telusplanet.net

Executive Director: Ireen Slater

Program Coordinator: Ann Maksymiw

Provides education, support and advocacy to prevent abuse in the family. Offers crisis intervention, individual short-term counselling and ongoing support. Operates a resource centre. Provides assistance and support to abused women to deal with systems (legal, court, social services, etc.) through trained advocates. Runs three-phase groups for abused women. Provides education and presentations to professions, agencies and community groups. In conjunction with other community agencies, offers New Directions, a child-focused program for children and parents from abusive homes.

## Taber and District Family Crisis Intervention Society

PO Box 4113

Taber, AB T1G 2C6

P: (403) 223-0483

F: (403) 223-0483

Chair: Andrew Prokop

Will foster an alliance of understanding and support within and from the community to provide a safe shelter and support services for victims of domestic violence and abuse and other crises. Ongoing crisis counselling and outreach services are available to women who have/are experiencing domestic violence. Psycho-educational groups will be provided on an ongoing basis determined by client need.

## University of Alberta: Sexual Assault Centre

2-602 Students, Union Building

Edmonton, AB T6G 2J7

P: (780) 492-9771

F: (780) 492-6701

E: kris.fowler@ualberta.ca

W: www.ualberta.ca/~uasac

Director: Kris Fowler

Provides a safe place on campus where unconditional support, confidentiality, respect and advocacy are available for those affected by sexual assault. Services include telephone or drop-in crisis intervention, support and information, a support group for acquaintance sexual assault survivors, referrals for long-term support, advocacy for those who choose to involve the hospital, police or criminal justice system, and a resource area for general information.

### **Victorian Order of Nurses (VON)**

100, 4936 – 87 Street

Edmonton, AB T6E 5W3

P: (780) 466-0293

F: (780) 463-5629

E: vonedmonton@interbaun.com

W: www.von.ca

Executive Director: Clarece A. Mather

VON is a charity which is guided by the principles of primary healthcare, and works in partnership with Canadians for a healthier society through leadership in community-based care; delivery of innovative, comprehensive health and social services; and influence in the development of health and social policy. Provides primary health care services to several shelters in Edmonton through the services of registered nurses with specialized training.

## Violence Information and Education Centre (VIEC)

302, 501 – 18 Avenue SW Calgary, AB T2S 0C7

P: (403) 209-3129

F: (403) 209-3261

E: viec@cadvision.com

W: www.viec.org

Community & Communications Coordinator: Barb MacDonald

Resource & Volunteer Coordinator:

Tracey Braun

VIEC is an information centre and lending library for professionals, volunteers and practicum students whose agencies/institutions deal with domestic violence, violence against women, and abuse. We offer information displays, research assistance, brochure packages and community referrals. Our newsletter is published three times a year.

#### **VIOLET Forum**

Legal Studies Program University Extension Centre 4th floor, 8303 – 112 Street Edmonton, AB T6G 1K4

P: (780) 492-1720 F: (780) 492-1857

W: www.humanities.ualberta.ca:8080/~violetforum

Associate Director: San San Sy

An electronic meeting place to share information and ideas about family violence issues.

#### **VIOLET: Law and Abused Women**

Legal Studies Program University Extension Centre 4th floor, 8303 – 112 Street Edmonton, AB T6G 1K4

P: (780) 492-1720 F: (780) 492-1857

W: www.violetnet.org

Associate Director: San San Sy

This website is a plain language, womanfriendly, safe space on the Internet providing passive and interactive services to meet the legal information needs of abused women and their service providers in Alberta.

### **YWCA of Calgary**

320, 5 Avenue SE Calgary, AB T2G 0E5

P: (403) 263-1550 F: (403) 263-4681

E: ywca@ywcaofcalgary.com W: www.ywcaofcalgary.com Chief Executive Officer: Jill Wyatt

recreation and fitness facilities.

Provides housing, family violence prevention programs, women's employment and education services, and

## YWCA of Edmonton

10242 – 105 Street Edmonton, AB T5J 3L5

P: (780) 423-9922 F: (780) 425-7467

E: ywca@compusmart.ab.ca W: www.ywcaofedmonton.org Executive Director: Kelly Sloan

Provides a strong voice and support for women and their families. Offers group counselling for women who are in or have been in abusive relationships, a comprehensive support program for bereaved women, men and children, Family Support Services, Volunteer Services and YoWoChAs, an outdoor education centre which provides opportunities for learning and personal growth.

### INTRODUCTION

These organizations offer second stage housing for women.

## Brenda Strafford Centre for the Prevention of Domestic Violence — Gateway Place

PO Box 61141 Kensington Post Office Calgary, AB T2N 4S6

P: (403) 270-7240

F: (403) 270-7166

E: brendastrafford@shaw.ca Director: Sharon Christie

Contributes to the creation of a safe community for abused women and their children through provision of quality services and collaboration with community resources. Offers safe and secure housing where residents can rent their two-bedroom apartments for up to six months. Offers counselling and support.

# Calgary Centre for Prevention of Family Violence Society, The (Discovery House)

PO 3516 Station B

Calgary, AB T2M 4M2

P: (403) 277-0718

P: (403) 670-0467

P: (403) 230-4759

P: (403) 670-0425

E: dhadmin2@telusplanet.net Acting Executive Director: Jean Langdon

Operates a number of programs for individuals and families affected by domestic abuse including a second-stage shelter for women with children, community-based counselling for

women, men and children who have experienced/used violent behaviour in an intimate relationship, and a 24 hour crisis phone line. Offers services to clients, including safety planning and information regarding family violence, individual and group counselling, advocacy support in accessing community resources, and (with client consent) collaboration between counsellors involved with individual family members.

### La Salle Residence

10015 – 111 Street

Edmonton, AB T5K 1K4

P: (780) 482-6268

P: (780) 482-2190

F: (780) 482-3008

Executive Director: Madeleine Therrien Assistant Director: Rita Coulombe, s.g.m.

Provides second stage shelter accommodation for single expectant mothers, single mothers with young children, or abused women in transition. Gives supportive counselling before and after delivery. Assists residents toward increased growth, maturity and independence.

#### **Sonshine Centre**

204, 3505 – 14 Street SW

Calgary, AB T2T 3W2

P: (403) 243-2002 ext. 205

F: (403) 287-2194

E: director@sonshine.ab.ca

W: www.sonshine.ab.ca

Executive Director: Linda White

## VIOLENCE AGAINST WOMEN — SECOND STAGE HOUSING

Provides long term (one year) residential program for women and children who have experienced family violence and abuse. Program includes low cost housing, individual counselling, support groups and children's programs.

## Sucker Creek Women's Emergency Shelter — Next Step

PO Box 231

Enilda, AB TOG OWO

P: (780) 523-2929

P: (780) 523-HELP (24 hour crisis line)

F: (780) 523-4940

Director: Beatrice Wright

Provides long term (one year) residential program for women and children who have experienced abusive relationships or environments.

## Wings of Providence Society

PO Box 266 Main Post Office Edmonton, AB T6J 2J1

P: (780) 426-4985

F: (780) 424-3625

E: pgarrett@providence.ab.ca

W: www.wings.providence.ab.ca Executive Director: Patricia Garrett

Offers independent living in a safe, secure and supportive environment for women with children who have

experienced family violence. Provides long-term (six month) residential program. Referrals from women's shelters and provides life management skills and parenting groups, one on one counselling, child care, children's groups, 24 hour security, outreach for exresidents, advocacy and public education on family violence.

#### Youville Women's Residence

3210 – 29 Street SW

Calgary, AB T3E 2L1

P: (403) 242-0244

F: (403) 242-3915

E: ywrsec@telusplanet.net

Executive Director: Patricia Kostouras

This residential program offers three phases where intensive support is offered in Phase I, and supported independent living is encouraged in Phase II and Phase III. Focuses on individual counselling, group work, life skills development, independent living skills development and leisure activities to promote wellness. Offers support for women dealing with addictions, family and domestic violence and mental health concerns. Offers ongoing support group for women who graduate from the program.

### INTRODUCTION

The organizations in this section provide shelter services for women who have experienced violence.

### Alberta Council of Women's Shelters

2, 12739 – Fort Road Edmonton, AB T5A 1A7

P: (780) 456-7000 F: (780) 456-7001 E: voice@acws.ca

W: www.acws.ca

Provincial Coordinator: Jan Reimer

A charitable umbrella organization representing women's shelters across the province on issues relating to family violence. Strengthens the sheltering movement in Alberta and works toward the elimination of family violence. Fosters professional development within Alberta's sheltering movement. Plans and coordinates development training for shelter directors, staff, and board members.

## Awo-Taan Calgary Native Women's Shelter

PO Box 6084 Station A Calgary, AB T2H 2L3

P: (403) 531-1970

P: (403) 531-1972 (24 hour crisis line)

F: (403) 531-1977

E: awotaan@shawlink.ca

E: ec.awotaan@shawlink.ca

Director of Operations: Ermine

Cummings

Provides an immediate response to domestic violence for women and children through a 24 hour crisis line. Offers a secured facility, individual counselling, group healing circles, community referrals, advocacy, information and education regarding domestic violence, access to relevant resources, and support in basic needs such as transportation, donated clothing and meals.

## Bigstone Cree Nation Women's Emergency Shelter

PO Box 900

Wabasca, AB TOG 2K0

P: (780) 891-3905

P: (780) 891-3333 (crisis line)

P: 1-877-891-5322 (toll-free)

F: (780) 891-3918

Manager: Janet Gladue

Provides safe and secure accommodation for women and their children who are experiencing violence. Offers programs and services to work toward change and peace. Provides one on one counselling and support, and children's services for shelter clients.

## Brigantia Place, A Camrose Society for a Women's Shelter

PO Box 1405

Camrose, AB T4V 1X3

P: (780) 672-1173 (business line)

P: (780) 672-1035 (crisis line)

F: (780) 672-9885

E: bridget@cable-lynx.net

Executive Director: Jill Chesley

Provides safe, supportive and temporary accommodation to individuals and families experiencing family violence.

### VIOLENCE AGAINST WOMEN — SHELTERS

Services include in-house school, groups for residents and children, outreach for women and men, and community education/awareness.

## **Brooks and District Women's Safe Shelter Society**

PO Box 1045

Brooks, AB T1R 1C6

P: (403) 362-2766

P: (403) 793-2232 (crisis line)

F: (403) 793-8288

E: bdwsss@eidnet.org

Offers 24 hour shelter accommodation for women and children leaving an abusive situation. Offers crisis intervention counselling, telephone crisis line, support group, information and referral services and community education.

## Calgary Women's Emergency Shelter Association

PO Box 52051

**Edmonton Trail NE** 

Calgary, AB

T2E 8K9

P: (403) 290-1552 (administration)

P: (403) 232-8717 (crisis line)

F: (403) 237-7728

E: info@cwes.calgary.ab.ca

W: www.calgarywomensshelter.com Executive Director: Mary Ann Sanderson

Provides shelter, counselling and referrals to abused women and their families. Services include outreach, follow-up, support groups after a shelter stay and off-site counselling for abusive partners.

## Central Alberta Women's Emergency Shelter Society

PO Box 561

Red Deer, AB T4N 5G1

P: (403) 346-5643

F: (403) 341-3510

E: cawes@telusplanet.net

Executive Director: Moriah Boyd

Provides a safe refuge, information, support and referrals for battered women and their families. Administers the Batterers Treatment Program. Provides referrals for those who are abusive or being abused. Outreach services are available for women who leave the shelter and still require support and referrals.

## Community Crisis Society — Region 5

PO Box 2162

Strathmore, AB T1P 1K2

P: (403) 934-6634 (crisis line)

P: 1-877-934-6634 (toll free crisis line)

P: (403) 934-6643 (admin)

F: (403) 934-6661

Director: Karen Pease

Assistant Director: Laura Bakken

Offers residential, outreach and preventative (public education) services for victims of abuse including men who are victims of abuse. Provides food, clothing, referrals and advocacy for a maximum 21 day stay. Also provides an early intervention children's counselling program, outreach programs and public education.

### Crisis Association of Vegreville

PO Box 1022

Vegreville, AB T9C 1S1

P: (780) 632-2233

P: (780) 632-7070 (24 hour help line)

F: (780) 632-2283

Coordinator: Elaine Stefanowski

Provides crisis intervention through 24 hour help line. Provides short term, safe and supportive environment for abused women and their children, women in crisis or other women needing accommodation. Provides clients with information about services available.

## Crossroads Resource Centre and Women's Shelter

PO Box 1194

Fairview, AB T0H 1C0

P: (780) 835-2120

F: (780) 835-2047

E: crossrd@telusplanet.net

Director: Kathleen Nakagawa

Operates a short-term, safe shelter for women in crisis and their children. Provides intervention, support, information and referral services. Holds a weekly information group on family related topics. Provides public education on family issues and self-improvement skills. Operates a clothing and resource depot for the public. Offers family support outreach and native awareness outreach programs.

## Dr. Margaret Savage Crisis Centre

PO Box 419

Cold Lake, AB T9M 1P1

P: (780) 594-5095 (business)

P: (780) 594-3353 (Helpline)

F: (780) 594-7304

E: crisis@telusplanet.net

W: www.ultimatesites.com/acus (click on

Cold Lake)

Contact: Jocelynne Dery or Lisa Morgan

Operates a shelter for women, with or without children, who are victims of family violence or confronted with any crisis. Offers weekly support groups for women, training and information regarding self-esteem, life skills, empowerment, custody, legal issues and family violence.

## Edmonton City Centre Church Corporation: Women's Emergency Accommodation Centre (WEAC) Program

9611 – 101 Avenue

Edmonton, AB T5H 0C8

P: (780) 423-5302

P: (780) 423-5303

F: (780) 424-9642

E: weac@eccc.org

W: www.ecccc.org

Manager: Jeannie Bodnaruk

Provides emergency and short-term housing, food and other basics to women who are in crisis and lack essentials. Offers outreach and counselling.

## Edmonton Women's Shelter (WIN House)

PO Box 20088 RPO Beverly Edmonton, AB T5W 5E6

P: (780) 471-6709

P: (780) 479-0058 (crisis line)

### VIOLENCE AGAINST WOMEN — SHELTERS

P: (780) 471-6709 ext. 228 (donations)

F: (780) 479-8252

E: ews@telusplanet.net

W: www.winhouse.org

Provides shelter to abused women with children for a maximum three week stay. Offers an outreach program to women who leave the shelter. Provides support, legal education assistance, advocacy and a 24 hour crisis and support line. Through the shelter women also have access to child support and outreach programs. Personal incidentals, medication and transportation are provided on a needs basis. Seed money fund provides for the start-up and development of new non-profit programs which may be proposed and are within the mission of Edmonton Women's Shelter.

### Ermineskin Women's Shelter

PO Box 1830

Hobbema, AB TOC 1NO

P: (780) 585-4470

P: (780) 585-4444 (24 hour crisis line)

F: (780) 585-3636

E: ews@incentre.net

Director: Sandra Ermineskin

A Native women's shelter established to provide services to abused women and their children and other women who live on reserve or in surrounding areas where there are no other services on a 24-hour basis.

## Fort McMurray Family Crisis Society (Unity House)

PO Box 6165

Fort McMurray, AB T9H 4W1

P: (780) 743-1190

F: (780) 791-5560

**Executive Director: Bonnie Paul** 

Provides shelter for women and their children who have experienced family violence or sexual assault. Offers support, information and referral.

## **Grande Cache Transition House Society**

PO Box 1242

Grande Cache, AB TOE 0Y0

P: (780) 827-3776

F: (780) 827-2204

E: teahouse@telusplanet.net

Coordinator: Donna Bradbury

Grande Cache Transition House Society's objective is to provide hope, healing and happiness. Provides shelter to women and children in crisis. Offers Anger Management Program, Basic Life Skills, and Comfort Zone Program.

## Grande Prairie Women's Residence Association (Odyssey House)

PO Box 1395

Grande Prairie, AB T8V 4Z2 P: (780) 532-2672 (also 24 hour

crisis line)

F: (780) 532-1389

E: kathys@incentre.net

Executive Director: Kathy Sheppard

Provides safe, short-term and supportive accommodation for abused women and their children. Provides information groups for women on family violence, self-esteem and parenting. Offers one on one crisis intervention and a 24 hour crisis line. Provides a follow-up program for women and children setting up on their own.

## Hope Haven Women's Shelter

PO Box 2168

Lac La Biche, AB TOA 2CO

P: (780) 623-3104

P: (780) 623-3100 (24 hour crisis line)

F: (780) 623-2094

E: hhaven@telusplanet.net

Executive Director: Cassandra Putnam

Provides safe accommodation for women with or without their children who are fleeing abusive relationships or experiencing other types of crisis. Provides information, support, referral, advocacy, in-house programming and a child care program. Offers a weekly women's support group with childcare, individual outreach follow-up support and educational presentations to schools and organizations. Operates a 24-hour crisis support line.

### **Kerby Assembly**

1133 – 7 Avenue SW

Calgary, AB T2P 1B2

P: (403) 265-0661

F: (403) 264-7042

E: ceo@kerbycentre.com

W: www.kerbycentre.com

Chief Executive Officer: Patricia E. Allen

Assists older people to live as well as possible for as long as possible, as residents in the community. Provides health and wellness services, social work services, information services, housing services, food services and social opportunities.

## **Lloydminster Interval Home**

PO Box 1523

Lloydminster, SK S9V 1K5

P: (780) 808-5282 (Administration)

P: (780) 875-0966 (crisis line)

F: (780) 875-0609

E: lihsi@telusplanet.net

W: www.lloydminster.org/interval Executive Director: Doreen McCaw

Provides safe, temporary shelter and support to women and children fleeing abusive situations. Provides 24 hour support and referral services. Offers a twelve session ongoing program for women in the shelter which covers topics including the cycle of violence, types of abuse, effects on children, and assertiveness. Also offers a self-empowerment group for women twice a year.

#### Lurana Shelter

PO Box 39030 Norwood Post Office

Edmonton, AB T5B 4T8

P: (780) 429-2002 (business line)

F: (780) 426-3237

E: director@luranashelter.com

W: www.luranashelter.com

Program Director: Sr. Lucinda

### VIOLENCE AGAINST WOMEN — SHELTERS

Provides temporary accommodation in a high security complex, for women with or without children who are victims of domestic abuse. Outreach workers also help women after leaving the shelter.

## Paspew House, Mikisew Cree First Nation

PO Box 90

Fort Chipewyan, AB TOP 1B0

P: (780) 697-3329

P: (780) 697-3323 (24 hour crisis line)

F: (780) 697-3608

E: paspew@telusplanet.net

Director: Caroline Adam

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Offers 24 hour crisis line for the community.

## Peace River Regional Women's Shelter

PO Box 7738

Peace River, AB T8S 1T3

P: (780) 624-3466

P: (877) 624-3466 (toll-free)

F: (780) 624-1469

E: prrws@telusplanet.net

Executive Director: Brenda Brochu

Provides safe accommodation for women and their children fleeing abusive relationships or experiencing other types of crisis. Provides information on abuse, support, referral, advocacy and some child care. Transient women in need can be accommodated. Offers weekly Women's Support Group with childcare.

Help and support line operates 24 hours a day. Follow-up visits for battered women are available for up to three months.

#### **Phoenix Safe House**

631 Prospect Drive SW

Medicine Hat, AB T1A 4C2

P: (403) 527-8223 F: (403) 526-0209

E: pshouse@monarch.net

Executive Director: Gerry Carter

Provides a short term, safe and supportive environment for battered women and children or women in crisis. Provides an opportunity to learn of services and alternatives for women and their families to facilitate decisions about their future. Provides outreach and peer support services to former shelter residents. Offers drop-in support, women and children support groups and treatment programs for men.

## Pincher Creek Women's Emergency Shelter Association

PO Box 2092

Pincher Creek, AB T0K 1W0

P: (403) 627-4868

P: 1-888-354-4868 (toll-free)

P: (403) 627-2114

F: (403) 627-4808

E: pcwesa@telusplanet.net

Executive Director: Heike DeGraff Office Manager: Cathy Bastien

In collaboration with other agencies, provides safe shelter and support services for women and children who are fleeing abusive situations. Offers 24 hour crisis

line and counselling, educational programs, support groups, outreach and advocacy. Offers weekly Healing Circle, in-house support groups, advocacy, parenting skills, workshops on family violence, residential services, childcare, transportation, crisis intervention, referrals and information.

## Region 3 Family Based Care Society Shelter/Eagle Women's Emergency Shelter

PO Box 610 Black Diamond, AB TOL 0H0 P: (403) 933-3370 F: (403) 933-3307 Coordinator of Women's Services: Sue Harris

Offers 24 hour shelter accommodation for women and children at low risk of violence. Offers support services and outreach programs.

## Safe Home (High Level)

PO Box 396

High Level, AB TOH 1Z0

P: (780) 926-3899

P: 1-888-926-0301 (toll-free)

P: (780) 926-2277 (Administration)

F: (780) 926-3874

W: safehome@telusplanet.net Director: Diana Broekaert

Offers shelter and counselling 24 hours a day to women in crisis and their children. Operates a 24 hour crisis line. Provides public education on family violence, dating violence to all communities in Region 17.

## Strathcona Shelter Society Ltd. Operating "A Safe Place"

PO Box 3282

Sherwood Park, AB T8A 2A6

P: (780) 464-7232

P: (780) 464-7233

F: (780) 467-3511

E: sssltd@shaw.ca

Contact: Patricia Vargas

Provides safe and short-term accommodation and crisis intervention services for abused women with or without children. Offers outreach programming and support groups for women and children.

## Sucker Creek Women's Emergency Shelter

PO Box 231

Enilda, AB TOG 0W0

P: (780) 523-2929

P: (780) 523- HELP (24 hour crisis line)

F: (780) 523-4940

Director: Beatrice Wright

Offers shelter for women and children fleeing abusive relationships or environments. Offers Women's group and other programming. Works with other agencies in the area. Provides transportation for residents to and from appointments. Coordinates a men's group in High Prairie for spouses of abused women.

### VIOLENCE AGAINST WOMEN — SHELTERS

## Taber and District Family Crisis Intervention Society

PO Box 4113

Taber, AB T1G 2C6

P: (403) 223-0483

F: (403) 223-0483

Chair: Andrew Prokop

Will foster an alliance of understanding and support within and from the community to provide a safe shelter and support services for victims of domestic violence and abuse and other crises. Ongoing crisis counselling and outreach services are available to women who have/are experiencing domestic violence. Psycho-educational groups will be provided on an ongoing basis determined by client need.

## Wellspring Family Resource and Crisis Centre

5116 - 51 Avenue

Whitecourt, AB T7S 1A1

P: (780) 778-6209

P: 1-800-467-4049 (toll-free)

F: (780) 778-2410

E: wellsprg@telusplanet.net

Director: Joanne Moran

Administrative Assistant: Helen Schutte

Provides a short-term emergency shelter that provides a safe environment for women in crisis with or without children. Provides emotional support and education. Provides services to all members of the community including 24 hour crisis line, lay counselling, information and outreach support with follow-up with priority given to family violence issues and referral service to appropriate agencies. Also offers preventative initiatives including education, awareness and information. Operates a resource library containing both audio and visual materials on a variety of topics. Offers support groups and family violence workshops throughout the year.

## Yellowhead Emergency Shelter for Women

PO Box 6401

Hinton, AB T7V 1X7

P: (780) 865-4359 (business line)

P: (780) 865-5133 (24 hour crisis

support line)

P: 1-800-661-0937 (toll-free 24 hour

crisis support line)

F: (780) 865-7151

E: yeswomen@telusplanet.net

Director: Marjorie Luger

Reduces family violence through preventative programs. Offers secure accommodation to women and children seeking refuge in crisis situations. Enables healing for abused women. Operates a crisis support line. Offers basic shelter services, walk-in counselling, follow-up and support groups for women and children.

## YWCA Family Violence Prevention Centre and Sheriff King Home

2003 – 16 Street SE

Calgary, AB T2G 5B7

P: (403) 266-4111

P: (403) 266-0707 (24 hour crisis line)

F: (403) 262-1743

E: sheriffk@cadvision.com W: www.ywcaofcalgary.com Director: Carolyn Goard

Serves women, men and children who have witnessed, and/or perpetrated abusive behavior in an intimate relationship. All services are delivered within the context of a range of innovative, integrated, multi-faceted and gender neutral (with the exception of the shelter program) programming. Provides shelter for women and children fleeing abuse, 24 hour crisis line, outreach counselling and specialized group counselling services for women, men, children and adolescents. Limited couple and family counselling is available when it is deemed safe for all parties, through the Children's, Men's and Women's Programs.

#### YWCA of Banff

PO Box 520

Banff, AB TOL OCO

P: (403) 760-3200

F: (403) 760-3202

E: resource@ywcabanff.ab.ca

W: www.ywcabanff.ab.ca

Contact: Neal Mytton

Provides services and programs directed to women, children and families, as well as young service industry workers. Offers community information and referral, self-defense courses, life skills development, Planned Parenthood counselling, training programs, and low cost co-ed guest accommodation. Operates a shelter for women and children escaping from abuse, and Elderhostel, and a training centre.

## YWCA of Lethbridge and District

604 – 8 Street South

Lethbridge, AB T1J 2K1

P: (403) 329-0088

P: (403) 320-1881 (crisis line)

F: (403) 327-9112

E: ywca@telusplanet.net

W: www.ywcalethbridge.org

Chief Executive Officer: Michelle Dyke

Committed to women and the enhancement of their lives. Offers health and fitness programming, Women's emergency shelter, 24 hour crisis line, women's residence, drop in childcare, supported independent living program for teens, and summer programs for children.

### INTRODUCTION

These organizations provide services for women who are in or plan to enter the workforce.

### Academic Women's Association

215 Central Academic Building

University of Alberta

Edmonton, AB T6G 2E7

P: (780) 492-2826

P: (780) 492-4178

P: (780) 492-3633

F: (780) 492-2491

F: (780) 492-0268

E: bente.roed@ualberta.ca

E: naomi.kragman@ualberta.ca

W: www.ualberta.ca/~uts/pages/

AWAindex.html

Bente Roed

AWA President: Naomi Kragman or

Contact: Andie Palmer

Works to foster an atmosphere of collegiality among academic women. Encourages and promotes equal opportunities for women to participate fully in all aspects of university affairs. Provides a forum to discuss issues affecting university women. Prints a newsletter and provides educational sessions.

## Alberta Women in Trades, Technology, Operations and Blue Collar Work (WITT)

207 Hollinger Close

Edmonton, AB T5A 5E8

P: (780) 456-6064 June Hall

P: (780) 479-1815 Kathy Bouchard

F: (780) 456-6065

E: snowitt@shaw.ca

National Coord., WITT National

Network: June Hall (VP)

Provincial Rep.: Kathy Bouchard

An education and advocacy organization dedicated to promoting and assisting in the recruitment, training and retention of women in trades, technology, operations and blue collar work. Provides support, encouragement, information and mentoring for women in these fields.

## Alberta Women's Enterprise Initiative Association (AWEIA) Calgary

250, 815 – 8 Avenue SW

Calgary, AB T2P 3P2

P: (403) 777-4250

F: (403) 777-4258

E: info@awei.ab.ca

W: www.aweia.ab.ca

**Business Assessment Coach:** 

Sharon Taylor

The Alberta Women's Enterprise Initiative (AWEIA) assists Alberta women entrepreneurs start and expand businesses. AWEIA works with committed women to help them turn their business idea into reality through a loans program, business coaching, increased access to financing, seminars and networking opportunities. Services are available to women across Alberta and coaches are available in Calgary, Cold Lake, Edmonton, Grande Prairie and Lethbridge. AWEIA is a non-profit organization supported by Western Economic Diversification Canada and corporate sponsors.

## Alberta Women's Enterprise Initiative Association (AWEIA) Edmonton

100, 10237 – 104 Street Edmonton, AB T5J 1B1

P: (780) 422-7784 P: 1-800-713-3558 F: (780) 422-0756

E: info@awei.ab.ca W: www.aweia.ab.ca

**Business Assessment Coach:** 

Rebecca Bliss

The Alberta Women's Enterprise Initiative (AWEIA) assists Alberta women entrepreneurs start and expand businesses. AWEIA works with committed women to help them turn their business idea into reality through a loans program, business coaching, increased access to financing, seminars and networking opportunities. Services are available to women across Alberta and coaches are available in Calgary, Cold Lake, Edmonton, Grande Prairie and Lethbridge. AWEIA is a non-profit prganization supported by Western Economic Diversification Canada and corporate sponsors.

## Alberta Women's Science Network (A.W.S.N.)

PO Box 6912 Station D Calgary, AB T2P 2G1

P: (403) 231-6759

P: (403) 282-6431

F: (403) 282-6805

F: (403) 284-4750

E: awsn@cadvision.com

E: awsn@awsn.com

W: www.awsn.com

Chair: Dr. Lisa Carter

Offers women in science the opportunity to realize their full potential and attain a higher profile in society. Services include networking, information, support, a newsletter, and a website with an opportunities page.

## Association of Women in Engineering and Science (AWES): Edmonton

PO Box 1401 Station Main Edmonton, AB T5J 2N5

P: (780) 492-8624

E: awesinfo@yahoo.com

W: www.geocities.com/awes\_2000/

President: Karina Bodo

Offers women in engineering and science a higher profile in society by encouraging career advancement and acting as role models for younger women. Provides opportunities for sharing ideas and experiences. Offers information and assistance to students interested in careers in engineering and science. Publishes a newsletter "Integral" and conducts regular technical and social meetings to discuss areas of interest to women in science and engineering.

## WORK, BUSINESS, FINANCE AND CAREER PLANNING

## Calgary Women's Network (CWN)

PO Box 2162 Station M Calgary, AB T2P 2M4

P: (403) 263-1550

E: cwn@cadvision.com

W: www.calgarywomensnetwork.com

CWN is a voluntary organization which believes women should be encouraged to develop and direct their lives according to their unique potential. Acts as a catalyst in providing the opportunity for women from all walks of life to develop business and social relationships with other women. Dedicated to the belief in the right of all women to social, economic and political equality, and is committed to improving the status of women. Provides resources and opportunities for members to further expand their social and business contacts through networking meetings.

# Canadian Women in Communications (CWC) Association canadienne des femmes en communication

804, 67 – Yonge Street Toronto, ON M5E 1J8

P: 1-800-361-2978 (toll-free)

P: (416) 363-1880

F: (416) 363-1882

E: cwcafc@cwc-afc.com

W: www.cwc-afc.com

President: Stephanie MacKendrick

(Toronto)

Edmonton Chapter Chair: Sharon Shuya Calgary Chapter Co-chair: Cori Horton

and Astrid DesLandes

CWC is a national, bilingual and not-forprofit organization dedicated to advancing the involvement and impact of women in the converging communications field including broadcasting, cable, telecommunications, film and video, new media and allied fields. CWC is built on the foundation of professional development and ongoing training. These include several scholarships, awards, a mentorship program, Women on Boards initiative, networking opportunities, speakers and workshops, as well as member benefits such as a job bank and group insurance.

## **Edmonton and District Labour Council Women's Committee**

201, 10425 – Princess Elizabeth Avenue Edmonton, AB T5G 0Y5

P: (780) 474-4747

P: (780) 490-1629

F: (780) 477-1064

E: edlc@telusplanet.net

President: Alex Grimaldi

Women's Committee Directory: Norma Johnson

Provides a network of solidarity and a unified voice for the protection of human rights and liberties in the workplace for Edmonton and surrounding district. Concerned with ending violence against women, general health and welfare issues, and providing workplace information on labour rights. The Women's Committee actively

promotes women's rights and participates in events which support those rights.

## Edmonton Women in Trades, Technology, Operations and Blue Collar Work (WITT)

R.R. #2

Kingman, AB T0B 2M0

P: (780) 662-3905

F: (780) 662-0111

E: gregory@myexcel.ca

E: Edmontonwitt@hotmail.com

President: Trinia Gregory

An education and advocacy organization dedicated to promoting and assisting in the recruitment, training and retention of women in trades, technology, operations and blue collar work. Provides support, encouragement, information and mentoring for women in these fields.

## University of Calgary — Prospective Student Office

MacKimmie Library Block 135 2500 University Drive NW Calgary, AB T2N 1N4

P: (403) 220-6920 F: (403) 210-0043

Manager of Recruitment: Alex England

Provides post-secondary education to women who are wishing to continue their education or return to school to enhance or build their skill set(s).

## **Women Building Futures Society**

11219 Jasper Avenue (rear entrance) Edmonton, AB T5K 0L9

P: (780) 452-1200 F: (780) 452-1279 E: info@womenbuildingfutures.com

E: jlarcher@shaw.ca

W: www.womenbuildingfutures.com Executive Director: Judy Lynn Archer

Supports women in achieving economic equality and well-being by providing equal opportunity for women to obtain training and employment in the construction trades. Develops training programs that will increase Women's participation in construction trades, particularly low income women. Identifies and addresses the systemic barriers which women face in pursuing work in the construction trades.

## Women in Psychology

c/o 1731 29 Street SW Calgary, AB T3C 1M6 P: (403) 238-8238 Membership Chair: Sue Harris

Women in Psychology is a group of feminist women working in the mental health field. Affiliated with the Psychologist's Association of Alberta (PAA). Welcomes women from a range of educational, occupational and professional backgrounds and affiliations. Provides opportunities to network with others, share information, build a list of referral sources and work on issues and concerns relevant to women mental health professionals and their clients. Offers lectures, discussions, case studies, informal presentations and conferences. Provides opportunities to exert political influence on policies and practices relating to women.

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Thank you for sending information about your organization. We may edit your listing for clarity and length, but we do our best to accurately depict every group. Also, most groups list a contact person. Please note that this information is published in both the print and web versions of the Women's Organizations of Alberta Directory.

Your personal information is protected by the privacy provisions of the *Freedom of Information and Protection of Privacy Act*. The personal information you provide on this form is being collected under the authority of section 32(c) of Alberta's *Freedom of Information and Protection of Privacy Act*. This information will be used to compile a Resource Directory that will be distributed to the public. If you have any questions about the collection, use or disclosure of this information please contact the Human Rights and Citizenship Branch.

1.	Name of organization						
2.	Address						
3.	Postal code Phone ( )	Fax ( )					
4.	Website E-m	ebsite E-mail					
5.	Contact name/Position						
6.	Please check the category that best describes your organization. (If your organization deals with more than one category, please mark 1 by the most representative, 2 by the second most representative, and so on.)						
	☐ Aboriginal women	<ul><li>Parenting and family</li><li>Girls and young women</li></ul>					
	☐ Arts	☐ Persons with disabilities ☐ Post-secondary, continuing education, and training ☐ Religious groups ☐ Rural and farm women					
	☐ Crisis intervention						
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	☐ Francophone women ☐ Health and wellness						
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	O Pregnancy and reproductive issues	O Shelters					
	O Sports and physical health	O Second stage housing					
	$oldsymbol{\bigcirc}$ Substance abuse and addictions	O Crisis services and counseling					
	☐ Human rights and legal issues	☐ Work, business, finance, and career planning					
	☐ Information and referral						
	☐ Inner city and poverty	Other (please describe)					
	☐ Media						
	☐ Older women						

## **UPDATE FORM**

7.	What is the main objective or mandate of your agency?				
8.	Does your organization provide ONGOING programs/services designed primarily for women, or those that are of high interest to women?				
		s, please provide a brief description of services. words or less)			
9.	For what age group of women are your programs/services designed?				
	$\square$ Girls (birth to 12) $\square$ Adolescent		women (13 to 18)		
	☐ Women (31 to 64)	☐ Senior wom	ien (65+)	☐ All	
10.	What is the scope of the p (Please check the one categ				
	☐ Local/community	☐ Regional	Provi	ncial	National
11.	Person Completing Form:				
	Print Name		Signature		
12. Please MAIL this form to: Alberta Human Rights & Citizenship Branch Alberta Community Development 800, Standard Life Centre 10405 Jasper Avenue Edmonton, AB T5J 4R7		Or FAX to: (780) 422-3563 Or EMAIL to: humanrights@gov.ab.ca If you have any questions, please phone (780) 427-3116 (call toll-free outside Edmonton by first dialing 310-0000 then the 10-digit number)			

## A Guide to Aboriginal Organizations in Alberta (February 2001)

Research and Analysis Branch Aboriginal Relations Section International and Intergovernmental Relations

1301 Commerce Place 10155-102 Street Edmonton, AB T5J 4G8

P: (780) 427-9390 F: (780) 427-4019

This document can also be accessed on the internet at: www.aand.gov.ab.ca

## Alberta Directory of Family Violence Initiatives

Office for the Prevention of Family Violence Alberta Family and Social Services

11th floor Seventh Street Plaza 10030-107 Street Edmonton, AB T5J 3E4 P: (780) 422-5916

## Central Alberta's Regional On-Line Community Services Directory

Community Information and Referral Society

4730-Ross Street Red Deer, AB T4N 1X2 P: (403) 346-4636 F: (403) 340-8193

Coordinator of Information & Volunteer Services: Melinda Mercer

This document is available in print version from the address listed above, or it can be accessed on the internet at www.mycommunityinformation.com

## Directory of Federal Government Programs and Services for Women 1999-2000

Communications and Consultations Status of Women Canada

5th floor 350-Albert Street Ottawa, ON K1A 1C3 P: (613) 995-7835 F: (613) 957-3359

E: publications@swc-cfc.gc.ca

This publication can also be accessed through the Status of Women Canada Web Site at: www.swc-cfc.gc.ca

## **Directory of Senior Services 2000**

The Society for the Retired and Semi-Retired

15 Sir Winston Churchill Square 102A Avenue and 100 Street Edmonton, AB T5J 2E5

P: (780)423-5510 F: (780) 426-5175

E: srsr@icrossroads.com

## **Programs and Services for Seniors 2001**

Alberta Seniors Main floor, Standard Life Centre

10405-Jasper Avenue Edmonton, AB T5J 4R7 P: Seniors Information Line toll-free 1-800-642-3853 (or in the Edmonton area: 427-7876)

F: (780) 422-5954

W: www.seniors.gov.ab.ca

### OTHER DIRECTORIES

## The Support Network 2001 Directory of Community Services

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