



A Few Simple Precautions

- Smoke only in designated areas.
- In your bedroom, use perfumed aerosols or pot-pourri air fresheners instead of scented candles or aromatic burners.
- In other rooms, never leave a lighted candle unattended. Ensure that it is secured in a sturdy candle holder, preferably metal.
- Use only supplementary heating devices that have been certified by ULC or CSA and that have been approved by the owner of the home.
- Ask the owner to install a visual fire alarm signal in your room if you are unable to hear a sound alarm.
- Wear clothing that has tight-fitting sleeves when using the stove. Loose sleeves can catch fire easily and increase the risk of burns.
- Follow the manufacturer's recommended time and heat intensity when heating "magic bags" because they could ignite if overheated.
- Examine your home's fire escape plan carefully. Familiarize yourself with emergency exits and the special meeting place you are to go to once you are outside of the home.
- Notify the owner or another person if you require assistance to exit.



What to Do in a Fire

- When you hear the **alarm**, begin **exiting** the home calmly.
- Open the door carefully. If the hallway is free of thick smoke, leave your room and **close the door**.
- If smoke prevents you from escaping, return to your room. **Close the door and make your whereabouts known** by using the emergency call system, calling 9-1-1, alerting others of your presence from a window (towel, sheet, etc.) or, where possible, by going out onto a balcony.
- Don't waste time looking for your things.
- If you are paired with a person who needs assistance, join him or her. If you are unable to do so, **exit immediately and notify the person in charge or firefighters**.
- Move towards the exits. Unless indicated otherwise, **use only the stairs**.
- Urge other residents to evacuate.
- Go to the special meeting place outside.
- Once you are at the **special meeting place**, indicate to the person in charge that you are present and follow his or her instructions carefully.
- **Never go back inside the home** to save another individual or animal or to recover personal effects.

Useful Information

Emergency : _____ **9 - 1 - 1** _____

Doctor : _____

Paired with : _____

Telephone : _____

