

# In your community we can



## Your community can help

**Encourage** respected elders to be part of suicide prevention, intervention and follow up work;

**Support** all suicide prevention and intervention activities;

**Support** a community suicide prevention strategy;

**Support** a community suicide response plan; and

**Involve** us in the community interagency group.



**Listen** to suicidal people and help them find alternatives;

**Assess** level of risk and develop an appropriate action plan;

**Work** with the RCMP, Health and Social Services and families during a suicidal crisis;

**Support** families and friends who have lost someone to suicide;

**Develop** a community suicide prevention strategy in partnership with community governments and agencies; and

**Educate** community members about suicide.

*"A person in my community was feeling very suicidal. He wanted to kill himself. He phoned me up and asked to talk. He came over and we talked for 2 hours. I listened and gave my input. It helped him, he wanted to live."*

we are  
community  
people  
we can  
help

we are graduates  
of a three-week  
Northwest Territories  
Suicide Prevention Program.

we have learned about  
suicide prevention,  
intervention and  
follow-up.



for more  
information

about the  
Suicide Prevention  
Training Program graduates  
in your region

OR

to find out more about the  
Northwest Territories  
Suicide Prevention  
Training Program

contact

Mental Health Consultant  
Department of Health and Social Services  
Government of the Northwest Territories  
Box 1320, Yellowknife, NT X1A 2L9

phone: 867.920.8758  
fax: 867.873.7706



Northwest  
Territories Health and Social Services

involve encourage  
Suicide  
Prevention  
begins

in your  
community

we can  
help



We are Northwest Territories Suicide  
Prevention Training Program graduates who  
have advanced training. We would be happy  
to visit your community to:

- provide suicide prevention support
- teach the three week NTSPT program