

St. John Ambulance First Aid **(Standard Level-Enhanced)**

Course Sponsor:

St. John Ambulance- ESS Courses (British Columbia)

Target Audience:

ESS Team members with first aid responsibilities

Course Description:

Duration: 16 Hours

This course is offered to those persons on the Emergency Social Services Team with first aid responsibilities at a reception centre.

Course Objectives:

Upon completion of this workshop, participants will be able to:

- Identify signs and symptoms of certain injuries
- Treat shock, unconsciousness and fainting, choking (adult), bone and joint injuries- upper and lower limbs, wounds, burns, severe bleeding, poisons, bites and stings, eye injuries, other medical conditions
- Recognize environmental illness and injuries
- Perform artificial respiration
- Perform one person cardiopulmonary resuscitation (child, infant and adult) and two-person cardiopulmonary resuscitation (adult)
- Manage emergency scene
- Manage multiple casualties situation

Prerequisite:

- Introduction to Emergency Social Services
- Reception Centre Operations

Type of Instruction:

Lecture, instructor supervised exercises, videos and written and practical examinations

Class Size:

10 Minimum, 18 Maximum

Course Location:

St. John Ambulance in your community delivers this course.

Course Availability:

ESS Directors should contact their local St. John Ambulance branch.

Cost:

\$112.95 (GST not included) Discounts for group ESS volunteers available.

Point of Contact:

Lower Mainland, St. John Ambulance Registration Centre 604-321-2561. An up-to-date branch list can be obtained from St. John Ambulance Provincial Headquarters 604-321-2652 Local 219.

Additional Comments:

Certification: St. John Ambulance Standard First Aid
Certificate- valid for 3 years
Level “C” CPR card (annual re-certification recommended)