

Critical Incident Stress Management (CISM)- Advanced

Course Sponsor:

Manitoba Emergency Services College- Public Safety Program

Target Audience:

Mental health clinicians and peer support personnel

Course Description:

Duration –16 hours

This Advanced CISM training program has been designed to provide mental health clinicians and peer support personnel with the latest information on the assessment and effective treatment of critical incident stress and post-trauma syndromes. The course emphasizes a broadening of the knowledge base concerning critical incident stress reactions and Post Traumatic Stress Disorder, which was established in the basic program and/or in publications. At the conclusion of this program the candidates will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma.

Course Objectives:

Topics include:

- Nature of Human Stress
- Stressors and Traumatic Stress
- Symptoms of Excessive Stress
- Stress Related Diseases
- Stress Management
- Recovering from Excessive Stress
- Nature of Post Traumatic Syndrome: A Rationale of CISM
- Early Warning Signs and Symptoms of PTSD
- A Rationale of CISM
- Why CISM Works
- Role of CISM in Prevention of PTSD
- CISM vs. Psychotherapy
- Current Thinking on CISM
- Spousal Education

- Significant Other Team Members
- Expanded Role of Peer Support Personnel
- Preserving the CISM Team Members
- Lessons Learned from CISM
- Difficult Debriefings
- Multiple Line of Duty Deaths
- Symbolic Debriefings
- Multiple Incident Debriefings

Prerequisite:

- Critical Incident Stress Management- Basic

Class Size:

Maximum: 50

Course Location:

Manitoba Emergency Services College

Course Availability:

Please refer to the Manitoba Emergency Services College training calendar, available through the Office of the Fire Commissioner (toll-free 1-888-253-1488) and online at http://www.firecomm.gov.mb.ca/mesc_calendar.html

Cost:

The cost of this course is \$150.00 (cheque payable to the Minister of Finance)

Point of Contact:

Office of the Fire Commissioner
Manitoba Emergency Services College
1601 VanHorne Avenue East
Brandon, MB R7A 7K2
Tel: 204-726-6855
Fax: 204-726-6847
Toll free: 1-888-253-1488
Email: emerserv@govmb.ca
Application Form:
<http://www.firecomm.gov.mb.ca/graphics/ApplicationForm.pdf>

Additional Comments:

- Certification: Candidates will be issued a Certificate of Attendance upon successful completion. **Full attendance is mandatory for completion.**
- Materials: Required materials supplied