

## **Critical Incident Stress Management (CISM)- Basic**

**Course Sponsor:**

Manitoba Emergency Services College- Public Safety Program

**Target Audience:**

Basic CISM is available to any persons interested in knowing more about crisis intervention strategies for emergency personnel.

**Course Description:**

*Duration –16 hours*

This Basic CISM course assists candidates in developing and managing a CISM team. The two-day course prepares peer support personnel from the emergency services and Mental Health professionals to provide a variety of crisis services for distressed emergency personnel.

**Course Objectives:**

Topics include:

- Pre-incident education
- Defusing
- Demobilization
- Debriefings

**Prerequisite:**

None

**Class Size:**

Maximum 50

**Course Location:**

Manitoba Emergency Services College

**Course Availability:**

Please refer to the Manitoba Emergency Services College training calendar, available through the Office of the Fire Commissioner (toll-free 1-888-253-1488) and online at

[http://www.firecomm.gov.mb.ca/mesc\\_calendar.html](http://www.firecomm.gov.mb.ca/mesc_calendar.html)

**Cost:**

The cost of this course is \$125.00 (cheque payable to the Minister of Finance)

**Point of Contact:**

Office of the Fire Commissioner  
Manitoba Emergency Services College  
1601 VanHorne Avenue East  
Brandon, MB R7A 7K2  
Tel: 204-726-6855  
Fax: 204-726-6847  
Toll free: 1-888-253-1488  
Email: [emerserv@govmb.ca](mailto:emerserv@govmb.ca)  
Application Form:  
<http://www.firecomm.gov.mb.ca/graphics/ApplicationForm.pdf>

**Additional Comments:**

- Certification: Candidates will be issued a Certificate of Attendance upon successful completion. **Full attendance is mandatory for completion.**
- Materials: Required materials supplied.