# Health and Social Services as Part of Emergency Preparedness: Section on Psychosocial Services

## **Course Sponsor:**

Ministère de la Santé et des Services sociaux du Québec

## Target Audience:

- Front-line workers in psychosocial services within CLSCs
- Other CLSC employment categories likely to participate directly in the application of emergency measures.

#### Participation Restrictions:

Training intended for employees of the health and social services network

## Course Description:

*Duration: 3 days* 

The session is an introduction to psychosocial response as part of emergency preparedness. The aim of this session is as follows:

- Develop a common understanding among responders of the organization and operation of emergency preparedness in disaster situations;
- Provide the knowledge and skills required to implement psychosocial interventions with a view to facilitating and accelerating a return to dynamic equilibrium in people following a traumatic event.

## Course Objectives:

The session was developed in 8 modules:

- Module 1- Disasters: A Reality
- Module 2- Emergency Preparedness: A Distinct Context for Response
- Module 3- The Regional Emergency Preparedness
   Plan of the Health and Social Services Network
- Module 4- Adaptation Process
- Module 5- Immediate Action
- Module 6- Transitional Action

Catalogue of Emergency Preparedness and Response Training Courses – Quebec

- Module 7- Program for Returning to a Normal Life
- Module 8- Stress Management as Responder

**Prerequisites**:

Degree and experience required for the job.

**Type of Training:** 

Numerous approaches: magisterial, theoretical exercises, sharing

of practical experience, role-playing.

Class Size:

Approximately 20 participants

**Course Location:** 

Training provided in the 18 health regions.

Course availability:

Dependent on the planning in each health region

Cost:

None

**Contact**:

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