



*"He's perfect, so healthy. I'm glad his Mom and I didn't drink when she was pregnant. We couldn't have done it alone."*

# this is Our baby

Sometimes, supporting a woman in being alcohol free during her pregnancy means helping her partner to not drink as well. Family and friends can make a big difference in helping them have a healthy baby.

For more information, call 667-5777 or toll free at 1-800-661-0408 ext. 5777.



**Yukon**  
Government