

A photograph of a man and a pregnant woman lying in bed together. The man is on the left, looking towards the woman on the right. They are both smiling and holding hands. The woman is wearing a white tank top and has a white teddy bear next to her. The background is a window with light coming through.

# this is Our baby

*"We made a lot of changes since she got pregnant. One of them was not to drink. It's not always easy, but we're doing it together."*

For more information call 667-5777 or toll free at 1-800-661-0408

**Yukon**  
Health and Social Services

  
Alcohol and Drug  
Services