

Alcohol and Drug Services offers a variety of services to Yukoners, including:

Prevention

- Workshops and in-services for allied professionals
- Consultation, information distribution, and capacity building
- Lending library for allied professionals
- Information resources for general public
- A range of Fetal Alcohol Syndrome Disorder prevention and school-based services

Located at Suite 101 – 204 Black Street

Detoxification Center

- Open 24 hours a day for admission, drop-in, support and referral. Phone 667-8473.
- Monitoring and treatment of withdrawal symptoms from alcohol and /or other drugs
- Safe and supportive environment
- Awareness sessions daily at 1:30 p.m. for Detox clients and former clients

Collect calls accepted after 5:00 pm from communities

Youth Programs and Services

- Counselling, assessment and referral to community support services
- Support to families, focused on alcohol and drug issues
- School-based counselling and prevention
- Educational workshops for teachers, parents and students
- Facilitates alternative interventions.

Outpatient Treatment Services

- Brief screening and assessment of alcohol / drug problems
- Individual counselling and support to families
- Aftercare support following Live-in Treatment services
- Referral to ongoing treatment, self-help groups and other support services
- Recovery support groups
- Community partnership
- Outreach counselling services
- Case management and services to clients with concurrent disorders

Gender Specific Live-in Treatment Programs

- Through education, counselling, and using a cognitive behavioral approach, a range of subjects and themes are addressed to help clients in developing healthy lifestyles
- During the treatment process, counsellors assist clients in identifying specific areas that are key to ongoing health & recovery
- Clients are helped to develop comprehensive individualized aftercare programs using community supports, a variety of self-help models and individual counselling
- This is a four-week program offered six times a year

*For more information and referral packages,
please contact 667-5777*

Community Development

- Provide assistance to allied professionals in the communities to develop pre-treatment and aftercare programs for clients
- Deliver the addiction components of community wellness programs
- Assist communities to build capacity
- Consult on addiction-related topics
- Build community partnerships
- Facilitate a variety of addiction education workshops to allied professionals working in Yukon communities

Phone 667-5777 to contact any of our services



Alcohol and Drug Services

Yukon
Health and Social Services

**Fall 06/Winter 07
Training Calendar**

WORKSHOPS offered through Alcohol and Drug Services (ADS):

Are FREE • Limited seating so REGISTER EARLY TO AVOID DISAPPOINTMENT • Are designed for people working in the helping profession. All workshops in this calendar will be held in Whitehorse. Registered participants will be notified of the location closer to the date of the workshop. For further information on upcoming workshops or to register, call 667-8318.

Important note to YTG employees: please do not register via training request forms, as ADS does not receive these. You can register by calling 667-8318.

Basic Knowledge in the Alcohol and Drug Field

Date: September 19 – 21, 2006

Facilitators:

*Corry Rusnak, Prevention Consultant
Sandra Armstrong, Prevention Consultant*

This offering will provide participants with a basic knowledge of alcohol use, abuse, and addiction. Topics include a historical perspective on drug use, factors that influence drug use patterns, alcohol and drug effects, and an overview of prevention and treatment strategies. Along with providing a general understanding of addictions to assist service providers in working with people with addictions, this workshop is a prerequisite for several of our workshops.

Building Resiliency in Youth and Families

Date: November 21, 2006

Facilitators:

*Sandy Bowlby, Prevention Consultant
Corry Rusnak, Prevention Consultant*

This workshop will explore the asset framework by Search Institute that identifies crucial relationships, experiences, opportunities, and personal qualities that all community members can bring into the lives of youth, which, in turn, can serve to help children and adolescents learn to make positive choices and avoid problems.

Pre-treatment and Aftercare: Working with clients before and addictions treatment programming

Date: November 1 – 2, 2006

Facilitators:

*Jocylene Gauthier, Supervisor, Prevention Services
Sandy Schmidt, Prevention Consultant*

Research into success of clients in treatment has shown those who have professional supports prior to and upon their return from treatment have a higher chance of maintaining the changes they have made. This workshop will explain the components of pre-treatment and aftercare in an interactive format.

Prerequisite: Successful completion of "Basic Knowledge in the Alcohol and Drug Field" workshop or an equivalent (determined by facilitator(s)) is required for this workshop.

Youth and Drugs

Date: November 7 – 9, 2006

Facilitators:

*Sandra Armstrong, Prevention Consultant
Corry Rusnak, Prevention Consultant*

Based on the belief that adolescent drug use is different than adult use and therefore, requires a different response, this workshop will offer information and approaches which apply to most drug-involved adolescents. The goal of the program is to train and motivate allied professionals, who already possess skills in youth counselling, to add drug use intervention to their portfolios.

Family Violence and Substance Abuse

Date: October 3 – 5, 2006

Facilitators:

*Sandra Armstrong, Prevention Consultant
Victim Services Counsellor, TBA*

Many care givers and helping professionals find themselves working with people who are experiencing problems with both family violence and substance abuse. This workshop is based on the Addiction Research Foundation's "LINK" workshop. Participants in this workshop can expect to gain awareness and increased understanding of the link between violence against women and children in relationships and the use of alcohol and other drugs.

In-Services

In addition to the workshops listed in the training calendar, ADS also offers specialized workshops or in-services. ADS Prevention Consultants are available to work with a requesting agency to design and deliver a workshop / in-service to meet the specific learning needs of staff. Requests for this service are filled on a first-come, first-served basis. Though we will do our best to fill a request, ability to do so is determined by time constraints, programming needs, and travel considerations. Requesting parties must be prepared to meet some basic criteria. For more information about this service, please call 667-8318.