

Learn more about pregnancy, health, nutrition and your baby's development



HEALTHY BABY

Winnipeg Community Support Programs

support before and after your baby is born



Parenting Tips*Cooking Activities*Bonding with your Baby*Milk Coupons*Bus Tickets

Downtown & Wolseley:

"West End Baby Circle"
775-3869

Isaac Brock Community Centre-
715 Telfer St. N

"Healthy Start for Mom & Me"
949-5350

Freight House Comm. Centre-
1-200 Isabel St.

Knox United Church-406 Edmonton St.
(Newcomers to Canada)

Magnus Eliason Rec. Centre-
430 Langside St.

Wolseley Family Place-691 Wolseley Ave.

"Building Healthy Families"
772-1923 ext.35

Crossways in Common-102-222 Furby St.



North End & McPhillips:

"Stepping Stones"
632-5992

Village Centre-1417 Fife St.

"Baby Feathers"
982-4425

Gilbert Park-45B Gilbert Ave.

"Healthy Start for Mom & Me"
949-5350

Hope Centre-240 Powers St.
North End Comm. Ministry-
470 Stella Ave.

Weston Comm. Centre-1625 Logan Ave.

"Sweet Grass and Little Braids"
526-8441

Indian & Metis Friendship Centre-
45 Robinson St.

Fort Garry & St. Boniface:

"Healthy Start for Mom & Me"
949-5350

Pembina-Trinity United Church-
933 Summerside Ave.

St. Phillips Anglican Church-
240 Tache Ave.

**"Bébés, parents, et
gazouillements"**
231-2350

Ecole Précieux-Sang
Centre de la petite enfance-
208-209 Kenny St.

(Services in French)

"Little Moccasins"
586-8474

Little People's Place Inc-
906 Cottonwood Road



ST. Vital:

"Family Foundations"
946-9152

Multi Cultural Family Centre-
51 Morrow Ave.

"Baby and Me"
255-4840

Young Parent's Centre-
505 St. Anne's Rd.

"Young Expectations"
255-4840

Youville Centre-6-845 Dakota St.



Charleswood & St. James:

"Great Expectation"
885-5415

Westgrove School-50 Westgrove Way
Heritage School-9-47 Heritage Blvd.
Jameswood School-1 Braintree Cres.



Transcona

East & North Kildonan:

"Parents Connecting-Growing Baby"
982-1720

Braeside Church-1011 Munroe Ave.

"Families Connecting"
947-2422 ext.113

Transcona Memorial United Church-
209 Yale Ave. West

Holy Redeemer Church-264 Donwood Dr.
Riverwood Community Church-
257 Riverton Ave.

Access River East-

975 Henderson Hwy. (evening classes)

"Young Parents Connecting"
223-9450

Kildonan East Collegiate-
845 Concordia Ave.



River & Osborne:

"Growing Together"
953-3402

Churchill Park United Church-
525 Beresford Ave.

Mayfair Resource Centre-
40 Mayfair Pl.

For information about the Manitoba Prenatal Benefit, please call 945-1301 or toll-free 1-800-848-0140 TTD 945-1305

For Community support programs in First Nations communities, please call (204) 983-4199