



Health

Healthy Living Division and Health Programs
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Santé

Division de la vie saine et des programmes de santé
Direction de la santé publique
Prévention des maladies transmissibles
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December 22, 2005

Dear Colleague,

Effective December 28, 2005, the ***HIV Post-Exposure Prophylaxis (PEP) Drug Program*** will be administered through Tache Pharmacy. In transferring this program, we have made some minor changes to benefit the health of Manitobans potentially exposed to HIV through occupational and non-occupational exposures.

COMBIVIR[®], a tablet containing both Zidovudine 300 mg (ZDV, AZT) and Lamivudine 150mg (3TC) will now be supplied in the 5-day Adult Basic and Expanded Kits. The dose for COMBIVIR[®] in adults is one tablet twice daily.

In addition, Nelfinavir (NFV, VIRACEPT[®]), supplied in the 5-day Adult Expanded Kit, will be widely available to all Manitobans who require a protease inhibitor in addition to the basic regimen. Indications for use of Nelfinavir may be found in the WRHA Emergency Department Post-Exposure Prophylaxis (PEP) Package or the Manitoba Health Integrated Post-Exposure Protocol. ***Please note that consultation with an Infectious Disease specialist is strongly recommended when the use of a third antiretroviral agent including Nelfinavir is considered.*** Consultation with an Infectious Disease specialist is also strongly recommended for the following;

- ♦ Pediatric case
- ♦ Cautions to medication use
- ♦ HIV positive source
- ♦ Exposure occurred > 24 hours ago
- ♦ Acute retroviral syndrome diagnosis is entertained
- ♦ Pregnancy
- ♦ Breastfeeding
- ♦ Full 28-day course is considered

The 5-day starter kits are supplied by Manitoba Health to selected depots throughout the province, primarily hospital emergency departments. Facilities that are not designated depots may obtain starter kits when required from a depot in their region.

These 5-day starter kits can be obtained by completing and returning the enclosed order forms to Tache Pharmacy. The WRHA order form is to be used for WRHA jurisdictions only. All other orders outside the WRHA are to be placed using the Manitoba Health form. Additional order forms can be obtained from Tache Pharmacy or through the Manitoba Health website under “Forms” at the bottom of the page on the following website:

<http://www.gov.mb.ca/health/publichealth/cdc/protocol/index.html>.

After hours orders can be obtained by calling the Tache Pharmacy after hours line at (204) 955-6837 or pager at (204) 932-2626.

For clinical advice on individual cases, please consult with an Infectious Disease specialist or your regional Medical Officer of Health.

Yours truly,



Cathy Smith, MD FRCPC
Medical Advisor
CDC Unit, Manitoba Health