

Tuberculosis (TB) is a disease caused by a germ. TB is spread from person to person through the air. **Anyone of any age can get TB.** 

## Signs and Symptoms of TB

Coughing for more than three weeks; chest pain; weight loss; fever and/or night sweats; feeling tired and sick.

### **TB** infection

- You can have the TB germ in your body and not be sick and not spread the germ to others.
- If you have the TB germ in your body, you could get sick with TB in the future.
- If you think you have the TB germ in your body, you can get tested at your health centre.
- Your doctor can give you medicine that will kill the TB germ and keep you from getting sick.

#### TB disease

- People with TB are sick from TB germs that are growing in their body.
- If you are sick with TB in your lungs, you can spread the TB germ to others.
- People with TB disease will be sick with one or more signs of TB.
- You must take medicine to treat the TB disease.
- The TB disease can cause permanent body damage and death if you are not treated with medicine.

You must take all the medicine you are given to stop the spread of TB.

Your Community Health Centre or Public Health Unit can answer your questions about TB.

## **Treat the Infection – Stop the Disease**



# Together we can stop TB