

# Can you spot the hazards?

**T**HIS picture shows some safety hazards in the workplace.

Workplace injuries caused employees from Nova Scotia companies to lose more than 566,000 days off work in the year 2000. Compared to these costs, health and safety training is a sound investment for any business.

You can make a difference. Make an investment in training.

For a list of consultants, or for more information about occupational health and safety, contact

**1-800-9LABOUR  
(1-800-952-2687)**

24-hour response

[www.gov.ns.ca/enla/ohs](http://www.gov.ns.ca/enla/ohs)



## Eliminate the risks

  
**NOVASCOTIA**  
Environment and Labour

### ANSWERS

- 1 Boxes piled above shoulder height increase the risk of back injury and pose a danger to others if they fall.
- 2 Man loading boxes is twisting while lifting, another risk of back injury.
- 3 Man is carrying a load that may be too heavy for him, risking back injury.
- 4 Man carrying load can't see the floor, creating risk of tripping.
- 5 Can is unlabeled. It could contain hazardous materials.
- 6 Using sneakers instead of steel-toed boots. Feet need protection from dropped objects.
- 7 Using headphones, distracts from the job at hand.
- 8 Floor is cluttered with tools, an obvious slipping or tripping hazard.
- 9 Woman is using oversize gloves that can catch on machinery.
- 10 She is not wearing safety goggles to protect her eyes from flying material.
- 11 Long hair should be tied up out of the way when working with machinery.
- 12 Shoulder injury can result from repeated motion.
- 13 Working in one spot all day is tiring for legs and back. An anti-fatigue mat would ease the strain.
- 14 Electrical cord on floor poses tripping hazard.
- 15 Congested work area makes collisions more likely.