



Projects Funded in 2004-2005

<i>Client Name</i>	<i>Project Name</i>	<i>Description</i>
Millwood High School	10,000 Steps to Fitness	Walking program for teachers and students
Volleyball Nova Scotia	12 & Under Community Volleyball Leagues	Province wide mini volleyball program for children ages 6-12
Shelburne County Adult Workshops & Residential Services	A Better Life	Physical activity, nutrition, and smoking cessation program for clients, staff, and
Canadian Canoe/Kayak Association, Atlantic Division	Aboriginal Canoe/Kayak Programming Initiative	Canoeing/kayaking program in three Aboriginal communities
East St. Margaret's School and Community Association	Active Family and Young Teen Program	Recreation programs for young teenagers and families
Summer Street Industries	Active Lifestyle	Physical activity opportunities for employees
Bridgetown Regional Elementary School	Active Living	Physical activity opportunities for students and teachers
Sport Nova Scotia	After School Physical Activity Program	After school physical activities in Annapolis Valley
Al MacInnis Sport Centre/Port Hood Fitness Centre	After School Skating Program	Bi-weekly organized skating sessions
Municipality of Annapolis	The Order of Active Living	Creating opportunities over two years that will lead residents to life-long physical activity
Antigonish Badminton	Antigonish Badminton Club	Badminton club for community members
YMCA Yarmouth	Booty Camp	Fitness and nutrition for adults
Breast Quest Society	Breast Quest Society Dragon Boat Team	Paddling program for breast cancer survivors
Brookvillage Youth Recreation Committee	Brookvillage Youth Recreation Program	Physical activity program for youth
Cape Breton Highlands Table Tennis Club	Cape Breton Highlands Table Tennis Club	Community recreational table tennis

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Cape Breton Musketeers Fencing Club	Cape Breton Musketeers Fencing Club	Fencing skills for community
Harbourside Elementary School	Caper Athletes Promoting Education, Recreation, and Sportsmanship (CAPERS)	Lunch hour physical activity program for students
Centre Consolidated Outdoor Activity Club	Centre Consolidated Outdoor Activity Club	Outdoor winter activities
Club de conditionnement physique	Club de conditionnement physique	Fun program for youth and parents
Cumberland African Nova Scotian Association	Community Boxing Club	Boxing club program
Gaspereau and District Recreation Commission	Community-Based Outdoor Recreation	Outdoor activities for youth
Arts Express (J.L. Ilsley Family of Schools and	Dance Fits All	Two dance troupes
Heartwood Centre for Community Youth	Destination UP-Reach	Physical activity programs for youth
The Eagles Youth Group Association	Eagles Youth Group Activities	Physical activity for youth
Cobequid Spartans Gymnastics Centre	Enriched Pre-School Recreation Gymnastics Program	Gymnastics programs for children ages 18 months-5
Alpine Ski Nova Scotia	Experience Skiing	Downhill skiing for people with disabilities
South Queens Community School Fitness Center	Fit Youth	Youth activities
Ian Forsyth Elementary School	Fitness for Fun	Daily physical activity
King's View Academy	Fitness for Life	Life-long fitness skills to junior/senior high school
South Shore Family Resource Association	Fit-N-Fun Families	Gymnastics program and HeartSmart food choices course for families
Pisquid Aquatic Club	Girls Can Kayak	Kayak program for girls
Greenfield Elementary School	Greenfield Elementary School Afterschool PA Program	After school physical activity program
Scotsburn Elementary School	Groovin' with Geography	Walking across Canada
Pictou County Health Authority	Healthy Lifestyle Club	Variety of fitness sessions offered at lunch time and before school
Southside Learning Centre	Healthy Minds and Bodies	Activity centre providing recreational opportunities for at-risk children
Recreation Facility Association of Nova Scotia (RFANS)	Helmet Program at arenas and helmets to students	Providing skating opportunities

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Brookland School and Cusack Complex	Helping our School Communities be Active	After school outdoors program which monitors and encourages ongoing activity
Yarmouth Skating Club	Intro Synchro and Teen Learn to Skate	Skate program for teenagers
Forest Ridge Academy and Clark's Harbour Elementary	Jump To It	After school activity program for students in grade primary to three
Town of New Glasgow	Jump Up & Go	A lunch and after school program for elementary
Tantallon Junior High School	Karate Club	School and community karate training & equipment
Canning and District	Kids Klub After School Program	Physical activity program for school age children
Municipality of Colchester Softball Nova Scotia	Ladies Recreational Soccer Learn to Play Program	Recreational soccer for women Softball program for children ages 5-10 years
Martock Cross-Country Ski	Learn to Skate Ski (LTSS)	Allows children ages 6-15 to borrow cross-country ski skating equipment
Sunset Residential and Rehabilitation Services, Inc.	Let's Get Moving	Physical activity program for residents
Lifesaving Society-Nova Scotia Branch	Lifesaving Sport Clinics	Lifesaving sport clinics to 10 new indoor aquatic facilities
Southend Community Development Association	Little Dragon Fitness Program	Martial arts program
Colchester East Hants Health Authority	Mental Health Wellness Promotion	Program for mental health consumers
Nova Scotia Tennis	Minor Tennis League	Tennis program for children
Acadia Minor Hockey	Novice Quick Start Program	Hockey program that reduces barriers to participation
Victoria Order of Nurses	On the Move Senior's Exercise	Physical activity program for older adults
Municipality of Shelburne	On the Move	Physical activity sessions organized by students
Pictou Elementary School	Outdoor Activities at School & Home	Using outdoor spaces to promote physical health and well being

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Municipality of Guysborough	PACY-Physically Activity Children Youth	Physical activity program for children and youth
Mabou Athletic Centre	Parent & Tot Skating Program	Skating for parents and
Martha Group Incorporated (Acting as the Alpha Centre of Amherst)	Participation Plus	Outdoor sport activities
Yarmouth Leisure Services	Peer Leadership Coordinator	Sustainable, peer led activities in a variety of settings
Beaverbank Kinsac Community Centre	Physical Fitness Coordinator	Coordinating sustainable, active programs
Municipality of St. Mary's	PLAY: Physical Lifestyles and Youth	After school physical activity program for children and youth
YWCA Halifax	RECESS: Reaching Early Childhood Educators with Support for Success	Increasing the quality and quantity of physical activity for pre-schoolers in daycares
Special Olympics Nova Scotia	Registration Day	Registration and active participation in sports
Sackville Chebucto Athletics Track Club	Run, Jump, Throw & Off We	Structured athletics programs promoting active, healthy lifestyles
Athletics Nova Scotia	Run, Jump, Throw After School Track and Field	Run, Jump, Throw Track and Field Development Program
Municipality of Chester	Senior Fitness Program	Physical activity program for seniors
Sackville Seniors Advisory Council	Seniors Exercise Program	Physical activity program for seniors
Oxford Area Skating Club	Skating Club Enhancement	Expanding current skating program to twice weekly
Town of Antigonish	Snow Shoes	Giving the community access to 60 pairs of snowshoes
Gold River Western Shore Elementary School	Snow Tracks 2005	Winter outdoor activity
A.G. Baillie Memorial School	Snowshoeing for Children & Parents	Providing snowshoes, green space, and inspiration to children and their families
Halifax Regional Municipality (HRM)	Splash Back!	Swim and water safety program for disadvantaged children in grades 4 and 5
St. Joseph's College of Early Childhood Education	St. Joseph's Healthy Living Initiative	To incorporate physical activity within early childhood educators' daily practice

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Pictou County Health Authority	Staff Exercise Program	Staff exercise program
Ceilidh Track Club	Summer Youth Track Camp	Track and field opportunities for children ages 5 to 14
Sydney Academy	Sydney Academy Afterschool Activities Program	After school badminton and baseball programs
Bay St. Lawrence Community Centre	The Eibhleag (ay-leuk) Project	Promoting family and youth physical activity
Public Health Services/Canadian Diabetes	Walking for Wellness	Physical activity program for individuals at risk for chronic disease in Cape Breton
Holy Angels High School	Women in Motion	Physical activity program based on individual, assessed needs of students
Whitney Pier Memorial	WPM Extra Curricular and Community Leisure Club	Expanding after school
Yarmouth Wrestling Club	Yarmouth Wrestling Club	Expanding the existing school-based wrestling program to a community
Newport Station District School	Year-Round Fitness Trail Program	Promoting physical fitness in the school, community, and
Municipality of Colchester	You Goal Girls	Promoting lifelong physical activity among women
Doctors Nova Scotia	Youth Running for Fun	Expand running program for youth ages 8-15