

National Coaching Certification Program (NCCP)

April 1, 2005 – March 31, 2006
Multisport Courses Nova Scotia

NCCP overview

The NCCP is a training and certification program for coaches, offered across Canada in over 60 sports. The program was designed to meet the needs of a wide range of coaches – from those who introduce youngsters to sport to those who work with Canada's high-performance athletes.

Since its inception, more than 875,000 coaches have taken part in NCCP activities, which have helped them to develop the skill, knowledge, and attitudes required to coach effectively.

The NCCP prepares coaches to

- ***better meet the needs of all participants in sport***
- ***provide a positive sport experience to participants***
- ***provide opportunities for participants to achieve their full potential in and around sport***

The current NCCP

The current NCCP is a knowledge- and course-based program with five levels of certification.

The new NCCP

The design of the new NCCP reflects the different types of coaches (coaching streams in the Canadian sport system and the specific environments (coaching contexts) they work in. It will be up to each sport to determine which streams and contexts apply to its development system. The abilities deemed important to coach in a given context determine the scope of training required.

How coaches achieve certification

In the current program, coaches achieve certification at Level 1, Level 2, or Level 3 by completing all three components (Theory, Technical, Practical) and by completing the required number of tasks for Levels 4 and 5.

The new NCCP makes a distinction between coach training and coach certification. Coaches who need training will have opportunities to acquire or refine the skills, knowledge, and attitudes deemed important to coach effectively in a particular context. Coaches who want to be certified will be required to demonstrate their ability to achieve the requirements identified for their coaching context in areas such as program design, practice planning, performance analysis, program management, ethical coaching, support to participants during training, and support to participants in competition.

During the transition

Elements of the new NCCP will be in place by 2005, but a number of sports and provinces/territories are already offering workshops and other learning opportunities using the competency- and outcomes-based approach. During this period of transition you would receive training and achieve certification in either the existing five-level program or in the new competency-based program, depending on the progress your sport and your province/territory have made toward converting to the new approach and structure.

For more information

For more information about the NCCP and the transition to a competency-based approach, please contact your Provincial Coaching Coordinator, Liz Pace (pacelt@gov.ns.ca, 424-3913), your provincial sport organization, or your national sport federation.

www.gov.ns.ca/ohp/srd
www.ns.canadagames.ca
www.sportnovascotia.ca
www.coach.ca



National
Coaching
Certification
Program

Fair & Safe
PLAY

NOVA SCOTIA
Health Promotion

Introduction to Competition – Part A

Course Length: 11.5 hours

April 1, 2005 – March 31, 2006

Fee: \$25.00

Please note

- *Pre-requisite for courses — you must be 16 years of age prior to or on the date of the course.*

Cape Breton Region

Cape Breton Region Representative Coleen Chisholm, 563-2380, chishoco@gov.ns.ca	2005	Fri, June 10 , 6:00 – 9:30 pm Sat, June 11 , 8:30 am – 6:00 pm	Louisdale, Richmond County Clifford Boudreau, 226-2400
Course Administrators Sydney Area: Jack Porter, 539-5300 ext 1215, jporter@uccb.ns.ca Inverness: John Cotton, 787-2274, jcotton@inverness.co.com		Fri, Sept 10 , 6:00 – 9:30 pm Sat, Sept 11 , 8:30 am – 6:00 pm Fri, Oct 21 , 6:00 – 9:30 pm Sat, Oct 22 , 8:30 am – 6:00 pm	Inverness, John Cotton, 787-2274 Sydney, Jack Porter, 539-5300

Central Region

NS Sport and Recreation Division 1-866-231-3882 (toll free) srcinquiries@gov.ns.ca	2005	Mon, April 18 , 6:00 – 9:00 pm Tues, April 19 , 6:00 – 9:00 pm Mon, April 25 , 6:00 – 9:00 pm Tues, April 26 , 6:00 – 9:00 pm Fri, May 6 , 6:00 – 9:30 pm Sat, May 7 , 8:30 am – 6:00 pm Tues, May 17 , 6:00 – 9:00 pm Wed, May 18 , 6:00 – 9:00 pm Tues, May 24 , 6:00 – 9:00 pm Wed, May 25 , 6:00 – 9:00 pm Fri, June 10 , 6:00 – 9:30 pm Sat, June 11 , 8:30 am – 6:00 pm Mon, Sept 12 , 6:00 – 9:00 pm Tues, Sept 13 , 6:00 – 9:00 pm Mon, Sept 19 , 6:00 – 9:00 pm Tues, Sept 20 , 6:00 – 9:00 pm Fri, Sept 30 , 6:00 – 9:30 pm Sat, Oct 1 , 8:30 am – 6:00 pm Mon, Nov 14 , 6:00 – 9:00 pm Tues, Nov 15 , 6:00 – 9:00 pm Mon, Nov 21 , 6:00 – 9:00 pm Tues, Nov 22 , 6:00 – 9:00 pm	Halifax Registration starts April 5, 2005 Halifax Registration starts April 22, 2005 Dartmouth Registration starts May 3, 2005 Halifax Registration starts May 27, 2005 Halifax Registration starts Aug 30, 2005 Halifax Registration starts Sept 16, 2005 Dartmouth Registration starts Nov 1, 2005
	2006	Tues, Jan 16 , 6:00 – 9:00 pm Wed, Jan 17 , 6:00 – 9:00 pm Tues, Jan 23 , 6:00 – 9:00 pm Wed, Jan 24 , 6:00 – 9:00 pm Mon, Feb 27 , 6:00 – 9:00 pm Tues, Feb 28 , 6:00 – 9:00 pm Mon, March 6 , 6:00 – 9:00 pm Tues, March 7 , 6:00 – 9:00 pm	Halifax Registration starts Jan 4, 2006 Halifax Registration starts Feb 14, 2006

Fundy Region

Fundy Region Representative Linda Atkinson, 893-6215, atkinslm@gov.ns.ca	2005	Fri, May 13 , 6:00 – 9:30 pm Sat, May 14 , 8:30 am – 6:00 pm Fri, Sept 16 , 6:00 – 9:30 pm Sat, Sept 17 , 8:30 am – 6:00 pm Fri, Nov 18 , 6:00 – 9:30 pm Sat, Nov 19 , 8:30 am – 6:00 pm	Truro, Cathy Hinton, 895-6789 Truro, Cathy Hinton, 895-6789 Amherst, Dwight Jones, 667-9557
Course Administrator Cathy Hinton, 895-6789, hintoncj@gov.ns.ca	2006	Fri, March 10 , 6:00 – 9:30 pm Sat, March 11 , 8:30 am – 6:00 pm	Truro, Cathy Hinton, 895-6789

Highland Region

Highland Region Representative Gerard MacIsaac, 863-7380, macisagx@gov.ns.ca	2005	Fri, April 22 , 6:00 – 9:30 pm Sat, April 23 , 8:30 am – 6:00 pm Fri, May 27 , 6:00 – 9:30 pm Sat, May 28 , 8:30 am – 6:00 pm Fri, Oct 14 , 6:00 – 9:30 pm Sat, Oct 15 , 8:30 am – 6:00 pm	New Glasgow Recreation, 755-8363 Registration deadline April 15, 2005 Guysborough Recreation, 533-3508 Registration deadline May 20, 2005 Antigonish Recreation, 863-2351 ext 221 Registration deadline Oct 7, 2005
--	-------------	---	--

South Shore Region

South Shore Region Representative Debby Smith, 543-5000, smithde@gov.ns.ca	2005	Fri, May 13 , 6:00 – 9:30 pm	Forest Heights Community School, Chester,
		Sat, May 14 , 8:30 am – 6:00 pm	Chad Haughan, 275-2712
Course Administrator Ray Green, 637-2903 barringtonrec@eastlink.ca	2005	Fri, June 3 , 6:00 – 9:30 pm	Tusket, Frank Grant, 648-3379
		Sat, June 4 , 8:30 am – 6:00 pm	
		Fri, Sept 30 , 6:00 – 9:30 pm	Lunenburg Community Centre, Robin Scott, 634-4006
		Sat, Oct 1 , 8:30 am – 6:00 pm	
2006	Fri, Feb 10 , 6:00 – 9:30 pm	Shelburne, Ray Green, 637-2903	
	Sat, Feb 11 , 8:30 am – 6:00 pm		

Valley Region

Valley Region Representative Mike Trinacty, 679-4390, trinacme@gov.ns.ca	2005	Fri, April 8 , 6:00 – 9:30 pm	Town of Hantsport Recreation Department,
		Sat, April 9 , 8:30 am – 6:00 pm	Tim Lynch, 684-3200
Course Administrator Joanne Lamarche, 769-3655 jlamarche@municipality.clare.ns.ca	2005	Fri, June 17 , 6:00 – 9:30 pm	Canning Recreation Department,
		Sat, June 18 , 8:30 am – 6:00 pm	Pam Tracz, 582-2033
		Fri, Nov 4 , 6:00 – 9:30 pm	Kings County Recreation Department,
		Sat, Nov 5 , 8:30 am – 6:00 pm	Bruce MacArthur, 690-6124
2006	Fri, March 3 , 6:00 – 9:30 pm	Middleton Recreation Department,	
	Sat, March 4 , 8:30 am – 6:00 pm	Susan MacDonald, 825-5500	

Regional Francophone Courses

Course Administrator Angie Aucoin, 445-3059, cpja_ne@scolaire.ednet.ns.cs Comité Provincial des Jeux de l'Acadie région Nouvelle Écosse 54 boul. Larry Uteck, Bureau 208, Halifax N.-É B3M 4R9	2006	Fri, Feb 17 , 6:00 – 9:30 pm	Clare Region Classroom/Teleconference
		Sat, Feb 18 , 8:30 am – 6:00 pm	

Introduction to Competition – Part B

Course Length: 13.5 hours
April 1, 2005 – March 31, 2006
Fee: \$35.00

Cape Breton Region

Cape Breton Region Representative Coleen Chisholm, 563-2380, chishoco@gov.ns.ca	2005	Fri, June 17 , 6:00 – 9:30 pm	Port Hawkesbury, Jim Pyke, 625-2591
		Sat, June 18 , 8:30 am – 5:00 pm	
Course Administrator Sydney, Jack Porter, 539-5300 ex 1215, jporter@uccb.ns.ca Inverness, John Cotton, 787-2274, jcotton@inverness.co.com	2006	Sun, June 19 , 9:00 am – 12:00 noon	
		Fri, March 24 , 6:00 – 9:30 pm	Sydney, Jack Porter, 539-5300 ex 1215
		Sat, March 25 , 8:30 am – 5:00 pm	
		Sun, March 26 , 9:00 am – 12:00 noon	

Central Region

NS Sport and Recreation Division 1-866-231-3882 (toll free) srcinquiries@gov.ns.ca	2005	Mon, May 2 , 6:00 – 9:30 pm	Halifax
		Tues, May 3 , 6:00 – 9:30 pm	Registration starts April 18, 2005
		Mon, May 9 , 6:00 – 9:30 pm	
		Tues, May 10 , 6:00 – 9:00 pm	
		Mon, Sept 26 , 6:00 – 9:30 pm	Dartmouth
	2006	Tues, Sept 27 , 6:00 – 9:30 pm	Registration starts Sept 12, 2005
		Mon, Oct 3 , 6:00 – 9:30 pm	
		Tues, Oct 4 , 6:00 – 9:00 pm	
		Fri, Feb 24 , 6:00 – 9:30 pm	Halifax
		Sat, Feb 25 , 8:30 am – 5:00 pm	Registration starts Feb 10, 2006
	Sun, Feb 26 , 9:00 am – 12:00 noon		

Fundy Region

Fundy Regional Representative

Linda Atkinson, 893-6215
atkinslm@gov.ns.ca

Course Administrator

Cathy Hinton, 895-6789
hintoncj@gov.ns.ca

2005	Fri, June 10 , 6:00 – 9:30 pm	Truro, Cathy Hinton, 895-6789
	Sat, June 11 , 8:30 am – 5:00 pm	
	Sun, June 12 , 9:00 am – 12:00 noon	
	Fri, Oct 21 , 6:00 – 9:30 pm	Truro, Cathy Hinton, 895-6789
	Sat, Oct 22 , 8:30 am – 5:00 pm	
	Sun, Oct 23 , 9:00 am – 12:00 noon	
2006	Fri, Feb 23 , 6:00 – 9:30 pm	Amherst, Dwight Jones, 669-9557
	Sat, Feb 24 , 8:30 am – 5:00 pm	
	Sun, Feb 25 , 9:00 am – 12:00 noon	

Highland Region

Highland Representative

Gerard MacIsaac, 863-7380
macisagx@gov.ns.ca

2005	Fri, April 29 , 6:00 – 9:30 pm	Antigonish Recreation, 863-2351, ext 221
	Sat, April 30 , 8:30 am – 5:00 pm	Registration deadline April 22
	Sun, May 1 , 9:00 am – 12:00 noon	
	Fri, Sept 23 , 6:00 – 9:30 pm	New Glasgow Recreation, 755-8363
	Sat, Sept 24 , 8:30 am – 5:00 pm	Registration deadline Sept 15
	Sun, Sept 25 , 9:00 am – 12:00 noon	

South Shore Region

South Shore Region Representative

Debby Smith, 543-5000, smithde@gov.ns.ca

Course Administrator

Ray Green, 637-2903
barringtonrec@eastlink.ca

2005	Fri, June 3 , 6:00 – 9:30 pm	Yarmouth/Tusket, Vince Forestall
	Sat, June 4 , 8:30 am – 5:00 pm	
	Sun, June 5 , 9:00 am – 12:00 noon	
	Fri, Oct 17 , 6:00 – 9:30 pm	Bridgewater High School,
	Sat, Oct 18 , 8:30 am – 5:00 pm	Sani Mair-Dodman, 543-2274
	Sun, Oct 19 , 9:00 am – 12:00 noon	

Valley Region

Valley Region Representative

Mike Trinacty, 679-4390, trinacme@gov.ns.ca

Course Administrator

Joanne Lamarche, 769-3655
jlamarche@municipality.clare.ns.ca

2005	Fri, Sept 30 , 6:00 – 9:30 pm	Windsor Recreation Dept,
	Sat, Oct 1 , 8:30 am – 5:00 pm	Janet Landry, 798-0696
	Sun, Oct 2 , 9:00 am – 12:00 noon	
2006	Fri, Feb 24 , 6:00 – 9:30 pm	14 Wing Greenwood Community Centre,
	Sat, Feb 25 , 8:30 am – 5:00 pm	Jill Jackson, 765-1494 ext 5337
	Sun, Feb 26 , 9:00 am – 12:00 noon	

NCCP Level Three Courses

April 1, 2005 – March 31, 2006

Fee: \$80.00

Atlantic Coaches Seminar

Canadian Sport Centre Atlantic
Marion Winsor, 425-0942
mjwinsor@sportnovascotia.ns.ca

2005 **Fri, May 20 to Mon, May 23**

Central

1-866-231-3882 (toll free)
Nancy Zanni
zannin@gov.ns.ca

2005 **Fri, April 8 to Sun, April 10**
Fri, April 15 to Sun, April 17

Fri, Nov 4 to Sun, Nov 6
Fri, Nov 18 to Sun, Nov 20

Certification Standards

- *The following sports have provided their expected certification standards for their coaches attending competitive events. This should be a helpful guideline to you, as you work towards your coach education needs.*

Sport	Certification Standard	Competitive Event
Alpine Ski	CSCF 1	To coach entry level racers
	CSCF 2	To coach junior carded racers and FIS team
	CSCF 3	Canada Games head coach
Artistic Gymnastics Competitive	Level 2	Supervisory instructor in clubs
	Level 1	Class instructor in clubs
	Level 3	National championships, Canada Games
Artistic Clubs using a Trampoline Competitive	Level 1 Technical Trampoline Course	Supervisory instructor in clubs
	Level 1 Technical Trampoline Course	Assistant coach
	Level 2 Trampoline (technical)	Assistant coach
	Level 2 Trampoline (fully cert.)	National championships
Trampoline Clubs	Level 2 Trampoline (fully cert.)	Supervisory instructor in clubs
Badminton	Level 1	B coach
	Level 2	A coach
	Level 3	Canada Games
Baseball	Level 1	Provincial Playdowns, Atlantic
	Level 2	Nationals (technical only)
	Level 3	Canada Games youth selects (technical only)
Basketball	Level 1 Technical	Provincial championships
	Level 2	Provincial coaches attending national events
	Level 3	Canada Games coaches
Bicycle	Level 3	Canada Games, Nationals
Cross-Country Ski	Level 3	Canada Games, Nationals
Curling	Level 1	Provincial Playdowns leading to national championship; must be at least 21 years of age.
	Level 2	National competitions, as required by CCA rules
	Level 3	Canada Games
Equestrian		No requirements at this time
Field Hockey	Level 1	Highschool indoor
	Level 2	Provincial teams
	Level 3	Canada Games
Figure Skating	Level 2	Sectionals, challenge competitions, synchronized skating, adult competition.
	Level 3	ISU-sanctioned international competitions and/or Canadian championships (not synchronized skating), Junior Nationals, Canada Games.
Football	Level 1 Certified Technical	Assistant coach
	Level 1 Fully Certified	Head coach
	Level 1 Fully Certified	Elite assistant coach
	Level 3 Fully Certified	Elite head coach
Hockey		<ol style="list-style-type: none"> 1. All coaches (head and assistants) within the NS Hockey Association must have a minimum of NCCP Coach level certification. 2. All head coaches involved with Junior (A, B, C, D) Midget AAA, Bantam AAA, Pee wee AAA, Atom AAA, and Novice AAA must be certified at the NCCP intermediate level. 3. All Novice and Initiation program coaches (i.e., coaches/instructors involved with 5–9 year-old programs) must obtain Initiation Program certification by completing the Initiation Program clinic. 4. All bench staff must be certified in the Canadian Hockey Safety Program.
Judo	Level 1	Club, Regional
	Level 2	Club, Regional, and Provincial championships
	Level 3	Club, Regional, Provincial Interprovincial, Canadian National, championships, Canada Winter Games coach
Ringette	Level 1	Tween, Petite, Novice, Bunnies, and Provincial championships
	Level 2	Junior, Belle, development programs, and Atlantic and National championships
	Level 3	Canadian championships
Rugby	Level 1	All high school and club teams
	Level 2	Under-18 and -21 men, under-19 women at National championships
	Level 3	Canada Games, Senior Men's and Women's Nationals
Sailing	Level 1	Assistant coach (green level)
	Level 2	Head coach (blue, red, and black levels)
	Level 3	Provincial coach (orange level)
Softball	Level 1	All provincial championships except recreational and slo-pitch
	Level 2	All Canadian championships fast pitch except slo-pitch
Special Olympics	Level 1	Provincial team coach must have Level 1 Special Olympics as well as Level 1 full certification in the sport they are coaching
Swim	Level 1	All meets in province
	Level 2	Encourage all Level 1's to become Level 2. No restriction for level at deck meets.
	Level 3	For national meets

Sport	Certification Standard	Competitive Event
Synchro	Level 2	All Nova Scotia competitions
	Level 3	Canada Games, Divisional Nationals
Tennis	Level 2	Atlantic championships, National championships
	Level 2 plus	Canada Games — Technical/Technical Level 2 plus Theory 3
Volleyball	Level 1	All Club competition (head coach)
	Level 2	Fully certified — Provincial team coach
	Level 3	Fully certified — Canada Games coach
Table Tennis	Level 2	National
	Level 3	Canada Games

Provincial Sports Organizations

Technical and Practical Courses

Alpine Ski	Lorraine Burch	425-5454 ext 349
Archery	Claude Langlois	425-5454
Athletics	Peter Lord	425-5454 ext 339
Badminton	Michelle Hayward	530-3085
Baseball	Brad Lawlor	425-5454 ext 355
Basketball	Vacant	425-5454 ext 348
Bicycle	Ike Whitehead	425-5454 ext 316
Boxing	Wayne Gordon	425-5454 ext 320
Canoeing	Angela Barrett	425-5454 ext 346
Cross Country Skiing	Ike Whitehead	425-5454 ext 316
Curling	Jeremiah Anderson	425-5454 ext 345
Diving	Robert Breau	461-1293
Equestrian	Heather MacDonald	425-5454 ext 333
Fencing	Ron Dewar	425-8946
Field Hockey	Mickeal Smith	225-3680
Figure Skating	Jill Knowles	425-5454 ext 336
Football	Alan Whetmore	425-5454 ext 351
Gymnastics	Angela Gallant	425-5454 ext 338
Hockey	Darren Cossar	454-9400
Judo	Dave Anderson	543-5439
Karate	Randall MacLean	477-1969
Lacrosse	Wayne Finck	425-8333
Lawn Bowls	Dennis Mullane	463-2438
Racquetball	Paul Keeping	443-3612
Rhythmic Gymnastics	Carolyn Slade	425-5012
Ringette	Glenn Johnston	425-5454 ext 341
Rowing	Yetta Withrow	424-5883
Rugby	Glenn Johnston	425-5454 ext 341
Sailing	Frank Denis	425-5454 ext 312
Shooting	Raymond Fisher	468-5789
Soccer	George Athanasiou	445-0265
Softball	Dave Houghton	429-0215
Special Olympics	Louis Brill	429-2266
Speed Skating	J. Bernard Crane	425-5454
Squash	Julian Boyle	425-5454
Swimming	Bette El-Hawary	425-5454 ext 314
Synchronized Swimming	Pam Kidney	425-5454 ext 332
Table Tennis	Joanne Ans	435-1205
Tennis	Keith Harrietha	425-5454 ext 318
Volleyball	Aaron Nutting	425-5454 ext 322
Water Ski	Paul Bowie	433-0799
Wrestling	Josh Albright	425-5454