# OCCUPATIONAL HEALTH AND SAFETY VIDEO CATALOGUE

# produced by:

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#### INTRODUCTION

The Occupational Safety and Health Agency (OHS) in Nova Scotia has assembled this video catalogue in an effort to make the educational material held by OHS more readily available to Atlantic clients.

The following is an example of a video record in this catalogue:

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#### **PREVENTION**

(423) Job Safety Analysis

The aim of a job safety analysis (JSA) is to document how a particular job should be done safely. Subjects covered in the program include: How a JSA is performed, how to break down a job into basic steps, hazard identification, hazard assessment, hazard control. The program also contains a practical example of how a JSA is conducted.

Length: 15 minutes

The components of a video record are:

**Heading =** The topic or category to which the video pertains. Ex., **PREVENTION** 

Video Title = The title of the video. Ex., "Job Safety Analysis"

Video # = A numeric identifier for the video. Ex., (423)

**Description =** A synopsis of the subject matter covered

**Length** = The viewing time in minutes

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Kitchen Knives: Safety & Efficient Use	KITCHEN SAFETY	#052
Kitchen SafetyIt's Up To You!	KITCHEN SAFETY	#327
Kitchen Safety: Preventing Cuts and Strains	KITCHEN SAFETY	#051
Kitchen Safety: Preventing Falls	KITCHEN SAFETY	#048
Kitchen Safety: Preventing Machine Injuries	KITCHEN SAFETY	#049
Lab Ventilation	CHEMICAL SAFETY	#332
Ladder Safety Off the Job	CONSTRUCTION SAFETY	#354
Ladder Safety On the Job	CONSTRUCTION SAFETY	#353
Ladder Safety Training	CONSTRUCTION SAFETY	#312

Ladders	CONSTRUCTION SAFETY	#218
Laundry Room Safety	HOUSEKEEPING SAFETY	#371
Lockout Procedure	ELECTRICAL SAFETY	#194
Lockout/Tagout - Controlling the Beast	ELECTRICAL SAFETY	#345
Lockout/Tagout - Of Energy Sources	ELECTRICAL SAFETY	#346
A Logging Safety Program	FORESTRY SAFETY	#035
Look Around: You Have Rights	SUPERVISORS/EMPLOYEES	#310
Lost Youth : Four stories of injured young workers	PERSONAL PROTECTION AND SAFETY	#433
Machine Hazard Awareness	MACHINE SAFETY	#008
Maintaining Asbestos Covered Pipes & Surfaces	ASBESTOS	#020
Maintenance Field Work Practices	SAFETY AWARENESS AND INSPECTION	#098
Make Pounds But Safely	PREVENTION	#071
Making DoWon't Do	PREVENTION	#068
Making Farms Safe for Kids	FARM/GROUNDS KEEPING SAFETY	#229
Making Light of Lifting	MANUAL HANDLING	#162
The Making of JSA: Job Safety Analysis	ANALYSING SAFETY	#250
Man the Fallible Machine	ERGONOMICS	#157
Managing Cumulative Trauma	ERGONOMICS	#211
Managing Ergonomics in the Workplace	ERGONOMICS	#257
Managing Safety Yourself	MANAGING HEALTH AND SAFETY	#173
Manual Handling	MANUAL HANDLING	#417
Mastering Job Safety Analysis	ANALYSING SAFETY	#170
A Matter of Habit	PREVENTION	#062
Mechanical Lifting Devices	MEDICAL AND HOSPITALS	#192
Meeting the Challenge	ERGONOMICS	#210
Mills and Concentrators	HAZARD AWARENESS AND ANALYSIS	#113
Minimizing Back Strain On The Job	MANUAL HANDLING	#059
Mobile Cranes	CONSTRUCTION SAFETY	#206
Moving A Patient From Bed To Chair	MEDICAL AND HOSPITALS	#190
Moving a Patient from Bed to Trolley	MEDICAL AND HOSPITALS	#191
Moving a Patient in Bed	MEDICAL AND HOSPITALS	#189
Moving Heavy Equipment	RIGGING SAFETY	#103
No Exceptions	MANAGING HEALTH AND SAFETY	#066
The NO MAN	PREVENTION	#063
Noise And Hearing Conservation	HEARING SAFETY	#213
On The Right Track	SUPERVISORS/EMPLOYEES	#306
Over and Over Again	PREVENTION	#065
Over The Edge	RIGGING SAFETY	#284
Oxyfuel Gas Cutting	WELDING, GRINDING AND CUTTING	#235
Patient Falls: Panic Or Prevention	MEDICAL AND HOSPITALS	#318
Personal Protective Equipment	PERSONAL PROTECTION AND SAFETY	#024
Personal Protective Equipment	PERSONAL PROTECTION AND SAFETY	#338
Personal Protective Equipment	PERSONAL PROTECTION AND SAFETY	#118
Personal Protective Equipment - Off The Job	PERSONAL PROTECTION AND SAFETY	#358

Personal Protective Equipment - On The Job	PERSONAL PROTECTION AND SAFETY	#357
Personal Security - On The Job	PERSONAL PROTECTION AND SAFETY	#355
Pesticide Safety in the Greenhouse	CHEMICAL SAFETY	#158
Pesticide Vendor Storage & Display	CHEMICAL SAFETY	#160
Picture Perfect Vacation	HAZARD AWARENESS AND ANALYSIS	#220
Pneumatic Fastening Tools	TOOLS: HAND AND POWER	#374
Posture and Fatigue	ERGONOMICS	#261
Power Actuated Fastening Tools	TOOLS: HAND AND POWER	#375
Power Tools	TOOLS: HAND AND POWER	#082
Practicing Safety: How to Conduct Effective Emergency Drills on Fishing Vessels	MARINE AND AIR SAFETY	#402
Prevent That Pain	MANUAL HANDLING	#038
The Prevention of Repetitive Strain Hand Injuries	ERGONOMICS	#264
Preventive Maintenance for Forklift Trucks	FORKLIFT SAFETY	#239
Protecting Your Feet	FOOT SAFETY	#242
Protective Clothing & Equipment for Pesticide Use	CHEMICAL SAFETY	#159
Questions and Answers (Q&A)	INDUSTRIAL SAFETY	#046
Radio Controlled Crane Safety	CONSTRUCTION SAFETY	#207
Recognition, Evaluation and Control of Hazards Training Course	HAZARD AWARENESS AND ANALYSIS	#373
Remember Charlie	MOTIVATION	#381
Respiratory Safety	RESPIRATORS	#232
Respiratory Safety	RESPIRATORS	#224
Rim And Wheel Safety	DRIVING SAFETY	#321
Risk Management Today	ANALYSING SAFETY	#295
Robotics	INDUSTRIAL SAFETY	#021
Rudy : Safety Takes Courage	MOTIVATION	#440
Safe & Effective Grinding	WELDING, GRINDING AND CUTTING	#252
Safe Forklift Operation	FORKLIFT SAFETY	#240
Safe Handling Of Gases	CHEMICAL SAFETY	#281
Safe Operation Of Chain Saws	FORESTRY SAFETY	#315
Safety and Forklifts	FORKLIFT SAFETY	#187
Safety And Use Of Air Compressors	MACHINE SAFETY	#302
Safety Awareness	SAFETY AWARENESS AND INSPECTION	#300
Safety Demonstration on Jointer	CONSTRUCTION SAFETY	#002
Safety Demonstration on Radial Saw	CONSTRUCTION SAFETY	#003
Safety Demonstration on Single Surface Planer	CONSTRUCTION SAFETY	#006
Safety Demonstration on the Band Saw	CONSTRUCTION SAFETY	#001
Safety Demonstration on Wood Lathe	CONSTRUCTION SAFETY	#007
Safety Demonstration on Wood Shaper-1	CONSTRUCTION SAFETY	#004
Safety Demonstration on Wood Shaper-2	CONSTRUCTION SAFETY	#005
Safety Elements in Laboratory Practice	CHEMICAL SAFETY	#044
Safety: Everyone's Responsibility	MOTIVATION	#382
Safety Gear: Foot Protection	FOOT SAFETY	#243

Safety Illustrated	MEDICAL AND HOSPITALS	#313
Safety Is No Accident	MOTIVATION	#303
Safety On The Job: Accident Causes & Prevention	PREVENTION	#275
Safety on the Job: Manual Load Handling in the Warehouse	MANUAL HANDLING	#269
Safety on the Move : Truck Haulage Safety	DRIVING SAFETY	#145
Scaffolds	CONSTRUCTION SAFETY	#383
Seating for Everybody	ERGONOMICS	#262
Securing the Work Zone	WELDING, GRINDING AND CUTTING	#234
Selection and Care of Rigging Equipment	RIGGING SAFETY	#202
Sell Safety	SAFETY AWARENESS AND INSPECTION	#134
Shop Practices	MACHINE SAFETY	#111
Slips, Trips, and Falls - Off the Job	FOOT SAFETY	#356
Slips, Trips, & Falls	PREVENTION	#184
Small Sawmill Safety	FORESTRY SAFETY	#200
Smart Moves - For A Healthy Back	MANUAL HANDLING	#314
So It Won't Happen Again	PREVENTION	#364
Something In The Air	RESPIRATORS	#248
Supervising Safety: You Make The Difference	ANALYSING SAFETY	#022
Take Two When You're Through	PREVENTION	#072
Taking Responsibility: The Occupational Health and Safety Act of Nova Scotia	LEGISLATIVE AND REGULATORY	#010
Talking Of Safety	COMMITTEES AND MEETINGS	#333
Threads of Life : a Journey Together	MOTIVATION	#436
Tig Welding	WELDING, GRINDING AND CUTTING	#376
Too close for comfort : near miss reporting and investigation	ACCIDENT INVESTIGATION	#424
Toxicology	CHEMICAL SAFETY	#023
Toxins and Poisons	CHEMICAL SAFETY	#029
Traumatic Hand Injury Prevention & Stereotyping	ERGONOMICS	#263
Trenching and Shoring	TRENCHING SAFETY	#360
Underground Safety - Jobsite Hazards	TRENCHING SAFETY	#272
Understanding Hazards and Risks	HAZARD AWARENESS AND ANALYSIS	#407
Understanding Industrial Hygiene	INDUSTRIAL SAFETY	#168
Understanding Your Safety Responsibility	ANALYSING SAFETY	#172
Universal Precautions: Specimen Handling & Laboratory Testing	MEDICAL AND HOSPITALS	#255
The Urgency of the Problem	ERGONOMICS	#266
Using Hand & Power Tools	TOOLS: HAND AND POWER	#228
Using Personal Protective Equipment	PERSONAL PROTECTION AND SAFETY	#179
Using Respiratory Protection	RESPIRATORS	#177
VDT: The Human Connection	ERGONOMICS	#197
Ventilation	AIR QUALITY AND VENTILATION	#017
Violence in the Workplace	PERSONAL PROTECTION AND SAFETY	#412

Violence in the Workplace: An Employer's Guide to Prevention	PERSONAL PROTECTION AND SAFETY	#409
Violence : Keeping it out of the workplace	PERSONAL PROTECTION AND SAFETY	#418
The What-if Game	CONFINED SPACE SAFETY	#067
WHMIS	WHMIS/HAZARDOUS MATERIALS	#422
WHMIS Right to Know	WHMIS/HAZARDOUS MATERIALS	#057
WHMIS Right to Know	WHMIS/HAZARDOUS MATERIALS	#058
WHMIS Right to Know	WHMIS/HAZARDOUS MATERIALS	#056
Who's to Blame?	ACCIDENT INVESTIGATION	#064
Why Take Two	CHEMICAL SAFETY	#061
The Winning Label: A Simplified Introduction To WHMIS	WHMIS/HAZARDOUS MATERIALS	#299
Winter Driving Safety	DRIVING SAFETY	#372
Winter Driving Safety	DRIVING SAFETY	#442
Winter Driving Techniques	DRIVING SAFETY	#441
Woods Truckin' Safety - No Boss on Your Back	FORESTRY SAFETY	#245
Workcare: Occupational Health & Safety	ANALYSING SAFETY	#290
Working in Bear Country	PERSONAL PROTECTION AND SAFETY	#437
Working Safely at Heights, Belledune	CONSTRUCTION SAFETY	#340
Working Together Works	MOTIVATION	#291
Workplace Housekeeping	HOUSEKEEPING SAFETY	#425
Workplace Violence : Recognizing and Defusing Aggressive Behavior	PERSONAL PROTECTION AND SAFETY	#411
Your Body is Only Human	GENERAL HEALTH	#079
Your Part In Safe Chemical Storage	CHEMICAL SAFETY	#294

## **ACCIDENT INVESTIGATION**

## (249) Getting The Facts: Accident Investigation

This interesting program demonstrates the steps involved in conducting an effective accident investigation. The program emphasizes the importance of examining unsafe acts and conditions, as well as the accident itself. Other topics discussed are personnel factors, defective safety controls and supervisors' responsibilities.

Length: 20 minutes

## (424) Too close for comfort : near miss reporting and investigation

This video defines the term "Near Miss Incident" and stresses the importance of proper reporting and investigation of near miss incidents.

Length: 15 minutes

#### (064) Who's to Blame?

Mary Dalton thinks incident reports are for finger-pointing, but when she injures herself, she learns that incident reports are meant to help all of us work safely. TAKE TWO and learn from the mistakes of others.

Length: 9 minutes

Accident Investigation 1

# <u>AIDS</u>

# (054) About AIDS

This tape is designed to give clean answers to some common questions about AIDS and motivate people to protect themselves from infection with the AIDS virus.

Length: 20 minutes

AIDS 2

## **AIR QUALITY AND VENTILATION**

## (435) Air Purifying Respirators : Information to Know

No description available.

Length: English - 22 minutes

French - 25 minutes

## (016) Air Sampling

This is an informative video on air monitoring techniques used by an industrial hygienist.

Length: 12:30 minutes

#### (233) A Breath of Fresh Air: Improving Air Quality in Your Office

Concerned about the air quality in your office? This live action video for office workers and managers will help you become an office detective. It includes common symptoms caused by poor air quality; a step-by-step procedure for investigating and correcting a suspected problem in your office.

Length: 25 minutes

## (017) Ventilation

This video provides information on techniques and controls used to control airborne hazards.

Length: 13:18 minutes

Air Quality and Ventilation 3

#### **ANALYSING SAFETY**

## (421) Accident Investigation

Accident investigation is an essential part of any overall safety program. Much can be learned from successful completion of investigations to improve procedures, safety rules and prevent accidents and injuries in the future. Some highlights of this program include: types of accidents, outcomes of accidents, and contributory factors leading to accidents.

Length: 12 minutes

#### (297) A Formula For Effective Risk Management

The first of this two tape program introduces the components of effective risk communication and introduces the concept of hazard versus outrage. The program then continues to discuss the first six of 20 components that create outrage and how they can be effectively addressed. The second of the two tape program continues the discussion of components seven to 20 that create outrage and outlines effective strategies for addressing each component. The session finishes up with a series of conclusions, a review of the two tape program and a short question and answer session.

Length: Part 1 - 46 minutes

Part 2 - 65 minutes

#### (174) Guiding the New Employee to Safety

New employees must be introduced to the importance of safe work practices, and that responsibility rests upon the first-line supervisor.

Length: 14 minutes

#### (250) The Making of JSA: Job Safety Analysis

This program uses the humorous interaction between a wild video producer and a conservative safety director to illustrate the components of the JSA, such as criteria for job selection, breaking the job into steps, identifying the hazards at each step, and developing procedures to eliminate hazards. Also covered are the uses of the JSA, including self-reference guides, training for new workers, equipment safety maintenance checklists, and accident analysis.

Length: 21 minutes

#### (170) Mastering Job Safety Analysis

Teaches the first-line supervisor how to develop a step-by-step procedure for breaking down the elements of a job so it can be performed as safely as possible.

Length: 15 minutes

Analysing Safety 4

## (295) Risk Management Today

Deals with risk management and accidents pertaining to losses, including a brief reference to safety. Resource tape for those involved in loss control management. Deals also with cost analysis pertaining to losses in workplaces of all types - insured or uninsured. Business common sense stressed.

Length: 10 minutes

## (022) Supervising Safety: You Make The Difference

A video training program designed for supervisors. It informs them of the ways in which they can improve the safety of the operations they supervise by modelling and other techniques. The program discusses the factors that lead to accidents and the techniques supervisors can use to change employees' behaviours to reduce the number of accidents.

Length: 19 minutes

## (172) Understanding Your Safety Responsibility

Provides seven rules to observe in order to obtain the company's accident prevention goals while ensuring the safety of the entire work crew.

Length: 14 minutes

#### (290) Workcare: Occupational Health & Safety

This video depicts four scenarios where young engineers and managers have been exposed to health and safety problems - not to themselves but with staff in their control. All resulted in workers contracting either serious injury or permanent sickness as a result of the ignorance of the young professional person in charge. Because health and safety was not part of their basic management or engineering training, these people have inadvertently caused others to suffer.

Length: 22 minutes

Analysing Safety 5

#### **ASBESTOS**

#### (019) Asbestos Abatement

This video provides a total overview of asbestos abatement techniques and technologies. The program assumes no specific knowledge on the part of the viewer and is designed for use by both lay persons and professionals who must quickly understand the complex process of asbestos abatement in buildings.

Length: 63 minutes

#### (325) Asbestos In Buildings

The purpose of this video is to put asbestos risks into perspective as well as to provide practical guidelines on how best to deal with friable asbestos-containing materials in buildings.

Length: 14 minutes

#### (033) Asbestos: Small Scale, Short Duration

This is a two-part live-action video program designed to instruct employees about the work procedures to follow when working with asbestos. The program covers preliminary precautions and appropriate work practices for jobs involving asbestos found in pipe insulation, flange gaskets, pump and valve packing, and insulation above drop ceilings. The importance of using wet methods is emphasized. Both the glove bag and non-glove bag technique are demonstrated.

Length: 29 minutes

#### (034) Asbestos: Understanding the Hazard

This tape is a live-action video program designed to instruct employees about the hazards of asbestos. This program covers some basic facts about asbestos, discusses government regulations concerning asbestos, describes the long-term or chronic health effects associated with asbestos, and the basic work practices for working safely with asbestos.

Length: 22 minutes

#### (031) HEPA Vacuum Cleaners for Asbestos Clean-up (Automotive Brakes)

This video deals with the hazards of asbestos in brake repairs. The procedures for brake repair are covered to protect the mechanics from asbestos dust. The stages of filtration in the HEPA vacuum cleaner are explained.

Length: 10 minutes

Asbestos 6

## (020) Maintaining Asbestos Covered Pipes & Surfaces

This video provides a total orientation to the problem as well as specific instruction on how to minimize asbestos exposure for janitors, custodial and industrial maintenance personnel.

Length: 50 minutes

Asbestos 7

## **BACK SAFETY**

## (222) Back Care & Safety

Informs the viewers about the back and how it works. Demonstrations include common types of back injuries and their causes. The short and long-term effects of back injuries are discussed. Injury prevention techniques are shown. Back muscle strengthening exercises and proper lifting techniques are illustrated.

Length: 14 minutes

#### (378) Back Injury Prevention

No description available

Length: 15 minutes

## (443) Back Safety for Material Handlers

This program teaches back safety techniques specific to material handlers, as well as exercises to keep back muscles strong and flexible. Includes back structure, repetitive stress and reverse stretching, proper lifting, vehicles and back safety, using hand trucks, and warning signs of back injury.

Length: 13 min.

#### (039) Facks on Backs

This tape shows various ways back injury problems can sneak into your operations. Explains how to avoid back injury in situations where worker can't bend at the knees and lift. Also applies back injury prevention to off-the-job and family safety situations.

Length: 19 minutes

Back Safety 8

## **CHEMICAL SAFETY**

#### (416) Anthrax Awareness

No description available

Length: 13 minutes

## (344) Centrifugation Hazards

This video provides guidance for the safe use of centrifuges. It will introduce new staff to good laboratory practices and provide a meaningful technical review in safety for the more experienced laboratory worker.

Length: 9 minutes

#### (343) Chemical Storage Hazards

This video provides guidance for the prudent storage of the chemicals used in the modern biology laboratory. It will introduce new staff to good laboratory practices and provide a meaningful technical review in safety for the more experienced laboratory worker.

Length: 11 minutes

#### (126) Chemicals And Pregnancy: Giving Your Baby The Right Start

Employers, supervisors, workers and their spouses are equally concerned about how chemical exposure may effect pregnancy. This clear, concise, factual video program presents the most current information, emphasizing that, by following recommended procedures, chemicals can be handled safely. The program thoroughly discusses the causes of birth defects and the precautionary measures necessary to prevent exposure to harmful agents, both at home and in the workplace.

Length: 18 minutes

## (073) Chemicals Under Control

This tape is organized as a general information source for employees who need to know about handling chemicals safely. Among the new potential dangers discussed in this tape are fire, explosion, toxicity, reactivity, and the hidden hazards caused by changing conditions and combinations. Among the safety factors illustrated are housekeeping, work procedures, clean-up and personal hygiene, detecting the presence of hazardous chemicals, emergency procedures, and personal protective devices.

Length: 17 minutes

#### (219) Chlorine Safety

This video demonstrates and explains the properties of chlorine, how it is recognized, and how to deal with chlorine emergencies. The program is designed for employees who come in contact with chlorine in their daily work.

Length: 9 minutes

#### (015) Controlling Exposure To Toxic Substances

This video deals with training on the controls used to minimize toxic substances.

Length: 30:15 minutes

## (328) Controlling Lead Exposure For Stained Glass Professionals & Hobbyists

This video discusses the control of lead exposure in stain glass work for hobbyists and professionals in the field. The potential health affects are described as well as the control measures and techniques that can reduce the likelihood of exposure. The video prepared in the U.S. discuss regulatory requirements from the American context. For information specific to your jurisdiction, contact Environment and Labour.

Length: 13 minutes

#### (028) Corrosives and Irritants

It may surprise you how many corrosive or irritating chemicals are to be found in everyday applications - both at home and at work. This program looks at some that are most commonly found and the hazards they pose. Routes of entry for this category of chemicals is usually skin contact and inhalation. The program describes the difference between corrosives and irritants, and follows up with advice on protection, first aid, and clean-up procedures.

Length: 10 minutes

#### (193) Dealing With Chemical Safety

The physical form, the dose, the risks, the hazards and methods of entry into the body are some of the subjects addressed in this video. Control measures to minimize the hazards ranging from elimination and substitution through to the role of personal protective equipment are examined in detail. A good video to expose the workforce to the hazards of a variety of chemical in the workplace, the risks to the workers, plant and the environment.

Length: 11 minutes

## (161) Fire & Spill Procedures for Pesticide Vendors

Pre-emergency planning and emergency procedures for fires and spills are outlined. Topics covered include step by step procedures for dealing with major fires, powder and liquid spills.

Length: 14 minutes

## (026) Flammables, Combustibles & Explosives

A number of the substances in this category are not usually thought of as chemicals - yet, they can cause serious physical hazards. For example, gasoline, alcohol, acetylene, and even grain dust can all be classified as flammables, combustibles or explosives. This program explains the difference between a flammable material and a combustible material, then presents information on protection and labelling, first aid, and clean-up of spills. The importance of checking the MSDS is stressed.

Length: 12 minutes

#### (342) Glassware Washing Hazards

This video provides guidance for the safe washing and sterilization of laboratory glassware. It will introduce new staff to good laboratory practice and provides a meaningful technical review in safety for the more experienced laboratory worker.

Length: 10 minutes

#### (074) Handling Hazardous Chemicals Safely

Illustrates how the labels on chemical containers can guide workers to properly handle hazardous chemicals on your premises. Explains how to handle and store oxidizers, poisons, corrosives, flammables and water sensitive chemicals; shows what to do if a spill occurs; stresses the importance of protective and emergency equipment.

Length: 16 minutes

#### (097) Hazardous Materials

Recognize types of hazards presented by materials used in the workplace and safe work procedures involved.

Length: 27 minutes

#### (332) Lab Ventilation

This video describes the purpose and general operation of lab systems. The program describes the

characteristics of a ventilation system and explains the parts and operation of fume hoods and biological safety cabinets. It is also intended as an introduction for new employees and as a refresher for experienced employees.

Length: 10 minutes

## (158) Pesticide Safety in the Greenhouse

This video demonstrates safety procedures specific to applying pesticides in the greenhouse during high volume, low volume, and granular applications. Procedures cover times before, during, and after application.

Length: 13 minutes

#### (160) Pesticide Vendor Storage & Display

This tape outlines the federal and provincial requirements and additional safety precautions to which wholesale and retail vendors must comply to properly and legally store and display pesticides.

Length: 21 minutes

#### (159) Protective Clothing & Equipment for Pesticide Use

This video demonstrates the types of clothing that a user of pesticides should wear to protect him/herself from exposure. The tape discusses the reasons for wearing equipment, the situations requiring different degrees of protection, and the proper methods of cleaning and storing clothing and equipment.

Length: 27 minutes

#### (281) Safe Handling Of Gases

Included in this video are types of gases, the hazards associated with gases, things to do before using a gas cylinder; general do's and don'ts; safe storage, safe handling, transportation, leak testing and emergency procedures.

Length: 19 minutes

#### (044) Safety Elements in Laboratory Practice

Shows basic safety principles for employees or students using chemicals in laboratories in industry, schools, or hospitals, including eye protection, protective clothing, flammability, glassware, chemicals, apparatus, injury prevention and toxicity.

Length: 20 minutes

### (023) Toxicology

With the ever increasing number of chemicals and substances, this video covers the understanding of what is meant by toxicology, the health effects and control methods to control exposure.

Length: 15 minutes

#### (029) Toxins and Poisons

All of us are exposed to toxic substances everyday, but most exposures are not harmful. Problems do occur, however, when doses are increased or the periods of exposure are extended. While most hazardous substances affect the body at the point of contact, toxins and poisons affect organ systems and processes. This program introduces the two basic types of toxic effects (acute and chronic), routes of entry, and first aid procedures. To protect against this hazard, the program advises becoming familiar with toxic substances handled, as well as good personal hygiene.

Length: 9 minutes

#### (061) Why Take Two

Lab Technician Joe Atkins does a lot of talking about safety but talking about safety isn't practicing safety. He learns this when he spills acid while not wearing face protection. We need to TAKE TWO and think about safety before starting any tasks.

Length: 8 minutes

#### (294) Your Part In Safe Chemical Storage

Because chemicals are so common and because the dangers of improper storage are so real, it's important that employees know what they can do to make sure chemicals are stored safely. This video will explain ten guidelines that employees can use to prevent the most common types of safety hazards that result from the improper storage of chemicals.

Length: 15 minutes

## **COMMITTEES AND MEETINGS**

## (169) Improving Your Safety Meetings

Shows the foreman five rules of good practice and offers examples to use in a safety presentation.

Length: 16 minutes

## (365) Inspection, Care & Storage of Slings (with manual)

No description available

Length:

## (333) Talking Of Safety

This video dramatizes how a poorly functioning Occupational Health and Safety Committee can be transformed to an effective group through dedicated leadership and attention to the proper roles of such committees.

Length: 23 minutes

Committees and Meetings 14

## **CONFINED SPACE SAFETY**

#### (130) Confined Space Atmospheric Testing (Canadian version)

By nature, the air within confined spaces can become hazardous due to a lack or excess of oxygen. Atmospheric testing is paramount for safe work in this environment as it allows for the identification and elimination of dangers.

Length: 17 minutes

#### (133) Confined Space Case Histories

Stresses the importance of the supervisor's responsibility to teach miners the correct, safe, and efficient methods for performing their jobs.

Length: 15 minutes

## (236) Confined Space Hotwork

Covers: entry permit; preparation, atmospheric testing; fire watch; and emergency rescue.

Length: 13 minutes

## (131) Confined Space Non-Entry Rescue (Canadian version)

Entry into confined spaces by untrained rescuers has resulted in injury and death. This video provides techniques on retrieving workers by avoiding further entry into the confined space.

Length: 20 minutes

#### (141) Confined Space Rescue (Canadian version)

No description available

Length: 21 minutes

#### (136) Confined Space Ventilation (Canadian version)

Ventilation is a means of controlling atmospheric hazards of confined spaces. This video discusses mechanical ventilation.

Length: 18 minutes

Confined Space Safety 15

## (119) Confined Spaces

Covers the hazards of confined spaces, precautionary measures and general working practices. Confined spaces covered in this module include vessels, bins, hoppers, open or closed tanks, pipes, ducts, flues, reactors, and chambers.

Length: 18 minutes

## (067) The What-if Game

Rudy Valdez enters a tank without a back-up person, an air bottle, or taking an air test. Safety is not a matter of luck. We need to think WHAT IF? and anticipate consequences. It's important to rely on procedures and TAKE TWO.

Length: 10 minutes

Confined Space Safety 16

## **CONSTRUCTION SAFETY**

## (362) Anchorages Make The Connection (Canadian)

No description available

Length:

### (305) Being Your Best

This video is specifically designed for the needs of the pipeline construction industry; the video emphasizes top down involvement, teamwork, and personal responsibility. It highlights the many aspects of pipeline construction where safety hazards exist, and illustrates what is required to minimize the dangers.

Length: 21 minutes

## (426) Inspection, Care and Storage of Slings

This program looks at a range of lifting equipment and the fundamental principles that should be followed to prevent accidents.

The program concentrates on chain slings, wire slings and fibre slings and covers the following issues: pre-use checks, care of equipment whilst in use, planned periodic inspections, and storage of equipment.

The program looks at all the general do's and don'ts when using slings and highlights the importance of the pre-use checks and what all operators should look for when selecting the appropriate sling for a given task.

Length: 17 minutes

### (354) Ladder Safety Off the Job

No description available

Length: 10 minutes

## (353) Ladder Safety On the Job

No description available

Length: 10 minutes

## (312) Ladder Safety Training

Using a ladder without setting it properly can result in falling and severe injury. This tape on ladder safety will show the user how to use various ladders (step and extension) in a safe way. Also, many tips on picking the proper ladder for the specific job.

Length: 22 minutes

#### (218) Ladders

A substantial number of ladder-related construction accidents involve falls causing critical injury or death, and most are due to the improper use of ladders. This program provides guidelines to promote better safety awareness and responsibility in ladder use. Viewers become acquainted with many common types of ladders in various situations. The safe construction of job-built single and double-width ladders is also demonstrated.

Length: 19 minutes

### (206) Mobile Cranes

Covers On Rubber/Off Rubber Load and Capacity Chart Interpretations and Unsafe, Outriggers, Hydraulic and Lattice Booms, Operations and Assembly, Operating Techniques.

Length: 18 minutes

### (207) Radio Controlled Crane Safety

Covers Transmitter Use, Safety Procedures, Lifting Techniques, Operator Positioning, Pendant Care and Use.

Length: 15 minutes

#### (002) Safety Demonstration on Jointer

Explains uses of jointer and describes its parts. Shows how to find minimum length and thickness of stock; how to feed stock; how to joint an edge, a face, and an end; how to make bevel cuts; plush stick/hand feeding.

Length: 12 minutes

### (003) Safety Demonstration on Radial Saw

Illustrates procedures for ripping, crosscutting and adjustment for the blade guard and anti-kickback bar. Explains use of friction brake, how to adjust motor yoke, change cutting angle, etc.

Length: 12 minutes

#### (006) Safety Demonstration on Single Surface Planer

Shows use of planer and details of operation including: how to determine settings, selecting feed roll speed, maximum width and minimum length of stock, feeding stock with regard to grain, dealing with STUCK STOCK, etc.

Length: 16 minutes

### (001) Safety Demonstration on the Band Saw

Shows how to adjust table angle and height of upper guard and guide assembly operation of brake, previsualization of cutting moves, need for a maximum of forward cuts and how to use relief cuts, how to feed stock.

Length: 14 minutes

## (007) Safety Demonstration on Wood Lathe

Shows lathe shaping, cutting to size, sanding and finishing. Shows main parts and functions. Show gouges, skews, parting tools and scrapers. How to mount stock, adjust tool rest, turning tools, and spindle speed.

Length: 11 minutes

#### (004) Safety Demonstration on Wood Shaper-1

Shows use of shaper and variety of spindle and cutter shapes and sizes, how to change spindles and cutters, to install and align fence. How to select cutter rotation and reverse direction. How to test a set-up.

Length: 10 minutes

#### (005) Safety Demonstration on Wood Shaper-2

Explains steady feed, dangers of stopping and backing up, feed for straight facing, using rub collar, feeding with starting pin and rub collar. Use of spring ring guard, pressure bar, tall and bevel fences.

Length: 10 minutes

### (383) Scaffolds

No description available

Length: 14 minutes

# (340) Working Safely at Heights, Belledune

1991 - This tape introduces fall arrest equipment such as belts, harnesses, lanyards, etc. Proper use and installation of fall arrest equipment is demonstrated, and the prevention of accidents and regulations governing fall arrest are discussed.

Length: 7 minutes

## **DRIVING SAFETY**

### (322) The Bead Seater

This video covers a new way of mounting tires on rims. Saves 50 - 60% of labour factor; can be used in shops and on road or on wood sites. A must for all operators and people changing heavy equipment tires.

Length: 8 minutes

### (434) Drive to Survive : Dedicated to Improving Public Safety on our Roadways

No description available.

Length: 18 minutes

## (377) Driving - Risks and Responsibilities

The motor vehicle is the single largest cause of work related deaths in this country. It is also the cause of many serious injuries.

This program examines the costs associated with operating company vehicles and some general issues associated with driving at work. It does not teach driving skills.

Included in the program:

- \* Essential reason for a safe driving program
- \* The four components of a safe driving program
- \* Preventing theft
- \* Parking a vehicle
- \* General do's and don'ts
- \* What should be done if an accident occurs

Its potential to cause death and injury, plus the costs associated with their operation, puts the motor vehicle right at the top of the list of safety issues.

Length: 17 minutes

## (321) Rim And Wheel Safety

This video discusses accidents and portrays accidents using a dummy. It covers tires in the mining and forestry industry, demounting and mounting tires the safe way and safety cages. This is a good tape for people who change tires on heavy equipment as well as operators of equipment.

Length: 14 minutes

## (145) Safety on the Move : Truck Haulage Safety

No description available

Length: 16 minutes

## (372) Winter Driving Safety

No description available

Length: 12 minutes

## (442) Winter Driving Safety

Excellent video makes employees know how to drive in winter weather! Procedures for being stuck in snow/ice, stopping distances in winter weather, proper use of conventional vs. ABS brakes and correcting/eliminating skids.

Length: 18 minutes

## (441) Winter Driving Techniques

Show simple safety precautions with this video that discusses techniques for negotiating hills, handling skids, getting vehicles out of snow and avoiding collisions

Length: 8 minutes

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## **ELECTRICAL SAFETY**

### (099) Electrical Installations

Recognize various pieces of electrical equipment and safe practices in their installation.

Length: 18 minutes

## (146) Electrical Lock-out Procedures

In this tape, some of these ACCIDENTS are dramatically recreated pointing out he potential hazards connected with specific jobs - and the need for immediate, thorough training in proper lock-out procedures for all those who work with or around electrical installations, and those who operate electric-powered machinery and equipment.

Length: 11 minutes

## (406) Electrical Safety in the Workplace

Contains definitions and explanations of basic electrical terms. States and explains basic rules of electricity, effects of current on the human body; common hazards and hazard control.

Length: 27 minutes

#### (256) Electricity: the Unseen Danger

This is a video training program designed to provide employees with an understanding of the hazards of electricity, and the safe work practices used to minimize the incidence of electrical injuries. Topics covered include how electricity effects the human body, common accident situations, and emergency procedures to follow in the event of an electrical accident.

Length: 22 minutes

#### (326) Electro-Juice

Every year, electrical accidents cause serious injury or death. Many of these casualties are young people just entering the workplace. They are involved in accidents that result from carelessness, from the pressures and distractions of a new job, or lack of understanding about electricity. This package of material is intended to develop an awareness that will help prevent young people from being injured in electrical accidents.

Length: 28 minutes

#### (366) Equipment and Machine Guarding

Electrical Safety 23

No description available

Length:

### (194) Lockout Procedure

1989 - Lockout is a safety procedure which is essential whenever cleaning, maintenance or adjustments are to be carried out on many pieces of industrial equipment. The aim of a successful lockout is to isolate all forms of energy, ensure no accidental release of potentially hazardous energy and to control entry to a restricted area.

Length: 11 minutes

### (345) Lockout/Tagout - Controlling the Beast

This video deals with the measures necessary to protect employees from the hazards of uncontrolled energy. It reviews vital lock/tagout procedures, graphically demonstrates the hazards of uncontrolled energy and how and why to lockout.

Length: 19 minutes

# (346) Lockout/Tagout - Of Energy Sources

This classic video has been considered the pre-eminent program on lockout/tagout for some time. It details correct procedures for locking and tagging all energy sources and it will help your company avoid catastrophic accidents. It covers hazards of uncontrolled energy when to lock and tag; equipment shutdown and isolation and control of stored energy.

Length: 27 minutes

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## **ERGONOMICS**

## (199) All the Right Moves: Ergonomics In The Workplace

1990 - This is a live action video program designed to inform supervisors and managers about the nature and seriousness of cumulative trauma disorders. It emphasizes how to identify, analyse and control work situations that can lead to musculoskeletal disabilities by implementing ergonomic principles.

Length: 18 minutes

### (260) Anthropometry: Is It Going to Fit Your Workplace?

This video reviews physical differences - strength, size, sex - and how they influence efficiency, production, and safety. The dangers of designing for the average person.

Length: 16 minutes

# (259) Applying Basic Ergonomics to Materials Handling

The sequel to The Bad Back Video...covers how to design-out lifting hazards from the workplace using basic ergonomic techniques at little or no cost. Excellent for management, engineers, supervisors, safety managers, and anyone interested in preventing back injury and back pain, the tape draws on graphic workshop examples to demonstrate that back injuries are not the price that industry must pay for production, and that back injuries can be prevented and controlled at little or no cost.

Length: 27 minutes

#### (196) Back Injury Prevention Through Ergonomics

This program examines the back and explains why injuries occur so often. The important factors involved in analysing and planning tasks to fit workers' physical capabilities are stressed. The NIOSH formula for lifting-task analysis is fully explained. Examples of ergonomically designed industrial situations illustrate the advantages of such job alterations.

Length: 15 minutes

## (258) The Bad Back Video

This video reviews the functional anatomy of the spine. Demonstrates better back care and shows that back injuries are easily preventable.

Length: 26 minutes

#### (198) Carpal Tunnel Syndrome: Key Method of Prevention

The purpose of this video is to discuss and demonstrate what Carpal Tunnel Syndrome is, what causes it, and how it can be prevented.

Length: 15 minutes

### (278) Computer Fitness - How To Work Comfortably, Productively & Safely

This training video addresses valuable "how-to's" of working safely with video display terminals, including how to set up a workstation correctly, how to decrease physical stress and fatigue, and how to use adaptive devices. Concern over RF radiation is discussed. Simple and effective stretches to help reduce computer related health problems are also demonstrated.

Length: 19 minutes

#### (267) The Development of Ergonomics

As Mr. Ring discusses how ergonomics came to the forefront, the viewer realizes that minor changes can result in significant improvements. Mr. Ring's lecture is a passionate examination of the human side of loss due to poor workplace design.

Length: 23 minutes

## (195) Ergonomics At Work

Everyone viewing this detailed program will realize how ergonomics can help people work more safely while increasing productivity and efficiency. The concept of ergonomics is fully explained while industrial situations demonstrate how helpful devices, good workplace design, employee training and job redesign can improve production. These solutions may involve only common sense and minimum investment, resulting in maximum employee well-being and productivity.

Length: 14 minutes

### (350) Ergonomics Off The Job

No description available

Length: 12 minutes

#### (429) Ergonomics: The Practical Approach

Ergonomics is the study of the relationship between people, the equipment they use and the physical environment in which they work.

Ergonomics is about the application of the knowledge of this relationship to benefit well-being, performance and improve both short and long term health and safety.

Subjects covered in the program include:

- \* Why and how ergonomics is applied
- \* The general approach individuals should apply when addressing ergonomic hazards
- \* The human body and work space design
- \* Static and muscular effort
- \* Controls and displays

Compromises and often small improvement are the hallmarks of almost every organisation's commitment to ergonomics - however, long term results can be dramatic.

Applied properly, ergonomic principles will improve productivity, morale, health and safety.

This program is suitable for all in the workforce for an introduction to ergonomics and to reinforce the principles that must be employed when addressing ergonomic problems.

Length: 15 minutes

### (265) The Evaluation of Visual Display Terminals

Poorly-designed visual display terminal workstations cause numerous preventable problems. Using interesting visual aids, Mr. Ring encourages viewers to think about the specific steps for improving their workplace. Training visual display terminal operators should be fun; Mr. Ring offers some practical suggestions for making it so.

Length: 24 minutes

## (268) Home Ergonomics

This video teaches viewers to recognize that the home is, as Mr. Ring puts it, a "minefield" of ergonomic hazards. Using a variety of interesting visual aids, Mr. Ring examines the ergonomics of everything from automobile trunks to the best way of getting out of bed.

Length: 20 minutes

#### (209) It All Adds Up - Cumulative Trauma

1991 - After watching this video, employees will be able to: define ergonomics in simple terms; define cumulative trauma disorder (CTD)/repetitive motion disorder; list two common types of CTDs; describe activities that lead to repetitive motion injuries; recognize body postures and awkward positions that can cause CTD problems; practice prevention measures on hand and off the job; define and demonstrate the "neutral position"; utilize simple solutions to workstation design problems in their own workstations; and understand the importance of exercise and job variety in the prevention of CTDs.

Length: 16 minutes

## (157) Man the Fallible Machine

Ergonomics is the application of knowledge about human characteristics to benefit well-being and performance in any man-machine system through: design, selection and training. Benefits include improved productivity, quality and safety with reduced absenteeism and turnover. The result will be work systems which are more humane, fulfilling and efficient.

Length: 12 minutes

### (211) Managing Cumulative Trauma

1991 - After watching this video, supervisors will be able to: define Cumulative Trauma Disorder (CTD); identify the most common areas of injury that are affected by CTD; create a plan for handling a CTD injury that treats, rehabilitates, and meets compliance requirements; analyse and neutralize problem work areas; develop a case management plan that utilizes health care, communications, return-to-work, and education; define work hardening; integrate work hardening into a case management plan; and describe a functional assessment and explain why it is necessary.

Length: 20 minutes

## (257) Managing Ergonomics in the Workplace

This video is designed for supervisors and deals with cumulative trauma disorders. Describes how to recognize the risk factors and when to intervene to eliminate the effects of cumulative trauma disorders.

Length: 18 minutes

## (210) Meeting the Challenge

1991 - After watching this video, supervisors will be able to: define Cumulative Trauma Disorder (CTD); explain why CTD is an important issue in today's workplace; describe causes of CTD, list two key preventative measures; analyse workstations to gauge the risk of CTD; neutralize the effects of CTD through better workstation design; encourage good body posture and communication; discuss the importance of job sharing and exercise; and identify possible injury causing situations.

Length: 14 minutes

#### (261) Posture and Fatigue

Clear, concise, an full of practical commons sense, this tape shows the difference between static and active muscle work and the physiological consequences leading to fatigue... why good posture is so important for safe and efficient work environment... what are optimum work positions?...how to design

so that good posture can be easily maintained. All work activities should occur within normal arm, leg, and head movements - this tape covers all these aspects, and more.

Length: 29 minutes

## (264) The Prevention of Repetitive Strain Hand Injuries

Mr. Ring uses some very interesting visual aids and clear non-technical language to discuss the causes and effects of repetitive motion disorders, such as Carpal Tunnel Syndrome. In particular, Mr. Ring illustrates how simple ergonomic design changes can reap great benefits.

Length: 28 minutes

#### (262) Seating for Everybody

We spend almost 30% of our life sitting, yet we give remarkably little attention to the chairs we choose. Best selling, eye pleasing chairs are often very poor performers for employee comfort. In this video, Mr. Ring discusses six factors of good chair design, and illustrates reasons to buy a chair to suit the body, not the eye.

Length: 28 minutes

## (263) Traumatic Hand Injury Prevention & Stereotyping

In this video, Mr. Ring's topic is the specialness and uniqueness of our hands and how our very independence ultimately depends on them. Mr. Ring explains why awareness does not necessarily influence performance. Viewers develop a greater appreciation of what must be done to protect hands.

Length: 22 minutes

#### (266) The Urgency of the Problem

This video helps increase viewers' awareness of ergonomics while offering ideas that can be put to work immediately at little or no cost. With all of the current focus on ergonomics, and confusion about what it means for the workplace, Mr. Ring helps to sort it all out.

Length: 23 minutes

#### (197) VDT: The Human Connection

This video is designed to familiarize you with the human factors involved in working with VDT's. It answers the basic questions: Is there any radiation hazard in working with a VDT? Will it affect eyesight? What is the most comfortable method of working with a VDT? How can I relieve the stress associated with constant use of a VDT?

Length: 12 minutes

## **EYE SAFETY**

## (223) Eye Care & Safety

Understanding how eyes work and the long-term effects of eye injuries helps prevent accidents from happening. Frequent types and causes of eye injuries are covered. Eye care and safety practices are illustrated - especially the importance of selecting and utilizing proper protective equipment.

Length: 14 minutes

## (214) Eye Safety

Eye injuries in the workplace commonly fall into four categories: sudden blows to the eye; penetration of the eye; chemical injury to the eye and radiation from intense light sources. This video addresses the hazards that lead to these types of injuries and the control measures necessary to reduce eye injuries at work.

Length: 11 min

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## **FARM/GROUNDS KEEPING SAFETY**

## (414) Entanglement "It's Not Worth the Cost"

Michael, host of the Morning Show and freelance reporter, Susan Proven travel across the country investigating some of the devastating accidents involving farm machinery.

Length: 33 minutes

## (439) The Great Outdoor Summer Groundskeeping Video

This is your guide to safe groundskeeping and landscaping work. It will help you:

- recognize workplace hazards
- prevent accident and injury
- follow safe work practices
- select and use proper personal protective equipment (PPE)

#### The Summer video covers:

- working in hot environments
- biohazards
- pesticides
- electrical safety
- tree trimming
- machinery hazards
- health and safety legislation (WHMIS)

Includes manual.

Length: 22 minutes

### (438) The Great Outdoor Winter Groundskeeping Video

This is your guide to safe groundskeeping and landscaping work. It will help you:

- recognize workplace hazards
- prevent accident and injury
- follow safe work practices
- select and use proper personal protective equipment (PPE)

#### The Winter video covers:

- cold weather safety
- vital signs of cold injury
- working safely on snow and ice
- health and safety legislation (WHMIS)

Includes manual.

Length: 22 minutes

#### (164) Horsepower

Deals with tractor safety and the need for proper training. A farmer tells about tractor a accident that resulted in loss of leg. A quiz follows dealing with highway, PTO's, roll-over protection and other tractor hazards. After each question, there is a review.

Length: 10 minutes

### (298) John Deere Safety Program

This video deals with different types of safety on farms - safety attitudes, lawn mower safety, drive-on mower safety, tractors, combines, etc.

Length: 70 minutes

## (229) Making Farms Safe for Kids

This video opens with some statistics from the U.S. indicating the extent of disabling and fatal accidents involving kids. Hazardous situations are reviewed, along with case histories and interviews. The video closes with a step-by-step checklist of the 15 steps to farm safety and encourages viewers to develop their own hazard list and action plan.

Length: 16 minutes

## **FIRE SAFETY**

# (152) Family Fire Safety

Featured in this video are the following issues: - Home protection systems - Teaching your family about fire prevention - Fire drills and escape planning - What to do if you catch on fire - Types of fires and correct responses - How to report a fire - Home fire prevention - kitchen, basement, garage, Christmas, furnace - How to get out alive

Length: 23 minutes

### (419) Fire Awareness

Fire safety is an on-going process that combines the design, installation, and maintenance of fire protection equipment and fittings with fire prevention procedures.

Length:

## (368) Fire Prevention

No description available

Length: 16 minutes

## (420) Identifying Fire Hazards

Fire safety is an on-going process that combines the design, installation, and maintenance of fire protection equipment and fittings with fire prevention proceedures.

Length: 14 minutes

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## **FOOT SAFETY**

## (230) Foot Safety

Safety footwear is essential protection in some workplace situations and frequently it is used as a last line of defence should an accident occur. The situations where safety footwear should be worn, the different types of shoes and boots, and the myths about the problems they cause are all examined in this program.

Length: 12 minutes

### (242) Protecting Your Feet

Discover attractive, new looks in safety shoes and other protective devices for feet. Learn the correct conditions for their wear. See how to avoid injuries, how to properly care for foot safety equipment, and how to avoid tired feet.

Length: 12 minutes

### (243) Safety Gear: Foot Protection

Three classifications of safety shoes are identified. The program also explains the functions of toe shields, metatarsal guards, and puncture-resistant soles.

Length: 11 minutes

# (356) Slips, Trips, and Falls - Off the Job

No description available

Length: 9 minutes

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## **FORESTRY SAFETY**

## (401) Basic Safety in Forestry Operations

No description available

Length: 23 minutes

## (032) Chain Saw Safety

The forests can be a beautiful place but for a professional woods worker, it is his working place. We watch Charlie who disregards safety and George who takes pride in everything he does.

Length: 21 minutes

#### (316) Chainsaw Maintenance & Safety

This video deals with the following: the components of the chainsaw; chain types and selection; chain components, sharpening the chain and setting the depth gauge; guide bar maintenance and chain assembly; chain tension; personal safety and operational safety.

Length: 16 minutes

### (277) Critical Areas Sawmill Safety

Each of these five-minute units looks at a particular accident, but the cases chosen represent classes of accidents that together account for a high percentage of the most serious accidents in the industry. This video can be used by safety committees as case studies, for new employee training, or as part of refresher training.

Length: 25 minutes

## (293) Every Twelve Seconds

This video profiles five workers who were injured in the forestry industry. They are poignant stories that should be taken as examples of why adherence to training and safety rules are a must.

Length: 29 minutes

#### (156) Forestry Ergonomics

In this animated program viewers learn how knowledge of the principles of ergonomics can improve productivity, quality and safety with reduced absenteeism and turnover.

Forestry Safety 36

Length: 12 minutes

#### (035) A Logging Safety Program

Eleven threatening hazards are created and avoided in this real life video training program. Loggers are shown face to face with some of the most common and deadly problems confronting modern production cutters. Realistic solutions and suggestions for each hazard make the program particularly appealing. A fast paced review of all the situations ends the program.

Length: 18 minutes

#### (315) Safe Operation Of Chain Saws

The chainsaw can be an extremely dangerous tool if it is not operated correctly. This video looks at a range of operational and cutting procedures that are crucial for the safe and successful operation of the chainsaw in all situations. Included in this program: preparing a chainsaw for use; starting the chainsaw; holding and operating the chainsaw; general lumbering and felling a tree.

Length: 14 minutes

### (200) Small Sawmill Safety

Small Sawmill Safety is a program that examines the safety aspects of smaller, less automated operations. Areas covered include proper log piling, sawing for grade as well as safety, PPE, equipment maintenance, and lockout procedures.

Length: 15 minutes

#### (245) Woods Truckin' Safety - No Boss on Your Back

This full-color video is designed to be the most comprehensive video safety program available for log and chip truck drivers. Every aspect of log/chip truck safety is covered, under nine critical safety areas: inspect your truck; know your roads; drive defensively; load and unload safely; avoid overweight/oversize loads; drive appropriately for the weather; have the proper safety gear; use your radio and stay healthy and alert.

Length: 24 minutes

Forestry Safety 37

## **FORKLIFT SAFETY**

## (337) Behind The Mast: Lift Truck Operation Unit IV

This unit reviews the principles of: handling palletized loads; handling lift trucks on slopes; loading or unloading public carriers; leaving the job in a safe condition by following a safe parking procedure; and following safe procedures for refuelling the engine or recharging the battery of the lift truck.

Length: 30 minutes

### (334) Behind The Mast: Loads & Their Effects Unit I

This video establishes safe operating rules concerning load weight, load centre and carrying position. It explains the means by which lift trucks are turned and lists some of the viewpoints of the error-free professional operator.

Length: 10 minutes

### (335) Behind The Mast: Maintaining Control Unit II

This unit establishes safe operating procedures for turning, raising a load, driving on inclines, operating an unloaded truck, and operating in reverse. It stresses the principle that existing conditions determine the safe speed.

Length: 12 minutes

#### (336) Behind The Mast: The Professional Operator Unit III

This video applies defensive driving to techniques of Planning for Safety. It also establishes safe operating procedures for personal safety, which show the lift truck operator what to do to prevent injury to him or herself and to others.

Length: 13 minutes

#### (238) Forklift Pre-start Inspection and Safety Checks

This program teaches operators how to keep their vehicles operating smoothly and safely by performing pre-start inspections and safety checks of electrical and mechanical systems. The program is intended as an introduction for new employees, but it is equally useful as a refresher for more experienced employees.

Length: 13 minutes

### (237) Introduction to Forklift Trucks

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This program introduces common types of industrial forklift trucks. Trainees will learn where to find and how to use working dimensions for safe forklift operation. They will also be introduced to the features and terms associated.

Length: 10 minutes

### (239) Preventive Maintenance for Forklift Trucks

In addition to understanding inspection techniques and safety checks for forklifts, operators should understand proper preventive maintenance and refuelling procedures. This program stresses the importance of caring for maintaining forklifts to ensure safe operation.

Length: 8 minutes

## (240) Safe Forklift Operation

This program teaches new operators some of the rules for safely maneuvering, lifting, hauling, and stacking loads using a forklift truck. Pivot points, load centre, and weight transfer are carefully explained to help ensure safe truck operation. Loaded and empty truck scenarios are provided to alert operators to the different techniques required for each job.

Length: 17 minutes

### (187) Safety and Forklifts

1989 - This program will show you that sound work practices can ensure the safety of all those who come in contact with forklifts. The pre-operating check, personal apparel, travelling, working together stability, lifting the load, stacking the load, and unattended forklifts are some of the key points covered in this video.

Length: 11 minutes

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## **GENERAL HEALTH**

### (030) Biological Hazards

Tetanus, rabies, farmer's lung, and food poisoning are all examples of disease or illness caused by germs and bacteria. Although our bodies provide a good defence against many germs, contact with them may still result in illness, and health care workers and life science lab workers are most at risk. This program focuses on safeguards such as immunizations and preventing contamination through good hygiene and containment of the hazardous substance.

Length: 12 minutes

### (027) Carcinogens, Mutagens & Teratogens

This is one category of hazards where an adverse effect may take months or even years to show up. The program briefly looks at how the human body works, then shows how carcinogens and mutagens affect growth patterns and how teratogens affect reproduction. Limiting or preventing exposure is the most important aspect of reducing these effects, and the program stresses administrative controls and safe work practices. The program also touches upon reducing overall exposure to carcinogens, mutagens and teratogens in our food or environment.

Length: 8 minutes

#### (180) Danger Zone: Stress

When employees do not identify and manage their stress properly, productivity and safety suffer. Using comic approach with situations all viewers can identify with, outbursts, fatigue, low back pain, dropping things. This tape explores some of the causes of stress overload: ALL OR NOTHING thinking, magnification, making SHOULD statements - suggests several solutions.

Length: 13 minutes

#### (308) Defusing Hostility

This video will show you examples of angry people in a variety of situations and levels of intensity. These "vignettes" are discussed with experts in this field. Basic skills and concepts are listed on the screen for ease of use. The discussion guide will indicate three major stop points for the video. By stopping and discussing the questions in the guide and relating the content of the video to the real-life situations you encounter, you will be able to integrate the skills effectively. If you are viewing the video on your own, write your answers down.

Length: 45 minutes

#### (070) Don't Hide an Injury

Tom Jasnowski, a macho man, ignores a sprained ankle and, later, an open cut when he is working in

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a cyanide area. All injuries, even minor ones, should be treated. TAKE TWO to report minor injuries and learn how to prevent major injuries.

Length: 8 minutes

### (253) Drugs & Alcohol in the Workplace

The object of this video is to identify some of the problems and to look at a variety of options available to handle this issue - definition of what is a workplace alcohol and drug problem; brief history of alcohol in the workplace; safety and productivity issues associated with alcohol and drug problems; policy statement for dealing with dependency problems in the workplace; employee assistance programs; identification of problems; issues of confidentiality; drug and alcohol testing; and self-denial.

Length: 12 minutes

## (367) Due Diligence: What does it mean to you?

No description available

Length: 37 minutes

#### (014) Health Matters At Work

This educational and informative training video deals with such topics as breathing, swallowing, absorption, hearing and vision.

Length: 40 minutes

## (079) Your Body is Only Human

Spotlights the relationship between mind and body in establishing safe work patterns. Physical limitations are explored, and proper use of tools and equipment to augment strength and dexterity is described.

Length: 10 minutes

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## **HAND SAFETY**

## (124) Danger Zone: Your Hands

Hand injuries are among the most common of all workplace injuries. Workers take their hands for granted and often put them where they invite injury. Sometimes a minor injury can have major consequences. "Danger Zone: Your Hands" motivates workers to: recognize hazardous areas; practice good personal hygiene; be aware of the other hand; wear the right protective equipment.

Length: 18 minutes

# (185) Hand Safety

The three rules for Hand Safety are: firstly, be aware of the potential hazards; secondly, follow safe work procedures; finally, make appropriate use of protective equipment. These three points are the basis of this program, as it examines hazards in the workplace. General hazards including manual handling, hand tools, mechanical hazards, contact hazards, contact dermatitis, personal protection (in the form of barrier creams and gloves) and personal hygiene complete this program.

Length: 11 minutes

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## **HAZARD AWARENESS AND ANALYSIS**

## (077) Congratulations, You Made it Through Another Vacation

Follows a typical family on their vacation. They encounter many unsafe situations and successfully deal with all of them.

Length: 10 minutes

## (445) Hazard Recognition and Control

This training program uses hazard scenarios to show root causes of accidents.

Length: 18 min.

## (352) Hazardous Materials Off The Job

No description available

Length: 8 minutes

## (351) Hazardous Materials On The Job

No description available

Length: 9 minutes

## (369) Heat Stress

No description available

Length: 10 minutes

### (444) Job Safety Analysis: Proactive Planning

Job Safety Analysis is a way of planning ahead, a way to spot problems before they become accidents. Designed to help you and your employees learn to prepare a job safety analysis.

Length: 12 min.

## (113) Mills and Concentrators

This video shows how to recognize different process steps and identify hazardous plant conditions.

Length: 25 minutes

### (220) Picture Perfect Vacation

This video is a humorous, yet fact-filled look at how to prepare for a safe vacation. It is ideal material for a spring off-the-job safety meeting!

Length: 14 minutes

## (373) Recognition, Evaluation and Control of Hazards Training Course

This training course is designed to involve participants in the identification and analysis of hazards in the workplace and to enable them to provide suggestions or recommendations in removing or minimizing the risk of these hazards.

Length:

## (407) Understanding Hazards and Risks

This is a combination video and training manual designed to offer the participants an understanding of the difference between a "hazard" and a "risk." Program is divided into four parts:

- a) A definition of the terms; Hazard and Risk.
- b) The second part requires the participants to complete an exercise focusing on their own work environment.
- c) The third section deals with two methods of categorizing hazards in the workplace. It involves the participants in identifying some hazards in their workplace.
- d) The last section will involve participants in an exercise to focus on how to make their workplace a safer environment to work in.

Length: 15 min.

# **HEAD SAFETY**

# (276) Head Protection

Falling objects, overhead pipes, protrusions, moving objects, slips, trips and falls are just some of the hazards that can lead to head injuries. Recognition, evaluation and control of these hazards and the wearing of personal protective equipment is the necessary strategy to address the issue of head safety in the workplace.

Length: 11 minutes

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## **HEARING SAFETY**

## (025) Hearing Conservation

This tape deals with the anatomy of the ear, how hearing loss takes place, and the importance of protecting yourself.

Length: 20 minutes

# (213) Noise And Hearing Conservation

Noise assaults us from all quarters nearly 24 hours a day. Most of the sounds we encounter are of a tolerable level and pose no risks to our hearing, but unfortunately, this is not always true, especially in the workplace where there are many hazards which can put your hearing at risk. The topics covered in this video include: the anatomy of the ear, categories of noise, testing noise levels, monitoring noise levels, engineering and administrative control measures, and protective equipment.

Length: 14 minutes

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## **HOUSEKEEPING SAFETY**

## (371) Laundry Room Safety

No description available

Length: 8 minutes

## (425) Workplace Housekeeping

Every workplace either produces products or renders services or does both. To provide these products and services they all have one thing in common - the flow of materials.

By combining this "flow of materials" with the movement of people plus the use of tools and equipment, we end up with a need to keep the workplace neat and tidy, or in other words, a need for good housekeeping practices.

The program includes:

Definition: What is Workplace Housekeeping?

What are the Benefits of an effective good housekeeping program?

Reducing Accidents and Injuries

Reducing the Risk of Fires

Basic Essentials of Good Housekeeping

Good housekeeping is an on-going responsibility of everyone in the workplace. A commitment by everyone to adhere to good housekeeping practices will result in more pleasant working conditions and more importantly create a safe workplace fo everybody.

Length: 13 minutes

Housekeeping Safety 47

# **INDUSTRIAL SAFETY**

## (138) The Air We Breath in Industrial Environments

Discusses the composition and importance of air in relation to various working environments; describes industrial health [breathing] hazards encountered. Explains the need for the evaluation of working conditions; for the observation of safety precautions; and for the protection of workers from noxious gases and oxygen deficiency by using protective equipment and proper ventilation.

Length: 16 minutes

### (046) Questions and Answers (Q&A)

For industrial personnel: what safety is and why it is important, what an accident is, what causes accidents and suggestions for preventing accidents in the workplace; to stimulate employee interest in adhering to established safety procedures and to provide guidelines for working toward an accident free work-environment, presented.

Length: 17 minutes

### (021) Robotics

This video outlines the dangers of working around robots and the need for proper procedures to be used by maintainers and other workers, proper fencing, guarding and warning signs to protect all concerned.

Length: 12 minutes

## (168) Understanding Industrial Hygiene

Introduces supervisors to the basics of industrial hygiene. Shows three ways toxic substances can enter the body, how to test worker's exposure, how to protect against radiation and other IH problems.

Length: 18 minutes

Industrial Safety 48

#### **KITCHEN SAFETY**

## (050) Kitchen Fire Safety

This film is designed to help you train your kitchen personnel in fire safety practices. Your personnel will learn steps to reduce the possibility of fire as they learn the importance of fire prevention. They will also learn to combat a fire effectively and the importance of keeping calm in an emergency.

Length: 10 minutes

### (052) Kitchen Knives: Safety & Efficient Use

This film is designed to help kitchen workers get the best service possible from kitchen knives - their basic tools of trade with safety and efficiency.

Length: 11 minutes

## (327) Kitchen Safety...It's Up To You!

This video was created with you, the busy food services operator, in mind. The short, concise vide tape presentation will give your employees a base of safety knowledge focusing on slips and falls, lifting and moving, operating machinery, cuts and burns, fires and handling chemicals. The video is designed to assist in training employees.

Length: 15 minutes

#### (051) Kitchen Safety: Preventing Cuts and Strains

This film is designed to help you train your kitchen personnel in accident-preventative measures pertaining to cuts from knives or broken glass and to strains from lifting.

Length: 9 minutes

### (048) Kitchen Safety: Preventing Falls

This film is designed to help you train your personnel to recognize and avoid the common hazards that can cause falls.

Length: 8 minutes

#### (049) Kitchen Safety: Preventing Machine Injuries

This film is designed to help you train your kitchen personnel in safety practices for operating kitchen

Kitchen Safety 49

machines.

Length: 9 minutes

Kitchen Safety 50

# **LEGISLATIVE AND REGULATORY**

# (010) Taking Responsibility: The Occupational Health and Safety Act of Nova Scotia

This video has been produced to act as an information guide for anyone wanting to know about the rights and responsibilities under the Occupational Health & Safety Act. It outlines certain rights and responsibilities which may have an impact on your daily activities in the workplace in Nova Scotia. It is important to remember that this is a guide only and for more authoritative information, please refer to the N.S. Statutes.

Length: 11 minutes

Legislative and Regulatory 51

## **MACHINE SAFETY**

## (083) Basic Practices

Shows dramatically that safety is an attitude of mind. Demonstrates that proper approach to tools, machines, and dress improve the safety factor. Visual demonstrations prove that working defensively and being tidy is the best protection in lifting, carrying, and working with others.

Length: 14 minutes

### (008) Machine Hazard Awareness

This video will help you learn how to look at the workplace for machine hazards; how to know if guards are properly in use; how to know if the guards do protect people.

Length: 7 minutes

## (302) Safety And Use Of Air Compressors

Safety and maintenance, coupling, pneumatic tools, hoses, protective clothing and equipment are just some of the subjects addressed in this program. Compressed air, although still relatively safe compared to alternative sources of energy, such as electricity, can still present dangers to operators unaware or unprotected from the hazards involved.

Length: 13 minutes

### (111) Shop Practices

Recognize safe work practices in different shop situations.

Length: 18 minutes

Machine Safety 52

# **MANAGING HEALTH AND SAFETY**

### (254) Excellence In Safety

Designed to convince senior managers of the benefits of integrating safety into their overall management system.

Length: 20 minutes

### (319) Getting Things Done - Vol. 1

Volume 1 covers "Goals" - the principles of time management; goal setting to get on track and "To Do Lists" - using the Pareto Principle to focus on important tasks; how to define your prime time; how to plan your day; setting up an effective time log and overcoming distractions and interruptions.

Length: 82 minutes

### (320) Getting Things Done - Vol. 2

Volume 2 covers "Paperwork" - quick tips for cutting through stacks of paper; "Is this memo necessary?"; setting up an efficient filing system; using dictation to get ahead, and "Meetings" - eliminating bottlenecks; tips on delegating authority and responsibility; how to lead productive, fast meetings and keys to overcoming procrastination.

Length: 82 minutes

# (173) Managing Safety Yourself

Reviews nine how-to principles of good supervision for promoting safe workmanship. Contains an exercise of seven observation examples in which the foreman must detect an unsafe act or condition.

Length: 15 minutes

### (066) No Exceptions

Supervisor Ben Ferguson fails to wear the proper protective suit when he checks employees who are repairing a pipe break. No one is exempt from the TAKE TWO program, not even supervisors. When supervisors practice TAKE TWO, their employees will too!

Length: 9 minutes

### **MANUAL HANDLING**

### (036) Bend Your Knees

This tape will prove to be a classic tape in its contribution to the prevention of crippling back injuries in the work environment. It is designed for a total work force audience and will have unusual appeal for everyone from general manager to the floor sweeper.

Length: 22 minutes

### (037) Bend Your Knees Review

Leonard Ring relates back injury prevention to the individual's fitness and exercise programs. This tape is highly motivational with new visual aids and illustrations which encourage the total Bend Your Knees approach to back health, safety an fitness.

Length: 18 minutes

#### (123) Danger Zone: Your Back

Focuses on one business and industry's most critical problems... back injuries. While providing instruction, the tape is directed towards the attitudes of the employees, forcing them to recognize lifting, carrying and pushing-pulling tasks and getting to want to perform the tasks properly.

Length: 19 minutes

#### (186) Dealing with Manual Handling

As a safety issue manual handling is easily the most contentious. In every workplace manual handling occurs in some form or another; lifting, pushing, pulling, pouring, wearing weighty protective clothing all fit the category of manual handling. This tape examines the types of manual handling, the resulting types of problems and injuries and explains through a hierarchy of control measures how all manual handling situations should be addressed.

Length: 10:30 minutes

### (162) Making Light of Lifting

This tape shows the right and wrong ways of using the body to handle heavy weights. It demonstrates correct techniques for lifting and moving boxes, sacks, drums, cylinders and other heavy equipment, and shows how supervisors can pass on the advantages of kinetic handling.

Length: 17 minutes

Manual Handling 54

#### (417) Manual Handling

This program covers detailed description of manual handling, the problems and how injuries are caused, types of injuries, and steps to deal with manual handling.

Length: 30 minutes

### (059) Minimizing Back Strain On The Job

This is a very well produced and interesting video which explains the four important points for a healthy back. Demonstrations include anatomy of the spine/discs/muscles and ligaments, lever effects, normalizing posture, basic lifting procedures and "trade-offs" when ideal techniques cannot be used.

Length: 30 minutes

### (038) Prevent That Pain

This tape is a reinforcement and follow up for the Bend Your Knees tape. It is a motivational tape featuring Leonard Ring. Mr. Ring's enjoyable style of humour with his tremendous knowledge of manual handling makes this product a must in every library. He reinforces the "Knees" message but adds a single "get rid of the load as soon as possible", message to prevent abdominal injury and hernia. The emphasis is placed on minimizing the distance that workers carry loads in order to reduce potential strain. Its message is practical and to the point.

Length: 13 minutes

### (269) Safety on the Job: Manual Load Handling in the Warehouse

About two-thirds of warehouse injuries are causes by improper lifting, carrying, or handling materials. This program presents the "do's" and "don'ts" of warehouse activities and shows workers how to handle products safely and efficiently. Common-sense safety rules are presented. Exits should never to blocked, "no smoking" rules must be observed, and the working environment should be kept clean and orderly. The program also stresses the serious dangers of working under the influence of alcohol and drugs.

Length: 12 minutes

#### (314) Smart Moves - For A Healthy Back

This video was designed with the health care worker in mind. Not only does it promote proper body mechanics for safe patient transfer, but it also looks at back health risks facing non-patient care personnel. Viewers drop in on an in-service class to see how employees react to body mechanics information through comments and flashbacks. By using this approach, employees can identify with the characters while learning: how the spine works; why smart moves are important; how attitudes affect injury potential; correct and incorrect posture and movements and back strengthening exercises.

Length: 18 minutes

Manual Handling 55

Manual Handling 56

# **MARINE AND AIR SAFETY**

# (402) Practicing Safety: How to Conduct Effective Emergency Drills on Fishing Vessels

Five emergency drills for masters and crews in fishing industry.

Length: 24 minutes

Marine and Air Safety 57

### **MEDICAL AND HOSPITALS**

### (289) As It Should Be Done

The purpose of this video is to provide general information on the requirements of the Blood borne Pathogens Standards currently administered by the Occupational Safety & Health Administration (OSHA) in the U.S. It also outlines the precautions that can be used in the workplace such as hospitals, dental offices, emergency response personnel, to reduce the likelihood of disease caused by blood borne pathogens. The examples used include Hepatitis "B" and Acquired Immune Deficiency (AIDS).

Length: 24 minutes

### (309) Environmental Illness: Bad Chemistry

Perfumes, aerosols, plastic on television sets .... for some people, these everyday chemicals may create health problems ranging from headaches to loss of consciousness. This program examines the medical and political dimensions of environmental illness - the controversial and mysterious condition whose victims cannot tolerate common chemicals of modern life.

Length: 60 minutes

# (317) Fire Safe: The Right Combination

This fire safety video is designed to teach employees the right combination of fire response techniques and rescue and evacuation procedures. It is produced specifically for hospital and health care facilities to meet health care accreditation requirements for fire safety training. This video includes scenarios of fires in various hospital departments to dramatically reinforce effective fire response techniques.

Length: 12 minutes

#### (192) Mechanical Lifting Devices

Demonstrates a small variety of mechanical lifts and highlights the methods in choosing a lifting device to suit the situation.

Length: 12 minutes

# (190) Moving A Patient From Bed To Chair

This video covers the following lifts and transfers: Top and Tail lift, Pivot transfer, Standing transfer, Shoulder lift, Stepping transfer and Frame transfer.

Length: 12 minutes

Medical and Hospitals 58

# (191) Moving a Patient from Bed to Trolley

This video covers the following: emergency turn; glide boards, jordan frame; canvas and poles and the log lift.

Length: 11 minutes

#### (189) Moving a Patient in Bed

This program covers the following lifts and is designed to show how to correctly and safely transfer and lift patients and avoid injury to the lifter: the shoulder lift; the modified cradle lift; the combination lift; the log roll; supine to side-lying; moving up the bed and supine to sitting over the side of bed.

Length: 11 minutes

### (318) Patient Falls: Panic Or Prevention

This patient safety video teaches patient care personnel to recognize patients at high risk for falls - those on medication, older patients, or patients prone to confusion or imbalance. It presents practical steps to prevent falls - from correct use of side rails and "protective devices" to colour coding charts. "Patient Falls" also teaches all health care workers the importance of incident-reporting procedures.

Length: 13 minutes

#### (313) Safety Illustrated

Accidents by hospital employees can be costly, leading to staff shortages when valuable employees become patients. However, effective employee training can prevent most accidents. This video provides this training by promoting a team approach to hospital safety. Using a humorous approach, it takes viewers to the playing field where teams of hospital employees demonstrate proper safety procedures and the detrimental consequences of not following them. Events covered in this video include: falls; injuries from lifting and pulling; cuts, punctures and needle sticks; burns; spread of infection and incident reporting.

Length: 15 minutes

#### (255) Universal Precautions: Specimen Handling & Laboratory Testing

This is a video training program designed to inform employees of the UNIVERSAL PRECAUTIONS that have been established to prevent the transmission of Blood borne diseases. Topics covered include a definition of the term UNIVERSAL PRECAUTIONS and a demonstration of how universal precautions should be applied in phlebotomy procedures, specimen transport, sample sorting, data entry, laboratory analysis, and waste disposal. In addition, the program dispels false assumptions about the spread and occurrence of blood transmitted diseases.

Length: 16 minutes

Medical and Hospitals 59

Medical and Hospitals 60

### **MOTIVATION**

### (279) Hazard Alert: The Junkyard/Grave Remarks

This compelling, motivational video provides two engaging meeting openers. "The Junkyard" features a gruff junkyard worker salvaging a car demolished in a drunk driving accident. His comments will cause anyone to think twice about ever drinking and driving again. "Grave Remarks" will motivate your employees to stop taking dangerous shortcuts. Voices from the dead who took that "one little chance" serve as an equally memorable safety meeting kick-off.

Length: 7 minutes

### (381) Remember Charlie

Charlie Morecraft's dramatic story which leaves the audience with a new awareness of the meaning of safety.

Length: 56:49 minutes

#### (440) Rudy: Safety Takes Courage

"People might ask me, 'Hey, what do you know about safety?' And I can say to them, I know because I watched a friend die in my arms. And I know why he died. Because he didn't follow simple procedures." - Daniel "Rudy" Ruettiger

In the blockbuster movie about his lifelong dream of playing football for Notre Dame's Fighting Irish, Rudy's amazing story of perseverance and triumph was an inspiration to millions around the world.

Now Rudy is inspiring workers with another motivational story... one that details a tragic workplace accident that redirected the course of his life.

Highlights from Rudy: Safety Takes Courage include:

- \* Visualization
- \* Character
- \* Courage
- \* Respect for life

Length: 14:00

# (382) Safety: Everyone's Responsibility

The forceful sequel to "Remember Charlie". It is a rousing wake-up call that puts an end to complacency and taking responsibility for granted.

Length: 48 minutes

Motivation 61

### (303) Safety Is No Accident

Covers safety and accident prevention in K-Mart Stores; also problems or accidents, plus protecting staff and customers. Also covers forklifts, moving vehicles, abrasions and lacerations, lifting and carrying and slips, trips and falls.

Length: 20 minutes

### (436) Threads of Life: a Journey Together

Covers the trauma family members and loved ones endure when one of their own is killed or seriously injured in a workplace accident. It is an inspirational story of how these sometimes forgotten victims cope by supporting one another.

It also covers the importance of workplace safety and hazard awareness.

Length: 17 minutes

# (291) Working Together Works

Stresses the idea of working as a team in sports, hobbies, and the working environment. Human Resources or Personnel Department oriented. Leadership, supervisory or management could benefit to create team-building in a workplace environment. Good human relations improves productivity in the workplace.

Length: 28 minutes

Motivation 62

# PERSONAL PROTECTION AND SAFETY

# (430) Are You in Danger?

This video highlights the importance of health and safety in the workplace through awareness, education and information for all Canadian youth.

Length: 7 minutes

# (413) Conflict Communication Skills

The Conflict Communication Skills video shows employees how to diffuse a hostile and potentially violent situation. It teaches techniques for defusing hostility in someone who may be getting angry or verbally abusive so violent situations can be avoided.

Length: 14 minutes

### (408) Controlling Alcohol and Drug Abuse in the Workplace

No description available

Length: 26 minutes

### (125) Danger Zone: Your Head

Our body can take a lot of abuse...but not our head. If we damage our brain - the damage is permanent and a life can be changed or even snuffed out! This tape motivates workers to: protect their head, recognize hazardous areas, wear head protection properly, inspect and clean their head protection.

Length: 16 minutes

### (431) Dog Bite Prevention

A 10 minute training videotape for meter readers, delivery personnel and others who may encounter expressions of territorial aggression because they enter yards in the course of their work.

Length: 10 minutes

### (432) Dog Bite Prevention

Prevention through understanding is the focus of this video. It explains how to recognize and handle dangerous dogs and how not to become a statistic. Highly-skilled dog trainers demonstrate what to do if threatened by an aggressive dog.

"Dog Bite Prevention" is recommended viewing for postal workers, delivery people, utility employees, sales people, and anyone who has occasion to make home visits.

The video is also important for dog owners, since most unreported dog bites occur within the home--to dog owners and their families.

Length: 15 minutes

### (163) Hidden Hazards

Covers the hazards associated with welding and respiratory protection for welders. The health effects caused by dust, fumes, and gases are outlined as well as prevention techniques including proper respirators.

Length: 9 minutes

### (410) How to Cope with a Hostile Employee

No description available

Length: 23 minutes

#### (433) Lost Youth: Four stories of injured young workers

Michael, Jennifer, John, and Nick all speak of losing their youth after suffering serious workplace accidents. Through dramatic recreations of these accidents and one-on-one discussions with the young people and their parents, "Lost Youth" tells four stories of lives forever altered.

All were still in their teens when they were injured on the job. None were properly trained to deal with hazards and risks at their workplaces. Michael wears a prosthetic after his leg was crushed by sawmill machinery, Jennifer lost three fingers in a pizza dough maker, and John and Nick had their backs broken in forklift accidents. Their lives will never be the same.

In emotional interviews, their parents speak of the need for all - parents, employers, works, and the community - to make sure young people know how to be safe on the job. (2003)

Length: 17 minutes

### (024) Personal Protective Equipment

This is a live-action video training program designed to explain to employees the personal protective equipment that may be required on the job. The program discusses eye and face, hearing, respirator, head, hand, foot and fall protection. Protective clothing and the importance of maintaining personal protective equipment.

Length: 9 minutes

# (338) Personal Protective Equipment

This program is designed for all personnel who are required to wear personal protective equipment. It is a general program suitable for induction or to reinforce the need to wear items of personal protection. This video examines in detail: eye and face protection; head protection; respiratory protection; hearing protection and protective clothing.

Length: 17 minutes

# (118) Personal Protective Equipment

Covers basic personal protective equipment including head, eye and face, hearing, respiratory, foot, hand, and fall protection.

\* This video also applies to exploration and well drilling.

Length: 24 minutes

### (358) Personal Protective Equipment - Off The Job

No description available

Length: 10 minutes

### (357) Personal Protective Equipment - On The Job

No description available

Length: 13 minutes

### (355) Personal Security - On The Job

No description available

Length: 10 minutes

# (179) Using Personal Protective Equipment

Provides a detailed review of the personal protective equipment available to workers, how and why each is used, plus the foreman's responsibility.

Length: 24 minutes

### (412) Violence in the Workplace

No description available

Length: 10 minutes

# (409) Violence in the Workplace: An Employer's Guide to Prevention

No description available

Length: 21 minutes

### (418) Violence : Keeping it out of the workplace

No description available

Length: 12 minutes

### (437) Working in Bear Country

This video is the consensus opinion of leading experts on working safely in grizzly and black bear country.

Reduce human injury and property damage from bears through this guide to:

- Field safety including employee responsibilities and helicopter support
- Camp safety including location and design and attractant management
- Bear detection systems
- Bear deterrents
- Firearms
- Bear response planning

Length: 22 minutes

### (411) Workplace Violence : Recognizing and Defusing Aggressive Behavior

No description available

Length: 26 minutes

### **PREVENTION**

### (227) Avoiding Slips, Trips, and Falls

The causes of slips, trips and falls are dramatized. Factors including gravity, friction, and momentum are examined. Understanding potential health effects of such mishaps reveals the importance of taking precautions. The role of safety shoes and proper ladder usage are demonstrated.

Length: 12 minutes

### (069) The Countdown

Frank Inglewood is injured when he and another employee fail to follow the established LOCK, TAG AND TRY procedure. Safety is often the result of a series of actions of many people. TAKE TWO and remember that safety is everyone's responsibility.

Length: 9 minutes

### (348) Due Diligence

Based on workshop for senior management presented at Ryerson Technical University.

Length: 75 minutes

#### (423) Job Safety Analysis

The aim of a job safety analysis (JSA) is to document how a particular job should be done safely. Subjects covered in the program include: How a JSA is performed, how to break down a job into basic steps, hazard identification, hazard assessment, hazard control. The program also contains a practical example of how a JSA is conducted.

Length: 15 minutes

### (071) Make Pounds... But Safely

Foreman Wayne Kirk, in his haste to MAKE POUNDS, fails to follow safe procedures. As a result, a fellow employee is injured. Safe production produces the most in the long run. TAKE TWO and maintain a balance between production and safety.

Length: 9 minutes

### (068) Making Do...Won't Do

Pat O'Connor tries to disconnect a hydraulic line without the proper wrench and injures himself. TAKE

Prevention 67

TWO and find the correct tools and equipment for the specific job... and reduce injuries.

Length: 9 minutes

#### (062) A Matter of Habit

Working safely or unsafely can become a habit, as Bill Barnes discovers when he forgets to tie off a ladder and falls. We need a new, beneficial habit - TAKE TWO.

Length: 8 minutes

### (063) The NO MAN

Jim Norton is a typical no man who ignores safety rules - until he directs an oil tanker into a nitric acid area. TAKE TWO can help the no man develop a positive attitude toward safety.

Length: 9 minutes

### (065) Over and Over Again

John Erickson fails to use the proper protective gloves and burns his hands. Repetitious, monotonous jobs often lead us into a false sense of security. TAKE TWO reminds us that each task must be thought through and not performed automatically.

Length: 9 minutes

#### (275) Safety On The Job: Accident Causes & Prevention

Employee staff and supervisors are shown the behaviours that signal safety hazards. Among the things to look for in others as well as in themselves are: lack of attention and concentration, tenseness, irritability, conflict with fellow workers, and health problems. Supervisors are taught to be alert and sensitive to staff problems with the goal of preventing accidents. Staff are taught to seek help to deal with personal problems. The program notes that employee assistance programs may be available to help overcome risk-producing problems, and urges open communication as a means of preventing accidents.

Length: 16 minutes

### (184) Slips, Trips, & Falls

Along with manual handling, slips, trips and falls are the cause of a majority of accidents and injuries in the workplace. This video covers everything from the ground up...leaks on floors, objects such as books and briefcases, slippery surfaces through to filing cabinets and reaching too far, taking short cuts and general good housekeeping practices.

Prevention 68

Length: 11 minutes

# (364) So It Won't Happen Again

No description available

Length:

# (072) Take Two When You're Through

Bob Jones gets an idea about using splash guards while catching hot tar samples, but doesn't write it down. Later, his friend is burned while catching a sample. After a job, TAKE TWO to write out ideas about how the job can be performed more safely.

Length: 10 minutes

Prevention 69

### **RESPIRATORS**

### (167) 3M Fit Training

This video has a training introduction followed by a sequence of short demonstrations on each type of respirator and its use.

Length: 34 minutes

### (165) Evaluating the Options - Respiratory Protection

No description available

Length: 30 minutes

### (166) Four Elements of Respiratory Protection

This tape provides the viewer with an understanding of respiratory hazards, the importance of identifying types of contaminants, how to select an appropriate respirator and the importance of training on the proper use and care of respirators.

Length: 11 minutes

# (232) Respiratory Safety

This program looks at the function of respirators, the situations where they are used as well as the types and the factors governing their use. Fit testing is examined in detail. Common problems and necessary precautions are also covered.

Length: 16 minutes

### (224) Respiratory Safety

This program shows how the respiratory system works. The causes and effects of respiratory hazards, and ensuing problems, are demonstrated. Safety practices and equipment are illustrated.

Length: 11 minutes

### (248) Something In The Air

To ensure you are getting all the protection you need, you should know the correct respirator to wear for your particular job, how to put it on and operate the equipment properly, how to perform the field tests to make sure you have a good facial seal, when the equipment needs maintenance or repair, such

Respirators 70

as clean filters or new parts. But most of all you must be aware that it's your responsibility to wear the respirator assigned to you every time you are in a hazardous location.

Length: 15 minutes

# (177) Using Respiratory Protection

Provides detailed instruction for putting on, testing, inspecting and maintaining respirators and other hoseline and self-contained breathing apparatus used in industry.

Length: 30 minutes

Respirators 71

# **RIGGING SAFETY**

# (103) Moving Heavy Equipment

Designed to relay the importance of recognizing practices in moving heavy equipment, the potential danger areas, and safe rigging practices.

\* This video also applies to mining.

Length: 24 minutes

### (284) Over The Edge

This tape illustrates the use of the bosun's chair and rappelling device in training sessions between a seasoned window cleaner and a young trainee. The unforgiving nature of the equipment is emphasized. Proper rigging techniques; equipment inspection, fall-arrest systems, and adequate anchorage for lifeline tiebacks are also emphasized.

Length: 14 minutes

### (202) Selection and Care of Rigging Equipment

1990 - This program introduces slings and hardware commonly used for overhead lifting in industrial situations. It covers characteristics of the equipment, special use considerations, and proper care and handling to protect the equipment from damage.

Length: 15 minutes

Rigging Safety 72

### SAFETY AWARENESS AND INSPECTION

### (339) Artsafe - First Steps

This video is designed to raise awareness of health and safety issues in the visual arts and art conservation. It shows how educators and professional artists find and implement information to make their classroom and workplace as safe as possible without compromising their art.

Length: 17 minutes

# (176) Avoiding Safety Hazards

Shows the supervisor how to recognize potentially-hazardous conditions before they lead to unsafe acts. Gives specific examples for the foreman to recognize behaviour which would eliminate hazards to workers.

Length: 23 minutes

### (403) Beachline Safety: A Guide to Safe Work Practices

Introduces beach crews to safe beach-work practices.

Length: 28 minutes

#### (215) Bomb Threat Strategy

Bomb threats are designed to strike at the heart of your organization to disrupt the normal flow of business and to create an atmosphere of anxiety and panic. Preventative measures, what to look for, search procedures, assessing the threat, the telephone call, when to evacuate, and the correct evacuation procedures are the key points covered in this video.

Length: 15 minutes

# (415) Dying to Work

W-Five examines the perils of teen labour. The most high-profile case that of 18-year-old David Ellis, killed on his second day on the job at a Toronto-area bakery. He died while taking cookie dough from a mixer that suddenly turned on. The program follows Ellis' father as he campaigns for tougher safety rules and tries to make teenagers aware of the risks they can face.

Length: 19 minutes

### (427) Dying to Work Update

Imagine your child leaves for work one morning - and never comes back. That's what happened to Jean and Rob Ellis. Their son, David, was working at a small bakery outside Toronto. He never lived long enough to see his first paycheque. On his second day on the job, he was unloading cookie dough from a mixer when somehow he got pulled into the machine. After the accident, the Ellis family realized David was not alone.

The numbers are staggering. On average, one young worker is killed on the job every week in Canada; another 60,000 are hurt on the job. These numbers are steadily rising, while accidents for all other age groups are declining.

Maureen Shaw, of Ontario's Industrial Accident Prevention Association, describes it as an epidemic. She points to a combination of age and inexperience that make young workers vulnerable. Shaw herself was not immune to tragedy when several years ago, her 23-year-old son, Marc, lost a leg and nearly his life while working on a seismic survey in the Rocky Mountains.

Both Rob Ellis and Maureen Shaw want better training and education. Ellis pursues this through talking with teenagers; travelling from school to school, telling kids about his son. He urges them to ask the questions about safety and the job that is son, David, never did.

Others are also taking up the cause. The Workplace Safety and Insurance Board recently launched a half-million dollar awareness campaign. The Ontario Labour Ministry sent a strong message by giving the bakery involved in David Ellis' death a hefty fine and unprecedented jail sentence. And workplace safety is now part of the high school curriculum in Ontario.

Length: 19 minutes

### (370) Job Safety Analysis

No description available

Length: 10 minutes

#### (098) Maintenance Field Work Practices

This video shows how to recognize safe field work practices and the various pieces of equipment encountered.

Length: 31 minutes

#### (300) Safety Awareness

This video has been designed for all personnel. It can be used as a general safety training program and can be also utilized as an induction program for new personnel to introduce safety concepts.

Length: 21 minutes

### (134) Sell Safety

Explains why supervisors have to sell their workmen on the necessity of safe work habits. Tape stresses that to be successful, the supervisor must create the desire in the workman to be safe; outlines negative, possibly fatal, results of his working unsafely; and points out the importance of his safety to not only himself but to his family.

Length: 10 minutes

### SUPERVISORS/EMPLOYEES

### (287) The Human Touch Performance Appraisal

By providing the "how-to" step-by-step elements of a successful performance appraisal, this video will give your managers the tools they need to conduct less stressful and more productive employee appraisals. It will help your managers understand that the performance appraisal doesn't begin and end in the interview. It's an on-going process. Everyone benefits from the "human-touch" approach!

Length: 30 minutes

### (310) Look Around: You Have Rights

The video stresses that the young or new worker must understand their right and responsibilities, that workplace policies and correct work procedures must be known and followed that wearing appropriate personal protective equipment is essential and that the reporting of all incidents and hazards will lead to a safer workplace for everyone. Not knowing could result in tragedy.

Length: 29 minutes

# (306) On The Right Track

It's up to each employee to work safely. That's their responsibility. At the same time an employer must ensure the work environment is as risk free as possible, and provide all the help and equipment needed for employee safety. This video helps the new employee to be aware of the hazards found in some jobs, so that accidents can be prevented. Topics covered include: fire prevention, WHMIS, proper lifting techniques, and electrical safety.

Length: 9 minutes

Supervisors/Employees 76

# **TOOLS: HAND AND POWER**

# (081) Hand Tools

Illustrates the reason for keeping hand tools sharp and clean - for safety's sake. Shows the correct use of common hand tools and safety precautions to take when using them. Shows safe sheet metal, forge and welding practices.

Length: 12 minutes

### (374) Pneumatic Fastening Tools

No description available

Length:

### (375) Power Actuated Fastening Tools

No description available

Length:

# (082) Power Tools

Emphasizes that the operator does the thinking - not the machine. Shows precautionary measures in working with power tools commonly used in the shop. Demonstrates standard safety practices which apply to all power tools.

Length: 13 minutes

# (228) Using Hand & Power Tools

Highlights include spotting potential hazards before accidents occur, using common hand and power tools, tool maintenance and using appropriate protective equipment.

Length: 16 minutes

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# **TRENCHING SAFETY**

# (380) Introduction To Trenching Hazards

No description available

Length: 27 minutes

# (360) Trenching and Shoring

No description available

Length:

# (272) Underground Safety - Jobsite Hazards

Covers keeping the worksite free of debris, working around underground utilities and overhead lines, safety in traffic zones.

Length: 10 minutes

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### **UNDERGROUND MINING**

### (143) Assume Nothing: Accident Investigation in Coal Mines

When a roof fall injures one of their miners, the company accident investigation team sets out to learn what caused the mishap. The team members conduct a thorough on-the-site investigation to gather evidence; they interview the victim and other eyewitnesses; they collect, compile and evaluate the facts; and prepare accident reports with recommendations to prevent similar accidents.

Length: 21 minutes

#### (139) Breathe & Live: Ventilation in Metal & Nonmetal Mines

Tape shows why the mine ventilation system is the underground miner's personal lifeline. Components of mine ventilation systems are shown - including main and booster fans, air curtains, ventilation tubes, doors, and regulators - and the importance of good maintenance is emphasized. The film dramatically recreates several fatal accidents that were caused by contaminated air, inadequate ventilation, or failure to warn workmen away from unventilated DEAD END zones. The importance of frequent safety checks with instruments that measure the quality and quantity of ventilating air - a responsibility of mine management - is also emphasized.

Length: 21 minutes

### (140) Cabs and Canopies for Your Safety

A tape that points out the need for cabs and canopies on underground mining equipment to protect miners from falls of roofs and ribs. Scenes taken after three actual roof fall accidents in which fallen coal and rock covered the mining equipment show that, in each case, the operator escaped unharmed because of the protective canopy on his machine. In-the-mine interviews of the operators involved in these near-fatal accidents are presented, where the men relate what happened, and why they are convinced that the canopies saved their lives.

Length: 10 minutes

### (153) Conveyor Safety

Introduces basic hazards found around conveyor belts. Stresses accident prevention.

Length: 16 minutes

#### (128) Fighting Coal Mine Fires

The nature of fire, its uses and controls are explained; the FIRE TRIANGLE is used to illustrate the basic elements or conditions necessary for combustion; various classes of fires: A, B, and C are shown: and the proper use of recommended fire extinguishers is demonstrated - both for surface and

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underground mine fires. The foam plug is also demonstrated extinguishing an underground coal mine fire.

Length: 31 minutes

# (288) Heavy Rock

No description available

Length: 23 minutes

# (144) In Search of the Facts: Accident Investigation in Metal & Nonmetal Mining Operations

In the tape, a fatal front-end loader accident at an open-pit operation prompts a company investigative team to conduct such an investigation. They gather evidence - collect facts, interview eye witnesses, check records - then objectively evaluate the compiled information and make recommendations that will prevent such accidents from recurring.

Length: 26 minutes

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# **WELDING, GRINDING AND CUTTING**

# (127) Don't Push Your Luck

This tape points out necessity of wearing eye protection. It depicts a man grinding without the use of eye protection, the eye accident which occurs while grinding, the vivid eye operation, and the loss of sight in both eyes.

Length: 12 minutes

#### (235) Oxyfuel Gas Cutting

Covers: torch, regulator and cylinder maintenance; proper safety equipment; hook-up procedures; ventilation; and preventing spark and spatter.

Length: 13 minutes

### (252) Safe & Effective Grinding

A good film for persons who have to use grinders in any workplace. This video reviews the safe use of grinders, the safety features, pre-use inspection, selection and inspection of abrasive wheels, personal safety, and dressing the wheels.

Length: 18 minutes

### (234) Securing the Work Zone

Covers: oxyfuel and electric-arc welding; securing the 360 degree zone; health hazards; proper ventilation; clothing and gear; and fire watch.

Length: 16 minutes

### (376) Tig Welding

No description available

Length:

### WHMIS/HAZARDOUS MATERIALS

# (047) Introducing WHMIS

The primary purpose of this video is to provide general information about the basic elements comprising WHMIS. It was not intended to be used as a training audio-visual aid in the workplace, as it is highly technical and provides a great deal of information related to legislated supplier or employer requirements. For this reason it is designed for presentation to regulatory staff, persons involved extensively in occupational safety and health, interested industry and labour groups, professional groups, etc.

Length: 30 minutes

### (422) WHMIS

This program covers the following areas: Classes of controlled products:

- Labeling
- Material Safety Data Sheets
- How hazardous materials can hurt us

Length: 15 minutes

### (057) WHMIS Right to Know

Tape #2 - Right to Know

Module 1 - Class A Module 3 - Class C Module 2 - Class B Module 4 - Class F

This video introduces you to WHMIS hazard classes A, B, C and F. They explain what hazardous products are, how they can harm you and how to handle them safely.

Length: 35 minutes

### (058) WHMIS Right to Know

Tape #3 - Right to Know

Module 1 - Class D1 Module 3 - Class D3 Module 2 - Class D2 Module 4 - Class E

This video introduces you to WHMIS hazard classes D and E. They explain what hazardous products are, how they harm you and how to handle them safely.

Length: 40 minutes

#### (056) WHMIS Right to Know

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Tape #1 - Right to Know

Module 1 - Overview of Hazardous Materials Module 2 - Material Safety Data Sheets

This video helps you understand the nature of hazardous substances and the best ways to work with them safely. Material Safety Data Sheets are explained in detail.

Length: 15 minutes

# (299) The Winning Label: A Simplified Introduction To WHMIS

This video is a training package intended to be used as a general introduction to the basic features of WHMIS. It is aimed specifically at workers who speak English as a second language or workers who have low literacy skills. The detailed presenter's package, including guidance on how to present the information, is available upon request. Trainers who have minimal experience in instructing employees with limited English language proficiency should find the package particularly useful.

Length: 8 minutes

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