

**2006 Provincial Flu Clinics (by district health authority)**

**South Shore Health**

BRIDGEWATER		
Monday November 20, 2006	Senior Citizen's Club (behind arena) 123 Empire Street	10:00 a.m. – 12 Noon and 1:00 – 6:00 p.m.
CHESTER		
Wednesday, November 15, 2006	Shoreham Health Centre Chester	1:00 – 4:00 p.m.
LUNENBURG		
Thursday, November 30, 2006	United Church Hall	1:00 – 4:00 p.m.
LIVERPOOL		
Wednesday, November 29, 2006	Family Resource Centre 108 College Street	10:00 a.m. – 2:00 p.m.
NEW GERMANY		
Thursday November 16, 2006	New Horizon's Senior Citizen's Club New Germany	9:00 a.m. – 12 Noon and 1:00 – 4:00 p.m.
Thursday November 23, 2006	New Horizon's Senior's Club New Germany	2:00 p.m. – 6:00 p.m.
NEW ROSS		
Saturday, November 18, 2006	New Ross School	9:30 a.m. – 12:30 p.m.
BIG TANCOOK		
Tuesday, December 5, 2006	Recreation Centre	12:00 noon – 3:00 p.m.

**South West Health**

YARMOUTH		
November 23, 2006	Lions Hall	10am - 5pm
December 1, 2006	Burridge Campus	2pm - 7pm
December 7, 2006	Lions Hall	10am - 3pm
December 8, 2006	Burridge Campus	3pm - 7pm
TUSKET		
November 28, 2006	Ecole Par en Bas	4pm - 8pm
PORT MAITLAND		
December 5, 2006	Legion Hall	3pm - 6pm
WEDGEPORT		
December 14, 2006	Legion Hall	3pm - 7pm

<b>CARLETON</b>		
December 15, 2006	Legion Hall	10am - 1pm
<b>SHELBURNE</b>		
November 24, 2006	Fire Hall	3pm - 7pm
<b>LOCKEPORT</b>		
December 4, 2006	Doctor's Clinic	3pm - 6pm
<b>BARRINGTON</b>		
December 11, 2006	Lions Hall	3pm - 7pm
<b>DIGBY</b>		
November 30, 2006	Consultant's Clinic	3pm - 7pm

### **Annapolis Valley Health**

There are no public health clinics scheduled in Annapolis Valley Health. Please contact your doctor or local clinic.

### **Colchester East Hants Health Authority**

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Tues, Nov. 14, 2006	10:00 – 12:30 1:30 – 4:30	Great Village Faith Baptist Church
Wed., Nov. 15, 2006	2:00 – 6:00	Upper Nine Mile River – Slate Quarry Rd. Community Hall
Thurs., Nov. 16, 2006	9:30 – 12:30 2:00 – 4:00	Bible Hill – 69 Pictou Rd. Village Hall
Sat., Nov. 18, 2006	9:30 – 12:30 2:00 – 4:00	Truro – 295 Young St. Immanuel Baptist Church
Wed., Nov. 22, 2006	10:00 – 12:30 1:30 – 6:00	Elmsdale – 15 Commerce Crt. Elmsdale Resource Centre
Fri., Nov. 24, 2006	9:30 – 12:30 2:00 – 4:00	Bible Hill – 69 Pictou Rd. Village Hall
Wed., Nov. 29, 2006	9:30 – 12:30 2:00 – 6:00	Truro – 38 Pleasant St. Wesleyan Church
Thurs., Nov. 30, 2006	10:00 – 1:00 2:00 – 6:00	Debert Fire H all
Mon., Dec. 4, 2006	9:30 – 12:30 2:00 – 6:00	Truro – 38 Pleasant St. Wesleyan Church
Wed., Dec. 6, 2006	10:00 – 12:30 2:00 – 4:00	Tatamagouche Fire Hall
Thurs., Dec. 7, 2006	9:30 – 12:30 2:00 – 6:00	Stewiacke – 46 Main E. St. United Church

For more information call Public Health Services, Colchester East Hants Health Authority - 893-5820 Truro or 883-3500 Elmsdale.



### **Cumberland Health Authority**

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Wed., Nov. 15, 2006	9:30 – 12:30 2:00 – 6:00	Amherst – 7 Ratchford St. Trinity St. Stephens
Fri., Nov. 17, 2006	9:30 – 12:30 1:30 – 5:30	River Hebert – 1808 Main St. Brookside Curling Club
Tues., Nov. 21, 2006	9:30 – 12:30 1:30 – 5:00	Advocate – 140 Advocate Rd. Fire Hall
Thurs., Nov. 23, 2006	10:00 – 1:00 2:00 – 6:00	Springhill – 9 Junction Rd. All Saints Anglican Church Hall
Fri., Nov. 24, 2006	10:00 – 1:00 2:30 – 6:00	Oxford – Lion's Den
Mon., Nov. 27, 2006	10:00 – 12:00 1:30 – 4:00	Pugwash – 260 Church St. St. Thomas Moore Church Hall
Tues., Dec. 5, 2006	9:30 – 12:30 2:00 – 6:00	Parrsboro – Willow St. Fire Hall
Wed., Dec. 6, 2006	10:00 – 12:30 2:00 – 4:00	Tatamagouche Fire Hall
Thurs., Dec. 7, 2006	9:30 – 12:30 2:00 – 6:00	Amherst – 7 Ratchford St. Trinity St. Stephens
Sat., Dec. 16, 2006	9:30 -12:30 2:00 4:30	Amherst – Ratchford St. Trinity St. Stephens

For more information call Public Health Services, Cumberland Health Authority - 667-3319 Amherst or 1-800-767-3319.

### **Pictou County Health Authority**

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Tues., Nov. 14, 2006	9:30 – 12:30 2:00 – 5:00	Stellarton – 147 North Foord St. Museum of Industries
Fri., Nov. 17, 2006	9:30 – 12:30 2:00 – 5:00	Pictou – 143 Haliburton Rd. IOOF Home (Maritime Oddfellows Home)
Tues., Nov. 21, 2006	9:30 – 12:30 2:00 – 4:00	New Glasgow – 72 Park St. Summer St. Industries
Wed., Nov. 22, 2006	10:00 – 12:30 2:00 – 5:00	Thorburn – 745 Marsh Rd. United Presbyterian Church
Tues., Nov. 28, 2006	9:30 – 12:30 2:00 – 4:00	New Glasgow – 72 Park St. Summer St. Industries

Thurs., Nov. 30, 2006	9:30 – 12:30 2:00 – 5:00	Pictou – 143 Haliburton Rd. IOOF Home (Maritime Oddfellows Home)
Fri., Dec. 1, 2006	10:00 – 12:30 2:00 – 5:00	Trenton, High St. First United Church
Sat., Dec. 2, 2006	9:30 – 12:30 2:00 – 4:00	Stellarton – 147 North Foord St. Museum of Industry
Wed., Dec, 4, 2006	10:00 – 12:00 1:30 – 4:00	Westville – 2011 Diamond St. Salvation Army Hall
Wed., Dec. 6, 2006	10:00 – 12:30 2:00 – 4:00	Tatamagouche Fire Hall
Fri., Dec. 8, 2006	9:30 – 12:30 2:00 – 4:00	New Glasgow – 72 Park St. Summer St. Industries

For more information call Public Health Services, Pictou County Health Authority - 752-5151 New Glasgow.

### **Guysborough Antigonish Strait Health Authority**

*Antigonish Town & County*

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Tuesday, November 21/06	9:30 a.m. – 11:00 a.m. 1:00 p.m. – 2:30 p.m. Walk -in	St. Andrew's Community Centre (Oak & Owl Club)
Thursday, November 23/06	1:30 p.m. – 3:00 p.m. Walk-in	East Antigonish Education Centre
Friday, November 24/06	10:00 a.m. – 12:00 p.m. Walk-in	Arsaig Community Centre
Tuesday, November 28/06	9:30 a.m. – 11:30 a.m. 1:00 p.m. – 3:00 p.m. Walk-in	St. Ninian's Place Antigonish
Thursday, November 30/06	5:00 p.m. - 7:00 p.m. Walk-in	St. Ninian's Place Antigonish
Friday, December 1/06	1:30 p.m. – 3:00 p.m. Walk-in	St. Joseph's Community Centre
Tuesday, December 5/06	9:30 a.m. – 11:30 a.m. 1:00 p.m. – 3:00 p.m. Walk-in	St. Ninian's Place Antigonish
Tuesday, November 21/06	9:30 a.m. – 11:00 a.m. 1:00 p.m. – 2:30 p.m. Walk -in	St. Andrew's Community Centre (Oak & Owl Club)
Thursday, November 23/06	1:30 p.m. – 3:00 p.m.	East Antigonish Education

	Walk-in	Centre
Friday, November 24/06	10:00 a.m. – 12:00 p.m. Walk-in	Arsaig Community Centre
Tuesday, November 28/06	9:30 a.m. – 11:30 a.m. 1:00 p.m. – 3:00 p.m. Walk-in	St. Ninian's Place Antigonish
Thursday, November 30/06	5:00 p.m. - 7:00 p.m. Walk-in	St. Ninian's Place Antigonish
Friday, December 1/06	1:30 p.m. – 3:00 p.m. Walk-in	St. Joseph's Community Centre
Tuesday, December 5/06	9:30 a.m. – 11:30 a.m. 1:00 p.m. – 3:00 p.m. Walk-in	St. Ninian's Place Antigonish

For further information, contact Antigonish Public Health Service's office at 863-7362 or visit [www.publichealth.ns.ca](http://www.publichealth.ns.ca)

*Guysborough County*

DATE	TIME	LOCATION
November 14, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m. 6:00 p.m. – 8:00 p.m.	Guysborough Hospital Public Health Services Office
November 15, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m. 6:00 p.m. – 8:00 p.m.	Shamrock Club Canso
November 16, 2006	10:00 a.m. – 12:00 p.m.	Sunshine Seniors Club Ecum Secum
November 17, 2006	10:00 a.m. – 12:00 p.m.	Community Centre Port Bickerton
November 20, 2006	10:00 a.m. – 12:00 p.m. 1:30 p.m. – 3:00 p.m.	Dover Bay Seniors Club Little Dover
November 20, 2006	6:00 p.m. – 8:00 p.m.	Shamrock Club Canso
November 21, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m. 6:00 p.m. – 8:00 p.m.	Guysborough Hospital Public Health Services Office
November 23, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m. 6:00 p.m. – 7:30 p.m.	Sherbrooke Lion's Den
November 24, 2006	10:00 a.m.- 12:00 p.m. 1:30 p.m. – 3:30 p.m.	Isaac's Harbour Medical Clinic
November 27, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m.	Shamrock Club Canso

November 29, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m.	Guysborough Hospital Public Health Services Office
November 30, 2006	10:00 a.m. – 12:00 p.m. 2:00 p.m. – 4:00 p.m. 6:00 p.m. – 8:00 p.m.	Maple Manor Sherbrooke

For further information, contact Guysborough Public Health Service's office at 533-3502 or Sherbrooke Public Health Service's office at 522-2212 or Canso Public Health Service's office at 366-2925 or visit [www.publichealth.ns.ca](http://www.publichealth.ns.ca)

**Cape Breton District Health Authority***Cape Breton Regional Municipality*

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
November 22, 2006	9:30 a.m. – 3:30 p.m. By Appointment 736-6245	Public Health Services 7 Fraser Avenue Sydney Mines
November 23, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. Walk-In No Appointment Necessary	Glace Bay Pensioners Club North Street, Glace Bay
November 24, 2006	9:30 a.m. – 3:30 p.m. By Appointment 736-6245	Public Health Services 7 Fraser Avenue Sydney Mines
November 24, 2006	1:30 p.m. – 3:30 p.m. Walk-in No Appointment Necessary	Fortress Senior Citizen Club Mitchell Street, Louisbourg 733-3000
November 28, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. Walk-in No Appointment Necessary	Sydney Pensioners Club 38 Inglis Street, Sydney 539-8000
November 29, 2006	1:30 p.m. – 4:00 p.m. By Appointment 736-6245	Public Health Services 7 Fraser Avenue Sydney Mines
November 29, 2006	5:30 p.m. – 8:30 p.m. By Appointment 736-6245	Public Health Services 7 Fraser Avenue Sydney Mines
November 30, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. Walk-in No Appointment Necessary	New Waterford Pensioners Club Urban Center Plummer Avenue
December 1, 2006	9:30 a.m. – 11:30 a.m. Walk-in No Appointment Necessary	Sydney Mines Pensioners Club 6 Fraser Avenue Sydney Mines
December 4, 2006	9:30 a.m. – 11:30 a.m. Walk-in No Appointment Necessary	Whitney Pier Pensioners Club Breton Street, Whitney Pier 564-6237
December 4, 2006	9:30 a.m. – 1:00 p.m. Walk-in No Appointment Necessary	Donkin Legion Donkin
December 5, 2006	9:00 a.m. – 1:00 p.m. Walk-in	Reserve Royal Canadian Legion, Main Street,



	No Appointment Necessary	Reserve Mines
December 5, 2006	9:30 a.m. – 11:30 a.m. Walk-in No Appointment Necessary	Bras D'Or Pensioners
December 5, 2006	1:00 p.m. – 3:00 p.m. Walk-in No Appointment Necessary	North Sydney Pensioners Ingraham Street North Sydney
December 6, 2006	1:30 p.m. – 3:30 p.m. Walk-in No Appointment Necessary	Mira Seniors & Pensioners Centre, Marion Bridge 727-2052
December 7, 2006	9:30 a.m. – 11:30 a.m. Walk-in No Appointment Necessary	New Victoria Fire Hall
December 8, 2006	10:00 a.m. – 1:00 p.m. Walk-in No Appointment Necessary	Christmas Island Fire Hall
December 14, 2006	9:30 a.m. – 11:30 a.m. Walk-in No Appointment Necessary	Dominion Fire Hall

For further information, contact Sydney Public Health Service's office at 563-2400 or Sydney Mines Public Health Service's office at 736-6245 or Glace Bay Health Service's office at 842-4050 or New Waterford Public Health Service's office at 862-2204 or visit [www.publichealth.ns.ca](http://www.publichealth.ns.ca)

*Inverness County*

DATE	TIME	LOCATION
November 16, 2006	9:30 a.m. – 11:30 a.m.	Namara Club Inverness
November 16, 2006	1:30 p.m. – 3:30 p.m. 5:30 p.m. – 7:00 p.m.	Public Health Office Inverness
November 17, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:00 p.m.	Residence P. Leblanc Apartments Cheticamp
November 20, 2006	2:00 p.m. – 4:00 p.m.	East Margaree Seniors Apartments East Margaree
November 21, 2006	1:00 p.m. – 3:30 p.m.	Namara Club
November 22, 2006	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 3:30 p.m.	Evergreen Senior Citizens Club Embree Street Port Hawkesbury
November 23, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m.	Port Hood Parish Hall
November 23, 2006	10:00 a.m. – 12:00 p.m.	Cameron Hall

	1:30 p.m. – 3:00 p.m.	Whycocomagh
November 24, 2006	9:30 a.m. – 11:30 a.m.	Bellevue Seniors Apartments Grand Etang
November 24, 2006	1:30 p.m. – 3:30 p.m.	Le Manoir Cheticamp
November 27, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m.	Mabou Senior Apartments
November 28, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m.	Public Health Office Inverness
November 30, 2006	10:00 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. 5:30 p.m. – 7:00 p.m.	St. Patrick's Hall North East Margaree
November 30, 2006	1:30 p.m. – 4:00 p.m.	Mulgrave Fire Hall Mulgrave
December 4, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. 5:30 p.m. – 7:00 p.m.	Public Health Services Sacred Heart Community Health Centre Cheticamp
December 5, 2006	9:30 a.m.- 11:30 a.m. 1:30 p.m. – 3:30 p.m.	Public Health Office Inverness
December 6, 2006	1:30 p.m. – 3:30 p.m.	Riverdale Community Centre Lower River
December 7, 2006	1:30 p.m. – 3:30 p.m.	Judique Community Centre
December 7, 2006	9:30 a.m. – 11:30 p.m.	Public Health Office Inverness
December 8, 2006	1:00 p.m. – 4:00 p.m.	Public Health Services Sacred Heart Community Health Centre Cheticamp
December 13, 2006	1:30 p.m. – 4:00 p.m. 6:00 p.m. – 8:00 p.m.	Evergreen Senior Citizens Club Embree Street Port Hawkesbury

For further information, contact Cheticamp Public Health Service's office at 224-2410, Inverness Public Health Service's office at 258-1920 or Port Hawkesbury Public Health Service's office at 625-4376 or visit [www.publichealth.ns.ca](http://www.publichealth.ns.ca)

*Richmond County*

<b>DATE</b>	<b>LOCATION</b>	<b>TIME</b>
November 17th, 2006	New Horizons Senior Citizens' Club	9:30 a.m. - 4:00 p.m.

	Arichat	
November 20th, 2006	Red Islands Fire Hall Red Islands	10:00 a.m. – 12:00 p.m.
November 20th, 2006	Framboise Hall Framboise	1:30 p.m. – 3:00 p.m.
November 22, 2006	Lion's Den Louisdale	10:00 a.m. – 1:00 p.m.
November 27th, 2006	Bonnie Brae Club St. Peter's	10:00 a.m. – 12:00 p.m.
November 29th, 2006	New Horizons Senior Citizen's Club Arichat	4:00 p.m. – 7:00 p.m.

For further information, contact Arichat Public Health Service's office at 226-2944 or visit [www.publichealth.ns.ca](http://www.publichealth.ns.ca)

*Victoria County*

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
November 16, 2006	9:30 a.m. – 4:00 p.m. Please call Jocelyn Barron to book your appointment @ 285-2967	St. Peter's Parish Hall Ingonish Beach
November 17, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. Please call Simone Carmichael Monday-Friday between 11:00 a.m. – 2:00 p.m. to book your appointment 295-1860	Victoria County Memorial Hospital Multi-purpose Room Baddeck Public Health Services
November 22, 2006	10:00 a.m. – 12:30 p.m. Please call Penny Steele @ 929-2712 to book your appointment	St. Anne's Bay Community Health Centre Indian Brook Fire Hall
November 23, 2006	10:00 a.m. – 4:00 p.m. Please call Valerie MacKinnon to book your appointment @ 336-2678	St. Andrew's Parish Hall Neil's Harbour
November 27, 2006	10:00 a.m. – 3:30 p.m. Please call Amy MacKinnon or the Centre to book your appointment @ 383-2334 (please leave a message if unanswered)	Bay St. Lawrence Community Centre Bay St. Lawrence

November 29, 2006	9:30 a.m. – 11:30 a.m. 1:30 p.m. – 3:30 p.m. 5:30 p.m. – 7:00 p.m. Please call Simone Carmichael Monday-Friday between 11:00 a.m. – 2:00 p.m. to book your appointment @ 295-1860	Victoria County Memorial Hospital Multi-purpose Room Public Health Services Baddeck
November 30, 2006	10:00 a.m. – 3:30 p.m. Please call Stacy Fitzgerald to book your appointment @ 383-2474	Cape North Fire Hall Cape North
December 1, 2006	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 4:00 p.m. Please call Edna MacLennan @ 756-2989 to book your appointment	Little Narrows Community Hall
December 6, 2006	5:30 p.m. – 7:30 p.m. Please call Heather Budge, Public Health Nurse to book your appointment @ 336-2295	Public Health Services Neil's Harbour Office

**Capital Health**

<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
November 17, 2006	12-3 pm	Scotia Square Mall
November 21, 2006	9 am	East Preston Resource Centre
November 22, 2006	11 am – 12 pm	Metro Community Housing
November 23, 2006	9 am – 1 pm	Sackville Heights Community Centre
November 24, 2006	12-3 pm	Scotia Square Mall
November 27, 2006	12-3 pm	Bedford Superstore
November 29, 2006	11 am – 2 pm	Maritime Centre Food Court
November 30, 2006	11:30 am – 4 pm	Alderney Gate Public Library
December 1, 2006	5-8 pm	Bedford Superstore
December 4, 2006	11:30 am – 5 pm	Keshen Goodman Library
December 5, 2006	11:30 am -4 pm	Alderney Gate Public Library
December 6, 2006	11 am -2 pm	Maritime Centre Food Court
December 8, 2006		Windsor Legion Branch 009
December 11, 2006	11:30 am – 5 pm	Keshen Goodman Library
December 12, 2006	11:30 am – 4 pm	Alderney Gate Public Library
December 19, 2006	9 am – 12:30 pm	East Preston Resource Centre