



Health

Promotion Campaigns

January

Alzheimer Awareness Month
Alzheimer Society of Nova Scotia
www.alzheimer.ns.ca

National Non-Smoking Week – Jan. 16-22
Weedless Wednesday – Jan. 19
Smoke-Free Nova Scotia
www.smokefree.ns.ca

February

Heart Month
Heart & Stroke Foundation of Nova Scotia
www.heartandstroke.ca

Family Violence Prevention Week – Feb. 13-19
Contact your local Public Health Services office

March

Nutrition Month
www.dietitians.ca
or Contact your local Public Health Services Office

Asthma Month
World TB Day – March 24
Lung Association of Nova Scotia
www.ns.lung.ca

Epilepsy Month
The Epilepsy Association of NS
www.epilepsyns.com

Liver Disease Awareness Month
Canadian Liver Foundation
www.liver.ca

Red Cross Month
Canadian Red Cross
www.redcross.ca

April

Oral Health Month
Nova Scotia Dental Association
www.healthyteeth.org
or Contact your local Public Health Services Office

Cancer Awareness Month
Canadian Cancer Society (NS Division)
www.cancer.ca

Parkinson Awareness Month
Parkinson Society Canada – Maritime Region
www.parkinsonsocietymaritimes.ca

Earth Day – April 22
Ecology Action Centre
www.ecologyaction.ca

Kidney Month
The Kidney Foundation of Canada
www.kidney.ca

National Organ and Tissue Donor Awareness Week – April 18-24
see April (Kidney Month)

May

Allergy Awareness Month
World Asthma Day – May 7
See March (Asthma Month)

Speech and Hearing Awareness Month
Society of Deaf & Hard of Hearing Nova Scotians
www.sdhns.org

Multiple Sclerosis Awareness Month
Multiple Sclerosis Society of Canada
www.mssociety.ca

MedicAlert Awareness Month
Canadian MedicAlert Foundation
www.medicalert.ca

Canada Health Day – May 12
Canadian Public Health Association
www.cpha.ca or Contact your local Public Health Services Office

National Immunization Week – May 9-15
Contact your local Public Health Services Office

World No Tobacco Day – May 31
See January (National Non-Smoking Week) or April (Cancer Awareness Month)

Huntington Disease Awareness Month
Huntington Disease Resource Centre
www.hsc-ca.org

National Hospice Palliative Care Week – May 2-8
NS Hospice Palliative Care Association
www.chpca.net

Mental Health Week – May 2-8
Canadian Mental Health Association - NS Division
www.cmhans.org

June

Water Safety Week – May 29 - June 4
See March (Red Cross Month)

National Sun Awareness Week – May 30 - June 5
Canadian Dermatology Association
www.dermatology.ca

ALS – Amyotrophic Lateral Sclerosis Awareness Month (Lou Gehrig's Disease)
A.L.S. Society of Nova Scotia
www.als.ca

Stroke Awareness Month
See February (Heart Month)

Brain Injury Awareness Month
Brain Injury Association of Nova Scotia
www3.ns.sympatico.ca/bians1

Clean Air Month
Clean Air Day – June 5
See March (Asthma Month)

National Spina Bifida and Hydrocephalus Awareness Month
Spina Bifida and Hydrocephalus Association of Nova Scotia
www.sbhans.ca

September

Muscular Dystrophy Awareness Month
Muscular Dystrophy Canada
www.muscle.ca

The 25th Anniversary Terry Fox Run – Sept. 18
The Terry Fox Foundation
www.terryfoxrun.org

Prostate Cancer Awareness Week – Sept. 18-24
See April (Cancer Awareness Month)

Arthritis Month
Arthritis Society, NS Division
www.arthritis.ca

COPD (Chronic Obstructive Pulmonary Disease) Awareness Month
See March (Asthma Month)

World Alzheimer Day™ – Sept. 21
See January (Alzheimer Awareness Month)

October

Flu Awareness Month
Contact your local Public Health Services Office

Autism Awareness Month
Autism Society of Nova Scotia
www.autismsocietynovascotia.ca

Breast Cancer Awareness Month
See April (Cancer Awareness Month)

Psoriasis Awareness Month
World Psoriasis Day – Oct. 29
Psoriasis Society of Canada (National)
www.psoriasisociety.org

Celiac Awareness Month
Canadian Celiac Association
www3.ns.sympatico.ca/ceciac.halifax/

Breastfeeding Week in Nova Scotia – Oct. 1-7
Contact your local Public Health Services Office, your local Breastfeeding Support Group or
www.infactcanada.ca

Mental Illness Awareness Week – Oct. 3-9
Canadian Psychiatric Association
www.cpa-apc.org

Pap Test Awareness Week – Oct. 23-29
Gynaecological Cancer Screening Program of Cancer Care Nova Scotia
www.cancercare.ns.ca

November

Diabetes Month
Juvenile Diabetes Research Foundation and Canadian Diabetes Association
www.diabetes.ca

Crohn's & Colitis Awareness Month
Crohn's & Colitis Foundation of Canada
www.cffc.ca

Addictions Awareness Week – Nov. 14-20
Contact your local Addictions/Drug Dependency Services Office

World COPD Day – Nov. 16
See March (Asthma Month)

National Child Day – Nov. 20
Health Canada, Health Policy & Communications
www.hc-sc.gc.ca

AIDS Awareness Week – Nov. 24 - Dec. 1
AIDS Coalition of Nova Scotia
www.acns.ns.ca

CPR Awareness Month
See February (Heart Month)

December

Lung Disease Month
See March (Asthma Month)

World AIDS Day – Dec. 1
See November (AIDS Awareness Week)

This Health Promotion Campaign Calendar is based on information submitted by individual agencies. To obtain information about any of these events, contact the sponsoring agency. To obtain additional copies of this calendar, contact your local Public Health Services Office or download from
www.gov.ns.ca/health/PublicHealth.

To be listed in the year 2006 calendar write to: Health Promotion Calendar Department of Health, Public Health/Health Promotion Division, PO Box 488, Halifax, Nova Scotia B3J 2R8
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