



Health

Promotion Campaigns 2006

January

Alzheimer Awareness Month
Alzheimer Society of Nova Scotia
www.alzheimer.ns.ca

Take the Roof Off Winter Ongoing – March

Nova Scotia Health Promotion
www.taketherooftoffwinter.com

National Non-Smoking Week – Jan. 15-21

Weedless Wednesday – Jan. 18
Smoke-Free Nova Scotia
www.smokefree.ns.ca

February

Heart Month

Heart & Stroke Foundation of Nova Scotia
www.heartandstroke.ns.ca

Family Violence Prevention Week – Feb. 12-18

Contact your local Public Health Services office

March

Nutrition Month

www.dietitians.ca or contact your local Public Health Services Office

Asthma Month

World TB Day – March 24
Lung Association of Nova Scotia
www.ns.lung.ca

Epilepsy Month

The Epilepsy Association of NS
www.epilepsyns.com

Liver Disease Awareness Month

Canadian Liver Foundation
www.liver.ca

Red Cross Month

Canadian Red Cross
www.redcross.ca

Kidney Health Month

The Kidney Foundation of Canada
www.kidney.ca

April

Oral Health Month

Nova Scotia Dental Association
www.healthyteeth.org or Contact your local Public Health Services Office

Cancer Awareness Month

Canadian Cancer Society (NS Division)
www.cancer.ca

Parkinson Awareness Month

Parkinson Society Canada – Maritime Region
www.parkinsonsocietymaritimes.ca

Earth Day – April 22

Ecology Action Centre
www.ecologyaction.ca

National Organ and Tissue Donor Awareness Week – April 23-30

see March (Kidney Health Month)

May

Allergy Awareness Month

World Asthma Day – May 7
See March (Asthma Month)

Speech and Hearing Awareness Month

Society of Deaf & Hard of Hearing Nova Scotians
www.sdhns.org

Multiple Sclerosis Awareness Month

Multiple Sclerosis Society of Canada
www.mssociety.ca

MedicAlert Awareness Month

Canadian MedicAlert Foundation
www.medicalert.ca

Canada Health Day – May 12

Canadian Public Health Association
www.cpha.ca or Contact your local Public Health Services Office

National Immunization Week – May 9-15

Contact your local Public Health Services Office

World No Tobacco Day – May 31

See January (National Non-Smoking Week)

Huntington Disease Awareness Month

Huntington Disease Resource Centre
www.hsc-ca.org
Local contact: bhörner@hsc-ca.org

National Hospice Palliative Care Week – May 1-7

Hike for Hospice Palliative Care May 7
NS Hospice Palliative Care Association
www.chpca.net

Mental Health Week – May 1-7

Canadian Mental Health Association - NS Division
www.cmhans.org

June

National Sun Awareness Week – May 29 - June 4

Canadian Dermatology Association
www.dermatology.ca

International Trails Day – June 3

Sport Nova Scotia
www.internationaltrailsday.com

Bike Week – June 4-10

HRM Bikeways Advisory Committee
www.halifax.ca/boardscom/bt/index.html

Commuter Challenge – June 4-10

TRAX of the Ecology Action Centre
www.commuterchallenge.ca

Clean Air Month

Clean Air Day – June 5
See March (Asthma Month)

Water Safety Week – June 4-10

See March (Red Cross Month)

ALS – Amyotrophic Lateral Sclerosis Awareness Month (Lou Gehrig's Disease)

A.L.S. Society of Nova Scotia
www.als.ca

Stroke Awareness Month

See February (Heart Month)

Brain Injury Awareness Month

Brain Injury Association of Nova Scotia
www3.ns.sympatico.ca/bians1

National Spina Bifida and Hydrocephalus Awareness Month

Spina Bifida and Hydrocephalus Association of Nova Scotia
www.sbhans.ca

June is Recreation Month

Recreation Nova Scotia
www.recreationns.ns.ca

September

Muscular Dystrophy Awareness Month

Muscular Dystrophy Canada
www.muscle.ca

The Terry Fox Run – Sept. 17

Cancer Research Promotion Month

The Terry Fox Foundation
www.terryfoxrun.org

Prostate Cancer Awareness Week – Sept. 18-24

See April (Cancer Awareness Month)

Arthritis Awareness Month

Arthritis Society, NS Division
www.arthritis.ca/novascotia

COPD (Chronic Obstructive Pulmonary Disease) Awareness Month

See March (Asthma Month)

World Alzheimer Day™ – Sept. 21

See January (Alzheimer Awareness Month)

October

Flu Awareness Month

Contact your local Public Health Services Office

Autism Awareness Month

Autism Society Nova Scotia
www.autismsocietynovascotia.ca

Breast Cancer Awareness Month

See April (Cancer Awareness Month)

Psoriasis Awareness Month

World Psoriasis Day – Oct.29
Psoriasis Society of Canada (National) www.psoriasisociety.org

Celiac Awareness Month

Canadian Celiac Association
www3.ns.sympatico.ca/ceciac.halifax/

Breastfeeding Week in Nova Scotia – Oct. 1-7

Contact your local Public Health Services Office, your local Breastfeeding Support Group or
www.infactcanada.ca

International Walk to School Week – Oct. 2-6

Active and Safe Route to School
www.goforgreen.ca/asrts

Pap Test Awareness Week – Oct. 22-28

Gynaecological Cancer Screening Program of Cancer Care Nova Scotia
www.cancercare.ns.ca

November

Diabetes Month

Canadian Diabetes Association
www.diabetes.ca

Crohn's & Colitis Awareness Month

Crohn's & Colitis Foundation of Canada
www.cfcf.ca

Addictions Awareness Week – Nov. 20-26

Contact your local Addiction/Drug Dependency Services Office

World COPD Day – Nov. 15

See March (Asthma Month)

National Child Day – Nov. 20

Public Health Agency of Canada, Health Policy & Communications
www.phac-aspc.gc.ca

AIDS Awareness Week – Nov. 26 - Dec. 1

AIDS Coalition of Nova Scotia
www.acns.ns.ca

CPR Awareness Month

See February (Heart Month)

Osteoporosis Month

Osteoporosis Canada
www.osteoporosis.ca

December

Lung Disease Month

See March (Asthma Month)

World AIDS Day – Dec. 1

See November (AIDS Awareness Week)

This Health Promotion Campaign Calendar is based on information submitted by individual agencies. To obtain information about any of these events, contact the sponsoring agency. To obtain additional copies of this calendar, contact your local Public Health Services Office or download from
www.gov.ns.ca/health/PublicHealth.

To be listed in the year 2007 calendar write to:
Health Promotion Calendar Department of Health, Public Health/NS Health Promotion, PO Box 488, Halifax, Nova Scotia B3J 2R8 Fax: 424-0663

Public Health Services



www.gov.ns.ca/health/PublicHealth