



Department of Environment and Labour  
Pension Regulation Division

**Form 7**

**Request for Transfer of a Defined Contribution Benefit or a Defined Benefit**  
(Section 74 of the *Pension Benefits Regulations*)

[Note: The limited member entitled to a defined benefit does not have transfer rights unless the member or former member is so entitled.]

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[Please print]

**To: Administrator of pension plan**

**Name of plan** .....

**Address of plan** .....

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**From: Spouse or common-law partner of member or former member**

[Note: "spouse or common-law partner" includes a former spouse or former common-law partner]

**Name** .....

**Address** .....

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**Telephone** (home) ..... (work) .....

**Social Insurance Number** .....

**Date of Birth** .....

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**In relation to: Plan member or former member**

**Name of member or former member** .....

**Address** .....

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**Telephone** (home) ..... (work) .....

**Social Insurance or Pension Plan Identity Number** .....

**Employer** .....

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**Other required information:**

**Date of marriage or commencement of common-law relationship** .....

**Entitlement date of spouse or common-law partner** .....

[Note: this is the date specified in the court order or separation agreement on which the spouse or common-law partner became entitled to an interest in the member's or former member's pension.]

**A copy of the court order or separation agreement on which the entitlement date is based**

[Note: attach or enclose with this Form]

**Request**

**I request that you**

- (a) **transfer my share of the member's or former member's pension benefit by a transfer that is permitted under Section 50 of the *Pension Benefits Act*; and**
- (b) **advise me in writing of the information that you require in order to do this.**

**Signed** (spouse or common-law partner) ..... **Date** .....

**Signed** (witness to signature of spouse or common-law partner) .....

**Name of witness** .....

**Address of witness** .....