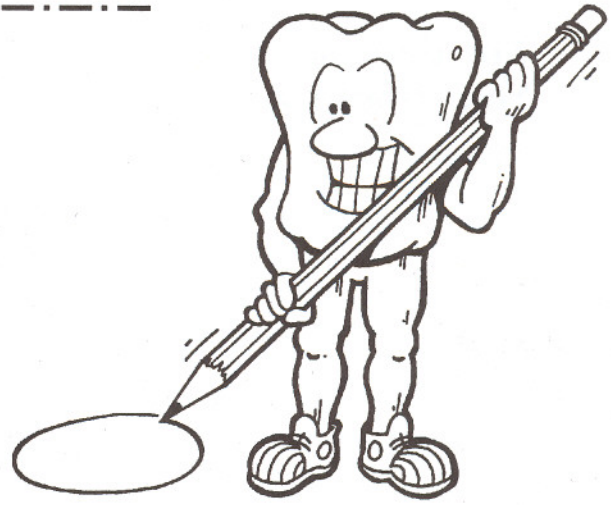


Things You Should Know About Your Teeth



Circle all correct answers.

1. **What can you do with your teeth?**
smile jump eat
climb talk look
2. **Each tooth has a crown and a root. Which one holds them firmly in the mouth?**
crown root
3. **What is plaque?**
hole in a tooth sticky germs sugar
4. **The bristles of your toothbrush should be . . .**
hard soft
5. **You should brush your teeth . . .**
once a week twice a year twice a day
6. **You must learn to use dental floss properly or it can hurt your**
teeth gums fingers
7. **What is a cavity?**
hole in your tooth place to put your tongue a filling in your tooth

More questions on the other side!

8. The dentist is your friend. He/she helps you keep your teeth healthy. You should visit your dentist . . .

once a week

at least once a year

only when you have a toothache

9. Which of the following can hurt your teeth?

pushing at a water fountain

chewing a banana

smiling

playing soccer without a mouthguard

opening packages with your teeth

biting or chewing on a pencil

10. Fluoride makes your teeth . . .

white

shiny

strong

11. Which group of snacks causes cavities?

(a) milk

(b) gum

(c) apple

unsweetened juices

cake

banana

cheese & crackers

sucker

carrot

12. Primary teeth . . .

are the last set of teeth

hold spaces for the permanent teeth

are not very important

13. How much fluoride toothpaste should you use?

cover all the bristles

a pea-size amount

none at all

14. When you are about 6 years old you get your first permanent molar. This tooth . . .

grinds food

shows when you smile

should last a lifetime

isn't very important