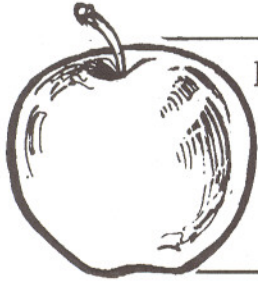
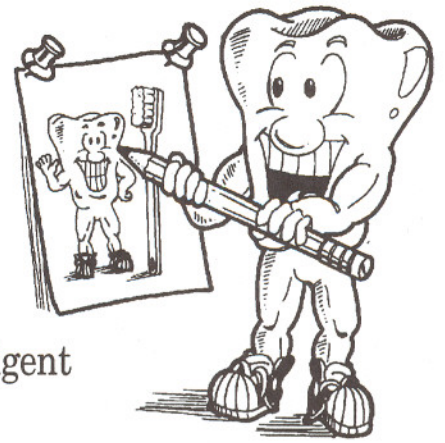
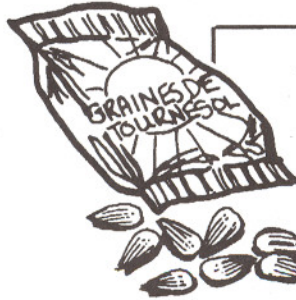


Choisis des collations nutritives

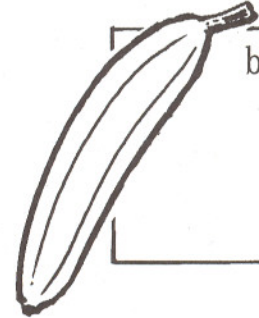
Instructions: Dessine une dent joyeuse à côté des aliments qui sont bons pour toi. Dessine une brosse à dent à côté des aliments qui risquent de provoquer des caries et qui t'obligent à te brosser les dents.



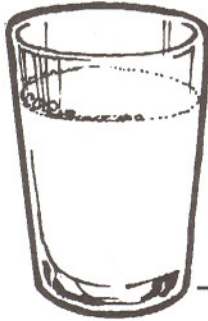
pomme



graines de tournesol



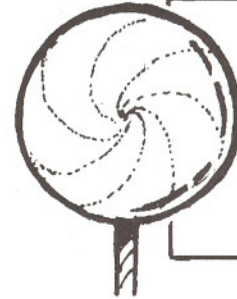
banane



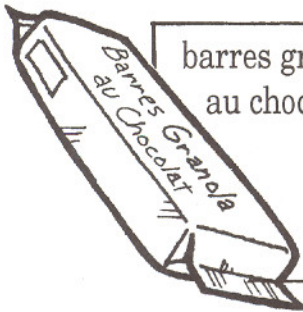
lait



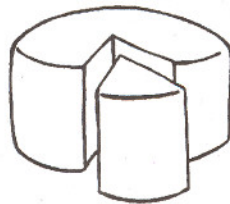
gomme à mâcher



sucette



barres granola au chocolat



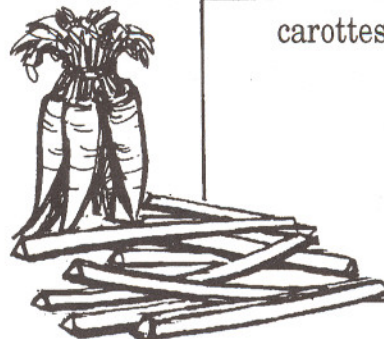
fromage dur



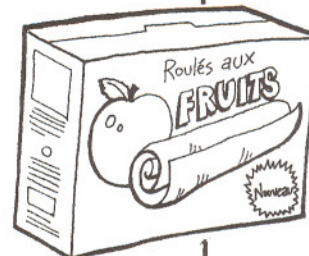
jus d'orange, non sucré



biscuits à la farine d'avoine



carottes



roulés aux fruits