

Head lice are not harmful, just a nuisance.

Anyone with hair can get head lice.

Teach your child not to share items that touch the hair. Tie back long hair.

Check these websites for more information on how to prevent, find, and treat head lice: English - www.cdha.nshealth.ca/Publichealth/headlice.pdf; en française - www.cdha.nshealth.ca/publichealth/headliceFR.pdf.

Check your child's hair regularly
— we suggest once a week.

Head lice are tiny insects that live on the head.

They lay eggs (called nits) close to the scalp.

If you find head lice, don't panic.

Ask for the pamphlet *How to Prevent,*Find, and Treat Head Lice at your local school,
pharmacy, or public health office.







