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1726 Canadian Scottish Regiment (Princess Mary's) ROYAL CANADIAN ARMY CADETS



ROYAL CANADIAN ARMY CADETS IS A NATIONAL YOUTH PROGRAM SPONSORED BY THE CANADIAN FORCES
IN PARTNERSHIP WITH THE CIVILIAN ARMY CADET LEAGUE OF CANADA

NEWS RELEASE

ARMY CADETS CONTRIBUTE TO THEIR COMMUNITY

Courtenay, BC – On the 25 February 2006, the staff and cadets of 1726 'Canadian Scottish Regiment (Princess Mary's)' Royal Canadian Army Cadet Corps supported the Heart and Stroke Foundation of B.C. & Yukon by canvassing door to door in the East Courtenay area. 1726 'Canadian Scottish Regiment (Princess Mary's)' Royal Canadian Army Cadet Corps has volunteered in this capacity for the last four years. To help the kick-off this event, donuts and hot chocolate was donated by the Tim Hortons location on Ryan Road to the cadets. For more than 50 years, the Heart and Stroke Foundation of B.C. & Yukon has served local communities. During that time, the death rate from heart disease and stroke has been cut in half. But as our population ages, it's more important than ever to understand the underlying causes of these diseases. The Heart and Stroke Foundation of B.C. & Yukon is dedicated to raising awareness about the warning signs and risk factors of heart disease and stroke, as well as the work of the Foundation. The Heart and Stroke Foundation of B.C. & Yukon has had many recent successes, but heart disease and stroke remain the leading causes of death for Canadians. Check cadets out on line at

http://www.cadets.net/pac/armcad/intro_e.asp for more information or leave a phone message at 339-8211 local 7995.

A picture of the event is attached to this News Release.

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For further information:

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