

## VERNON ARMY CADET SUMMER TRAINING CENTRE

### ARMY CADET FAMILIARIZATION TRAINING

Course	Aim	Length	Medical Considerations	Prerequisites	Selection Procedures	Qualifications Received
Basic Army Cadet	To familiarize cadets with the Army Cadet Summer Training Program and to motivate them toward pursuing further Army Cadet Training.	2 Weeks	Field training area is 30-45 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.	<b>Star</b> - have successfully completed the Green Star Course; <b>Courses</b> – N/A; <b>Fitness</b> – N/A; and <b>Special</b> – N/A	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	<ul style="list-style-type: none"> <li>a. meets one of the prerequisites to apply for Army Cadet Leader Courses;</li> <li>b. standard (if any) attained in the Army Cadet Fitness Test; and</li> <li>c. standard (if any) attained in marksmanship.</li> </ul>
Basic Army Cadet - Marksman	To familiarize cadets with the Army Cadet Summer Training Program, to motivate them toward pursuing further Army Cadet Training and to further the cadet's interest in marksmanship.	3 Weeks	Field training area is 30-45 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.  Candidates are subject to restrictions per CATO 16-02 , Annex B, Appendix 3.	<b>Star</b> - have successfully completed the Green Star Course; <b>Courses</b> – N/A; <b>Fitness</b> – N/A; and <b>Special</b> – have an interest in marksmanship.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.  <b>Note:</b> The Regional authority will select cadets based on shooting ability.	<ul style="list-style-type: none"> <li>a. meets one of the prerequisites to apply for Army Cadet Leader Courses;</li> <li>b. standard (if any) attained in the Army Cadet Fitness Test; and</li> <li>c. standard (if any) attained in marksmanship.</li> </ul>
Basic Army Cadet – Military Band  Basic Army Cadet – Pipes and Drums	To familiarize cadets with the Army Cadet Summer Training Program, to motivate them toward pursuing further Army Cadet Training and to further the cadet's interest in music training.	3 Weeks	Field training area is 30-45 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.	<b>Star</b> - have successfully completed the Green Star Course; <b>Courses</b> - N/A; <b>Fitness</b> – N/A; and <b>Special</b> – have an interest in learning to play a musical instrument.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.  <b>Note:</b> Cadets shall preferably be selected from a cadet corps that has a music-training program.	<ul style="list-style-type: none"> <li>a. a music qualification of Level Basic;</li> <li>b. meets one of the prerequisites to apply for Army Cadet Leader Courses including the Army Cadet Leader Military Band / Pipes and Drums Courses;</li> <li>c. standard (if any) attained in the Army Cadet Fitness Test; and</li> <li>d. standard (if any) attained in marksmanship.</li> </ul>

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**VERNON ARMY CADET SUMMER TRAINING CENTRE**  
**ARMY CADET LEADER TRAINING**

Course	Aim	Length	Medical Considerations	Prerequisites	Selection Procedures	Qualifications Received
Army Cadet Leader	To teach the knowledge and skills required for section level leadership and to provide course cadets with opportunities to develop self-confidence and leadership skills.	6 Weeks	Field training area is over 45 minutes away from hospital.  Candidates are required to attend FTXs of 2 and 5 days in duration.  Candidates may not have medical restrictions.	<b>Star</b> - have successfully completed the Red Star Course; <b>Courses</b> – N/A; <b>Fitness</b> – N/A; and <b>Special</b> – N/A.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	<ul style="list-style-type: none"> <li>a. meets one of the prerequisites to apply for Army Cadet Leader Instructor Courses;</li> <li>b. St. John's Ambulance Emergency First Aid Certificate (upon successful completion);</li> <li>c. standard (if any) attained in the Army Cadet Fitness Test;</li> <li>d. standard (if any) attained in marksmanship; and</li> <li>e. other qualifications that may be awarded by the CSTC.</li> </ul>
Army Cadet Leader – Military Band  Army Cadet Leader – Pipes and Drums	To teach the knowledge and skills required for section level leadership, to provide course cadets with opportunities to develop self-confidence, leadership skills and to train cadets as musicians capable to play in a unit band.	6 Weeks	Training area is 20-30 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.	<b>Star</b> - have successfully completed the Red Star Course; <b>Courses</b> - have successfully completed the Army Cadet Basic or preferably Army Cadet Basic Military Band/Pipes and Drums Course; <b>Fitness</b> – N/A; and <b>Special</b> - Be a qualified Level Basic musician.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.  <b>Note:</b> Cadets shall preferably be selected from a cadet corps that has a music-training program.	<ul style="list-style-type: none"> <li>a. music qualification of Level 1;</li> <li>b. meets one of the prerequisites to apply for Army Cadet Leader Instructor Courses including the Army Cadet Leader Instructor Military Band/Pipes and Drums Course;</li> <li>c. St. John's Ambulance Emergency First Aid Certificate (upon successful completion);</li> <li>d. standard (if any) attained in the Army Cadet Fitness Test;</li> <li>e. standard (if any) attained in marksmanship; and</li> <li>f. other qualifications that may be awarded by the CSTC.</li> </ul>

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**VERNON ARMY CADET SUMMER TRAINING CENTRE**

**ARMY CADET LEADER INSTRUCTOR TRAINING**

<b>Course</b>	<b>Aim</b>	<b>Length</b>	<b>Medical Considerations</b>	<b>Prerequisites</b>	<b>Selection Procedures</b>	<b>Qualifications Received</b>
Army Cadet Leader Instructor – Military Band <hr/> Army Cadet Leader Instructor – Pipes and Drums	To expand the knowledge and the skills required of an instructor and to provide the practice necessary to develop leadership abilities. In addition, the cadet will receive instruction in an army cadet specialty such as Army Cadet Leader Instructor Military Band/Pipes and Drums Course practices to be capable to play and lead in a unit band.	6 Weeks	Training area is 20-30 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.	<b>Star</b> - have successfully completed the Silver Star Course; <b>Courses</b> - Have successfully completed the Army Cadet Leader or Army Cadet Leader Military Band/Pipes and Drums Course; <b>Fitness</b> – N/A (Bronze recommended); and <b>Special</b> - Be a qualified Level 1 Musician.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.  <b>Note:</b> Cadets shall preferably be selected from a cadet corps that has a music-training program.	a. qualified as an army cadet instructor with a specialty in music; b. meets one of the prerequisites to apply for Advanced Training courses; c. meets one of the prerequisites for application to certain staff cadet / instructor employment; d. meets one of the prerequisites to apply for the Master Cadet appointment; e. music qualification of Level 2; f. standard (if any) attained in marksmanship; g. standard (if any) attained in the Army Cadet Fitness Test; and h. qualification (if any) assigned by the CSTC as result of optional/specialty training.

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### ARMY CADET LEADER INSTRUCTOR TRAINING

Course	Aim	Length	Medical Considerations	Prerequisites	Selection Procedures	Qualifications Received
Army Cadet Leader Instructor – Drill and Ceremonial	To expand the knowledge and the skills required of an instructor and to provide the practice necessary to develop leadership abilities. In addition, the cadet will receive instruction in an army cadet specialty such as military drill and ceremonial practices.	6 Weeks	Field training area is over 45 minutes away from hospital.  Candidates may not have medical restrictions.	<b>Star</b> - have successfully completed the Silver Star Course; <b>Courses</b> - have completed a Cadet Leader course; <b>Fitness</b> – N/A (Bronze recommended); and <b>Special</b> – N/A.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	<ul style="list-style-type: none"> <li>a. qualified as an army cadet instructor with a specialty in Drill and Ceremonial;</li> <li>b. meets one of the prerequisites to apply for Advanced Training courses;</li> <li>c. meets one of the prerequisites for application to certain staff cadet / instructor employment;</li> <li>d. meets one of the prerequisites to apply for the Master Cadet appointment;</li> <li>e. standard (if any) attained in the Army Cadet Fitness Test;</li> <li>f. standard (if any) attained in marksmanship; and</li> <li>g. qualification (if any) assigned by the CSTC as result of optional/specialty training.</li> </ul>

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**ARMY CADET LEADER INSTRUCTOR TRAINING**

<b>Course</b>	<b>Aim</b>	<b>Length</b>	<b>Medical Considerations</b>	<b>Prerequisites</b>	<b>Selection Procedures</b>	<b>Qualifications Received</b>
Army Cadet Leader Instructor – Rifle Coach	To expand the knowledge and the skills required of an instructor and to provide the practice necessary to develop leadership abilities. In addition, the cadet will receive instruction in an army cadet specialty such as marksmanship and coaching.	6 Weeks	Field training area is over 45 minutes away from hospital.  Candidates with medical restrictions can be kept on Camp.  Candidates are subject to restrictions per CATO 16-02, Annex B, Appendix 3.	<b>Star</b> - have successfully completed the Silver Star Course; <b>Courses</b> - have completed a Cadet Leader course; <b>Fitness</b> – N/A (Bronze recommended); and <b>Special</b> – have an interest in Marksmanship	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.  <b>Note:</b> Selection of cadets shall be based on interest in rifle shooting/coaching and not on a shooting standard.	a. qualified as an army cadet instructor with a specialty in shooting/coaching; b. meets one of the prerequisites to apply for Advanced Training courses; c. meets one of the prerequisites for application to certain staff cadet / instructor employment; d. meets one of the prerequisites to apply for the Master Cadet appointment; e. standard (if any) attained in the Army Cadet Fitness Test; f. standard (if any) attained in marksmanship; and g. qualification (if any) assigned by the CSTC as result of optional/specialty training.

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**ARMY CADET LEADER INSTRUCTOR TRAINING**

<b>Course</b>	<b>Aim</b>	<b>Length</b>	<b>Medical Considerations</b>	<b>Prerequisites</b>	<b>Selection Procedures</b>	<b>Qualifications Received</b>
Army Cadet Leader Instructor – Physical Education and Recreational Training	To expand the knowledge and the skills required of an instructor and to provide the practice necessary to develop leadership abilities. In addition, the cadet will receive instruction in an army cadet specialty such as physical education and recreational training.	6 Weeks	Field training area is over 45 minutes away from hospital.  Candidates may have some medical limitations but none related to joints, knees or ankles.	<b>Star</b> - have successfully completed the Silver Star Course; <b>Courses</b> - have completed a Cadet Leader course; <b>Fitness</b> – Bronze (Silver recommended); and <b>Special</b> – N/A.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	<ul style="list-style-type: none"> <li>a. qualified as an army cadet instructor with a specialty in recreational sports organization;</li> <li>b. meets one of the prerequisites to apply for Advanced Training courses;</li> <li>c. meets one of the prerequisites for application to certain staff cadet / instructor employment;</li> <li>d. meets one of the prerequisites to apply for the Master Cadet appointment;</li> <li>e. standard (if any) attained in the Army Cadet Fitness Test;</li> <li>f. standard (if any) attained in marksmanship; and</li> <li>g. qualification (if any) assigned by the CSTC as result of optional/specialty training.</li> </ul>

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### ARMY CADET LEADER INSTRUCTOR TRAINING

Course	Aim	Length	Medical Considerations	Prerequisites	Selection Procedures	Qualifications Received
Army Cadet Leader Instructor – Adventure	To expand the knowledge and the skills required of an instructor and to provide the practice necessary to develop leadership abilities. In addition, the cadet will receive instruction in an army cadet specialty such as adventure training.	6 Weeks	<p>Field training area is over 45 minutes away from hospital.</p> <p>Course involves strenuous expeditions of several days duration.</p> <p>Candidates may not have any medical limitations, particularly those described in CATO 16-02, Annex B.</p>	<p><b>Star</b> - have successfully completed the Silver Star Course;</p> <p><b>Courses</b> - have completed a Cadet Leader course;</p> <p><b>Fitness</b> – Silver (Gold recommended); and</p> <p><b>Special</b> – N/A.</p>	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	<ol style="list-style-type: none"> <li>a. qualified as an army cadet instructor with a specialty in field training;</li> <li>b. meets one of the prerequisites to apply for Advanced Training courses;</li> <li>c. meets one of the prerequisites for application to certain staff cadet / instructor employment;</li> <li>d. meets one of the prerequisites to apply for the Master Cadet appointment;</li> <li>e. standard (if any) attained in the Army Cadet Fitness Test;</li> <li>f. standard (if any) attained in marksmanship; and</li> <li>g. qualification (if any) assigned by the CSTC as result of optional/specialty training.</li> </ol>

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**VERNON ARMY CADET SUMMER TRAINING CENTRE**

**ARMY CADET SUMMER EXPEDITION/SPECIALIST COURSE**

<b>Course</b>	<b>Aim</b>	<b>Length</b>	<b>Medical Considerations</b>	<b>Prerequisites</b>	<b>Selection Procedures</b>	<b>Qualifications Received</b>
Army Cadet Pioneer Adventure	The Cadet Pioneer Adventure Course is intended for Cadets who are between 15 and 18 years of age. It provides a new and challenging opportunity for cadets who have previously attended a CLI , National Star and/or other formal Advanced Cadet Training Course, and who are still too young to be employed in a Staff position at a Summer Training Camp.	6 Weeks	Field training area is over 45 minutes away from hospital.  Course involves strenuous expeditions of several days duration.  Candidates may not have any medical limitations, particularly those described in CATO 16-02, Annex B.	<b>Star</b> - have successfully completed the Gold Star Course; <b>Courses</b> - have completed a Cadet Leader Instructor course; <b>Fitness</b> – Silver (Gold recommended); and <b>Special</b> – N/A.	Cadets must be recommended by their Commanding Officer and approved by the Detachment/Region.	a. There will be no qualification awarded for this course.

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