

Sail Training in Pacific Region



Stronger.....Better.....Faster



Sailing in Esquimalt

Sailing is an important component of the Sea Cadet mandatory training program. At the local unit level, (LHQ) every cadet is given the opportunity to achieve [Canadian Yachting Association \(CYA\)](#) white sail levels one and two. CYA white sail level 2 is a pre-requisite for promotion to the [Cadet Petty Officer First Class rank](#).

There are five sail training centres operating in British Columbia. Cadets from corps in northern and central BC - where the weather is not conducive to winter months sail training - are for five days of sail training at the South Vancouver Island Sail Centre in Esquimalt.



Capsize Drill



Regatta

Cadets that choose Sail as their summer training trade can take advantage of further training prospects including regatta training, boat rescue, pleasure craft operator card and basic powerboat qualifications. Through careful career planning and a commitment to the sail trade, it is possible for Sea Cadets in BC to attain up to the CYA Red Instructor level. *The [Volunteer Instructor Program \(VIP\)](#) allows cadets the opportunity to practice their instructional skills under the supervision and mentorship of CYA qualified CIC officers. A number of the VIP graduates have enrolled in the CIC and are working as Head Instructors at one of the Sail Centres. Sea Cadets in BC that choose the sailing trade become strong leaders, quality instructors and positive role models.

The Regional Cadet Sail Training Program Director (RCSTPD) [Lt\(N\) T. Terry](#) can be reached at 1-800-661-8733



- If the VIP cadet is enrolled in the [Duke of Edinburgh Award Program](#), volunteer instructor hours may be included in the Service section* .

Click [here](#) for more information on the sailing program in Pacific region.