# The Duke of Edinburgh's Award

You may have heard about the D of E Award Program, but did you know that:

- your regular cadet training and activities can earn you the Bronze and Silver medals if you are registered in the program
- © that you can earn 2 Grade 11 <u>High School credits</u> for the Silver level and 2 Grade 12 credits for the Gold level
- © that the Regional Cadet Support Unit (P) supplies the Record Books at no charge to cadets
- that you can wear your Award pins on your cadet uniform









## The Program

The Duke of Edinburgh's Award Program is open to young people aged 14 to 25. Cadets (and Officers that meet the age requirement) may actively participate in and gain further recognition for their achievements within the Canadian Cadet Movement (CCM), their community and the Award Program.

It is an <u>individual</u> program and there is no "competition" with others. Cadets may continue on with the Award after they "age out" of the CCM. This is not a program just for cadets and being in Cadets does not mean you automatically "achieve" the Award.

There are four <u>Sections</u> to each Level of the Award, plus one extra component of the Gold Award (Residential) that may be completed any time after the Cadet's enrolment into the Award Program. Each Award Level has different Minimum Criteria for successful completion.

Cadets are lucky, their Unit Training and Summer Training may be used towards their Award Levels. Again being in Cadets does not automatically entitle you to the Award it merely offers many venues to achieve the Award.

### 1. SERVICE:

The goal is to encourage participants to realize that, as members of a community, they have a responsibility to others and that their help is needed. SERVICE is a commitment to the needs of others without pay. (The Cadet Summer Training bonus is NOT considered pay, however a Staff Cadet who is being paid may NOT use their Summer Training Centre times towards the Award Program.)

To prepare and give SERVICE to others: This may include local unit activities such as Tag days, canvassing for charity, participation in parades (Battle of Britain, Battle of Atlantic, and Freedom of the City and Remembrance Day activities.) May also include time spent instructing classes at the local unit.

# 2. EXPEDITION/EXPLORATION:

To develop self-reliance by undertaking an interesting journey of discovery: To encourage participants to develop and awareness of the natural environment and the importance of protecting it during the Expedition/Exploration.

There are two components to this section. A PRACTICE Journey, followed by the QUALIFYING Journey. At the local unit the cadets should actively participate in the planning and preparation of the Expedition/Exploration. At Summer Training Centres the Expedition/Exploration trips are planned prior to cadets' arrival and therefore can only count as a PRACICE Journey, not a QUALIFYING Journey.

The Practice Journey should simulate the Qualifying Journey. (If you are going to go on a canoe trip for the Qualifying then some canoe practice training should be done.) The Practice Journey is to check the equipment and the participant's preparedness and readiness

### 3. SKILL:

To encourage the discovery and development of personal interest and social and practical skills. (An athletic event/activity is NOT a Skill.)

The Skill may be new to the participant or a continuation of a current interest.) Some examples of Skills are, but not limited to: model building, web design, musical or theatrical studies. A Skill is done in your leisure time, has been followed with some level of progression and a genuine effort has been given.

## 4. PHYSICAL RECREATION:

To encourage participation in physical activity and provide an opportunity to improve performance and learn to appreciate Physical Recreation as an important part of a healthy lifestyle.

Any Sporting Activity" may be used. The cadet is not limited to one sport and it does not have to be of a competitive nature. When recording in the Record Book it is important to note that NOT more than 2 hours every 7 days will be counted towards the Award.

### 5. RESIDENTIAL:

(Gold Award component, may be done at any time once registered.)

To develop social adaptability through involvement with others in a group setting. Again, time spent at Summer Training Centre may be used towards the Award if the Cadet is under training, NOT a Staff Cadet. If the cadet is with a Unit Exchange or a competitor at a National Level (Biathlon, Marksmanship, Regatta, etc) and they fulfill the requirements they may use that event as their Residential. The Residential may also be split into two sections as long as the two weekends are within 365 days and they meet the requirements of the section.

<u>Section Requirements</u>: There is a requirement for each section to be "signed off" by an <u>Assessor</u> The Assessors should be someone who is skilled and knowledgeable in the section subject area.

For further information on the <u>Criteria</u> of the Award, please visit the <u>Award web site</u> or contact the Award Office:

The Duke of Edinburgh's Award
British Columbia and Yukon Division
4086 Shelbourne Street
Victoria, British Columbia

250 385 4232
604 682 5543 (Vancouver)
1 888 881 7788 (Toll Free)
250 385 1433 (Fax)

victoria, Dittisii Columbia 250 505 1455 (1 ax)

V8W 3C6 <u>dea@islandnet.com</u> (Email Address)

### Record Books

Record Books are obtained from <u>Captain Salmon</u>, <u>SO3 Training</u> at RCSU (P). Submit a list of the names and ranks of those who wish to participant in the Award Program and he will send the Record Books to your Unit. There is no cost to Cadets or Officers for the books.

## Ceremony Information

<u>Bronze Award Ceremony</u>: May be held at the local level. For a Cadet Unit during a special night is a great opportunity to promote the Cadet's hard work and accomplishments. (ie: Commanding Officer's parade or at the Annual Ceremonial Review)

Silver Award Ceremonies are held twice a year at Government House, Victoria.

<u>Gold Award Ceremony</u>: Please check with the Award Office or web site for details of the next planned Gold Award ceremony.