



Pacific Region Cadets

ROYAL CANADIAN ARMY CADETS



ROYAL CANADIAN ARMY CADETS IS A NATIONAL YOUTH PROGRAM SPONSORED BY THE CANADIAN FORCES
IN PARTNERSHIP WITH THE CIVILIAN ARMY CADET LEAGUE OF CANADA

BACKGROUND

DOCUMENTATION

ARMY CADET ADVENTURE ACTIVITIES

Royal Canadian Army Cadets is Canada's oldest youth organizations with the first Army Cadet Corps formed in 1879. For over 125 years Army Cadets has maintained its commitment to the aim of developing in youth the attributes of good citizenship and leadership and promoting physical fitness and an interest in Canada's role in the world. Such goals are achieved through a variety of means including leadership, instructorship, military drill, marksmanship, public speaking, first aid training, citizenship activities, sports and fitness, adventure activities and expeditions.

The adventure component of the army cadet program demonstrates the organization's commitment to its aim. Adventure activities and expedition is a vehicle through which individual army cadets can develop positive self-image, further develop their leadership ability, and increase their interpersonal skills. Cadets are presented with opportunities to develop their abilities through a wide variety of exciting, and challenging outdoor pursuits at the local, regional, national and international level that are fun and safe. Cadets participate in backpacking, trekking, canoe tripping, sea and river kayaking, mountain biking, rafting, rock climbing, abseiling, voyager canoe tripping, orienteering, navigation, glacier travel, ropes challenge course, and expeditions.

. Throughout the experience the cadets are challenged individually and as a group to improve their skills in decision-making and problem solving, teamwork and co-operation, communications, tolerance, resourcefulness and time management.