

# CCOHS Health and Safety Training

## - delivered to your doorstep



**The Pas, MB.:** Raising awareness and encouraging employees to take responsibility for their workplace safety is an important part of the job for Ron Stewart, Senior Day Operator at Tolko Industries.

Tolko Industries is a private, family-owned company whose primary business is the marketing and manufacturing of specialty forest products. Founded in 1961, Tolko Industries has ten manufacturing divisions across Canada.

### Onsite training

When it comes to information and training in all OSH-related matters, Ron turns to the Canadian Centre of Occupational Health and Safety. CCOHS customizes health and safety training courses for specific situations and conducts them on location. If several people are to be trained, the onsite course can save the employer time and money as well as feel more relevant to the employees.

In Tolko's case, Ron books and organizes CCOHS occupational health and safety training courses for plant managers, supervisors and top operators in Manitoba. He plans to expand the training program to shop floor workers and eventually make the courses available to Tolko employees in divisions across the country.

**"After taking the course, managers and supervisors are more aware of their responsibilities and the roles they play in health and safety. They learn how important it is to not only protect themselves, but to protect and look after those they work with,"** explains Ron.

"Each course is well presented and always well received by our employees. The courses are customized to cover several guidelines specific to the pulp and paper industry including legislation, regulations and responsibilities."

### Two-day intensive course

Health and Safety Training for Managers and Supervisors is a two-day intensive course for managers, supervisors, occupational health nurses, administrators and engineers who are accountable for health and safety. The CCOHS course provides an understanding of the duties and responsibilities required by occupational health and safety legislation, and identifies ways of meeting these responsibilities. This training prepares participants to apply the concepts in a practical manner to their own workplace environments, and to take every precaution reasonable to ensure the protection of their employees. Courses are aligned with the best safety management standards.

Course modules give participants a thorough overview of safety principles and risk management, emergency preparedness and fire prevention, industrial hygiene, ergonomics, workplace inspection and accident inspection, and more.

As well as being made available on location, health and safety training courses are offered five times a year at CCOHS headquarters in Hamilton, Ontario.



### Subscribe to CCOHS

In addition to occupational health and safety training courses, there are many valuable programs and services offered by the Canadian Centre for Occupational Health and Safety. Subscribers to CCOHS products choose to receive their services via the Internet or CD-ROM. There is also free, unlimited technical support and a quarterly users' newsletter that is sent to all subscribers. A free trial period for all CCOHS products is available on the Web for seven days or on CD-ROM for 30 days.

For more information on Health and Safety Training Courses, please call CCOHS at 1-800-668-4284 or 1-905-570-8094 or visit [www.ccohs.ca](http://www.ccohs.ca)