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ROYAL CANADIAN ARMY CADETS GOLD STAR COURSE TRAINING PLAN

(ENGLISH)

Issued on Authority of the Chief of the Defence Staff

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Contact Officer: D Cdts 3

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PREFACE

1. The Royal Canadian Army Cadets Gold Star Course Training Plan, is issued on authority of the Chief of the Defence Staff.
3. Some of the Gold Star Course cadets already function in a senior leadership position or a position of some responsibility in their cadet corps. The Gold Star Course has been designed to complete basic leadership training, instructional techniques, map and compass, and citizenship. In addition, ceremonial drill and range duties are introduced during this course, which will allow the cadet to assist in organizing the annual inspection parade and the safe operation of an indoor range.
3. Commanding officers must realise that this course is but one of the tools at their disposal for retention of cadets. Others consist of:
 - a. ensuring that each cadet corps training session is well organised and that the standard of instruction is high; and
 - b. organising exciting cadet corps activities that complement the Silver Star Course.
4. **Suggestions for changes will be forwarded through the Area Cadet Officer (ACO) to National Defence Headquarters (NDHQ) Attention: Director of program development (D Cdts 3).**

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Chapter One

CHAPTER 1

GENERAL

OUTLINE OF TRAINING

1. **Description of Need.** A Gold Star Course cadet requires training in the following: ceremonial drill; completion of the basic instructional techniques; an introduction to the duties of range personnel. further leadership instruction and the completion of map and compass training. This training will qualify the course cadet to participate as a member of the cadet corps in a senior appointment. The cadet will also be ready to assume the responsibility for the instruction of the Green Star Course material.
2. **Course Design.** The Gold Star Course has been designed based on the fact that:
 - a. the majority of Gold Star Course cadets are between the ages of 15-17;
 - b. using 30 minutes (40 minutes at the Commanding Officer's discretion) as a standard period of instruction which makes cadet corps training less like school and requires the instructor to concentrate on **must knows**;
 - c. a Course Training Plan (CTP) and the Army Army Cadet Reference Book are used. Both publications are required in order to run the Gold Star Course; and
 - d. **both** skills and theoretical knowledge are emphasised.

USE OF THE CTP

3. This CTP provides the authority for Cadet Corps Commanding Officers to conduct the Gold Star Course.

CONDUCT OF TRAINING

4. **Scope.** The following are summaries of the performance objectives (POs) included in the Gold Star Course:
 - a. PO 401 — Drill :
 - (1) The aim of Gold Star drill is to provide the course cadets with knowledge of flag drill, the march past and the advance in review order, so that they will be able to organise a ceremonial parade such as an annual review and a change of command parade.
 - b. PO 402 — Fundamental Training :
 - (1) The aim of Gold Star fundamental training is to teach the cadet how to complete a parade state and write a simple memorandum.
 - c. PO 403 — Not Allocated.
 - d. PO 404 — Not Allocated.
 - e. PO 405 — Map and Compass :
 - (1) The aim of Gold Star map and compass is to provide the course cadets with advanced knowledge and skills related to navigating across country with the aid of a map and compass. These skills are to be practiced and tested during the field training weekend.

f. PO 406 — Marksmanship :

- (1) The aim of Gold Star marksmanship is to provide the course cadets with the duties and responsibilities of range personnel in order that they can function as an assistant to the Range Safety Officer. The knowledge and skills taught during this performance objective are to be practiced during the range day.
- (2) Course cadets are required to attempt the annual classification shoot as detailed in CATO 14.41. Annex C. A range day has been set aside under mandatory support training in order to meet this requirement.

g. PO 407 — Not Allocated.

h. PO 408 — Not Allocated.

i. PO 409 — Instructional Techniques :

- (1) The aim of Gold Star instructional techniques is to complete the knowledge required to teach a period of instruction. With the knowledge and experience acquired on the Silver and Gold Star Courses, the cadets will be qualified to begin instructing the Green Star Course cadets. Each course cadet is required to teach a minimum of one classroom mutual. Cadets may attempt more mutuals if time permits.

j. PO 411 — Leadership :

- (1) The aim of Gold Star leadership is to complete instruction of the knowledge required by course cadets in order to be more comfortable in their role as leaders.

k. PO 412 — Citizenship :

- (1) The aim of Gold Star citizenship is to have the cadets organize a cadet corps citizenship activity. The course cadets must draw on previous experience in order to organize this activity. They must work in conjunction with the training officer and their peers.
- (2) Participation in at least one community activity is required of all course cadets.

l. PO 413 — Physical Fitness :

- (1) The aim of Gold Star physical fitness is to have the course cadets organize a sporting activity for the benefit of the cadet corps. They must consult with the training officer and their peers.
- (2) Course cadets are required to participate in the Army Cadet Fitness Test; however, there is no minimum standard required in order to pass this course.

m. PO 414 — Not Allocated.

n. PO 415 — Not Allocated.

5. **Method of Achieving Objectives.** A smaller proportion of Gold Star performance objectives is skill-related this year. A hands-on learning approach is essential to the teaching of those subjects. The majority of the Gold Star Course is theoretical in nature. Careful selection of instructors and good pre-class preparation is essential to the success of the classes. It cannot be emphasised enough that the Gold Star Course cadets are the future leadership (as senior NCOs or CIC officers) of the cadet corps and that a well run Gold Star Course is important in this regard.

6. Course Summary.

Training Time Allocation — Gold Star Course

| PO | Activity | Number of Periods |
|--------------|---------------------------------|--------------------------|
| 401 | DRILL | 10 |
| 402 | FUNDAMENTAL TRAINING | 2 |
| 405 | MAP AND COMPASS | 8 |
| 406 | MARKSMANSHIP | 2 |
| 409 | INSTRUCTIONAL TECHNIQUES | 9 |
| 411 | LEADERSHIP | 5 |
| 412 | CITIZENSHIP | 2 |
| 413 | PHYSICAL FITNESS | 2 |
| TOTAL | | 40 |

Chapter Two

CHAPTER 2

COURSE MANAGEMENT DETAILS

AIM

1. The aim of the Gold Star Course is to complete instruction of all mandatory training and to qualify the cadets for a senior appointment and position of leadership within the cadet corps.

CRITICAL REQUIREMENTS

2. **Course Duration.** The duration of this course is 40 periods of instruction.
3. **Instructor Allocation.**
 - a. Gold Star Course Officer;
 - b. Cadet instructors having successfully obtained the National Star Certification; and
 - c. any guest lecturers as required.
4. **Course Capacity.** The course capacity will be dependent on the resources available at each cadet corps and the number of qualified available Silver Star cadets. This decision lies with the Cadet Corps Commanding Officer.
5. **Facility Requirements.** Cadet Corps should seek access to the following facilities in order to conduct this course:
 - a. an area to conduct drill instruction;
 - b. a classroom; and
 - c. a training area out of doors.
6. **Language of Instruction.** This course will be conducted in accordance with Cato 13-21.

RELATED AGENCIES

7. **Controlling Agency.** The agency that controls the content of this CTP is NDHQ/DCdts 3.
8. **Loading Agency.** The loading agency is the Cadet Corps Commanding Officer.

COURSE PROGRAMMING

9. **Course Programming.** Scheduling of the Gold Star Course is the responsibility of the Cadet Corps. Completion of the course must be accomplished by 15 February of the cadet corps training year. This is to allow successful Gold Star cadets to sit the National Star Certification Examination in the same year. Regional authorities administer the examination on a date established subsequent to 15 February as detailed in CATO 43-02
10. Normally one serial of the Gold Star Course will be conducted during the cadet corps training year.

COURSE PREREQUISITES

11. To qualify for selection, the cadets must have successfully completed the Silver Star Course.

QUALIFICATION

12. When cadets successfully complete this course, they are considered to be Gold Star cadets. The successful course cadets are to be awarded the Gold Star badge (NSN 8455-21-909-2160) by the Cadet Corps Commanding Officer immediately following the completion of the course.

MANDATORY SUPPORT REQUIREMENTS

13. In addition to the mandatory 40 periods of instruction, there is a requirement for mandatory support training to be conducted. This training consists of:

- a. two field training weekends (4 days) to practice and test all practical skills taught at the Gold Star level;
- b. a range day to conduct the Daisy 853C Air Rifle Marksmanship Classification;
- c. a day to conduct a citizenship activity;
- d. a day to test the ACFT and practice a team sporting activity; and
- e. a day at the Commanding Officer's discretion.

Chapter Three

CHAPTER 3

ASSESSMENT OF COURSE CADETS

GENERAL

1. **Course Assessment.** A pass/fail assessment of each cadet will be based upon:
 - a. the cadet successfully meeting the standards of all performance objectives as stated in Chapter 4 of this publication (see paragraph 2 below for further details); and
 - b. the cadet's overall conduct and behaviour (see paragraph 3 below for further details).
2. **Performance Objective Assessment.** Assessment of all performance objectives will be accomplished according to one of the following three methods:
 - a. **Performance Checks.** A pass (P) or fail (F) grade will be assigned. This method of assessment often asks the cadet to correctly perform an action. A performance check is used to evaluate a skill.
 - b. **Written Tests.** A 60 per cent result is required for a passing grade. This method of assessment is often used to test theoretical knowledge. This theoretical knowledge supports an action.
 - c. **Participation.** The cadet's participation in an activity is the third method of evaluation used in this CTP.
3. **Conduct/Behavioural Assessment.** Cadets must meet the standard of behaviour and conduct expected from all cadets. Difficulties in this regard will be handled by the Course Officer during cadet interviews and personal counselling.

SPECIFIC ASSESSMENT GUIDELINES

4. PO 401(Drill) is to be assessed by performance checks using the assessment form found in Annex A to this chapter. To gain experience and build self-confidence in front of a class course cadets will be tasked to teach a drill mutual. The choice of subjects, selected from the green and red star courses, for use in drill mutual instruction is the responsibility of the cadet corps training officer. The drill mutual assessment form is found as part of Annex A to this chapter.
5. PO 402 (Fundamental training) is to be assessed using a written test. A sample test is included in Annex B to this chapter. There is no requirement to use the sample test, but it is available should the need arise.
6. PO 403 — Not Allocated.
7. PO 404 — Not Allocated.
8. PO 405 (Map and compass) is to be assessed using the evaluation form found in Annex C to this chapter.
9. PO 406 (Marksmanship) is to be assessed in two ways. Firstly, using assessment form included in Annex D to this chapter. Secondly, the cadet must attempt the Daisy 853C Air Rifle Marksmanship Classification Shoot. Details for the classification shoot are included in CATO 14.41 annex C.
10. PO 407 — Not Allocated.
11. PO 408 — Not Allocated.
12. PO 409 (Instructional Techniques) is to be assessed based on the teaching of a period of instruction of Green or Red Star Course material with emphasis placed on all aspects of instructional techniques taught within the star programme to date. The assessment form is to be found in Annex E to this chapter.

13. PO 411 (Leadership) is to be assessed by way of a performance check. The cadet must successfully accomplish a small group tasking as a performance check. The evaluation form is to be found in Annex F and a suggested small group tasking list of exercises is to be found in Annex F to this chapter. There is no requirement to use the suggested list of exercises as a cadet corps may prefer to make their own list of exercises but the suggested list is available should the need arise. Cadets may try as many small group tasks as they wish; their best result is to count as their final mark.

14. PO 412 (Citizenship) evaluation is the responsibility of the Cadet Corps. The course cadets are required to organize a citizenship activity for the benefit of the other members of the cadet corps. This activity can be organized as a group or individually.

15. PO 413 (Physical Fitness) is the responsibility of the Cadet Corps. The course cadets are required to organize a physical fitness activity for the benefit of the other members of the cadet corps. This activity can be organized as a group or individually.

16. PO 414 — Not Allocated.

17. PO 415 — Not Allocated.

RETESTING

18. Supplementary testing of all POs is permitted if failure occurs, A successful retest is equal to a "pass" and/or maximum passing grade of 60%.

PROGRESS MONITORING

19. Continuous monitoring of cadet progress is required in order to provide the following:

- a. early warning of difficulties; and
- b. feedback on the effectiveness of training.

20. Mechanisms used for this purpose are:

- a. the cadet training record; and
- b. cadet interviews with the Course Officer — a minimum of one interview per cadet corps training year.

21. **Cadet Training-Record.** The Course Officer is responsible for completing a Cadet Training Record for each cadet on the Red Star Course. This record contains all of the cadet's results. Annex G contains a copy of the Cadet Training Record. A copy of the cadets training record is to be placed on the cadets personal file (DND 1888) in accordance with CATO 41-12.

22. **Cadet Interviews.** The Course Officer will interview every cadet in order to obtain feedback on learning difficulties, presentation of course content and administrative problems. This system does not preclude the reporting of problems as they arise, but ensures that feedback does take place.

UNSATISFACTORY COURSE PROGRESS

23. Unsatisfactory course progress is indicated by:

- a. the failure of any one of the POs;
- b. a lack of attendance at cadet training sessions; and
- c. inappropriate conduct.

24. The Course Officer will interview every cadet in order to obtain feedback on learning difficulties, presentation of course content and administrative problems. This system does not preclude the reporting of problems as they arise, but ensures that feedback does take place.

PO 401

GOLD STAR DRILL ASSESSMENT FORM

Name: _____ Cadet Corps: _____

Name of Evaluator: _____ Date: _____

| EO | CEREMONIAL DRILL | PASS/FAIL | REMARKKS |
|-----------|--|------------------|-----------------|
| | Did the cadet carry out the following movements correctly as a member of a platoon? | | |
| 401.24 | THE MARCH PAST IN QUICK TIME | | |
| | THE ADVANCE IN REVIEW ORDER | | |
| EO | FLAG DRILL | | |
| | Did the cadet carry out the following movements correctly as a member of a flag party? | | |
| 401.25 | THE ORDER POSITION | | |
| | THE CARRY POSITION | | |
| | THE CARRY FROM THE ORDER | | |
| | THE ORDER FROM THE CARRY | | |
| | THE SLOPE FROM THE CARRY | | |
| | THE CARRY FROM THE SLOPE | | |
| 401.25 | MARCH ON THE FLAG | | |
| | MARCH OFF THE FLAG | | |

COMMENTS:

Signature of Evaluator

DRILL MONITORING GUIDE

Name: _____ Cadet Corps: _____

Lesson to be taught: _____ Evaluator: _____

| INTRODUCTION | SUB-TOTALS | TOTALS |
|---|------------|--------|
| Did the Instructor: a. conduct a revision? /4 b. use the correct squad formation? /4 c. state the aim (What)? /4 d. state the reason (Why)? /2 e. state requirement for performance (Where)? /1 | | /15 |
| BODY | | |
| Did the Instructor: a. give a complete demo of the movement calling the time? /15 b. give a demo of the first part of the movement by numbers if applicable? /10 c. explain the first part of the movement? /5 d. permit the squad to ask questions? /5 e. practice the first part of the movement - collectively - individually - collectively. /5 f. teach and practice the second part and each subsequent part of the movement following the same sequence as for the first. /15 | | /55 |
| CONFIRMATION | | |
| Did the Instructor: a. practice complete movement, with instructor calling the time? /5 b. practice the complete movement, with squad calling the time? /5 c. practice the complete movement with squad judging the time? /5 | | /15 |

PO 402
FUNDAMENTAL TRAINING WRITTEN TEST

1. Draw the organizational chart for your cadet corps. Answers are to contain the cadet corps headquarters, sponsor, affiliated unit and league. (25 points)

2. The enrolled strength for your cadet corps is as follows:

| | |
|-----------------------------|----------|
| a. Captain | 1 |
| b. Lieutenant | 2 |
| c. 2/Lieutenant | 1 |
| d. Officer Cadet | 1 |
| e. Civilian Instructor (CI) | 1 |
| f. CWO | 1 |
| g. MWO | 1 |
| h. WO | 3 |
| j. Sgt | 4 |
| k. MCpl | 5 |
| m. Cpl | 2 |
| n. Pte | 12 |
| p. Cdt | 15 |
| q. Recruits | <u>9</u> |
| Total | 58 |

All officers are in attendance except the 2/Lt who is on course for the weekend. The CI is present. All senior NCOs are in attendance except two Sgts that have called in sick. One MCpi has been granted a leave of absence this week because of her school exams. Two Ptes have not appeared tonight and seven cadets have not paraded for some time now. All recruits are present.

As you are on duty this evening, you must prepare the parade state for the CSM. Make up a parade state form on a blank page and complete it with the information provided above. (50 points)

2. You are the athletics instructor at your cadet corps and you want to organize a floor hockey game. Write a memorandum on a blank page to the Supply Officer requesting the use of the floor hockey equipment on 6 December at 0900 hrs. It is important to ask for all hockey sticks, both nets, helmets and pucks. Your memo should also request that the Supply Officer book the gymnasium until 1200 hrs the same day. (The file # to use for this exercise is 1085-70 and the reference is the detailed training plan for December.) (35 points)

3. Assume that you are the Supply Officer for your cadet corps. You have just received the memorandum in Question 2. Minute on the memo that you have made the booking and that all the equipment has been set aside except for the small helmets because there are none left. (15 points)

Final Mark: /100

NOTE

Passing grade is 60 per cent.

PO 405

GOLD STAR MAP AND COMPASS ASSESSMENT FORM

Name: _____ Cadet Corps: _____

Name of Evaluator: _____ Date: _____

| EO | MAP AND COMPASS | PASS/FAIL | REMARKS |
|-----------|---|------------------|----------------|
| | DID THE CADET? | | |
| 405.14 | AS A MEMBER OF A TEAM, PLAN A NAVIGATION EXERCISE | | |
| | AS A MEMBER OF A TEAM, ORGANISE A NAVIGATION EXERCISE | | |
| | AS A MEMBER OF A TEAM, LEAD A NAVIGATION EXERCISE | | |
| RESULTS | (PASS/FAIL) | | |

COMMENTS:

Signature of Evaluator

PO 406

GOLD STAR MARKSMANSHIP ASSESSMENT FORM

Name: _____ Cadet Corps: _____

Name of Evaluator: _____ Date: _____

| | | |
|--------|--|--------------------------------------|
| EO | Did the cadet complete one or more of the following responsibilities? (check the appropriate responsibility) | |
| 406.08 | RESPONSIBILITIES | PARTICIPATED/ DID NOT PARTICIPATE |
| | ACTED AS A COACH | |
| | DELIVERED AND COUNTED PELLETS | |
| | SCORED TARGETS AND TABULATED MARKS | |
| | SUPERVISED ACTIVITIES IN THE WAITING AREA | |
| | ORGANIZED RELAYS | |
| | CLEANED UP AND RETURNED STORES | |

COMMENTS:

Signature of Evaluator

PO 409

CLASSROOM INSTRUCTION MONITORING GUIDE

Name: _____ Date: _____ Cadet Corps: _____

Lesson to be taught: _____ Evaluator: _____

| PREPARATION FOR LESSON | SUB-TOTALS | TOTALS |
|--|---|---------------------------------------|
| <p>Did the Instructor:</p> <ul style="list-style-type: none"> a. have a useful lesson plan? b. choose appropriate classroom/trg area? c. prepare and check trg aids? | <p style="text-align: right;">/10 / 5 / 5</p> | <p style="text-align: right;">/20</p> |
| INTRODUCTION | | |
| <p>Did the Instructor:</p> <ul style="list-style-type: none"> a. introduce him/herself? b. state what the cadet will learn? c. tell the cadet why it was important? d. tell the cadet where it fits in the overall training plan? e. carry out a review of a previous related lesson? f. establish class interest? | <p style="text-align: right;">/1 /1 /2 /2 /2 /2</p> | <p style="text-align: right;">/10</p> |
| PRESENTATION | | |
| <p>Did the Instructor:</p> <ul style="list-style-type: none"> a. start teaching at a level of comprehension? b. identify teaching points? c. give clear explanations? demonstrations? d. use trg aids? e. use logical sequence? | <p style="text-align: right;">/2 /2 /8 /8 /5</p> | <p style="text-align: right;">/25</p> |

| CLASS ACTIVITY | SUBTOTALS | TOTALS |
|---|--------------|-------------|
| Did the Instructor: | | |
| a. provide constructive class participation? | /8 | |
| b. help students experiencing difficulty? | /5 | |
| c. correct errors immediately? | /8 | |
| d. control the class? | /4 | |
| | | /25 |
| CONFIRMATION | | |
| Did the Instructor: | | |
| a. evaluate learning by stages? | /5 | |
| b. confirm main teaching points? | /5 | |
| | | /10 |
| TEST | | |
| Did the Instructor: | | |
| a. test cadets on main teaching points? | /3 | |
| b. confirm main teaching points? | /2 | |
| | | /5 |
| CONCLUSION | | |
| Did the Instructor: | | |
| a. summarize effectively? | /5 | |
| | | /5 |
| FINAL SCORE | TOTAL | /100 |
| EVALUATOR'S COMMENTS: (list the strengths of the lesson and the areas that require improvement) | | |

**PO 411
LEADERSHIP ASSESSMENT FORM
FOR SMALL GROUP TASKINGS**

Name: _____ Date: _____

Assessor: _____

Task to be performed: _____

DID THE CADET...

- | | | | |
|----|--|-----|----|
| 1. | Fully understand and confirm the orders for the task that he/she received? | Yes | No |
| 2. | Make a time appreciation? | Yes | No |
| 3. | Carry out a quick recce of the task to be executed? | Yes | No |
| 4. | Prepare and transmit warning order? | Yes | No |
| 5. | Make a detailed time appreciation? | Yes | No |
| 6. | Do a detailed recce? | Yes | No |
| 7. | Prepare a plan to execute the task? | Yes | No |
| 8. | Prepare operation orders? | Yes | No |
| 9. | Issue orders? | Yes | No |

Did the cadet achieve the Aim?

Pass

Fail

COMMENTS:

Signature of Evaluator

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #1
PITCH A TENT

CADET'S BRIEFING

1. **Narrative.** Your cadet corps has organised a parent-cadet picnic to celebrate the unit's silver anniversary. The picnic is to start at 1100 hrs. All is ready, but Environment Canada is calling for showers in the early afternoon. Your parents' committee has suggested that a tent be set up to provide some cover in case of rain. Your supply officer has confirmed that the militia has two sections of a modular tent stored in the OM. Your buddy's section was tasked to bring the tent from the armoury to the park.
2. **Task.** It is your section's task to set up the tent in time for the arrival of the parents and guests.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The tent (poles, tarp and spikes) should be laid out in plain view at the location where it is to be pitched. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** If the military modular tent is available for use, 4-8 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 60-90 minutes.
6. **Safety.** Directing Staff should watch out for injuries caused by the mallet used to hammer in the spikes. Any lifting of the tarp or poles should be done by a group of cadets in order to avoid a back injury. No cadets need to climb the tent for any reason, A potential hazard is the tent poles failing and striking a cadet. Heavy work gloves and boots are recommended.
7. **Stores.** The following equipment is required to put up a modular tent:
 - a. tent canvas (including 1 end piece, 1 front end and 4 centres);
 - b. poles;
 - c. 8 — 14 inch spikes;
 - d. 5 "A" frames;
 - e. 12 legs; and
 - f. 8 guy wires.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;

- c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
- a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the modular tent is not available, a 10-person arctic tent is a good substitute. If the only tent available is a self-supporting 2-person tent, DS will have to adjust the variables; and
 - c. the DS should know how to assemble the modular tent; and

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #2
ROLL A 45 GALLON DRUM UPHILL

CADET'S BRIEFING

1. **Narrative.** As a member of a cadet corps affiliated with an armoured regiment, you and your section have been invited to observe the regiment in the field with their main battle tank called the Leopard. Mid-way through the afternoon, one of the Leopard tanks has run short of fuel and needs diesel. The Troop Leader turns to you for some help.
2. **Task.** It is your task to move a 45 gallon drum of diesel fuel uphill into place for refuelling.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The barrel and spars should be laid out in plain view at the bottom of a small incline. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 3-5 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15-30 minutes.
6. **Safety.** Directing Staff should watch out for injuries caused by the barrel rolling backwards down the incline. Heavy work gloves and boots are recommended.
7. **Stores.** The following equipment is required to complete this task:
 - a. 45 gallon drum (empty or filled with water); and
 - b. 2 spars about the size and length of canoe paddles.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if a hill is not readily available, an incline can be made out of planks and the plan altered accordingly;
 - c. the DS will have to determine the length of the incline and adjust the suggested time allocation accordingly; and

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #3
LOST EQUIPMENT SEARCH

CADET'S BRIEFING

1. **Narrative.** Your cadet corps has been out on exercise during the Easter break from school. The purpose of the FTX (field training exercise) was to introduce the basic bushcraft skills to a group of recruits. As the course material included only basic skills, much of the weekend was spent in the immediate bivouac area. Despite your best efforts to alert the cadets in your section as to the possibility of losing equipment in the field, a recruit's pocket knife has gone missing.
2. **Task.** It is your task to organize a search for the missing pocket knife.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The pocket knife should be hidden from view in the immediate area of the tent lines. When the syndicate arrives the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 4-8 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15-30 minutes.
6. **Safety.** The pocket knife should be closed while it is hidden.
7. **Stores.** A pocket knife is required to complete this task.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. the area to be searched, number of cadets and time allocated for this task are all dependent on each other and the DS will have to adjust them accordingly; and
 - c. this task can be modified for indoor use by substituting a building search.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #4
MANPACK STORES

CADET'S BRIEFING

1. **Narrative.** As a cadet corps affiliated with an engineer regiment, your unit was tasked by your Area Cadet Officer (ACO) to provide the stores required for an inter-cadet corps FTX. Engineer units are always equipment heavy and complying with this request was easy, Your Supply Officer had set up an excellent field QM but was unable to get enough 5/4 ton vehicles to help distribute the equipment to each of the other cadet corps. As a result, a collection of equipment has not been delivered to a bridging and raft building site 100 m away.

2. **Task.** Your task is to manpack all the equipment to the bridging/raft building site.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The stores should be laid out in plain view at the stand location. When the syndicate arrives, the DS will.

- a. identify the leader for this task;
- b. read the leader the **Cadet's Briefing** away from the other syndicate members;
- c. outline the equipment and how it is to be assembled; and
- d. entertain any pertinent questions from the leader.

4. **Suggested Number of Cadets Per Syndicate.** 5-10 cadets should be sufficient for this task.

5. **Suggested Time Allocation.** 30-45 minutes.

6. **Safety.** Directing Staff should watch out for cadets overstraining while trying to lift an object that is too heavy for them. Groups of cadets should be used to carry the heavier items. Many small trips are often faster than a single trip. Heavy work gloves and boots are recommended.

7. **Stores.** The following equipment is required to complete this task:

- a. two 45 gallon drums (empty);
- b. 4 jerry cans (empty);
- c. 1 inch manilla rope x 35 m;
- d. 6 spars the length of a canoe paddle;
- e. various lashings; and
- f. two wooden planks.

8. **Critique.** The Directing Staff will critique the leader's ability to:

- a. understand the aim of this task and what is to be accomplished;
- b. identify those factors that affect the leader's ability to get the job done;
- c. determine what courses of action are open to the leader; and
- d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.

9. **Notes.** The following concerns should be addressed when implementing this small group task.
- a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly;
 - c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the task;
 - d. the stores list can vary tremendously depending on local resources. Choose items that require more than one person to carry them, items that are an awkward shape and items that need special consideration, eg rope cannot be dragged in the dirt; and
 - e. this task is of average difficulty but requires the cadets to have some strength.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #5
MEASURING A GAP

CADET'S BRIEFING

1. **Narrative.** As a cadet corps affiliated with the Canadian Military Engineers, part of your optional training program contains a weekend of rope bridging. Your Commanding Officer has scheduled this weekend for the late spring when the run-off into the rivers is at its greatest. Once your cadet corps has arrived at the training centre, the new recruits are given lectures on knots and lashings by the number 2, 3 and 4 section commanders. Your Troop Commander requires more detailed information regarding the proposed bridging site such as the stability of the river banks, availability of anchoring points and the distance to be bridged.
2. **Task.** As number 1 section commander, your Troop Commander tasks you with a reconnaissance patrol to find out the distance to be bridged etc.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** A roll of mine tape should be handed to the syndicate leader during the briefing. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 2-3 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15-30 minutes.
6. **Safety.** Directing Staff should maintain a high standard of safety while this task is being carried out.
7. **Stores.** A roll of mine tape is required to complete this task.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the Maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly;
 - c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the tasks;

- d. no other equipment is to be issued for the accomplishment of this task. DS should ensure that the mine tape is long enough to cross the gap;
- e. measurement must be plus or minus 10 per cent of the actual distance; and
- f. a variation of this task could include a map bearing and a short hike to the bridging site. More time would have to be scheduled.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #6
LAYOUT A FIELD TELEPHONE NETWORK

CADET'S BRIEFING

1. **Narrative.** As a cadet corps affiliated with a militia Communications Squadron, part of your optional training program contains a weekend of work with the field telephones. The squadron training officer has prepared a day of instruction for the cadets and staff of your unit. As the NCO who understands the material best, the instructor has asked you to be the first student to try setting up a telephone network the following day.
2. **Task.** As the best student, your task is to set up a telephone network with three phones and one switchboard.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The stores should be laid out in plain view at the location where the network is to be set up. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 4-6 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 30-45 minutes.
6. **Safety.** Directing Staff should ensure that no one trips over the communication wire as it is laid down.
7. **Stores.** The following equipment is required to complete this task:
 - a. 3 field telephones;
 - b. 1 switchboard; and
 - c. communication wire.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task.
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly;

- c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the task; and
- d. this task can be done indoors or out of doors.

**SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #7
TRANSPORT OF AN INJURED CADET**

CADET'S BRIEFING

1. **Narrative.** Your cadet corps has organized a five day hike up the glacial valley of Auyittuq National Park. As the most experienced hiker of the group, you set off up Pangnirtung Pass to reach Summit Lake in order to scout out the trail for the rest of the group. As the early afternoon sun begins to melt the Penny Ice Cap, the glacial run off rivers swell and prevent you from moving very quickly. While crossing one such river, your second in command slips on the wet rocks and falls into the river losing his/her pack. After dragging him/her out of the water, you realize that your 2IC has a broken ankle. Your first step is to warm him/her up and put on some fresh clothes. A call for a helicopter rescue is to no avail as the helicopter is grounded due to bad weather in Frobisher Bay.
2. **Task.** Your task is to make a stretcher strong enough to carry your 2IC the estimated 8 hours hike back to the camping site at Overlord where he/she can be looked at by a medical doctor.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The 2 poles and 2-3 jackets are to be laid out in plain view at the location where the stretcher is to be constructed. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 4 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15 minutes.
6. **Safety.** Directing Staff should ensure that the injured cadet is handled in a safe and appropriate manner by the other cadets. Heavy work gloves are recommended.
7. **Stores.** The following equipment is required to complete this task:
 - a. two 2 metre poles; and
 - b. 2-3 heavy jackets.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;

- b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly;
- c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the task; and
- d. DS can specify a distance to be travelled in addition to the construction of a stretcher.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #8
THE MILK CRATE CHALLENGE

CADET'S BRIEFING

1. **Narrative.** Your Platoon Commander has recognized that the third section will have to wait another 30 minutes for the bus to take you back to the cadet corps. In order to kill some time and keep everyone moving in order to stay warm, your Platoon Commander has suggested a milk crate challenge.
2. **Task.** It is your task to lead the section in finding a way to get everyone up on the milk crate at the same time without anyone touching the ground.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The milk crate should be laid out in plain view. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 8 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 20 minutes.
6. **Safety.** Directing Staff should watch out for anyone falling off the milk crate backwards.
7. **Stores.** A plastic milk crate is required to complete this task.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly; and
 - c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 stops in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the task.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #9
A TEST OF CO-OPERATION AND TEAMWORK

CADET'S BRIEFING

1. **Narrative.** Your Troop Sergeant has noticed a lack of co-operation and teamwork amongst the cadets in the troop and has developed a simple exercise that will demonstrate the importance of working together to accomplish a task.
2. **Task.** It is your task to move a basketball from one location to another by using only 4 broom handles. The basketball cannot be rotated or rolled. No cadet is to touch the basketball.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** The basketball and 4 broom sticks should be laid out in plain view. When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 4 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15 minutes.
6. **Safety.** N/A
7. **Stores.** The following equipment is required to complete this task:
 - a. a basketball (soccer ball, volleyball, etc); and
 - b. 4 broom handles.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly;
 - c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the tasks; and
 - d. in order to make this task more difficult, a small obstacle can be placed in the way.

SUGGESTED LEADERSHIP TASKINGS
SMALL GROUP TASK #10
A FEARFUL NEW RECRUIT

CADET'S BRIEFING

1. **Narrative.** As the senior duty NCO it is your responsibility to greet the new recruits and help them through their enrollment papers. One of the recruits feels fearful of the new experience and wants to leave the armoury shortly after arriving.
2. **Task.** It is your task to talk to the new recruit and encourage him/her to stay.

NOTES TO THE DIRECTING STAFF (DS)

3. **Staging.** When the syndicate arrives, the DS will:
 - a. identify the leader for this task;
 - b. read the leader the **Cadet's Briefing** away from the other syndicate members;
 - c. outline the equipment and how it is to be assembled; and
 - d. entertain any pertinent questions from the leader.
4. **Suggested Number of Cadets Per Syndicate.** 2 cadets should be sufficient for this task.
5. **Suggested Time Allocation.** 15 minutes.
6. **Safety.** N/A.
7. **Stores.** No equipment is required.
8. **Critique.** The Directing Staff will critique the leader's ability to:
 - a. understand the aim of this task and what is to be accomplished;
 - b. identify those factors that affect the leader's ability to get the job done;
 - c. determine what courses of action are open to the leader; and
 - d. come up with a plan that is simple and effective to get the job done safely and with the maximum participation of all concerned.
9. **Notes.** The following concerns should be addressed when implementing this small group task:
 - a. the DS is responsible for ensuring that all the stores are available and functioning properly;
 - b. if the syndicate has more cadets than are needed to complete this task, separate out the extras and ask them to watch quietly; and
 - c. for the purposes of evaluating Silver Star Course cadets in their leadership ability, it is essential that the leader demonstrate an ability to logically analyze the small group task and apply the 4 steps in reasoning. Completing the aim is of secondary importance when evaluating the course cadets. For this reason the evaluation form does not include any marks for the successful completion of the task.

Chapter Four

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

**A-CR-CCP-121/PH-001
 401 DRILL
 PERFORMANCE — TEACH A DRILL LESSON.**

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|--|----------------|
| 24 | Organize an annual cadet corps review. | 3 |
| 25 | Execute flag party drill. | 3 |
| 26 | Teach a drill mutual. | 4 |
| | Testing | as required |
| TOTAL | | 10 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

ENABLING OBJECTIVE AND TEACHING POINTS

TRAINING DETAILS

DRILL: 401.24

5. **TIME:** Three 30-minute periods.

1. **PERFORMANCE** — Execute an annual cadet corps review.
2. **CONDITIONS:**
 - a. Given — words of command; and
 - b. Denied — assistance.
3. **STANDARD** — The cadet will participate in the organization of an annual Cadet Corps Review .
4. **TEACHING POINTS:**
 - a. the sequence of a cadet corps review;
 - b. the review parade ground;
 - c. the reception;
 - d. the inspection;
 - e. the march past;
 - f. presentations and addresses;
 - g. the advance in review order; and
 - h. the departure of the reviewing officer.

6. **METHOD/APPROACH:**
 - a. demonstration; and
 - b. performance.
7. **SUBSTANTIATION** — This lesson will enable the Gold Star cadet to function effectively as part of a formed unit during a ceremonial review.
8. **REFERENCES:**
 - a. A-PD-201-000/PT-000, Canadian Forces Manual of Drill and Ceremonial (Chapter 9, Section 2);
 - b. Army Cadet Reference Book (pages 1-34 to 1-45); and
 - c. CATO 12-01.
9. **TRAINING AIDS:**
10. **TEST DETAILS** — As per Standard Statement.
11. **REMARKS:**
 - a. An experienced instructor best teaches this lesson.
 - b. The first part of the lesson should be used to explain the layout of the parade ground, the reception and the inspection. The second and third periods should be used to practice the march past.

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|--|
| <p>DRILL: 401.25</p> | <p>5. TIME: Three 30-minute periods.</p> |
| <p>1. PERFORMANCE — Execute flag party drill including drill rifle.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — words of command; and b. Denied — assistance. <p>3. STANDARD — The cadet will correctly carry out the movements as detailed in the reference.</p> <p>4. TEACHING POINTS:</p> <ul style="list-style-type: none"> a. generalities; b. dress and equipment; c. position of the order; d. stand at ease from the order; e. stand easy from stand at ease; f. order from stand at ease g. carry from the order; h. order from the carry; i. slope from the carry; j. carry from the slope. k. Let fly from the carry; l. catching the flag from the fly; m. composition of a flag party; n. marching on the flag; and o. marching off the flag. | <p>6. METHOD/APPROACH:</p> <ul style="list-style-type: none"> a. demonstration; and b. performance. <p>8. SUBSTANTIATION — This lesson will enable the cadet to take his/her place as a member of a flag party.</p> <p>8. REFERENCES:</p> <ul style="list-style-type: none"> a. A-PD-201-000/PT-000, Canadian Forces Manual of Drill and Ceremonial (Chapter 8, Section 2); and b. Army Cadet Reference Book (pages 1-45 to 1-55). <p>9. TRAINING AIDS —</p> <ul style="list-style-type: none"> a. Practice flag; b. Flag carrier; and c. Drill rifle. <p>10. TEST DETAILS — As per Standard Statement.</p> <p>11. REMARKS:</p> <ul style="list-style-type: none"> a. Demonstrations should be well rehearsed; and b. Constantly check all basic drill movements |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|---|
| <p>DRILL: 401.26</p> | <p>5. TIME: Four 30 minute periods.</p> |
| <p>1. PERFORMANCE — Teach a drill lesson.</p> <p>2. CONDITIONS:</p> <p>a. Given — a suitable drill area; a drill squad; and</p> <p>b. Denied — assistance.</p> <p>3. STANDARD — The cadet must teach two drill lessons taken from among the subjects of the Green and Red Star Courses.</p> <p>4. TEACHING POINTS — N/A</p> | <p>6. METHOD/APPROACH:</p> <p>a. demonstration; and</p> <p>b. performance.</p> <p>7. SUBSTANTIATION — This lesson is designed to assist the cadet in becoming more proficient in teaching drill.</p> <p>8. REFERENCES —</p> <p>a. Army Cadet Reference Book (pages 1-56 to 1-58); and</p> <p>b. A-DP-201-000/PT-000 (chap 1, pages 1-1 to 1-8).</p> <p>9. TRAINING AIDS — N/A</p> <p>10. TEST DETAILS — As per Standard Statement.</p> <p>11. REMARKS:</p> <p>a. These periods should be of 30 minutes duration plus 5 minutes for debriefing.</p> <p>b. Emphasize the correct sequence of a drill period;</p> <p>c. Ensure that the cadet uses the proper words of command; and</p> <p>d. Ensure all demonstrations are correct.</p> |

**CHAPTER 4
PERFORMANCE OBJECTIVE TRAINING SUMMARY
GOLD STAR COURSE**

**A-CR-CCP-121/PH-001
402 FUNDAMENTAL TRAINING
PERFORMANCE — DEMONSTRATE AN ABILITY TO COMMUNICATE IN WRITTEN FORM.**

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-----------|------------------------------|-----------------------|
| 12 | Complete a parade state. | 1 |
| 13 | Write a memorandum | 1 |
| TOTAL | | 2 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|---|
| <p>FUNDAMENTAL TRAINING: 402.12</p> | <p>5. TIME: One 30 minute period.</p> |
| <p>1. PERFORMANCE — Complete a parade state.</p> <p>2. CONDITIONS:</p> <p>a. Given — all roll call books; — cadet corps nominal roll; — parade state form; and</p> <p>b. Denied — assistance.</p> <p>3. STANDARD — The cadet must correctly complete a parade state for his/her cadet corps.</p> <p>4. TEACHING POINTS:</p> <p>a. roll call and attendance;</p> <p>b. the parade state; and</p> <p>c. filling in a parade state form.</p> | <p>6. METHOD/APPROACH:</p> <p>a. lecture;</p> <p>b. demonstration; and</p> <p>c. performance.</p> <p>7. SUBSTANTIATION — The duty NCO must learn how to complete a parade state as it is one of his/her responsibilities.</p> <p>8. REFERENCES — Army Cadet Reference Book (pages 2-44 to 2-46).</p> <p>9. TRAINING AIDS:</p> <p>a. nominal roll;</p> <p>b. roll call books; and</p> <p>c. parade state form.</p> <p>10. TEST DETAILS —</p> <p>11. REMARKS:</p> <p>a. A parade state must be completed for every mandatory training activity that a cadet corps will organize.</p> <p>b. The parade state form used in this lesson is a generic one and can be modified for each individual cadet corps</p> |

4-11/4-12

A-CR-CCP-121/PH-001

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|--|
| <p>FUNDAMENTAL TRAINING: 402.13</p> | <p>5. TIME: One 30 minute period.</p> |
| <p>1. PERFORMANCE — Write a memorandum.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — paper and pen; and b. Denied — assistance. <p>3. STANDARD — The cadet must hand write a memorandum for use in his/her cadet corps.</p> <p>4. TEACHING POINTS:</p> <ul style="list-style-type: none"> a. the ABCs of military writing; b. memorandum format; and c. minuting a memo. | <p>6. METHOD/APPROACH:</p> <ul style="list-style-type: none"> a. lecture; b. demonstration; and c. performance. <p>7. SUBSTANTIATION — As a Gold star course cadet, they will be required to organize activities that require the use of memoranda.</p> <p>8. REFERENCES —</p> <ul style="list-style-type: none"> a. Army Cadet Reference Book (pages 2-47 à 2-50); and b. A-AD-001/FP-000. <p>9. TRAINING AIDS:</p> <p>10. TEST DETAILS — all cadets must complete the confirmation exercise.</p> <p>11. REMARKS —</p> |

4-13/4-14

A-CR-CCP-121/PH-001

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

**A-CR-CCP-121/PH-001
 405 MAP AND COMPASS
 PERFORMANCE — PLAN AND LEAD A LAND NAVIGATION EXERCISE USING A MAP AND COMPASS.**

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|--|----------------|
| 13 | Determine your location via a re-section | 2 |
| 14 | Plan and lead a land navigation exercise. | 3 |
| 15 | Describe the components of the global positioning system | 3 |
| | Testing. | As required |
| TOTAL | | 8 |

| CHAPTER 4: LESSON SPECIFICATIONS | |
|---|---|
| COURSE TITLE: GOLD STAR COURSE | |
| CTS NUMBER: A-CR-CCP-116/PC-001 | |
| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
| MAP AND COMPASS: 405.13 | 5. TIME: Two 30 minute periods. |
| <p>1. PERFORMANCE — Determine your location via a re-section.</p> <p>2. CONDITIONS:</p> <p style="padding-left: 20px;">a. Given — topographical maps; — compass; — pencil; — paper; and</p> <p style="padding-left: 20px;">b. Denied — assistance.</p> <p>3. STANDARD — The cadet must determine their location on the map using the re-section.</p> <p>4. TEACHING POINTS —</p> <p style="padding-left: 20px;">a. Step to follow to determine the position via re-section; and</p> <p style="padding-left: 20px;">b. Practice a re-section</p> | <p>6. METHOD/APPROACH —</p> <p style="padding-left: 20px;">a. lecture;</p> <p style="padding-left: 20px;">b. demonstration; and</p> <p style="padding-left: 20px;">c. performance.</p> <p>7. SUBSTANTIATION — The cadet must understand the principles of re-section and determine his location in the field.</p> <p>8. REFERENCES —</p> <p style="padding-left: 20px;">a. Army Cadet Reference Book (pages 5-56 to 5-57); and</p> <p style="padding-left: 20px;">b. B-GL-382-005/FP-005 (art 906).</p> <p>9. TRAINING AIDS —</p> <p style="padding-left: 20px;">a. Maps;</p> <p style="padding-left: 20px;">b. Compasses; and</p> <p style="padding-left: 20px;">c. Paper and pencil.</p> <p>10. TEST DETAILS — As per standard statement.</p> <p>11. REMARKS:</p> <p style="padding-left: 20px;">a. The first period should be used to instruct the theory. Emphasize the steps required in a re-section.</p> <p style="padding-left: 20px;">b. The second period should be used to carry out a re-section in your local area by identifying conventional sign on the ground and on the map to determine your location.</p> |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|---|
| <p>MAP AND COMPASS: 405.14</p> | <p>5. TIME: Three 30 minute periods.</p> |
| <p>1. PERFORMANCE — Plan and lead a navigation exercise.</p> <p>2. CONDITIONS:</p> <p>a. Given — topographical maps; — pencil; — paper; and</p> <p>b. Denied — assistance.</p> <p>3. STANDARD — The cadet must plan and lead a navigation exercise.</p> <p>4. TEACHING POINTS —</p> <p>a. consideration in planning:</p> <p>(1) terminology;</p> <p>(2) safety;</p> <p>(3) skill level of participants;</p> <p>(4) time available;</p> <p>(5) skill to be practice;</p> <p>(6) resources available; and</p> <p>(7) type of activity.</p> <p>b. planning guidelines;</p> <p>c. factor to consider when planning a route.</p> | <p>6. METHOD/APPROACH —</p> <p>a. lecture; and</p> <p>b. performance.</p> <p>7. SUBSTANTIATION — As a fourth-year cadet, he/she will be required to plan a navigational exercise.</p> <p>8. REFERENCES — Army Cadet Reference Book (pages 5-57 to 5-61).</p> <p>9. TRAINING AIDS —</p> <p>a. Maps;</p> <p>b. Compasses; and</p> <p>c. Paper and pencil.</p> <p>10. TEST DETAILS — As per standard statement.</p> <p>11. REMARKS:</p> <p>a. It is always beneficial to brief cadets of course hazards, rules and safety bearing prior to sending them out on a course. Debrief the cadets after the activity to discover what they learned, as how well as successful the course was; and</p> <p>b. The level of difficulty greatly increase when navigating at night: a course considered intermediate during the day may be a challenge to senior cadets at night. Control markers at night should be illuminated, or at least reflective.</p> |

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CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

ENABLING OBJECTIVE AND TEACHING POINTS

TRAINING DETAILS

MAP AND COMPASS: 405.15

5. **TIME:** Three 30-minute periods.

1. **PERFORMANCE** — Describe the components of the global positioning system.
2. **CONDITIONS:**
 - a. Given — paper and pencil; and
— map sheet.
 - b. Denied — assistance.
3. **STANDARD** — The cadet must describe the components of the global positioning system (GPS).
4. **TEACHING POINTS:**
 - a. description;
 - b. components;
 - c. limitations and errors;
 - d. uses;
 - e. the Magellan GPS 315/320; and
 - f. using the GPS receiver.

6. **METHOD/APPROACH:**
 - a. lecture;
 - b. demonstration; and
 - c. performance.
7. **SUBSTANTIATION** — The cadet must understand the usefulness of a GPS and it's components.
8. **REFERENCES** —
 - a. Army Cadet Reference Book (pages 5-61 to 5-66); and
 - b. Magellan GPS 315/320 user manual.
9. **TRAINING AIDS:**
 - a. maps;
 - b. Magellan GPS 315/320;
 - b. pencil and paper.
10. **TEST DETAILS** — The test of this period of instruction is to work through a re-section with the instructor.
11. **REMARKS:**
 - a. The first two periods might be used to introduce and demonstrate the lesson and the third period to let the cadets practice.

4-19/4-20

A-CR-CCP-121/PH-001

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

| |
|--|
| A-CR-CCP-121/PH-001 406 MARKSMANSHIP PERFORMANCE — PERFORM THE DUTIES OF A RANGE ASSISSANT. |
|--|

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|--|---|
| 08 | Observe the duties and responsibilities of range personnel. Conduct air rifle target practice as a range assistant. Conduct the annual classification. | 2 as required as required |
| TOTAL | | 2 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|---|
| <p>MARKSMANSHIP: 406.08</p> | <p>5. TIME: Two 30-minute periods.</p> |
| <p>1. PERFORMANCE — Observe the duties and responsibilities of range personnel.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — pencil and paper; and b. Denied — assistance. <p>3. STANDARD — The cadet will correctly list and observe responsibilities of range personnel.</p> <p>4. TEACHING POINTS — Duties and responsibilities:</p> <ul style="list-style-type: none"> a. responsibilities of the range safety officer; b. duties of a Range Assistant; c. coaching; d. target analysis; e. range commands and procedures; f. immediate action and stoppages; and g. cleaning. | <p>6. METHOD/APPROACH:</p> <ul style="list-style-type: none"> a. lecture; and b. performance. <p>7. SUBSTANTIATION — This lesson will enable the cadet to become a better range assistant.</p> <p>8. REFERENCES —</p> <ul style="list-style-type: none"> a. Army Cadet Reference Book (page 6-27 to 6-36); and b. A-CR-CCP-177/PT-001 (pages 2-18 to 2-20, 2-23, section 8, 10-12). <p>9. TRAINING AIDS — Range-associated equipment.</p> <p>10. TEST DETAILS — The cadet must correctly observe five out of six duties of a Range Assistant.</p> <p>11. REMARKS:</p> <ul style="list-style-type: none"> a. Having trained range assistant will result in more efficient and effective practices. The result will be a better marksmanship programme. b. Range assistants require specific training and direction to function on a range. |

4-23/4-26

A-CR-CCP-121/PH-001

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

| |
|--|
| A-CR-CCP-121/PH-001 409 INSTRUCTIONAL TECHNIQUES PERFORMANCE — TEACH A PERIOD OF INSTRUCTION. |
|--|

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|--|----------------|
| 07 | Review the principles of instruction and the preparation of a lesson plan. | 3 |
| | Teach a period of instruction | 6 |
| TOTAL | | 9 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|--|
| <p>INSTRUCTIONAL TECHNIQUES: 409.07</p> | <p>5. TIME: Three 30-minute periods.</p> |
| <p>1. PERFORMANCE — Review the principles of instruction and the preparation of a lesson plan.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — N/A; and b. Denied — assistance. <p>3. STANDARD — Cadets must prepare a lesson plan on any classroom subject of their choice from among the subjects of the Green and Red Star Courses.</p> <p>4. TEACHING POINTS:</p> <ul style="list-style-type: none"> a. review the principles of instruction; and b. review the preparation of a lesson plan. | <p>6. METHOD/APPROACH — Review.</p> <p>7. SUBSTANTIATION — A lesson plan is necessary to help instructors organise their subject material; encourage self-confidence; provide them with a sequence to follow; avoid blank-outs; and act as a guide for the instructor's presentation.</p> <p>8. REFERENCES —</p> <ul style="list-style-type: none"> a. Army Cadet Reference Book (Chap 9); and b. A-CR-CCP-910/PT-001 (chap 1). <p>9. TRAINING AIDS — Copy of the instructor's own lesson plan to serve as an example.</p> <p>10. TEST DETAILS — As per the Standard Statement.</p> <p>11. REMARKS:</p> <ul style="list-style-type: none"> a. The key to successful instruction is careful planning. The instructor must determine the key requirements of the training and develop lesson presentations to meet these requirements. b. See A-CR-CCP-121/PH-001, Chapter 3, paragraph 12 for further information about Gold Star instructional technique assessment |

4-27/4-30

A-CR-CCP-121/PH-001

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

| |
|---|
| A-CR-CCP-121/PH-001 411 LEADERSHIP PERFORMANCE — LEAD A GROUP OF CADETS. |
|---|

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|---|----------------|
| 10 | Apply the element of task procedure. | 2 |
| 11 | Describe two types of discipline. | 2 |
| 12 | Define the leader's responsibilities as a role model. | 1 |
| | Testing (Lead a group of cadets) | as required |
| TOTAL | | 5 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|---|
| <p>LEADERSHIP: 411.10</p> | <p>5. TIME: Two 30 minute periods.</p> |
| <p>1. PERFORMANCE — Apply the elements of task procedure.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — instruction; and b. Denied — N/A. <p>3. STANDARD — The cadet must apply the elements of task procedure when in charge of a small group whilst conducting a small group tasking.</p> <p>4. TEACHING POINTS —</p> <ul style="list-style-type: none"> a. definition of task procedure; b. sequence of task procedure (exclude warning order); c. warning orders; d. time appreciation; e. reconnaissance; f. prepare a plan; g. prepare orders; h. issue orders; i. execute the task; j. supervision; and k. feed-back. | <p>6. METHOD/APPROACH —</p> <ul style="list-style-type: none"> a. Lecture; b. Demonstration; and c. Performance. <p>7. SUBSTANTIATION — This lesson is designed to assist the cadet in better understanding the procedure for solving a problem once orders are issued.</p> <p>8. REFERENCES — Army Cadet Reference Book (pages 11-39 to 11-45).</p> <p>9. TRAINING AIDS — Handouts on Task Procedure.</p> <p>10. TEST DETAILS — As per the Standard Statement.</p> <p>11. REMARKS —</p> <ul style="list-style-type: none"> a. The first period can be used to review the theory and the second period can be used to conduct a walk through on how to complete a task following all the steps of task procedure. b. Emphasize the use of the steps as a planning tool for a task. |

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CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|---|
| <p>LEADERSHIP: 411.11</p> | <p>5. TIME: Two 30 minute periods.</p> |
| <p>1. PERFORMANCE — Describe two types of discipline.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — pen and paper; and b. Denied — assistance. <p>3. STANDARD — The cadet must describe the two types of discipline.</p> <p>4. TEACHING POINTS:</p> <ul style="list-style-type: none"> a. voluntary discipline; b. imposed discipline; c. dealing with problem cadets; d. “consequencing”; and d. reporting a discipline problem. | <p>6. METHOD/APPROACH:</p> <ul style="list-style-type: none"> a. lecture; and b. discussion. <p>7. SUBSTANTIATION — The cadet will be introduced to the basics of discipline from a leader’s perspective.</p> <p>8. REFERENCES —</p> <ul style="list-style-type: none"> a. Army Cadet Reference Book (pages 11-46 to 11-50); and b. A-CR-CCP-910/PT-001 (chap 7, art 1-20). <p>9. TRAINING AIDS — N/A</p> <p>10. TEST DETAILS — As per the Standard Statement.</p> <p>11. REMARKS — Training cadets to be disciplined is perhaps one of the more difficult functions that a young leader must face. The technique is to appeal to each of your cadets so that they will want to discipline themselves, work with the group rather than go off on their own, or finish work before going home for supper. Discipline, therefore, is a matter of persuasion, not force, particularly in a voluntary organisation like the RCAC.</p> |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|--|
| <p>LEADERSHIP: 411.12</p> | <p>5. TIME: One 30 minute period.</p> |
| <p>1. PERFORMANCE — Define the leader's responsibilities as a role model.</p> <p>2. CONDITIONS:</p> <ul style="list-style-type: none"> a. Given — pen and paper; and b. Denied — assistance. <p>3. STANDARD — The cadet must define the leader's responsibilities as a role model in his/her own words.</p> <p>4. TEACHING POINTS:</p> <ul style="list-style-type: none"> a. behavioural role model; b. learning role model; c. definition of a role model; and d. hints for a role model. | <p>6. METHOD/APPROACH:</p> <ul style="list-style-type: none"> a. lecture; and b. discussion. <p>7. SUBSTANTIATION — As a cadet advances in the army cadet organization, his/her example influences an ever larger number of cadets. It is even more important to set a good example as a senior cadet.</p> <p>8. REFERENCES — Army Cadet Reference Book (pages 11-50 to 11-53).</p> <p>9. TRAINING AIDS — NA.</p> <p>10. TEST DETAILS — As per the standard statement.</p> <p>11. REMARKS — The following are some hints that you can follow right away in order to improve your leadership skills. This is not a complete list and there will be many more ideas that your officers and NCOs alike will be able to pass on. Add their suggestions to the list and remember to pass them on to the next person!</p> <ul style="list-style-type: none"> a. demonstrate pride in the uniform by always wearing the appropriate numbered order of dress and being well turned out; b. always follow the chain of command in passing orders and resolving difficulties; c. keep your individual morale up despite the hardships that you may be facing; and d. ensure that the esprit de corps for your group is the best it can be. |

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

| |
|--|
| A-CR-CCP-121/PH-001 412 CITIZENSHIP PERFORMANCE — ASSIST IN THE ORGANIZATION OF A COMMUNITY ACTIVITY. |
|--|

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|---|----------------------|
| 08 | Organize a cadet corps community activity as a member of a group. Testing (participation in at least one community activity represents the testing vehicle). | 2 As required |
| TOTAL | | 2 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|--|---|
| <p>CITIZENSHIP: 412.08</p> | <p>5. TIME: Two 30-minute periods.</p> |
| <p>1. PERFORMANCE — Organize a cadet corps community activity as a member of a group.</p> <p>2. CONDITIONS:</p> <p>a. Given — supervision; — access to required resources; — approved activities; and</p> <p>b. Denied — N/A.</p> <p>3. STANDARD — Organize a cadet corps community activity as a member of a group in order to involve corps cadets.</p> <p>4. TEACHING POINTS:</p> <p>a. selection of an appropriate community activity;</p> <p>b. selection of required resources to conduct chosen activity;</p> <p>c. development of a proposed timetable; and</p> <p>d. conduct of the activity to include;</p> <p>(1) reporting times;</p> <p>(2) dress and deportment;</p> <p>(3) public relations; and</p> <p>(4) debriefing.</p> | <p>6. METHOD/APPROACH:</p> <p>a. lecture; and</p> <p>b. performance.</p> <p>7. SUBSTANTIATION — This lesson will enable the cadet to utilize his/her organizational skills.</p> <p>8. REFERENCES —</p> <p>a. Army Cadet Reference Book (pages 12-40 to 12-44); and</p> <p>b. CATO 41-01.</p> <p>9. TRAINING AIDS:</p> <p>10. TEST DETAILS — As per the standard statement.</p> <p>11. REMARKS:</p> <p>a. the training officer or course officer best teaches this lesson;</p> <p>b. planning for this activity should be closely supervised;</p> <p>c. final approval for the activity has to come from the commanding officer; and</p> <p>d. If given realistic activities and adequate supervision, the course cadets plan can be implemented by the corps.</p> |

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A-CR-CCP-121/PH-001

**CHAPTER 4
 PERFORMANCE OBJECTIVE TRAINING SUMMARY
 GOLD STAR COURSE**

**A-CR-CCP-121/PH-001
 413 PHYSICAL FITNESS
 PERFORMANCE — ASSIST IN ORGANIZING A CADET CORPS TABLOID MEET.**

| EO | PERFORMANCE STATEMENT | NO. OF PERIODS |
|-------|--|----------------|
| 04 | Organize a cadet corps tabloid sports meet as a member of a group. | 2 |
| | Testing (the cadet must participate in the army cadet fitness test). | As required |
| TOTAL | | 2 |

CHAPTER 4: LESSON SPECIFICATIONS
COURSE TITLE: GOLD STAR COURSE

CTS NUMBER: A-CR-CCP-116/PC-001

| ENABLING OBJECTIVE AND TEACHING POINTS | TRAINING DETAILS |
|---|--|
| <p>PHYSICAL FITNESS: 413.04</p> | <p>5. TIME: Two 30-minute periods.</p> |
| <p>1. PERFORMANCE — Organize a cadet corps tabloid sports meet as a member of a group.</p> <p>2. CONDITIONS:</p> <p>a. Given — supervision; — sports area; — equipment; — teams; and</p> <p>b. Denied — N/A.</p> <p>3. STANDARD — The cadet will assist in organizing a cadet corps tabloid sports meet to the satisfaction of a qualified instructor.</p> <p>4. TEACHING POINTS.</p> <p>a. principle of a sports meet;</p> <p>b. performance standards;</p> <p>c. officiating and scoring;</p> <p>d. types of meets:</p> <p>(1) athletic events;</p> <p>(2) military events;</p> <p>(3) novelty events; and</p> <p>(4) minor team games.</p> <p>e. duties of the meet organizer; and</p> <p>f. method of conducting the meet.</p> | <p>6. METHOD/APPROACH:</p> <p>a. lecture; and</p> <p>b. performance.</p> <p>7. SUBSTANTIATION — This lesson will enable the cadet to provide meaningful support in the way of organizing and supervising his/her corps tabloid meet.</p> <p>8. REFERENCES — Army Cadet Reference Book (pages 13-17 to 13-26).</p> <p>9. TRAINING AIDS:</p> <p>a. sports area; and</p> <p>b. sports equipment.</p> <p>10. TEST DETAILS — As per the standard statement.</p> <p>11. REMARKS — This type of meet provides for maximum participation in a number of enjoyable and simple team games.</p> |

4-43/4-46

A-CR-CCP-121/PH-001

Chapter Five

CHAPTER 5

ABBREVIATIONS AND TERMINOLOGY

For the purposes of this publication, the following abbreviations and terminology apply:

ACL

Army Cadet League

A-CR-CCP-118/PH-001

An example of a National Defence Index of Documentation (NDID) number for publications.

A-CR-CCP-118/PH-001

A = General and Administrative Publication

CR = Cadets and Reserves

CCP = Canadian Cadet Publication

118 = Specific Identifier

PH = Course Training Plan

001 = English Version

002 = French Version

administer

Manages or directs conduct or application of; performs the office of an administrator; eg, "administers the green star course".

affiliated unit

A unit of the Regular Force or of the Primary Reserve with which a cadet corps is affiliated.

an army cadet

A properly enrolled member of an authorized unit of the Royal Canadian Army Cadets.

Army Cadet Corps

An individual body of Army Cadets organized pursuant to Section 43 of the National Defence Act.

Army Cadet League

The organization incorporated as the Army Cadet League of Canada acting in partnership with the Department of National Defence to provide for the Royal Canadian Army Cadets since 1971.

Army Cadets

The Royal Canadian Army Cadets.

Army Cadet Training System

The sum of cadet corps training, summer training, optional programmes and citizenship activities equals the army cadet training system.

assist

Help someone to perform a task; aids, helps, supports.

bushcraft

Any aspects of field training that employ the skills required to camp comfortably out of doors.

cadet

A person of not less than twelve years of age but less than nineteen years of age who belongs to a cadet organization authorized by the Minister of National Defence pursuant to Section 43 of the National Defence Act.

cadet corps training year

Training conducted at the corps between the period of 1 September and 1 July of the following year.

cadet corps training officer

The officer filling the position of training officer who is responsible for the planning and coordination of all activities.

Cadet Instructor Cadre

The largest branch of officers in the Canadian Forces. An officer of the CIC is a member of the Reserve Force while serving cadets. CIC officers are responsible for the organization of cadet corps and instruction of cadets.

Cadet Training Year

The cadet training year begins 1 September and ends the following year on 31 August.

Canada Fitness Award Program

An incentive program comprising a series of six tests intended to determine and improve the fitness performance of young Canadians and to recognize and reward those with a high level of physical fitness. The program was developed by Fitness and Amateur Sport Canada in cooperation with the Canadian Association for Health, Physical Education and Recreation.

carry out

Accomplish a task by following instructions, principles and procedures.

ACFT

Army Cadeta Fitness Test.

CI

Civilian Instructor.

CIC

Cadet Instructor Cadre.

civilian instructor

A person who is employed as an instructor at a cadet corps, but who is not a member of the Canadian Forces.

commands

An order customary for movement in drill.

conditions

The environment under which the cadet must perform.

conduct

Supervise and personally perform work necessary to accomplish the desired results.

course

Training conducted to achieve one level of qualification.

Course Officer

The officer/civilian instructor responsible for overseeing the training programme and welfare of the cadets enrolled in a star course.

course title

The title of the course being taught, eg, Green/Red Star Course.

Course Training Plan

A document written at NDHQ to guide the conduct of training.

Course Training Standards

A document written at NDHQ to guide the conduct of training. (eg, A-CR-CCP-116/PC-001)

CTP

Course Training Plan.

CTS

Course Training Standard.

CTS Number

This number is listed in the CTP in order to identify which CTS the CTP is written against.

D Cdts

Directorate of Cadets.

deliver

Utter or recite, orally present.

demonstrates

Explains or illustrates by way of a display.

describe

To set forth in words, recite characteristics, give a description.

difficulty

A cadet is said to have difficulty if he/she has failed a PO, but passed retesting of the PO.

Directorate of Cadets

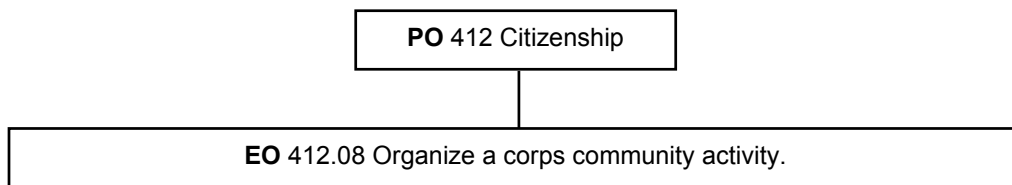
The directorate (or department) responsible for setting policy and direction for the cadet movement. D Cdts works under the umbrella organization of the Directorate of Reserves and Cadets (DGRC). D Cdts is located in NDHQ, Ottawa.

discusses

Talks with others, particularly in considering a question of problems requiring examination and debate preparatory to decisions.

Enabling Objective

A sub-component of a performance objective, eg,



EO

Enabling Objective.

execute

To fully carry out a plan demanding a skill.

explain

To make known in detail; to make one's meaning clear; to give an account of, either in writing or orally.

identifies

Establishes the identity of; distinguishes, discriminates.

instruct

To impart knowledge or skill to an individual or group using a systematic method in order to achieve a required standard.

instructor

Any cadet, guest lecturer, civilian instructor or Cadet instructor List Officer who is charged with the responsibility of instructing cadets during a period of instruction.

learning aids

Those visual aids for use by the cadets.

lesson specifications

Those specifics about each particular lesson that is taught. All lesson specifications are found in Chapter 4 of the CTP.

mandatory subjects

Those subjects in the respective star levels which must be taught during 60 periods of instruction per cadet corps training year as directed in the CTP.

mandatory support activities

Activities that must be completed outside of the mandatory training sessions and shall include complementary training, practical exercises and/or tests in support of mandatory training.

method/approach

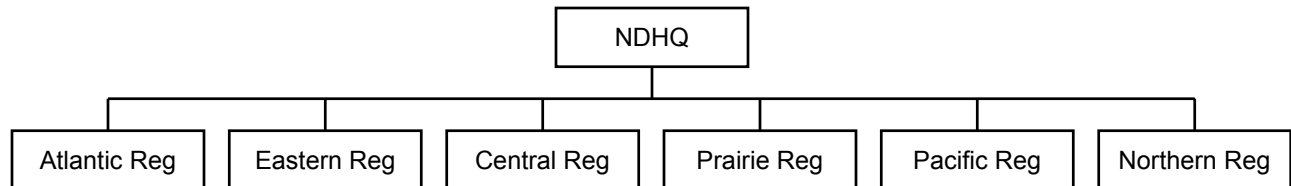
Refers to the recommended instructing style for the lesson, eg, lecture, discussion, demonstration and performance methods.

NA

Not applicable.

National Defence Headquarters

Located in Ottawa, Ontario, NDHQ represents the policy-making body for the Canadian Forces. The Minister of National Defence has offices located in NDHQ.

**NDHQ**

National Defence Headquarters.

observe

To adhere to.

office of primary interest

The office/directorate/department of first interest, eg, OPI D Cdts

OPI

Office of Primary Interest.

optional programmes

Those activities that may be conducted by a cadet corps during the training year in order to enhance training and to take advantage of local expertise and resources.

participates

Takes part or shares with others in some activity, enterprise eg, "participates in group discussions".

PC

Performance Check.

perform

Carry into effect or execute a command, task, operation, etc.

performance

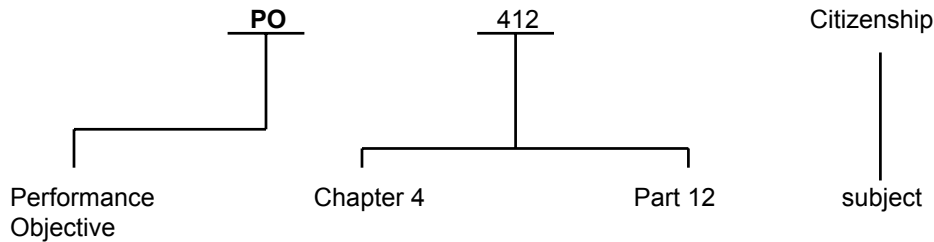
Refers to the performance statement which describes what the cadet must accomplish or be able to do at the end of the lesson.

performance check

A check of the cadet's ability to do the activity being taught. This check is usually administered at the end of the lesson.

Performance Objective

A course of study or subject normally accompanied by a PO number representative of its listing in Chapter 4 of the CTP, eg,



period of instruction

A prepared lesson given by an instructor to a group of cadets for a minimum duration of 30 minutes.

PO

Performance Objective.

proficiency badge

A badge earned by army cadets that represents the star levels.

pursue

Persistently attend, stick to, seek after, aim at.

qualify

To become qualified by meeting described requirements.

references

Those manuals or publications required by the instructor in order to complete his/her lesson plan.

remarks

Those remarks or comments that pertain to the lesson. Often personalized to the individual cadet corps and instructor.

standard

The required skill level to which a cadet must demonstrate an ability to fulfill the performance statement.

Star Level

The star levels represent the graduations of training.

Star Programme

A mandatory programme carried out at the cadet corps which teaches and practises the minimum knowledge and skills necessary to achieve the training objectives of the army cadets. This programme is divided into four levels signified by green, red, silver and gold stars. Each star signifies a level of mandatory training completed and normally a cadet will only accomplish one star level in a given training year, The training is completed in the above-stated order.

state

Express fully or clearly in speech or writing; specify facts.

substantiation

As modified from A-P9-000-001/PT-000 for cadet corps use, the substantiation identifies the reason for the lesson and where it fits in with the rest of the enabling objectives.

successfully

Perform a function in a manner which indicates accomplishment of a standard aim.

teaching points

Those points that require teaching to cadets. TPs are part of the lesson specifications found in Chapter 4 of the CTP.

test details

The test to be administered at the end of the lesson. Often used as a means of confirming the retention of class material.

time

The time available to the instructor for the lesson. The lesson has been designed around this time slot.

TP

Teaching Point.

training aids

Those visual aids for use by the instructor.

training day

A training activity that begins and ends the same day.

training details

Those details that concern the Time, Method/Approach, Substantiation, References, Training Aids, Learning Aids, Test Details, Remarks. This information is found in Chapter 4 of the CTP.

training session

A training session will be a minimum of 2-1/2 hours in duration and consist of:

- a. three 30-minute periods of instruction; and
- b. one hour for opening/closing parades and breaks between periods.

training weekend

A training weekend normally begins 1900 hrs Friday and ends on the Sunday no later than 1800 hrs.

uses

Employ, par takes of, exploits

Chapter Six

CHAPTER 6

TRAINING SUPPORT REQUIREMENTS

| Item | NSN/NDID | Quantity |
|---|---------------------|---|
| Gold Star Badge | 8455-21-872-2504 | 1 per cadet |
| Cadet Training Record | | 1 per cadet |
| Complete Cadet Uniform | | 1 per cadet |
| Army Cadet Reference Book | A-CR-CCP-121/PT-001 | 1 per cadet |
| Gold Star CTP | A-CR-CCP-121/PH-001 | 5 per course |
| Dress Regulations for Royal Canadian Army Cadets | CATO 46-01 | 1 per cadet corps |
| Canadian Forces Rank and Appointment insignia Chart | A-JS-007-014/JD-002 | 1 chart per cadet corps |
| Affiliated Unit Flashes or RCAC titles | | 2 per cadet |
| Affiliated Unit Cap Badge or RCAC badge | | 1 per cadet |
| Tent | | Quantity will vary depending on type of tent available as no "cadet tent" has been purchased |
| Rucksack | | 1 per cadet — no "cadet rucksack" is yet available so model types will vary greatly |
| Sleeping Bag | | 1 per cadet — no " cadet sleeping bag" has yet been approved so model types will vary greatly |
| Maps | | 1 per cadet |
| Silicone | | 1 bottle per cadet |
| Compass | | 1 per 2 cadets |

CHAPTER 6
TRAINING SUPPORT REQUIREMENTS (Continued)

| Item | NSN/NDID | Quantity |
|----------------------------|------------------|--|
| Protractor | | 1 per cadet |
| Air mattress | | 1 per cadet |
| Targets (6920-21-109-2640) | | As required |
| Air Rifle Daisy 853C | | As per Scale of Issue |
| Aiming rests | | 3-5 per course |
| Safety glasses | | As per Scale of Issue |
| Rifle cleaning kit | | As per CFS-8 or as applicable to the rifle |
| Ear defenders | | As per CFS-8 |
| Flashlight | | 5 per quota of 30 cadets |
| Coleman stove (2burner) | 7310-21-899-3982 | 3 per course |
| Coleman lantern | 6260-21-908-7987 | 3 per course |

NOTE

This is the required scale to run the Gold Star Course. Although these scales of issue are not yet in place, work is being conducted to amend the situation. Various sources may presently satisfy these requirements.