



BIATHLON COMPETITION RULES

and

IBU/CADET DISCIPLINARY RULES

November 2002

CADETS CANADA BIATHLON COMPETITION RULES AND IBU/CADET
DISCIPLINARY RULES

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DISCIPLINARY RULES

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1. COMPETITION RACES

The cadet competition will consist of the following events:

| CLASS | TYPE OF COMPETITION | START TYPE | SKI LOOPS | SHOOTING | SHOT PENALTY |
|---|----------------------|-------------------------|-----------|----------------------------|---------------|
| MALE AND FEMALE SENIOR | Sprint 6 Km | Single 30sec.-1min. | 3 | P.-P. | Loop 100 m |
| | Individual 7.5 Km | Single 30sec.-1min. | 4 | P.-P.-P. | 1 Minute |
| MALE AND FEMALE JUNIOR | Sprint 4 Km | Single 30sec.-1min. | 3 | P.-P. | Loop 100 m |
| | Individual 6 KM | Single 30sec.-1min | 4 | P.-P.-P. | 1 Minute |
| UNIT AND COMPOSITE TEAM (1junior-2 open) | RELAY 3X4.5 Km | Simultaneous and Tag | 3 | P.-P. 3 Spare rounds | Loop 100 m |
| | PATROL 6 Km | Range Start Whistle | 3 | P.P.P.P. | 1 Minute |

Note: Distances may vary depending on competition site.

2. CONDUCT OF RANGE – SPECIAL RULES

2.1 RIFLES

- a. Only rifles approved by the Department of National Defence (DND) or the Director of Cadets are permitted for use in cadet competitions.
- b. Rifles will be placed on the firing point by the team coach (cannot be handed to the cadet).

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- c. A damaged/inoperable rifle may be exchanged through a ramp supervisor. Spare rifles must be cleared through the rifle check prior use.
- d. A competitor may be aided by range staff or the team coach in repairing a rifle.

2.2 AMMUNITION

- a. Only DND ammunition is authorized for use in cadet competitions.
- b. Unless otherwise specified the team coaches will provide ammunition on the firing point.
- c. In all races a misfired round will be ejected. The competitor will be asked for a new round by raising their hand. A new round will be passed to the competitor by the coach through the official. Credit time will not be given.
- d. During the relay race, the rounds must remain in the bowl while firing; they cannot be laid on the mattress or anywhere else. Any Contravention of the rule will result in a one (1) minute penalty.

2.3 PROCEDURES

- a. All firing will be done in the prone position. Standing is not authorized for cadet competitions.
- b. When a competitor arrives on the firing point and proceeds to a lane other than one that has been assigned to the team, the competitor's coach is to notify the nearest official and the official will have the competitor moved to the appropriate lane. A time credit will not be awarded nor will a penalty be applied. Once in the appropriate lane, the competitor must complete the normal firing procedures as detailed for that race.
- c. During the patrol race a competitor may load ammunition into the chamber of a fellow team member's rifle, however, only the competitor firing the rifle may operate the bolt. If the assisting competitor performs any other assistance a two (2) minute penalty will be given to the assisting athlete at the end of the firing. Only one penalty will be assessed for each firing sequence, however, each firing sequence may be penalized if required.

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- d. During the patrol race, the athlete inside the zeroing box must have at least one knee on the ground. Anyone breaking this rule, will be imposed a two (2) minute penalty.

3 SAFETY

If a competitor commits a safety violation causing imminent danger to himself or others, he will be disqualified from the competition.

3.1 SAFETY VIOLATIONS – CLOSED BOLT

3.1.1 Bolt left closed by competitor when leaving range

- a. 1st infraction – A two minute penalty.
- b. 2nd infraction – disqualification

3.1.2 Coach removing rifle from the firing line with bolt closed

- a. 1st infraction – reprimand to the coach
- b. 2nd infraction – team disqualified

4 COACHING

- 4.1** During individual and relay races team coaches may work by themselves or in conjunction with the other coaches from their respective province/northern region.
- 4.2** Coaches are permitted to zero rifles prior to all races.
- 4.3** Coaches are permitted to adjust sights between shooting bouts except in the patrol race.
- 4.4** Coaches may coach skiing during all races.
- 4.5** Use of radios is permitted by coaches unless contrary instructions are issued by the organizing committee.

5 COMPETITION RULES

- 5.1** Unless otherwise detailed, IBU rules (detailed in Part 3 of this Handbook) shall apply for all competitions.
- 5.2** Protests must be made in accordance with IBU rules. A cost of \$ 10.00 will be attached to the protest. There will be no appeal jury.

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6 COMPETITION PENALTIES

Unless otherwise detailed, IBU Disciplinary Rules shall be applied as per Section 10 of Part 7 of this Handbook.

7 INDIVIDUAL MEDICAL WITHDRAWAL - EFFECT ON TEAM ELIGIBILITY

- 7.1** In team races where a cadet has withdrawn for medical reasons prior to the start of a race, the team will be permitted to compete under the following conditions:
- a. For the relay race, an another member of the team is authorized to complete the sequence twice. Time will be adjusted based on individual race results. The difference in time between the replacement and the member who is not starting will be added to the final team time, plus a one (1) minute penalty. If the replacement is the slower member, no time adjustment will be made, but a one (1) minute penalty will be added to the final team time. The team will be eligible for medals for the relay race.
 - b. For the patrol race, a member in the team will have to carry the patrol equipment for the cadet who has withdrawn. Time will be adjusted based on individual race results. The difference in time between the replacement and the member who is not starting will be added to the final team time, plus a one (1) minute penalty. If the replacement is the slower member, no time adjustment will be made, but a one (1) minute penalty will be added to the final team time. The team will be eligible for medals for the patrol race.
- 7.2** It is the responsibility of the team coach to notify the race secretary when a cadet has withdrawn. All medical problems must be verified by the competition medical staff not later than 30 minutes prior to the start of a race.
- 7.3** If a competitor withdraws during a race for medical reasons, the team will be disqualified.

8 TEAM PATROL RACE

8.1 START

- a. Each team will be assigned two firing lanes.
- b. All three competitors from each team will be on the shooting ramp. The two competitors firing must be in the prone position.
- c. Two competitors will fire, one in each lane. The third will be positioned between the two competitors and will be permitted to use a spotting scope, and he will have at least one knee on the ground. Anyone breaking this rule, will be imposed a two (2) minute penalty.
- d. Ammunition will be placed in the bowl by the scorer.
- e. All rifles will be on the mat with bolts open before the start of the race, with a maximum of three rifles per team. Replacements will not be permitted after the race has commenced.
- f. On the sound of a whistle, competitors will take up rifles, load and commence firing.

8.2 SHOOTING

- a. Unlimited ammunition
- b. When a competitor has hit all five of the targets in his lane, he may fire at the other set of targets assigned to the patrol. The cadet who is firing on this set of targets must first unload and place the rifle on the ramp. Anyone breaking this rule will be imposed a two (2) minute penalty.

8.3 SEQUENCE

All members will ski all loops of the course as a patrol. Each member will fire at least two bouts.

8.4 FINISH

- a. A time limit of 45 minutes will be given to complete the race.
- b. If a team completes all loops and shooting bouts prior to the end of the 45 minute time limit, the time awarded to the team will be that of when the final target was hit.

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- c. If a team is still completing its last shooting bout at the 45 minute mark, it will cease fire, and a penalty of one minute for each target missed will be added to the team time.
- d. If a team is on the course at the 45 minute mark, it will be permitted to ski the remainder of the loop(s), and a penalty of one minute for each target missed will be added to the team time.
- e. For each ski bouts not completed by the team a fifteen 15 minute time will be added to the team final time

9. CADET PATROL – RULES AND PENALTIES

9.1 PERSONAL EQUIPMENT:

- a. Appropriate national or provincial racing suit;
- b. Mitts or gloves;
- c. Cap as issued or unit headgear (uniform for all team members); and
- d. A small pack (provided by competition organizers).

9.2 PATROL EQUIPEMENT:

- a. The patrol equipment will be composed of six (6) woollen blankets.
- b. How the patrol equipment will be carried is left to the discretion of the team members.

9.3 OVERTAKING

A patrol overtaking another patrol must be closed up (30 meters) before the lead skier can call "TRACK". The patrol being overtaken must then immediately clear the track in use by the overtaking patrol (Refer to IBU Event and Competition Rule 7.2 found in Part 3 of this Handbook and IBU/Cadet Disciplinary Rules 5.3c and 5.5n found in Section 10 of Part 7 of this Handbook). Only the lead skier may call "TRACK".

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- 9.4** A patrol must be together when entering the range and crossing the finish line (within a 30-meter zone).
- 9.5** All members must cross the finish line or enter the range wearing or carrying their individual equipment.
- 9.6** Coaches will not be allowed to give any technical assistance during the race.

9.7 PENALTIES

Due to the unique nature of the patrol race, penalties for specific situations will be imposed as follows:

- a. Shooting Penalties
- 5 minutes will be added to the team time if two competitors fire on the same set of targets at the same time
 - 10 minutes will be added to the team time if a competitor fails to fire a shooting bout.
- b. Patrol member not wearing or carrying their personal equipment when crossing the finish line or entering the range (10 metre zone of silence) - 2 minutes.
- c. Patrol fails to enter the range or cross the finish line as a group (within 30 metre zone) - 2 minutes.
- d. Patrol member finishes without small pack - patrol disqualified.
- e. Patrol member receives assistance from sources other than competing team - patrol disqualified.

Note: In the event of any other violation of the rules, the Jury is empowered to impose penalties up to and including disqualification.

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**10. CADETS CANADA APPLICATION OF IBU
DISCIPLINARY RULES**

| Rule # | Rule | IBU Application | Cadet Application |
|--------|---|-----------------|-------------------|
| 1 | LEGAL BASIS | Yes | No |
| 2 | APPLICABILITY | Yes | No |
| 3 | CONDUCT LEADING TO PENALTIES AND DISCIPLINARY MEASURES | | |
| 3.1 | Athletes are subject to penalties. | Yes | Yes |
| 3.2 | Coaches, trainers, officials and staff of the IBU and its member associations, individual members of the IBU and members of competition committees are subject to disciplinary measures. | Yes | Yes |

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| Rule # | Rule | IBU Application | Cadet Application |
|--------|---|-----------------|-------------------|
| 3.3 | <p>Penalties and disciplinary measures are imposed for:</p> <p>Violations of the principles of fair play and unsportsmanlike conduct, especially for offences against the IBU Event and Competition Rules and against the Anti-doping, Blood Test and Gender Verification Rules of the IBU.</p> <p>Violations of the Constitution and other rules of the IBU – as well as for violations of decisions of the organs of the IBU.</p> <p>Endangering or impairing the reputation or the interests of the IBU and for impairing the contractual relations of the IBU.</p> <p>Offences against the IBU, its organs, its members, and other persons connected with the IBU.</p> | Yes | Yes |
| 3.4 | Suspension | Yes | N/A |
| 4 | PREREQUISITES FOR PENALTIES AND DISCIPLINARY MEASURES | Yes | No |
| 5 | <p>PENALTIES</p> <p>Penalties that may be imposed are:</p> | | |
| 5.1 | <p>Reprimands</p> <p>A reprimand shall be imposed in case of:</p> | | |
| 5.1a | Jeopardizing or defaming the honor or reputation of the IBU or its interests; | Reprimand | Reprimand |

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| Rule # | Rule | IBU Application | Cadet Application |
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| 5.1b | insulting the IBU, its organs, its members, its members' organizations and organs or guests of the IBU; | Reprimand | Reprimand |
| 5.1c | violations of rules for which there is not an expressly stated more severe penalty. | Reprimand | Reprimand |
| 5.2 | Start Prohibition A competitor or team shall be prohibited from starting for: | | |
| 5.2 a | violation of the eligibility requirements in article 1.4 of the IBU Event and Competition Rules; | Prohibited from starting | IBU N/A |
| 5.2 b | not meeting the required conditions and the qualification criteria in article 1.5 of the IBU Event and Competition Rules; | Prohibited from starting | IBU N/A |
| 5.2 c | appearing for start with equipment, clothing or advertising not in accordance with the IBU Material Catalogue; | Prohibited from starting | Prohibited from starting if paras 1.2.1, 1.3 or 3.1.1 to 3.1.5 of Annex A to Part 3 are violated |
| 5.2 d | appearing for start with the wrong start number, or no start number, due to a mistake made by the competitor or his team; | Prohibited from starting | Prohibited from starting |
| 5.2 e | impairing or endangering the contractual relations of the IBU; and | Prohibited from starting | IBU N/A |
| 5.2 f | violating the rules regarding official training, zeroing, warm-up and ski testing. | Prohibited from starting | Penalty imposed by Jury |

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| | The prohibition applies for the competition in which the violation occurred, or the next competition, as applicable. | | |
| 5.3 | One Minute Penalties A time penalty of one minute shall be imposed on competitors or teams for: | | |
| 5.3 a | crossing the designated line at the entry to the range or the finish line, as a team in a Team competition, with more than 15 seconds time interval between the first and last members; | One minute | IBU N/A See Section 9 of Part 7 |
| 5.3 b | one or both of the non-shooting members in a Team competition crossing outside the boundaries of their waiting enclosure with their feet before both shooting members of the team have completely passed the enclosure; | One minute | IBU N/A See Section 9 of Part 7 |
| 5.3 c | not giving way at the first request by an overtaking competitor or a Team in closed formation; | One minute | One minute |
| 5.3 d | not placing the 3 spare rounds in the cup or on the shooting ramp prior to firing one of them in the Relay competition; | One minute | IBU N/A See Section 8 of Part 7 |
| 5.3 e | the two shooters in a Team competition not shooting from adjoining lanes; | One minute | IBU N/A See Section 9 of Part 7 |

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| 5.3 f | a shooting member in a Team competition firing a shot before the other shooting member has reached the adjoining shooting lane; | One minute | IBU N/A See Section 9 of Part 7 |
| 5.3 g | Committing a very minor violation of the principles of fair play or the requirements of sportsmanship. | One minute | One minute |
| 5.4 | Two Minute Penalties A time penalty of two minutes shall be imposed on competitors or teams for: | | |
| 5.4 a. | every penalty loop, as a result of shot-penalties, not done immediately after each prone or standing shooting by a competitor or a team's shooting members; | Two minutes | Two minutes |
| 5.4 b. | using the skating technique (one or both legs sideways) in the Relay or Mass Start Competition or in a group start, in the prepared start tracks after the start line; | Two minutes | Two minutes |
| 5.4 c. | every round not fired if the competitor recommences skiing before he has fired all five shots in an Individual, Sprint, Pursuit, Mass Start or Team competition or all eight shots in a Relay competition, having not hit all targets; | Two minutes | Two minutes |
| 5.4 d. | Committing a minor violation of the principles of fair play or the requirements of sportsmanship. | Two minutes | Two minutes |

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| Rule # | Rule | IBU Application | Cadet Application |
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| 5.5 | Disqualifications A competitor or team shall be disqualified for: | | |
| 5.5 a | taking part in a competition for which he or she is not eligible; | Disqualification | Disqualification in accordance with cadet eligibility and registration procedures |
| 5.5 b | for violating Article 1.4 IBU Event and Competition Rules “Eligibility Rules for Competitors and Teams”; | Disqualification | IBU N/A |
| 5.5 c | Taking part in a competition when doped, or being a member of a Relay team or a team in a Team competition of which a member, or members, have been doped in the competition; | Disqualification | Disqualification |
| 5.5 d | Evading a doping control or blood testing when ordered to attend; | Disqualification | Disqualification |
| 5.5 e | Receiving prohibited assistance as defined in Article 1.8.2. of the IBU Event and Competition Rules from his team staff or non-competing Biathletes of his team; | Disqualification | 1.8.2.1 – 5 mins 1.8.2.2 – 5 mins |
| 5.5 f | Using equipment, rifle or clothing not in conformity with IBU rules, including carrying unauthorized advertising, in an IBU event or competition; | Disqualification | Disqualification if paras 1.2.1, 1.3 or 3.1.1 to 3.1.5 of Annex A to Part 3 are violated 7.3.1. – 10 mins for each infraction |

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| Rule # | Rule | IBU Application | Cadet Application |
|---------------|--|------------------------|---|
| 5.5 g | avoiding start or finish controls; | Disqualification | 10 mins for each infraction |
| 5.5 h | taking part in a competition with skis or rifle not properly marked; | Disqualification | 10 mins for each infraction |
| 5.5 i | modifying equipment, rifle or clothing which has been inspected and marked at start control, in a prohibited way; | Disqualification | Disqualification for rifle 10 mins for equipment |
| 5.5 j | participation in a competition with a start number or start number sequence color which has not been assigned to him by the competition start list, deliberately or due to a mistake by him or his team; | Disqualification | 10 mins against team race time |
| 5.5 k | deviating from the marked trail, or skiing a wrong trail, thus gaining a time advantage for himself or his team, or skiing the course loops in a wrong sequence or in the wrong direction; | Disqualification | Improper sequence – 10 mins Deviates and gains time – disqualification Deviates but returns to point where deviated – no penalty Deviates and does not return to point where deviated, but does not gain time – 5 mins |
| 5.5 l | using means of propulsion other than skis, poles and his own muscular force; | Disqualification | Disqualification |

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|--------------|--|------------------|--|
| 5.5 m | not carrying his rifle while skiing during the competition, and for not carrying the rifle on the course, when it is not damaged, with the barrel pointing up; | Disqualification | IBU N/A |
| 5.5 n | hindering another competitor on the course or at the shooting range by serious obstruction; | Disqualification | 7.2 intentional – disqualification 7.2 unintentional – no disqualification 8.3.3 intentional – disqualification 8.3.3 unintentional – no disqualification |
| 5.5 o | exchanging both skis during the competition; | Disqualification | 10 mins for each infraction |
| 5.5 p | accepting unauthorized assistance from any person when repairing equipment or receiving assistance other than authorized; | Disqualification | 7.3.2 – 10 mins 7.3.3 – IBU N/A See Sections 2, 8 and 9 of Part 7 7.3.5 – disqualification |
| 5.5 q | for applying any substances during a competition intended to change the glide performance of his skis; | Disqualification | Disqualification |
| 5.5 r | firing more than five rounds in any shooting bout of an Individual, Sprint, Pursuit, Mass Start or Team competition or more than eight in a Relay competition; | Disqualification | 2 mins per extra round fired |

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|--------------|--|------------------|--|
| 5.5 s | remaining in an incorrect shooting position or incorrect position in the shooting lane after having been warned; | Disqualification | Disqualification |
| 5.5 t | using a second magazine instead of loading lost rounds, replacement rounds for misfires, or spare rounds individually; | Disqualification | IBU N/A |
| 5.5 u | violating any shooting safety regulations as defined in 8.5. of the IBU Event and Competition Rules; | Disqualification | 8.5.1. – disqualification 8.5.2. – disqualification 8.5.2.1. – IBU N/A 8.5.3. – disqualification 8.5.4. – IBU N/A 8.5.5. – IBU N/A With regards to safety, see Section 3 of Part 7 |
| 5.5 v | not following the shooting sequence stated for that competition or in the start list in a Team competition; | Disqualification | IBU N/A See Section 8 and 9 of Part 7 for shooting sequence |
| 5.5 w | committing a serious violation of the principles of fair play or the requirements of sportsmanship. | Disqualification | Disqualification |
| 5.6 | Suspension (Blood Test) | Suspension | IBU N/A |

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| Rule # | Rule | IBU Application | Cadet Application |
|---------------|--|------------------------|----------------------------------|
| 5.7 | Ban (Anti-doping, Blood Test, Gender Verification Rules) | Ban | IBU N/A |
| 5.8 | Refusal of Blood Test or Doping Control | Ban | IBU N/A |
| 6 | DISCIPLINARY MEASURES | Yes | No |
| 7 | ORGANS AND SUBJECT MATTER JURISDICTION | Yes | No |
| 8 | JURY OF APPEAL | Yes | No |
| 9 | IBU COURT OF ARBITRATION | Yes | No |
| 10 | PROCEDURES FOR THE COMPETITION JURY | Yes | Yes (with the exception of 10.5) |
| 11 | PROCEDURE FOR THE EXECUTIVE BOARD | Yes | No |
| 12 | APPEAL PROCEEDINGS FOR THE JURY OF APPEAL | Yes | No |
| 13 | APPEAL PROCEEDINGS FOR THE IBU COURT OF ARBITRATION | Yes | No |
| 14 | EXEMPTION FROM LIABILITY | Yes | No |
| 15 | ENTRY INTO FORCE | Yes | Yes |

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