

**Tobacco Control Programme, Health Canada
Supplementary Tables, Youth Smoking Survey 2004-05**

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Table 1. Smoking status, all grades, Canada, 2004-05

| | Pop'n estimate ('000) | Current daily smoker (%) | Current occasional smoker (%) | Former smoker or former experimental smoker (%) | Experimental smoker (%) | Puffer (%) | Never tried smoking (%) |
|-------|-----------------------|---------------------------|-------------------------------|---|---------------------------|-----------------------------|------------------------------|
| Total | 2,011 | 0.8 [0.5 - 1.0] | 0.9 [0.7 - 1.1] | 4.7 [3.9 - 5.4] | 2.3 [1.9 - 2.7] | 10.2 [9.4 - 11.1] | 81.1 [79.6 - 82.7] |

[95% confidence intervals in brackets]

*Moderate sampling variability, interpret with caution.

#High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: 2004-05 Youth Smoking Survey

Table 2. Smoking status by sex and grouped grades, all grades, Canada, 2004-05

| | Pop'n estimate ('000) | Current smoker ¹ (%) | Former smoker or former experimental smoker (%) | Experimental smoker (%) | Puffer (%) | Never tried smoking (%) |
|-----------|-----------------------|---------------------------------|---|----------------------------|--|------------------------------|
| Male | 1,034 | 1.5* [1.0 - 2.1] | 4.3 [3.5 - 5.1] | 1.9 [1.4 - 2.5] | 11.3 [10.2 - 12.5] | 80.9 [79.1 - 82.7] |
| Female | 977 | 1.8* [1.2 - 2.4] | 5.1 [4.0 - 6.2] | 2.7 [2.1 - 3.3] | 9.1 [8.1 - 10.1] | 81.3 [79.3 - 83.4] |
| Grade 5-6 | 783 | # | 1.4* [0.1 - 2.0] | 0.7* [.04 - 1.0] | 5.2 [4.3 - 6.1] | 92.6 [91.1 - 94.1] |
| Grade 7-9 | 1,228 | 2.7 [2.0 - 3.3] | 6.8 [5.7 - 7.9] | 3.3 [2.8 - 3.8] | 13.5[†] [12.2 - 14.7] | 73.8 [71.5 - 76.1] |
| Total | 2,011 | 1.7 [1.3 - 2.1] | 4.7 [3.9 - 5.4] | 2.3 [1.9 - 2.7] | 10.2 [9.4 - 11.1] | 81.1 [79.6 - 82.7] |

[95% confidence intervals in brackets]

¹Current smoker is daily smokers and non-daily smokers

*Moderate sampling variability, interpret with caution.

#High sampling variability - although an estimate may be determined from the table, data should be suppressed.

[†]Note that this number should not be rounded up

Estimates may not sum to 100 percent due to rounding.

Source: 2004-05 Youth Smoking Survey

Table 3. Ever tried a tobacco product, by sex and grouped grade, all grades, Canada, 2004-05

| | Pop'n estimate ('000) | Cigarettes ¹ (%) | Cigars or pipes (%) | Bidis (%) | Chewing tobacco (%) | Snuff (%) | Any tobacco product (%) |
|-----------|-----------------------|------------------------------|------------------------------|----------------------------|--|----------------------------|--|
| Male | 1,034 | 19.1 [17.3 - 20.9] | 11.6 [10.6 - 12.6] | 1.1 [0.8 - 1.3] | 3.1 [2.2 - 3.9] | 0.8 [0.4 - 1.2] | 20.0 [18.0 - 22.0] |
| Female | 977 | 18.7 [16.6 - 20.7] | 7.2 [6.4 - 8.0] | 0.5* [0.3 - 0.8] | 0.9* [0.5 - 1.3] | 0.4* [0.2 - 0.5] | 22.8 [21.1 - 24.7] |
| Grade 5-6 | 783 | 7.4 [5.9 - 8.9] | 3.2 [2.6 - 3.9] | # | 0.5^{†*} [0.2 - 0.7] | 0.3* [0.1 - 0.5] | 9.0 [7.3 - 10.6] |
| Grade 7-9 | 1,228 | 26.2 [23.9 - 28.5] | 13.3 [12.3 - 14.2] | 1.2 [0.9 - 1.5] | 2.9 [2.0 - 3.9] | 0.8* [0.4 - 1.1] | 29.4 [27.3 - 31.6] |
| Total | 2,011 | 18.9 [17.3 - 20.4] | 9.4 [8.8 - 10.0] | 0.8 [0.6 - 1.0] | 2.0 [1.4 - 2.6] | 0.6* [0.4 - 0.8] | 21.5[†] [20.0 - 23.0] |

[95% confidence intervals in brackets]

¹Ever tried, even just a few puffs

*Moderate sampling variability, interpret with caution.

#High sampling variability - although an estimate may be determined from the table, data should be suppressed.

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

Table 4. Smoking status by province, all grades, Canada, 2004-05

| | Pop'n estimate ('000) | Current smoker ¹ (%) | Former smoker or former experimental smoker (%) | Experimental smoker (%) | Puffer (%) | Never tried smoking (%) |
|---------------|-----------------------|---------------------------------|---|----------------------------|------------------------------|------------------------------|
| Canada | 2011 | 1.7 [1.3 - 2.1] | 4.7 [3.9 - 5.4] | 2.3 [1.9 - 2.7] | 10.2 [9.4 - 11.1] | 81.1 [79.6 - 82.7] |
| NL | 32 | 3.2* [1.6 - 4.7] | 6.4* [4.3 - 8.5] | 2.1 [1.7 - 2.5] | 10.1 [7.8 - 12.3] | 78.3 [72.7 - 83.9] |
| PE | 10 | # | 3.8* [2.5 - 5.1] | 2.0 [1.6 - 2.4] | 8.7 [6.9 - 10.4] | 84.4 [80.9 - 87.8] |
| NS | 58 | 2.4 [1.7 - 3.1] | 4.3 [3.5 - 5.1] | 3.8 [2.9 - 4.6] | 9.6 [8.7 - 10.6] | 79.9 [77.8 - 82.0] |
| NB | 47 | # | 4.8 [3.9 - 5.8] | 1.4 [0.5 - 2.3] | 8.6 [6.2 - 11.0] | 82.4 [78.0 - 86.9] |
| QC | 488 | 3.5 [1.9 - 5.0] | 8.6 [6.5 - 10.7] | 3.6 [2.5 - 4.6] | 15.4 [13.4 - 17.3] | 69.0 [64.3 - 73.6] |
| ON | 778 | 0.8 [0.4 - 1.2] | 3.1* [1.9 - 4.3] | 1.6* [1.1 - 2.2] | 8.1 [6.5 - 9.7] | 86.4 [84.0 - 88.9] |
| MB | 72 | # | 4.1 [2.8 - 5.4] | # | 9.2* [5.4 - 13.1] | 83.4 [76.9 - 89.9] |
| SK | 66 | # | 3.7* [1.6 - 5.8] | 3.0 [1.3 - 4.6] | 11.4* [7.4 - 15.5] | 80.1 [73.1 - 87.1] |
| AB | 225 | # | 4.1 [3.1 - 5.1] | 2.4 [1.7 - 3.0] | 10.2 [8.4 - 12.0] | 81.9 [79.4 - 84.4] |
| BC | 233 | # | # | 1.6 [0.7 - 2.6] | 7.2 [5.5 - 8.9] | 87.9 [84.7 - 91.2] |

[95% confidence intervals in brackets]

¹Current smoker is daily smokers and non-daily smokers (combined due to small numbers)

*Moderate sampling variability, interpret with caution.

#High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: 2004-05 Youth Smoking Survey

Table 5. Ever tried smoking a cigarette, by province and sex, all grades, 2004-05

| | Male (%) | Female (%) | Total (%) |
|---------------|-------------------------------|--|-------------------------------|
| Canada | 19.1 [17.2 - 20.1] | 18.7 [16.6 - 20.7] | 18.9 [17.3 - 20.4] |
| NL | 22.0 [17.6 - 26.5] | 21.3* [14.3 - 28.4] | 21.7 [16.1 - 27.3] |
| PE | 15.1 [10.7 - 19.5] | 16.2 [13.0 - 19.5] | 15.6 [12.2 - 19.1] |
| NS | 20.4 [18.0 - 22.9] | 19.7 [17.5 - 22.0] | 20.1 [18.0 - 22.2] |
| NB | 17.7* [11.2 - 24.2] | 17.5[†] [14.4 - 20.6] | 17.6 [13.1 - 22.0] |
| QC | 29.9 [24.2 - 35.6] | 32.2 [26.6 - 37.9] | 31.0 [26.4 - 35.7] |
| ON | 14.2 [11.5 - 17.0] | 12.8 [9.4 - 16.3] | 13.6 [11.1 - 16.0] |
| MB | 16.7 [11.9 - 21.6] | 16.5* [7.5 - 25.5] | 16.6* [10.1 - 23.1] |
| SK | 21.6* [14.0 - 29.2] | 18.1* [10.0 - 26.3] | 19.9* [12.9 - 26.9] |
| AB | 18.3 [15.8 - 20.7] | 17.9 [14.4 - 21.4] | 18.1 [15.6 - 20.6] |
| BC | 12.9 [9.5 - 16.3] | 11.2* [6.5 - 15.8] | 12.1 [8.8 - 15.3] |

[95% confidence intervals in brackets]

*Moderate sampling variability, interpret with caution.

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

| Table 6. Ever tried smoking a cigarette, by province and grade, all grades, 2004-05 | | | | | |
|---|------------------------------|--|--|---|-------------------------------|
| | Grade 5 (%) | Grade 6 (%) | Grade 7 (%) | Grade 8 (%) | Grade 9 (%) |
| Canada | 5.8* [3.4 - 8.3] | 8.9 [7.2 - 10.5] | 17.8 [14.3 - 21.3] | 26.6 [24.0 - 29.3] | 34.3 [30.6 - 38.0] |
| NL | 6.9* [4.5 - 9.4] | 6.8 [5.0 - 8.7] | 16.1 [11.1 - 21.1] | 29.6 [21.3 - 37.9] | 43.1* [28.7 - 57.5] |
| PE | 3.3* [1.6 - 5.0] | 7.1* [4.8 - 9.4] | 13.5[†] [10.9 - 16.1] | 22.6 [18.2 - 27.0] | 28.8* [17.3 - 40.3] |
| NS | 3.6* [2.1 - 5.2] | 9.7 [7.4 - 11.9] | 19.4 [16.2 - 22.6] | 28.4 [24.1 - 32.8] | 36.4 [29.7 - 43.1] |
| NB | # | # | 15.2* [6.8 - 23.7] | 21.9 [18.0 - 25.8] | 34.5 [27.0 - 42.0] |
| QC | 8.6* [4.1 - 13.1] | 17.1 [12.6 - 21.5] | 36.2 [26.3 - 46.1] | 45.6 [39.8 - 51.4] | 48.9 [39.4 - 58.5] |
| ON | # | # | 10.1* [4.4 - 15.7] | 19.5[†] [14.4 - 24.6] | 27.9 [21.5 - 34.3] |
| MB | # | 8.6 [3.4 - 13.9] | # | 18.3* [8.1 - 28.4] | 37.0* [22.3 - 51.7] |
| SK | 6.5* [2.5 - 10.6] | # | 13.0* [6.0 - 19.9] | 25.5^{†*} [12.9 - 38.0] | 40.0* [21.3 - 58.8] |
| AB | # | 10.5^{†*} [7.3 - 13.7] | 13.4* [8.3 - 18.5] | 28.1 [22.9 - 33.2] | 32.3 [26.7 - 37.9] |
| BC | 3.3* [12.7 - 52.6] | 5.7* [3.2 - 8.2] | 7.4* [4.3 - 10.6] | 13.8 [9.9 - 17.7] | 27.9* [15.8 - 40.0] |
| [95% confidence intervals in brackets] | | | | | |
| *Moderate sampling variability, interpret with caution. #High sampling variability - although an estimate may be determined from the table, data should be suppressed. | | | | | |
| [†] Note that this number should not be rounded up | | | | | |
| Source: 2004-05 Youth Smoking Survey | | | | | |

Table 7. Average Number of cigarettes smoked per day (Daily smokers), Canada, 2004-05

| | Male (%) | Female (%) | Total (%) |
|---|-----------------------------|----------------------------|-----------------------------|
| Grade 7 | 7.2 [5.6 - 8.8] | 8.7 [6.8 - 10.5] | 8.0 [6.1 - 9.9] |
| Grade 8 | 9.5 [7.3 - 11.8] | 8.0 [5.6 - 10.3] | 8.6 [7.1 - 10.1] |
| Grade 9 | 10.7 [7.5 - 13.9] | 9.7 [8.0 - 11.5] | 10.1 [7.5 - 13.9] |
| Total (grades 7-9) | 10.1 [8.0 - 12.2] | 9.2 [8.0 - 10.3] | 9.6 [8.4 - 11.8] |
| Total (grades 5-9) | 10.1 [8.0 - 12.2] | 9.2 [8.0 - 10.3] | 9.6 [8.5 - 10.6] |
| [95% confidence intervals in brackets] | | | |
| Due to high variability average number of cigarettes smoked per day is suppressed for grades 5 and 6. | | | |
| Source: 2004-05 Youth Smoking Survey | | | |

| Table 8. Sources of cigarettes, by sex, grouped grades, and smoking status, all grades, Canada, 2004-05¹ | | |
|--|--|--|
| | Retail Sources² (%) | Social Sources³ (%) |
| Male | 11.5^{†*} [6.3 - 16.6] | 88.5 [83.4 - 93.7] |
| Female | 4.8* [1.7 - 7.9] | 95.2 [92.1 - 98.3] |
| Grade 5-6 | # | 91.6 [83.4 - 99.8] |
| Grade 7-9 | 7.7* [4.7 - 10.7] | 92.3 [89.3 - 95.3] |
| Daily smoker | 18.9* [9.6 - 28.3] | 81.1 [71.7 - 90.4] |
| Non-daily smoker | # | 83.9 [72.3 - 95.5] |
| Experimental smoker | # | 95.9 [92.7 - 99.1] |
| Total | 8.8* [4.9 - 12.6] | 91.2 [87.4 - 95.1] |
| <p>[95% confidence intervals in brackets]</p> <p>¹Includes individuals who have smoked in the last 30 days ²Retail sources include buy them from store/vending/internet ³Social sources include brother/sister/mother/father gives them / take from family member / buy from someone else</p> <p>*Moderate sampling variability, interpret with caution. #High sampling variability - although an estimate may be determined from the table, data should be suppressed.</p> <p>[†]Note that this number should not be rounded up</p> <p>Estimates may not sum to 100 percent due to rounding.</p> <p>Source: 2004-05 Youth Smoking Survey</p> | | |

Table 9. Youth smoking status by parent smoking status, all grades, Canada, 2004-05

| | Male | | Female | | Total | |
|-----------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| | ever tried a cigarette (%) | never tried a cigarette (%) | ever tried a cigarette (%) | never tried a cigarette (%) | ever tried a cigarette (%) | never tried a cigarette (%) |
| Any parent smokes | 29.9 [26.9 - 32.9] | 70.1 [67.1 - 73.1] | 29.6 [25.9 - 33.3] | 70.4 [66.7 - 74.1] | 29.8 [27.1 - 32.5] | 70.2 [67.5 - 72.9] |
| Neither parent smokes | 14.3 [12.8 - 15.9] | 85.7 [84.1 - 87.2] | 13.2 [11.4 - 14.9] | 86.8 [85.1 - 88.6] | 13.8 [12.6 - 14.9] | 86.2 [85.1 - 87.4] |

[95% confidence intervals in brackets]

Estimates may not sum to 100 percent due to rounding.

Source: 2004-05 Youth Smoking Survey

Table 10. Perceived reasons youth start to smoke by smoking status, all grades, Canada 2004-05

| | Current smoker (%) | Former smoker or former experimental smoker (%) | Experimental smoker (%) | Puffer (%) | Ever tried a cigarette (%) | Never tried a cigarette (%) |
|-----------------------------|-------------------------------|---|--|--|------------------------------|------------------------------|
| Friends smoke/peer pressure | 50.0 [39.8 - 60.2] | 56.9 [51.7 - 62.0] | 51.5[†] [42.8 - 60.2] | 59.8 [55.6 - 64.0] | 57.2 [53.6 - 60.8] | 56.6 [54.7 - 58.5] |
| Mother or fathers smoke | 40.8 [29.4 - 52.1] | 31.7 [26.3 - 37.0] | 30.6 [23.5 - 37.7] | 28.8 [25.6 - 32.0] | 30.8 [28.4 - 33.3] | 29.7 [27.9 - 31.4] |
| Brothers or sisters smoke | 30.0* [17.4 - 42.6] | 18.9 [15.6 - 22.2] | 16.7* [9.7 - 23.7] | 19.8 [16.9 - 22.8] | 20.1 [18.1 - 22.1] | 20.8 [19.4 - 22.2] |
| Popular kids smoke | 30.8 [23.9 - 37.7] | 28.9 [23.4 - 34.4] | 20.5 [15.4 - 25.6] | 30.4 [26.5 - 34.3] | 28.9 [26.0 - 31.7] | 36.1 [34.5 - 37.6] |
| Curiosity | 44.2 [33.9 - 54.4] | 45.5[†] [37.2 - 53.7] | 47.2 [37.1 - 57.2] | 46.5[†] [42.3 - 50.6] | 46.1 [41.5 - 50.7] | 41.1 [39.1 - 43.1] |
| It's cool | 48.0 [39.4 - 56.6] | 53.3 [47.0 - 59.6] | 41.0 [34.2 - 47.7] | 57.1 [53.5 - 60.6] | 53.4 [50.1 - 56.6] | 61.0 [59.2 - 62.8] |
| Something to do | 30.6* [19.5 - 41.6] | 18.3 [14.2 - 22.4] | 18.8 [11.4 - 26.2] | 12.2 [10.0 - 14.3] | 16.1 [14.0 - 18.2] | 11.8 [10.6 - 13.0] |
| It's not allowed | 18.3* [10.0 - 26.7] | 15.3 [10.8 - 19.7] | 13.3 [9.9 - 16.7] | 12.3 [10.1 - 14.4] | 13.7 [11.7 - 15.6] | 11.1 [10.0 - 12.2] |
| It's relaxing | 43.1 [31.5 - 54.6] | 22.8 [17.9 - 27.7] | 20.7 [14.6 - 26.7] | 19.9 [17.0 - 22.7] | 22.8 [20.0 - 25.5] | 15.2 [13.8 - 16.6] |
| Weight control | 15.6* [9.8 - 21.4] | 11.5 [8.1 - 15.0] | 8.1 [4.4 - 11.8] | 10.8 [8.1 - 13.4] | 11.1 [9.2 - 13.0] | 11.2 [9.9 - 12.5] |

[95% confidence intervals in brackets]

*Moderate sampling variability, interpret with caution.

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

| Table 11. Perceived reasons youth start to smoke by sex, all grades, Canada 2004-05 | | | |
|--|--|------------------------------|------------------------------|
| | Male (%) | Female (%) | Total (%) |
| Friends smoke/ peer pressure | 53.1 [50.8 - 55.4] | 60.6 [57.9 - 63.3] | 56.7 [55.0 - 58.5] |
| Mother or father smokes | 26.5 [24.8 - 28.2] | 33.4 [31.1 - 35.7] | 29.9 [28.2 - 31.5] |
| Brothers or sisters smoke | 18.3 [16.9 - 19.7] | 23.2 [21.2 - 25.1] | 20.7 [19.4 - 22.0] |
| Popular kids smoke | 30.5[†] [28.5 - 32.3] | 39.2 [37.0 - 41.3] | 34.7 [33.4 - 36.0] |
| Curiosity | 35.8 [33.9 - 37.7] | 48.6 [45.7 - 51.4] | 42.0 [40.0 - 44.1] |
| It's cool | 54.8 [52.6 - 57.1] | 64.5 [62.6 - 66.4] | 59.6 [58.0 - 61.1] |
| Something to do | 10.3 [9.3 - 11.4] | 15.0 [13.3 - 16.8] | 12.6 [11.5 - 13.7] |
| It's not allowed | 10.2 [8.9 - 11.5] | 13.1 [11.3 - 14.8] | 11.6 [10.6 - 12.6] |
| It's relaxing | 15.6 [14.1 - 17.1] | 17.7 [15.9 - 19.4] | 16.6 [15.2 - 18.0] |
| Weight control | 7.8 [6.6 - 9.0] | 14.7 [13.1 - 16.4] | 11.2 [10.0 - 12.4] |
| [95% confidence intervals in brackets] | | | |
| †Note that this number should not be rounded up | | | |
| Source: 2004-05 Youth Smoking Survey | | | |

Table 12. Perceived reasons youth start to smoke by grade, Canada 2004-05

| | Grade 5 (%) | Grade 6 (%) | Grade 7 (%) | Grade 8 (%) | Grade 9 (%) |
|---------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|--|
| Friends smoke/ peer pressure | 38.3 [35.2 - 41.4] | 52.2 [48.9 - 55.4] | 62.6 [59.1 - 66.1] | 64.4 [61.1 - 67.7] | 64.8 [61.2 - 68.3] |
| Mother or father | 25.7 [23.4 - 28.0] | 29.8 [26.4 - 33.2] | 30.4 [27.8 - 33.0] | 33.6 [30.7 - 36.4] | 29.6 [25.1 - 34.1] |
| Brothers or sisters smoke | 15.3 [13.4 - 17.2] | 18.1 [15.4 - 20.8] | 22.3 [20.4 - 24.2] | 24.9 [22.2 - 27.5] | 29.6 [25.1 - 34.1] |
| Popular kids smoke | 30.6 [28.4 - 32.7] | 35.8 [32.0 - 39.5] | 39.3 [36.5 - 42.1] | 38.5 [35.8 - 41.3] | 29.0 [26.2 - 31.9] |
| Curiosity | 28.9 [25.6 - 32.1] | 38.6 [34.6 - 42.6] | 45.0 [41.5 - 48.6] | 49.4 [45.8 - 53.1] | 47.2 [43.8 - 50.6] |
| It's cool | 54.9 [50.9 - 58.8] | 59.7 [57.0 - 62.4] | 62.4 [59.8 - 64.9] | 63.1 [59.8 - 66.4] | 57.5[†] [54.1 - 60.8] |
| Something to do | 7.4 [5.6 - 9.1] | 9.2 [7.6 - 10.8] | 10.0 [8.2 - 11.8] | 16.1 [14.2 - 17.9] | 20.1 [17.0 - 23.2] |
| It's not allowed | 6.5* [4.3 - 8.8] | 7.9 [6.3 - 9.4] | 11.6 [9.7 - 13.5] | 15.6 [13.5 - 17.7] | 16.0 [13.4 - 18.7] |
| It's relaxing | 8.8 [6.5 - 11.1] | 12.1 [10.6 - 13.5] | 15.1 [12.5 - 17.6] | 20.3 [17.2 - 23.4] | 26.2 [22.8 - 29.6] |
| Weight control | 9.5* [5.9 - 13.1] | 9.8 [7.9 - 11.7] | 14.1 [11.0 - 17.2] | 11.6 [9.7 - 13.5] | 10.8 [9.4 - 12.2] |

[95% confidence intervals in brackets]

*Moderate sampling variability, interpret with caution.

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

| Table 13. Health beliefs and attitudes by smoking status, all grades, Canada 2004-05 | | | | | | |
|---|---|---|-------------------------------|--|------------------------------|------------------------------|
| | Current smoker (%) | Former smoker or former experimental smoker (%) | Experimental smoker (%) | Puffer (%) | Ever tried a cigarette (%) | Never tried a cigarette (%) |
| Health Beliefs | | | | | | |
| Must smoke many years to hurt health | 27.2 [19.1 - 35.3] | 21.8 [15.8 - 27.8] | 22.5* [14.9 - 30.2] | 18.9 [16.3 - 21.5] | 21.0 [18.8 - 22.8] | 13.4 [12.3 - 14.5] |
| Occasional smoking endangers health | 46.4 [39.5 - 53.4] | 54.3 [48.6 - 59.9] | 46.8 [39.0 - 54.7] | 54.9 [50.7 - 59.0] | 52.3 [49.6 - 56.4] | 68.2 [67.0 - 69.5] |
| Quitting reduces damage to health | 56.8 [48.1 - 65.4] | 49.5 [43.5 - 55.6] | 47.5 [40.2 - 54.9] | 46.2 [42.9 - 49.4] | 45.1 [43.9 - 50.7] | 41.0 [39.5 - 42.5] |
| Smoking helps to stay thin | 32.0 [25.3 - 38.6] | 24.4 [19.2 - 29.7] | 25.1* [16.1 - 34.1] | 23.2 [19.9 - 26.4] | 24.5 [21.7 - 27.3] | 16.2 [14.5 - 17.9] |
| Tobacco is addictive | 85.5[†] [80.0 - 91.0] | 88.6 [83.9 - 93.2] | 89.5 [85.1 - 93.9] | 89.4 [86.9 - 91.9] | 88.8 [86.4 - 91.3] | 88.2 [86.9 - 89.5] |
| Smoke can harm non-smokers health | 86.4 [80.3 - 92.4] | 92.4 [89.0 - 95.7] | 91.3 [87.9 - 94.6] | 90.8 [88.7 - 92.9] | 90.8 [88.8 - 92.9] | 86.6 [85.4 - 87.9] |
| Attitudes | | | | | | |
| Nicer to date non-smokers | 41.6 [36.8 - 46.5] | 77.3 [72.2 - 82.4] | 58.6 [50.7 - 66.5] | 82.1 [79.5 - 84.7] | 74.5 [71.6 - 77.4] | 81.8 [80.6 - 83.1] |
| Smoking helps when bored | 46.5[†] [39.6 - 53.3] | 22.7 [16.5 - 28.9] | 30.1 [22.9 - 37.4] | 15.3 [12.0 - 18.5] | 21.7 [18.8 - 24.5] | 10.4 [9.1 - 11.7] |
| Smoking helps to relax | 75.7 [66.9 - 84.4] | 45.1 [39.8 - 50.5] | 65.7 [56.8 - 74.6] | 39.6 [34.6 - 44.5] | 47.3 [45.6 - 50.6] | 25.7 [34.6 - 44.5] |
| Smoking is cool | 18.0* [10.1 - 26.0] | 7.7* [3.0 - 12.3] | 12.3* [7.1 - 17.6] | 4.0* [2.0 - 6.0] | 7.2 [4.7 - 9.6] | 1.1 [0.8 - 1.4] |
| Smokers can quit anytime | 27.0 [18.8 - 35.1] | 20.5 [17.4 - 23.7] | 23.9 [18.1 - 29.7] | 20.1 [17.1 - 23.2] | 21.3 [19.0 - 23.6] | 28.8 [26.8 - 30.9] |
| Smoking should be allowed around kids at home | 21.2* [13.0 - 29.3] | 9.1* [4.2 - 14.0] | 8.8* [3.8 - 13.7] | 3.8* [2.4 - 5.1] | 7.7 [6.3 - 9.2] | 1.5 [1.2 - 1.8] |
| Smoking should be allowed around kids in cars | 23.5^{†*} [14.9 - 32.1] | 9.6 [4.8 - 14.3] | 13.8 [9.6 - 17.9] | 4.5^{†*} [2.9 - 6.1] | 8.6 [7.0 - 10.2] | 1.4 [1.2 - 1.7] |
| [95% confidence intervals in brackets] | | | | | | |
| *Moderate sampling variability, interpret with caution. | | | | | | |
| [†] Note that this number should not be rounded up | | | | | | |
| Source: 2004-05 Youth Smoking Survey | | | | | | |

| Table 14. Health beliefs and attitudes by sex, all grades, Canada 2004-05 | | | |
|--|--|------------------------------|--|
| | Male (%) | Female (%) | Total (%) |
| Health Beliefs | | | |
| Must smoke many years to hurt health | 16.4 [15.4 - 17.5] | 13.1 [11.6 - 14.5] | 14.8 [13.7 - 15.9] |
| Occasional smoking endangers health | 66.5[†] [64.9 - 68.1] | 64.2 [62.7 - 65.6] | 65.4 [64.2 - 66.5] |
| Quitting reduces damage to health | 44.4 [42.6 - 46.2] | 40.1 [38.1 - 42.1] | 42.3 [41.1 - 43.6] |
| Smoking helps to stay thin | 16.6 [14.8 - 18.4] | 19.0 [17.1 - 20.9] | 17.8 [16.2 - 19.3] |
| Tobacco is addictive | 87.4 [86.0 - 88.9] | 89.2 [87.6 - 90.9] | 88.3 [87.1 - 89.5] |
| Smoke can harm non-smokers health | 88.0 [86.4 - 89.5] | 86.8 [85.0 - 88.6] | 87.4 [86.2 - 88.6] |
| Attitudes | | | |
| Nicer to date non-smokers | 79.1 [77.1 - 81.1] | 81.9 [80.2 - 83.5] | 80.5[†] [79.1 - 81.8] |
| Smoking helps when bored | 13.7 [11.7 - 15.8] | 11.2 [10.1 - 12.3] | 12.5 [11.1 - 13.9] |
| Smoking helps to relax | 31.1 [28.4 - 33.9] | 28.3 [25.8 - 30.1] | 29.8 [27.3 - 32.2] |
| Smoking is cool | 2.5 [1.9 - 3.2] | 1.9 [1.3 - 2.5] | 2.2 [1.7 - 2.8] |
| Smokers can quit anytime | 24.5[†] [22.7 - 26.2] | 30.5 [28.0 - 33.1] | 27.4 [25.7 - 29.2] |
| Smoking should be allowed around kids at home | 2.2 [1.8 - 2.7] | 3.1 [2.5 - 3.7] | 2.7 [2.3 - 3.0] |
| Smoking should be allowed around kids in cars | 3.2 [2.6 - 3.8] | 2.3 [1.8 - 2.8] | 2.8 [2.4 - 3.1] |
| [95% confidence intervals in brackets] | | | |
| †Note that this number should not be rounded up | | | |
| Source: 2004-05 Youth Smoking Survey | | | |

Table 15. Health beliefs and attitudes by grade, Canada 2004-05

| | Grade 5 (%) | Grade 6 (%) | Grade 7 (%) | Grade 8 (%) | Grade 9 (%) |
|---|------------------------------|--|------------------------------|------------------------------|------------------------------|
| Health Beliefs | | | | | |
| Must smoke many years to hurt health | 18.1 [14.6 - 21.5] | 15.5[†] [13.6 - 17.3] | 15.5 [13.7 - 17.3] | 12.8 [10.8 - 14.8] | 12.3 [10.3 - 14.3] |
| Occasional smoking endangers health | 62.4 [59.7 - 65.0] | 66.8 [64.4 - 69.3] | 63.8 [61.3 - 66.3] | 64.6 [60.6 - 68.6] | 69.0 [65.6 - 72.4] |
| Quitting reduces damage to health | 37.9 [33.2 - 42.7] | 35.5 [32.3 - 38.8] | 42.0 [39.1 - 44.9] | 44.8 [42.5 - 47.1] | 50.8 [47.8 - 53.9] |
| Smoking helps to stay thin | 13.2 [10.8 - 15.5] | 13.9 [10.9 - 16.9] | 20.1 [16.9 - 23.4] | 20.2 [17.3 - 23.1] | 21.1 [18.0 - 24.2] |
| Tobacco is addictive | 82.5 [80.1 - 84.9] | 88.5[†] [86.5 - 90.5] | 88.8 [86.9 - 90.8] | 90.6 [88.9 - 92.3] | 90.7 [87.8 - 93.7] |
| Smoke can harm non-smokers health | 78.0 [74.7 - 81.2] | 85.4 [83.0 - 87.9] | 89.2 [87.6 - 90.8] | 90.9 [88.8 - 92.9] | 93.0 [91.8 - 94.2] |
| Attitudes | | | | | |
| Nicer to date non-smokers years to hurt | 76.9 [74.0 - 79.8] | 79.8 [77.7 - 81.9] | 79.8 [77.2 - 82.4] | 83.4 [81.3 - 85.4] | 82.2 [79.5 - 84.9] |
| Smoking helps when bored | 7.8 [6.7 - 8.9] | 9.1 [7.7 - 10.5] | 11.9 [9.3 - 14.4] | 15.7 [12.1 - 19.3] | 17.7 [15.0 - 20.3] |
| Smoking helps to relax | 18.2 [14.4 - 22.1] | 21.6 [19.1 - 24.1] | 28.5 [23.6 - 33.4] | 37.8 [32.5 - 43.1] | 41.8 [38.7 - 44.8] |
| Smoking is cool | # | 1.7* [1.1 - 2.3] | 1.7* [1.2 - 2.2] | 2.4* [1.4 - 3.4] | 3.0* [1.8 - 4.1] |
| Smokers can quit anytime | 33.7 [30.1 - 37.3] | 30.9 [28.3 - 33.6] | 25.2 [22.4 - 28.1] | 24.1 [21.3 - 26.9] | 23.7 [20.9 - 26.6] |
| Smoking should be allowed around kids at home | 2.0* [0.9 - 3.2] | 1.5 [1.1 - 2.0] | 3.2 [2.5 - 3.9] | 3.4 [2.5 - 4.3] | 3.2 [2.3 - 4.0] |
| Smoking should be allowed around kids in cars | 2.0* [0.9 - 3.2] | 1.6 [1.1 - 2.1] | 3.2 [2.4 - 4.0] | 3.4 [2.4 - 4.5] | 3.5 [2.4 - 4.5] |

[95% confidence intervals in brackets]

*Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

Table 16. Smoking status by weekly spending money, all grades, Canada 2004-05

| | Ever tried a cigarette (%) | Never tried a cigarette (%) |
|--------------|------------------------------|---|
| \$10 or less | 14.5 [12.9 - 16.1] | 85.5[†] [83.7 -87.3] |
| \$11 - \$20 | 22.9 [19.2 - 26.6] | 77.1 [73.4 - 80.8] |
| \$21 plus | 30.0 [27.1 - 32.9] | 70.0 [67.1 - 72.9] |
| Total | 20.2 [18.3 - 22.0] | 79.8 [78.0 - 81.7] |

[95% confidence intervals in brackets]

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

Table 17. Lifetime use and mean age at first use of alcohol and other drugs by sex (grades 7-9), Canada 2004-05

| | Male | | Female | | Total | |
|---|--|--|------------------------------|------------------------------|--|--|
| | % | Mean age | % | Mean age | % | Mean age |
| Alcohol | 65.6 [62.7 - 68.4] | 10.9 [10.8 - 11.1] | 60.0 [56.8 - 63.1] | 11.4 [11.1 - 11.6] | 62.9 [60.5 - 65.3] | 11.1 [11.0 - 11.3] |
| Binge drinking ¹ | 36.5 [32.6 - 40.5] | 12.4 [12.2 - 12.7] | 36.6 [32.1 - 41.0] | 13.1 [13.0 - 13.2] | 36.6 [33.1 - 40.0] | 13.0 [12.9 - 13.1] |
| Cannabis | 17.5[†] [15.6 - 19.4] | 12.4 [12.2 - 12.7] | 15.9 [13.3 - 18.6] | 12.8 [12.6 - 12.9] | 16.7 [15.1 - 18.4] | 12.6 [12.4 - 12.8] |
| Other drug+ | 11.7 [10.0 - 13.4] | N/A | 13.3 [10.9 - 15.8] | N/A | 12.5[†] [10.7 - 14.2] | N/A |
| Amphetamines | 2.2 [1.5 - 2.9] | 13.2 [12.9 - 13.5] | 3.1 [2.3 - 4.0] | 13.5 [13.3 - 13.8] | 2.7 [2.1 - 3.2] | 13.4 [13.2 - 13.6] |
| MDMA (Ecstasy) | 2.0* [1.4 - 2.7] | 13.5[†] [13.2 - 13.8] | 2.7* [1.6 - 3.7] | 13.7 [13.5 - 13.9] | 2.3 [1.7 - 3.0] | 13.6 [13.5 - 13.8] |
| Hallucinogens | 3.2 [2.4 - 4.1] | 13.4 [13.2 - 13.6] | 3.3 [2.3 - 4.3] | 13.6 [13.3 - 13.9] | 3.3 [2.5 - 4.0] | 13.5[†] [13.3 - 13.6] |
| Heroin | 1.0* [0.5 - 1.5] | 13.0 [12.7 - 13.3] | 0.9* [0.5 - 1.2] | 13.1 [12.8 - 13.3] | 0.9* [0.6 - 1.2] | 13.0 [12.8 - 13.2] |
| Cocaine | 2.1 [1.4 - 2.7] | 13.0 [12.7 - 13.4] | 2.9 [2.1 - 3.7] | 13.1 [12.8 - 13.4] | 2.5[†] [2.0 - 2.9] | 13.1 [12.8 - 13.3] |
| Steroids | 1.8 [1.2 - 2.3] | 12.9 [12.6 - 13.1] | 0.7* [0.4 - 1.1] | 13.0 [12.6 - 13.4] | 1.3 [0.9 - 1.6] | 12.9 [12.7 - 13.1] |
| Glue / Gas | 7.4 [6.1 - 8.8] | 12.4 [12.3 - 12.5] | 7.6 [6.0 - 9.3] | 12.6 [12.4 - 12.7] | 7.5 [6.3 - 8.8] | 12.5 [12.4 - 12.6] |
| Prescription drugs (e.g. Ritalin) | 2.8* [1.7 - 3.8] | 12.9 [12.7 - 13.1] | 3.2 [2.2 - 4.2] | 13.1 [12.8 - 13.4] | 3.0 [2.2 - 3.8] | 13.0 [12.8 - 13.2] |
| Pain killers | 1.3 [0.9 - 1.7] | 12.7 [12.4 - 13.0] | 2.3* [1.5 - 3.1] | 13.3 [13.0 - 13.7] | 1.8 [1.3 - 2.3] | 13.1 [12.8 - 13.4] |
| Natural health products or other medications | 1.9* [1.2 - 2.5] | 12.9 [12.6 - 13.1] | 3.3 [2.4 - 4.2] | 13.2 [12.9 - 13.4] | 2.6 [2.0 - 3.2] | 13.1 [12.8 - 13.3] |

[95% confidence intervals in brackets]

¹Five or more drinks. Note: This is among those who have ever tried alcohol.

N/A - cannot be established due to multiple drugs included in category

*Moderate sampling variability, interpret with caution.

+Other drugs include: Amphetamines (speed, ice, meth); MDMA (ecstasy, E, X); Hallucinogens (LSD, PCP, acid, magic mushrooms, mesc); Heroin (smack, H, junk, crank); Cocaine (coke, crack, blow, snow); glue, gasoline or other products (solvents).

[†]Note that this number should not be rounded up

Source: 2004-05 Youth Smoking Survey

Table 18. Lifetime use of alcohol and cannabis by province (grades 7-9), Canada 2004-05

| | Pop'n estimate ('000) | Alcohol (%) | Binge drinking ¹ (%) | Cannabis (%) |
|--------|-----------------------|------------------------------|---------------------------------|-------------------------------|
| CANADA | 1228 | 62.9 [60.5 - 65.3] | 36.6 [33.1 - 40.0] | 16.7 [15.1 - 18.4] |
| NL | 20 | 55.0 [51.5 - 58.5] | 41.1 [36.4 - 45.8] | 17.6 [13.0 - 22.2] |
| PE | 6 | 48.7 [42.7 - 54.7] | 44.0 [37.7 - 50.3] | 8.0 [5.7 - 10.4] |
| NS | 36 | 53.9 [51.4 - 56.3] | 43.5 [40.6 - 46.5] | 20.8 [18.8 - 22.9] |
| NB | 30 | 50.3 [41.1 - 59.6] | 43.2 [33.6 - 52.7] | 15.0* [8.6 - 21.3] |
| QC | 294 | 76.4 [72.1 - 80.8] | 42.7 [34.8 - 50.6] | 27.9 [24.2 - 31.7] |
| ON | 474 | 58.7 [53.4 - 64.1] | 30.7 [24.8 - 36.6] | 12.0 [8.9 - 15.0] |
| MB | 44 | 49.4 [44.1 - 54.7] | 25.3* [18.2 - 32.5] | # |
| SK | 41 | 61.8 [52.9 - 70.7] | 37.3 [29.5 - 45.1] | 14.0* [10.3 - 15.6] |
| AB | 138 | 67.2 [62.7 - 71.7] | 41.4 [36.2 - 46.7] | 12.9 [8.8 - 20.2] |
| BC | 145 | 54.2 [47.5 - 60.9] | 32.2* [21.8 - 42.6] | 14.5* [8.8 - 20.2] |

[95% confidence intervals in brackets]

¹Five or more drinks. Note: This is among those who have ever tried alcohol.

*Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Source: Youth Smoking Survey 2004-05

Table 19. Lifetime use of alcohol and illicit drugs by grade (grades 7-9), Canada 2002

| | Pop'n estimate ('000) | Alcohol (%) | Binge drinking ¹ (%) | Cannabis (%) |
|---------|-----------------------|------------------------------|---------------------------------|------------------------------|
| Grade 7 | 414 | 49.0 [45.6 - 52.4] | 22.3 [17.9 - 26.8] | 7.4 [5.7 - 9.1] |
| Grade 8 | 407 | 63.6 [59.4 - 67.7] | 33.8 [30.1 - 37.6] | 14.6 [11.9 - 17.3] |
| Grade 9 | 407 | 75.2 [71.9 - 78.6] | 47.6 [42.0 - 53.2] | 27.7 [24.0 - 31.4] |
| Total | 1,228 | 62.9 [60.5 - 65.3] | 36.6 [33.1 - 40.0] | 16.7 [15.1 - 18.4] |

[95% confidence intervals in brackets]

¹Five or more drinks. Note: This is among those who have ever tried alcohol.

Source: Youth Smoking Survey 2004-05

| Table 20. Cannabis use by smoking status (grades 7-9), Canada 2004-05 | | |
|--|------------------------------|------------------------------|
| | Tried cannabis (%) | Never tried cannabis (%) |
| Ever tried cigarette smoking | 50.3 [46.9 - 53.7] | 49.7 [46.3 - 53.1] |
| Never tried cigarette smoking | 4.7 [3.8 - 5.5] | 95.3 [94.5 - 96.2] |
| [95% confidence intervals in brackets] | | |
| Source: 2004-05 Youth Smoking Survey | | |

| Table 21. Alcohol use by smoking status (grades 7-9), Canada 2004-05 | | |
|---|------------------------------|------------------------------|
| | Tried alcohol (%) | Never tried alcohol (%) |
| Ever tried cigarette smoking | 91.2 [89.3 - 93.1] | 8.8 [6.9 - 10.7] |
| Never tried cigarette smoking | 52.6 [49.9 - 55.3] | 47.4 [44.7 - 50.1] |
| [95% confidence intervals in brackets] | | |
| Source: 2004-05 Youth Smoking Survey | | |

| Table 22. Binge drinking¹ by smoking status (grades 7-9), Canada 2004-05 | | |
|--|--|--------------------------------------|
| | Experienced binge drinking (%) | Never experienced binge drinking (%) |
| Ever tried cigarette smoking | 58.5[†] [54.0 - 62.9] | 41.5 [37.1 - 46.0] |
| Never tried cigarette smoking | 22.8 [19.8 - 25.8] | 77.2 [74.2 - 80.2] |
| [95% confidence intervals in brackets] | | |
| ¹ Five or more drinks. Note: This is among those who have ever tried alcohol. | | |
| [†] Note that this number should not be rounded up | | |
| Source: 2004-05 Youth Smoking Survey | | |

Table 23. Sample size, by province and grade, all grades, 2004-05

| | Grade 5 | Grade 6 | Grade 7 | Grade 8 | Grade 9 | Total |
|---------------|---------|---------|---------|---------|---------|-------|
| Canada | 5881 | 6657 | 5894 | 5864 | 4947 | 29243 |
| NL | 544 | 601 | 519 | 731 | 423 | 2518 |
| PE | 517 | 622 | 590 | 530 | 523 | 2782 |
| NS | 656 | 781 | 394 | 360 | 294 | 2485 |
| NB | 420 | 588 | 603 | 580 | 390 | 2581 |
| QC | 851 | 915 | 731 | 743 | 404 | 3644 |
| ON | 784 | 817 | 834 | 800 | 915 | 4150 |
| MB | 619 | 706 | 610 | 638 | 437 | 3010 |
| SK | 379 | 378 | 397 | 330 | 562 | 2046 |
| AB | 606 | 604 | 620 | 464 | 331 | 2625 |
| BC | 505 | 645 | 596 | 988 | 668 | 3402 |