

National Summer Institute on Addictions 2003:

Evaluation report

Prepared under contract with the Canadian Centre on Substance Abuse and the Addiction Research Centre P.E.I.¹

By

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¹ The views expressed in this report are those of the author and do not necessarily reflect those of the Canadian Centre on Substance Abuse or the Addiction Research Centre

Executive Summary

The first National Summer Institute on Addiction was cosponsored by the Addiction Research Centre and the Canadian Centre on Substance Abuse and was held at the Addiction Research Centre in Montague, Prince Edward Island from August 18th to August 21 s1 2003. The aim was to provide experienced professionals with advanced information on evidence-based models, and opportunities to consider application and implementation issues

This report summarizes what was learned from informal observations of the Institute, informal conversation with participants, brain storm session with organizers after the Institute had finished, compilation of comments and suggestions made during the final, wrap-up and evaluation session, written responses to fixed-response and opened ended questions on a Participant Feedback Form. This report also includes information on the Institute participants, costs and revenue provide by the CCSA and the ARC and bullet point summaries of sectors summaries.

In addition to staff of the ARC and CCSA there were 40 fee paying participants and four others whose fees were waived. These represented nine regions but the largest group (61%) were from the Maritimes. The majority (79%) worked in the health or social service fields.

Informal comments made to the author and members of the organizing committee indicated a high level of satisfaction with the Institute as a whole and its component parts. Completed or partially completed questionnaires were returned by 32 of the 44 (%) registrants and these also indicated a generally high level of satisfaction with the Institute as a whole and with all presentations and workshops.

It is concluded that the Summer Institute was very successful with respect to the goals of attracting professionals from across the country and providing them with information and experiences that were relevant to their professional needs. However, a follow-up study of participants would be useful to assess the longer term consequences of the Institute experience.

The number of suggestions for future workshops was limited but encompass a wide range of issues. The level of interest in any specific issue is no known. Therefore discussions of the focus of future Institutes will need to be informed by further with input from key informants and an awareness of emerging issues through environmental scanning and reviews of the literature..

The following other issues were identified for discussion when planning future Institutes:

- Increasing participation of people from the corrections field
- Structure and objectives of workshops
- More time for electives
- Having some presentation in French
- Funding to compensate for an expected short fall in revenues from participants fees for Institutes of this kind

Introduction

The first National Summer Institute on Addiction was cosponsored by the Addiction Research Centre and the Canadian Centre on Substance Abuse and was held at the Addiction Research Centre in Montague, Prince Edward Island from August 18th to August 21 st 2003. The aim was to provide experienced professionals with advanced information on evidence-based models, and opportunities to consider application and implementation issues.

This Institute focussed on substance abuse treatment under the theme, "*Evidence-based Options for Working with Resistant Clients*". In addition to presentations by Canadian and US experts participants were provided with scheduled opportunities to consider their particular application and cross-sector issues, and to provide input into national research, best practice development and training agendas. The following description of the Institute's aims and structure was included in the participants manual:

Faculty

Leading international and Canadian experts in research and program design will be presenting in a seminar format and providing input and leadership in the ensuing workshops.

Format of the Institute

Participants will then participate in a series of seminars and workshops over four days. Each day will begin with a faculty-led seminar that addresses the theme of resistance and presents a model or practice that is well supported by evidence. Following each seminar presentation will be interactive workshops, involving case discussions and an opportunity to analyze increasingly specific application issues in mixed-and same-sector groups (where there is interest, group(s) will be encouraged to continue discussions on the application of presented models/practices beyond the Institute, with support of Institute sponsors). These sessions will provide a focused and interactive learning environment that allows participants to connect the content to be learned with the context in which they work.

In addition, elective seminars will also be offered on the second and third day, providing participants with opportunities to acquire information on topical treatment issues with broad application across sectors (e.g., health, social services, and criminal justice).

The week will culminate with a summary of the collective learning experiences across interest groups - and the general and specific application issues. The research implications of these findings will be reported at a national addictions research symposium being held in the fall, 2003. Participants will also have an opportunity to offer advice on future Institute topics, and a national best practices and training agenda.

A truly unique aspect of this Institute is its national scope. This scope will permit a rich opportunity for information exchange across sectors and geographic regions. All Institute developed materials, seminar presentations, workshop discussions and reporting will be translated into French and English. At the outset of the Institute, organizers will, with participants, determine how to organize the small groups to best take advantage of the cross-sectoral and cross-language information exchange opportunities.

The Faculty and titles of their presentations were as follows:

Presenters	Topics
G. Alan Marlatt: Professor of Psychology and Director of the Addictive Behaviors Research Center at the University of Washington	Addiction and the Psychology of Change
Cameron Wild, Associate Professor: Department of Public Health Sciences, Faculty of Medicine and Dentistry, University of Alberta.	Coercion versus Self Determination
Wayne Skinner, Clinical Director, Concurrent Disorders Program, Centre for Addiction and Mental Health, Toronto.	Techniques for building motivation
John Gardin, Director of Behavioral Health Services, Life Link, Santa Fe, New Mexico.	Community Reinforcement
Alan Ogborne, Senior Associate, Canadian Centre on Substance Abuse	Program Evaluation
Brian Grant, Director, Addiction Research Centre, Prince Edward Island	Finding resources to assist in Program Evaluation
Heather Mitchell, Supervisor, Addictions Foundation on Manitoba	Elective presentation - Working with DWI clients
Tammy Richard, Youth Consultant, Alberta Alcohol and Drug Abuse Commission	Elective presentation - Effectively engaging youth with substance use problems
Catherine Ryan, Department of Psychology, University of Prince Edward Island	Elective presentation - Prenatal drug effects: A discussion of basic principles and issues
Dennis Kimberley, Department of Social Work, Memorial University of Newfoundland and Louise Osmond, consultant, St. John's Newfoundland	Elective presentation - The challenge of the dual disordered/concurrent disordered client.

All presentation were in English with simultaneous translation into French. All written materials, including a participant feedback form were available in both French and English

Objectives of the evaluation

1. To obtain participants' feedback on the attainment of the objectives of the Institute as a whole and those of its component parts (seminars, electives, workshops).
2. To obtain participants' feedback on the quality, relevance and utility of presentations and workshops
3. To obtain participants' feedback on the organization of the Institute
4. To obtain participants' suggestions for future workshops, training needs and other national initiatives
5. To obtain feedback from the Institute's organizers on issues that arose during the Institute's planning and implementation in order to guide the planning and implementation of future events.

Methods

1. Informal observations of the Institute
2. Informal conversation with participants
3. Brain storm session with organizers after the Institute has finished
4. Compilation of comments and suggestions made during the final, wrap-up and evaluation session
5. Written responses to fixed-response and opened ended questions on a Participant Feedback Form - Appendix A.

This report also includes information on the Institute participants, costs and revenue provide by the CCSA and the ARC and bullet point summaries of sectors summaries (appendix D)..

Results

Participants

In addition to staff of the ARC and CCSA there were 40 fee paying participants and four others whose fees were waived. Table 1 shows participants' places of residence and, as can be seen, the largest group (61%) were from the Maritimes. From their organizational affiliations it appeared that majority (79%) worked in the health or social service fields as front-line practitioners, supervisors, agencies directors or in government. Others worked in the correction field or for the John Howard Society.

Table 1: Participants' places of residence

Place of residence	Number and percent of participants
Alberta	2 (5%)
Manitoba	2 (5%)
Ontario	5 (11%)
Quebec	5 (11%)
PEI	7 (16%)
Nova Scotia	4 (9%)
New Brunswick	13 (30%)
Newfoundland and Labrador	3 (7%)
Yukon	1 (2%)
Namibia *	2 (5%)

* On study leave at the Addiction Research Centre

Costs and revenue

The following statement of revenues and costs was prepared by the Addiction Research Centre:

ITEM

Shipping costs for Kiosk	292.00
Rental of Food Tent	936.00
Interpretation Services	10,011.75
Faculty	15,931.00
General Supplies	1,275.82
Participants binders	1,447.00
Dinner	2,022.98
Lunches for 4 days	4,577.00
Sound System	150.00
Security Services	350.00
Signage	157.77
Total	37,151.32
Funds from registration	20,000.00
Cost to be shared by ARC/CCSA	17,151.32

Level of participation

Observations by the author and reports from CCSA and ARC observers indicated that most main sessions and the electives were well attended. However, about 50% of registrants chose not to participate in the last afternoon workshop on the second day. Some registrants also had flight

plans that required them to leave before the formal end of the Institute but the exact number is unknown. However, 15 did not pick up their personalized Certificates of Participation, which were made available after the last session and 12 did not hand in completed evaluation forms.

From information on completed or partially completed evaluation it is clear that at least 25 participants attended an elective session on each of the two days that electives were offered.

Participant feedback

Informal comments made to the author and members of the organizing committee indicated a high level of satisfaction with the Institute as a whole and its component parts and there were no indications of any general or specific negative reactions from any individual registrants. One exception concerned the quantity of food and this was because the quantities of some food was less than optimal at one or two lunches..

Completed or partially completed questionnaires were returned by 32 of the 44 (%) registrants and these also indicated a generally high level of satisfaction with the Institute as a whole and with all presentations and workshops. Ratings are summarized in appendix B and written comments are reproduced in appendix C.

It is noteworthy that there were few responses indicating disagreement with positive statements (indicated by cross-hatching) for the Institute as a whole or for any presentation? or workshop. Also many of written comments included words such as "excellent", "wonderful", "Fabulous" or indicated that the presentations were "Very informative" and "useful". The Institute thus clearly achieved its goals of providing participants with advanced information on evidence-based models that will be of a value in their practices.

Cameron Wild and John Gardin did not ask participants to break out for workshops as originally expected. Rather they each asked participants to remain in the conference room and to work in pairs or groups of three on specific activities related to their presentations. Perhaps for this reason, some participants did not rate the value of workshops associated with these two presentations.

The penultimate session "Sector Summaries" had the largest percentage of "neutral" ratings. This was perhaps because participants were not especially interested in the issues in sectors other than their own. However, the few written comments were mostly positive.

The last session had high rates of non-response to all items because many delegates did not stay for this session.

Observations and participants comments suggest that the following issues be considered when planning further Institutes of this kind:

- More time for some sessions and especially for the electives
- Workshops of the kind envisioned were not necessarily appropriate for some topics or styles of presentation

- Some participants found the chairs too hard and would have preferred tables to rest their binders and take notes
- Some presentations in French would be appreciated by francophone participants

A few participants also made suggestions for themes and issues for future Institutes:

- Program evaluation
- Topics of interest to those working in detoxification centres and residential rehabilitation programs
- Medical aspects of detoxification
- Opiate addiction
- Dual disorders
- Methadone maintenance

Conclusions

The results show that the Summer Institute was very successful with respect to the goals of attracting professionals from across the country and providing them with information and experiences that were relevant to their professional needs. Participants also considered the Institute to have been well organized and appreciated the facilities and the hospitality of Addiction Research Centre. All those completing the evaluation form indicated agreement with the statement " I will try to come to future Institutes hosted by the ARC" .

A larger number of participants from the corrections field might have been expected given the nature of the topic and the fact that the co-host (ARC) was a corrections funded agency. It is understood that heads of corrections agencies had expressed interest in the Institute but that limited funds prevented them from sponsoring staff who might wish to attend.

All presentation were well received and the only common concern was the need for more time for the elective sessions. However, a few comments suggested that these did not always start on time.

Except for the workshops associated with the presentations by Wayne Skinner others did not provide opportunities for participants to develop specific plans for new initiatives. Rather these other workshops were more experiential and designed to enhance clinical skills. Also the outputs the Skinner workshops and from the final wrap-up sessions were lists of issues and not plans for proposals for action. Observations and conversations with participants did, however, suggest that some clearly intended to try to use what they had learned when they returned to their places of works and to have follow-up sessions with one or more presenters. A follow-up study of participants would therefore be useful to assess the longer term consequences of the Institute experience.

The number of suggestions for future workshops was limited but a follow-up email asking for further ideas has been sent to all participants. The suggestions made thus far encompass a wide range of issues but the level of interest in any specific issue is no known. Further discussion of

the focus of future Institutes will thus need to be informed by further with input from key informants and an awareness of emerging issues through environmental scanning and reviews of the literature..

The Institute was not self supporting and needed supplementary funds from CCSA and ARC. Even if the originally hoped for number of paying participants had attended (50) the short fall in revenue would still have been about \$12,000. Thus unless participants fees are substantially higher, a significant short fall in revenue can be anticipated for future Institutes at the ARC with the same number and type of faculty and where all materials and presentations are in both official languages.

Appendix A

Participant Feedback form (English version)

Please complete each section of this form to give us your feedback on the Addiction Summer Institute and its component parts. Your ratings and comments will be carefully considered when planning future Institutes.

The form can be completed in one session at the end of the Institute. However sections concerning specific seminars, electives and workshops could be completed at their conclusion or shortly thereafter.

Use the scales in each section to indicate the extent to which you agree or disagree with the associated statements

Completed forms should be placed in a box that will be available on the last day of the Institute. The information you provide will be treated as confidential and you do not need to write your name on your form.

Many thanks for your cooperation

Section 1: Addiction and the Psychology of Change (Monday 9.00-12.00)

Did you attend this session?

No ±→ skip to next section
Yes ±→ Continue
Part ±→ Continue but do not respond to items that are not applicable

	Strongly Agree				Strongly Disagree
Seminar					
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±
The presentation increased my understanding of the dynamics of Change	±	±	±	±	±
I acquired new information that will be helpful in my work	±	±	±	±	±
Workshop					
The workshop objectives were met	±	±	±	±	±
The case materials were useful	±	±	±	±	±
The workshop had a practical focus	±	±	±	±	±
I learned new skills that I will be able to use in my work	±	±	±	±	±
Overall					
Overall the session was relevant to my work situation	±	±	±	±	±
I increased my professional competence	±	±	±	±	±

Comments and suggestions:

.....

Section 2: Coercion versus self determination (Monday 1.00-4.30)

Did you attend this session?

No ±→ skip to next section
Yes ±→ Continue
Part ±→ Continue but do not respond to items that are not applicable

	Strongly Agree				Strongly Disagree
Seminar					
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±

Section 2: Coercion versus self determination - continued

	Strongly Agree			Strongly Disagree	
The presentation increased my understanding of self determination ...	±	±	±	±	±
I acquired new information that will be helpful in my work.....	±	±	±	±	±
Workshop					
The workshop objectives were met	±	±	±	±	±
The case materials were useful	±	±	±	±	±
The workshop had a practical focus	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Overall					
Overall the session was relevant to my work situation.....	±	±	±	±	±
I increased my professional competence	±	±	±	±	±

Comments and suggestions:

.....

Section 3: Elective (Tuesday 8.00-9.00)

Which elective did you attend?	±	Effectively engaging youth with substance use problems			
	±	AFM Impaired Driving Program			
	Strongly Agree			Strongly Disagree	
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±
I acquired new information that will be helpful in my work.....	±	±	±	±	±

Comments and suggestions:

.....

Section 4: Techniques for Building Motivation (Tuesday 9.00-4.30)

Did you attend this session? **No** ±→ skip to next section
 Yes ±→ Continue
 Part ±→ Continue but do not respond to items that are not applicable

	Strongly Agree				Strongly Disagree
Seminar					
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±
The presentation increased my understanding of what works	±	±	±	±	±
I acquired new information that will be helpful in my work.....	±	±	±	±	±
Workshop 1					
This workshop helped me see how theory can be applied.....	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Workshop 2					
This workshop broadened my understanding of how this information can be applied in my own work	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Workshop 3					
This workshop gave me an opportunity to develop protocols or interventions suitable for my areas of interest	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Overall					
Overall the session was relevant to my work situation.....	±	±	±	±	±
I increased my professional competence	±	±	±	±	±

Comments and suggestions:

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Section 5: Elective (Wednesday 8.00-9.00)

Which elective did you attend? ± The Challenge of The Dual Disordered/Concurrent Disordered Client
 ± Catherine Ryan

	Strongly Agree			Strongly Disagree	
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±
I acquired new information that will be helpful in my work.....	±	±	±	±	±

Comments and suggestions:

.....

.....

Section 6: Community reinforcement (Wednesday 9.00-4.00)

Did you attend this session? **No** ±→ skip to next section
Yes ±→ Continue
Part ±→ Continue but do not respond to items that are not applicable

	Strongly Agree			Strongly Disagree	
Presentation					
The presenter met the stated objectives	±	±	±	±	±
The materials were well-prepared and clear	±	±	±	±	±
The presentation increased my understanding of community reinforcement	±	±	±	±	±
I acquired new information that will be helpful in my work.....	±	±	±	±	±
Workshop 1					
This workshop helped me see how theory can be applied.....	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Workshop 2					

This workshop broadened my understanding of how this information can be applied in my own work ± ± ± ± ±
 I learned new skills that I will be able to use in my work..... ± ± ± ± ±

Section 6: Community reinforcement - Continued

	Strongly Agree				Strongly Disagree
Workshop 3					
This workshop gave me an opportunity to develop protocols or interventions suitable for my areas of interest	±	±	±	±	±
I learned new skills that I will be able to use in my work.....	±	±	±	±	±
Overall					
Overall the session was relevant to my work situation.....	±	±	±	±	±
I increased my professional competence	±	±	±	±	±

Comments and suggestions:

.....

.....

Section 7: Research and Evaluation (Thursday 9.00-10.30)

Did you attend this seminar?	No	±→ skip to next section			
	Yes	±→ Continue			
		Strongly Agree			Strongly Disagree
The seminar objectives were met	±	±	±	±	±
The materials were well-prepared and clear.....	±	±	±	±	±
The information on logic models will be useful in my work.....	±	±	±	±	±
The seminar increased my appreciation of the need for evaluation	±	±	±	±	±
The information about ARC was useful.....	±	±	±	±	±

Comments and suggestions:

Section 8: Sector Summaries (Thursday 10.45-12.30)

Did you attend this session? **No** ±→ skip to next section
 Yes ±→ Continue

		Strongly Agree			Strongly Disagree
The session objectives were met	±	±	±	±	±
The presentations were interesting	±	±	±	±	±
I acquired new ideas for possible application in my work.....	±	±	±	±	±

Comments and suggestions:

Section 9: Future Training Needs etc (Thursday 1.15-3.00)
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Did you attend this session? **No** ±→ skip to next section
 Yes ±→ Continue

		Strongly Agree			Strongly Disagree
The session's objectives were met	±	±	±	±	±
I acquired new information that will be useful in my work.....	±	±	±	±	±

Comments and suggestions:

Section 10: The Summer Institute experience

		Strongly Agree			Strongly Disagree
The Institute was well-organized	±	±	±	±	±
The format and contents were as expected	±	±	±	±	±
The PEI location was a positive feature of the Institute	±	±	±	±	±
Please indicate your preferred location if appropriate _____					
I would have preferred different dates	±	±	±	±	±
Please indicate your preferred dates if appropriate _____					
The Institute duration (4 days) was about right.....	±	±	±	±	±
Please indicate your preferred duration if appropriate _____					
The facilities were good	±	±	±	±	±
The food provided at the Institute was good.....	±	±	±	±	±
The banquet was good	±	±	±	±	±
I learned some new skills that will be useful in my work.....	±	±	±	±	±
I gained an increased sense of professional competence from the Institute			±	±	± ±
Overall I am glad I came to this Institute.....	±	±	±	±	±
I would recommend the Institute to colleagues	±	±	±	±	±
I will try to come to future Institutes hosted by the ARC.....	±	±	±	±	±

Comments and suggestions:

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MANY THANKS AND HAVE A SAFE TRIP HOME!

Appendix B

Ratings for items concerning the Institute as a whole and for individual sessions

Unless otherwise indicated all figures are based on responses from the 32 participants who submitted fully or partially completed evaluation forms

The full text of all items can be found on the questionnaire reproduced in appendix A.

Figure 1 : Ratings for items concerning the Institute experience as a whole

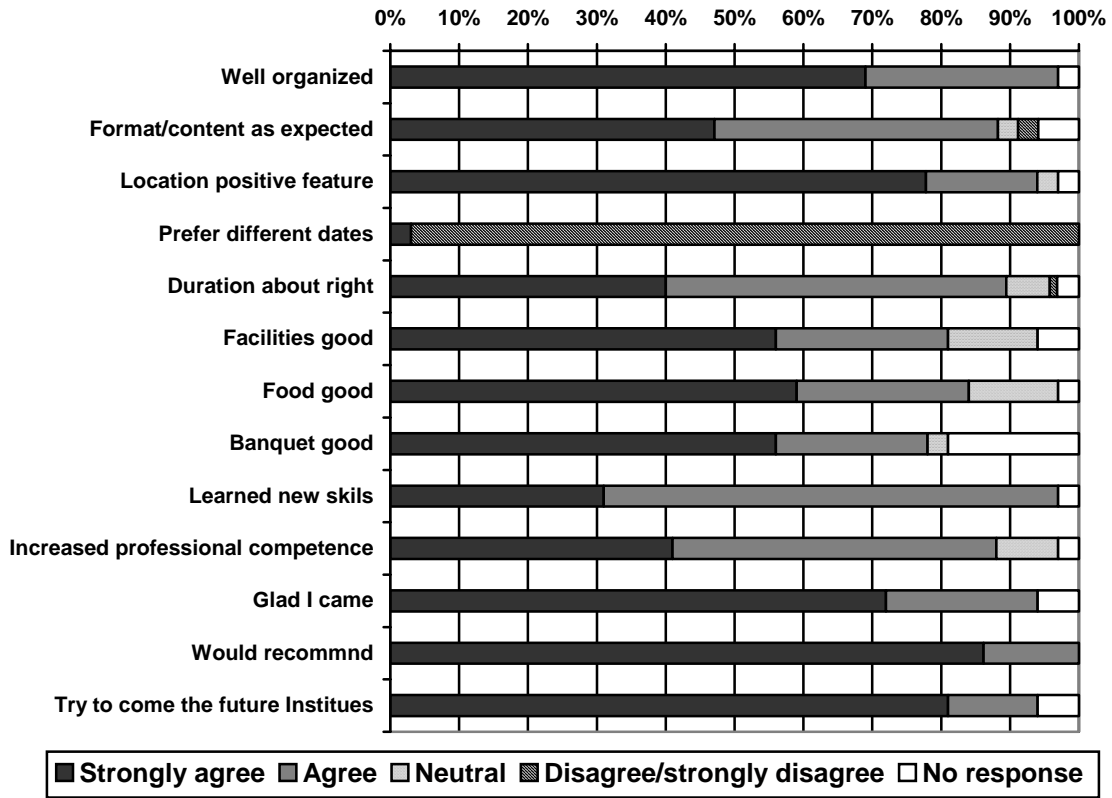
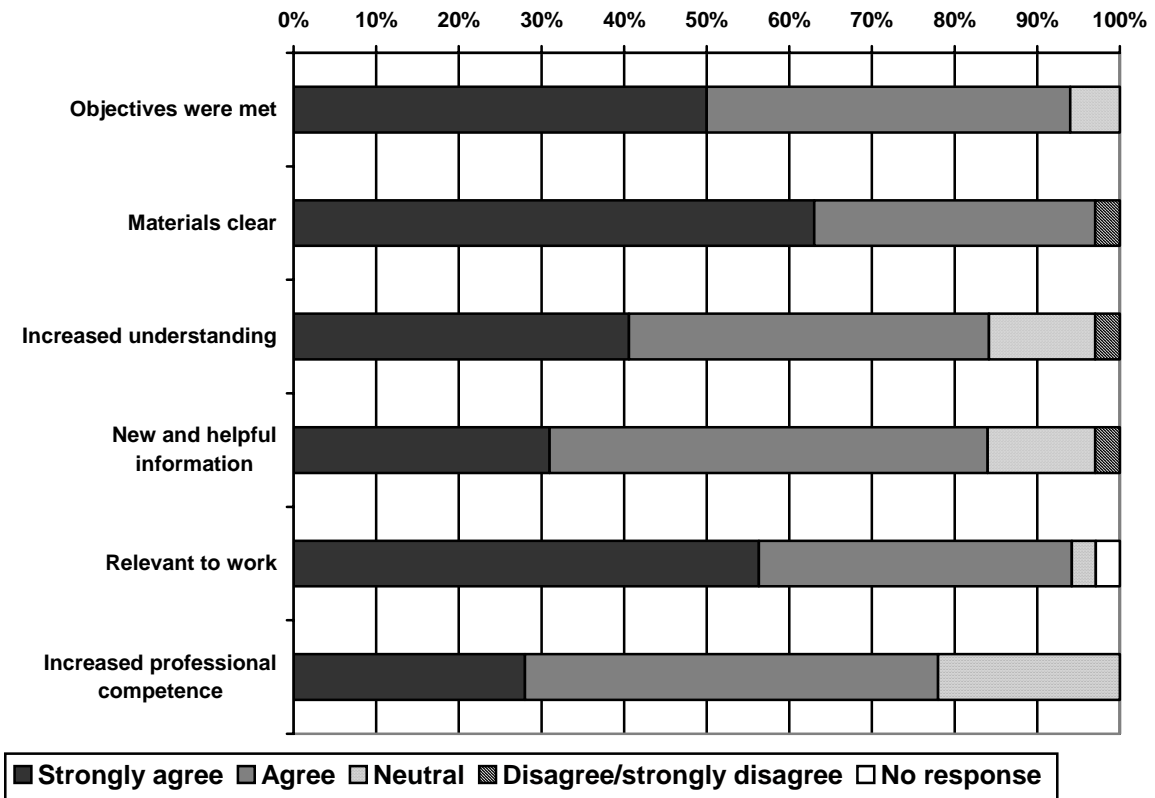


Figure 2 : Ratings for items concerning the presentation by Alan Marlatt - Addiction and the Psychology of Change



Note: Dr. Marlatt did not run a workshop as described in the program and for this reason the few responses to items concerning this workshop are not included in the above figure

Figure 3: Ratings to items concerning the presentation by Cameron Wild -Coercion vs. Self-Determination in Behavior Change

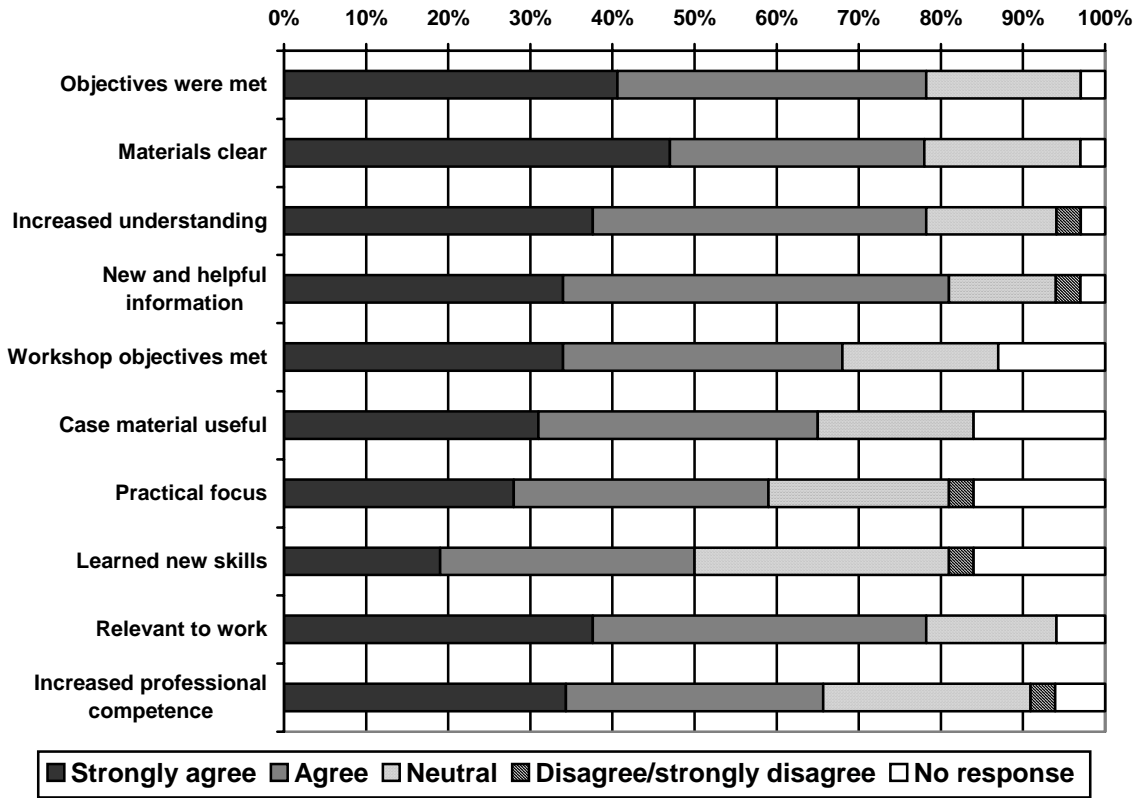
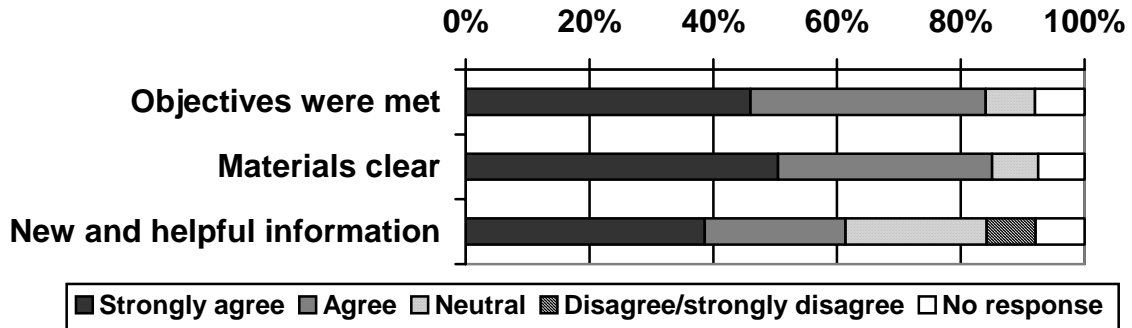
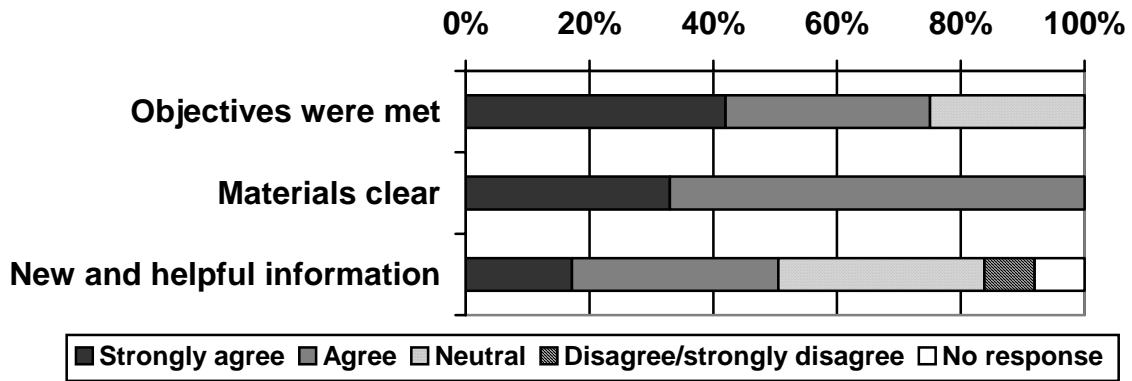


Figure 4: Ratings to items concerning the elective presentation by Tammy Richard - Effectively Engaging Youth with Substance Use Problems



Note: Ratings based on responses from 13 the respondents who indicated that they attended this elective.

Figure 5: Rating to items concerning the elective presentation by Heather Mitchell - Working Effectively with DWI Clients



Note: Ratings based on responses from the 12 participants who indicated that they attended this elective

Figure 6: Ratings to items concerning the presentation by Wayne Skinner - Technoques for Building Motivation

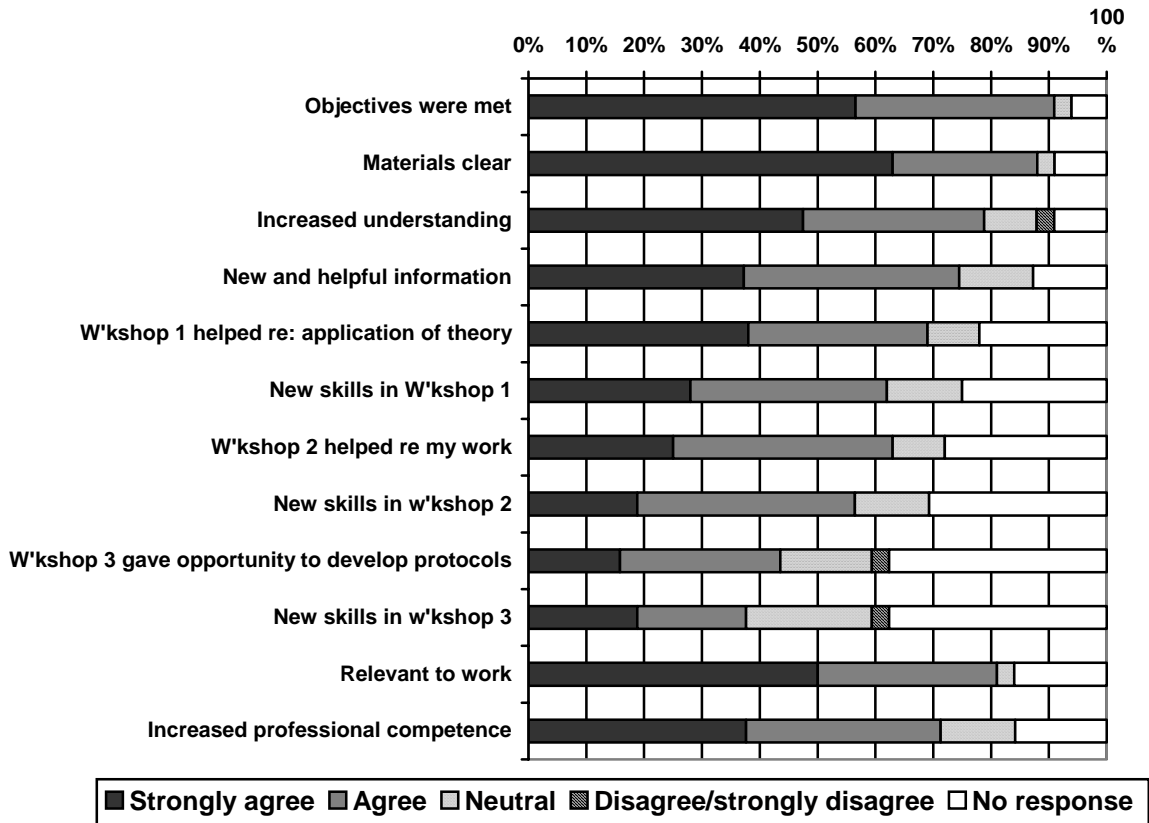
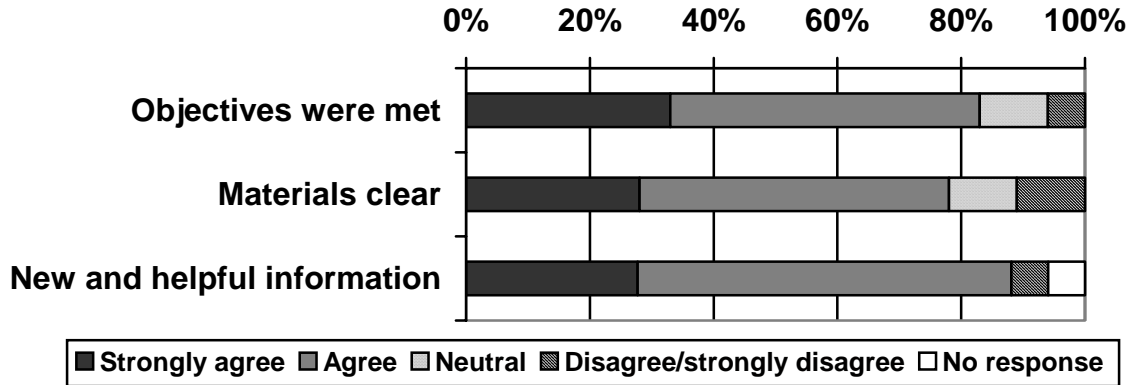
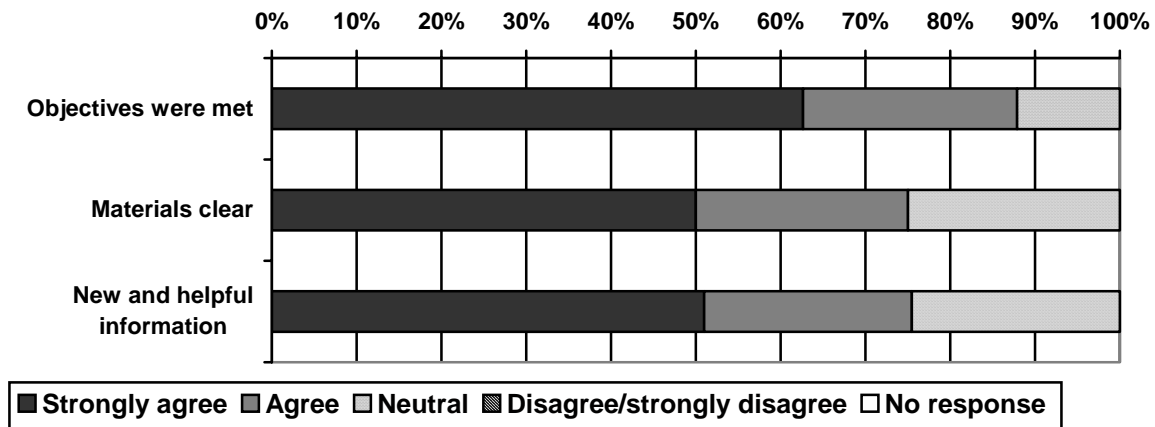


Figure 7: Ratings of items concerning the elective presentation by Dennis Kimberley and Louise Osmond - The Challenge of the Dual Disordered Client



Note; Based on ratings from the 18 participants who indicated that they attended this session

Figure 8: Ratings of the elective presentation by Catherine Ryan - Prenatal Drug Effects: A Discussion of Basic Principle and Issues



Notes: Based on ratings from the 8 participants who indicated that they attended this session

Figure 19 Ratings of the presentation by John Gardin - Community Reinforcement

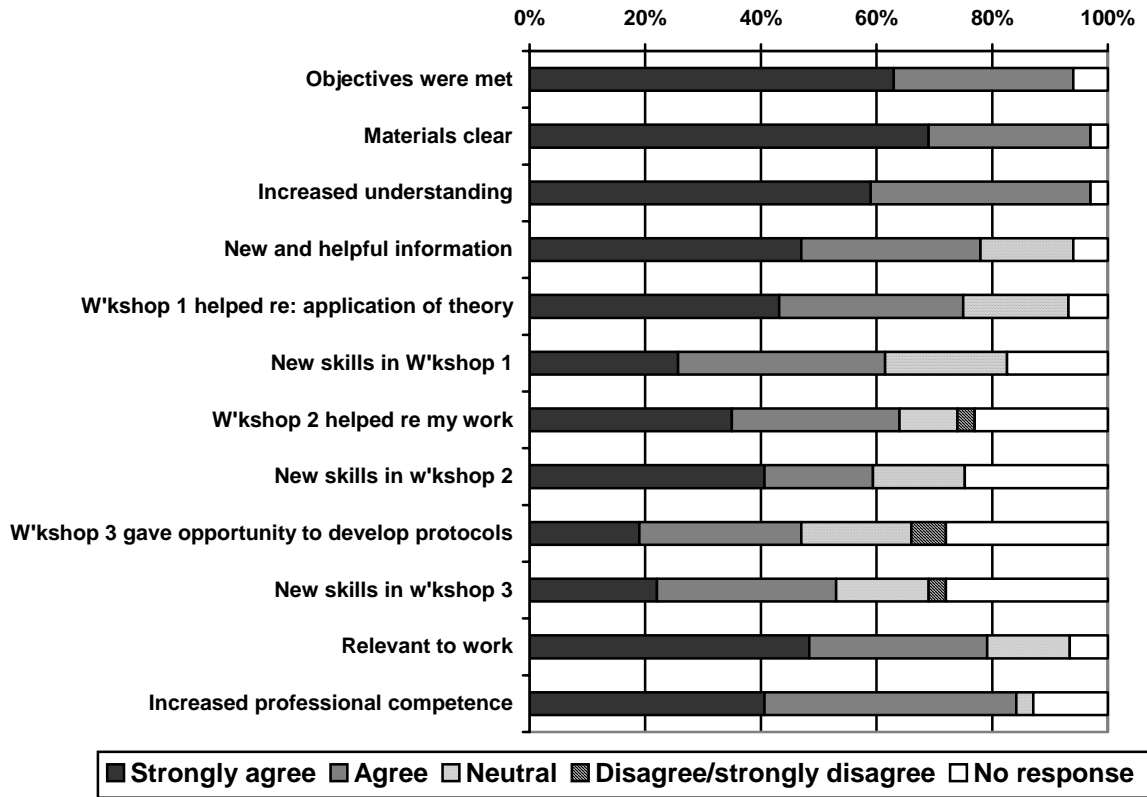


Figure 10: Ratings of the presentation by Alan Ogborne and Brian Grant - Research and Evaluation

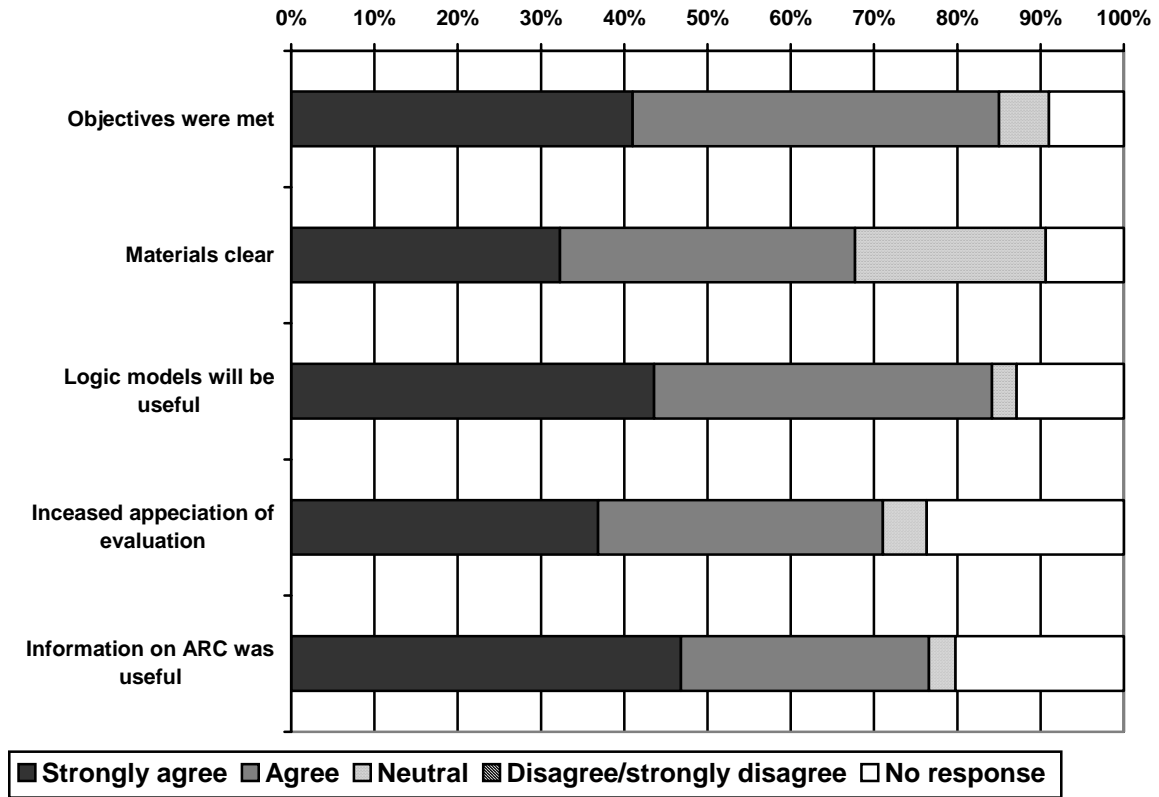


Figure 11: Ratings of the session on sector summaries

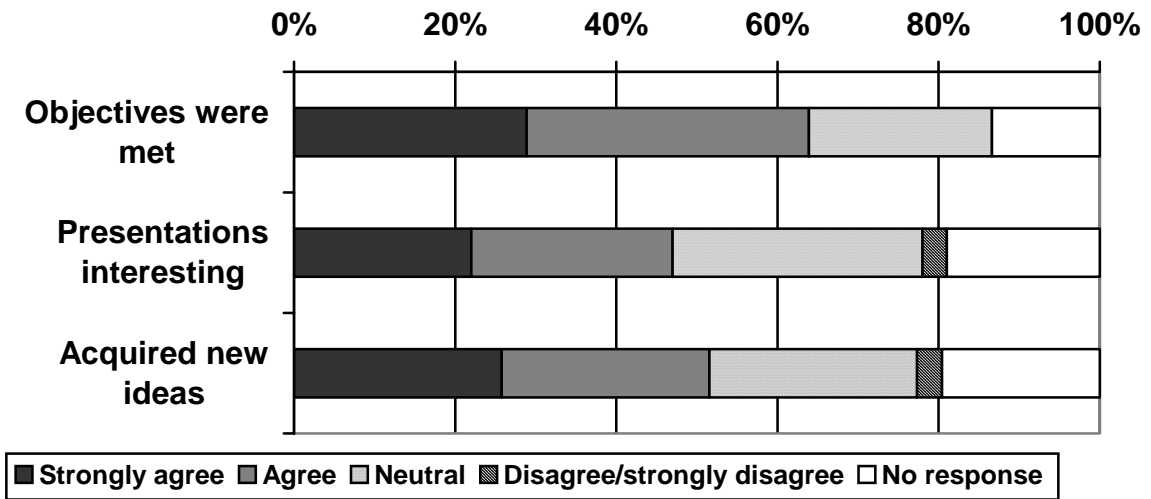
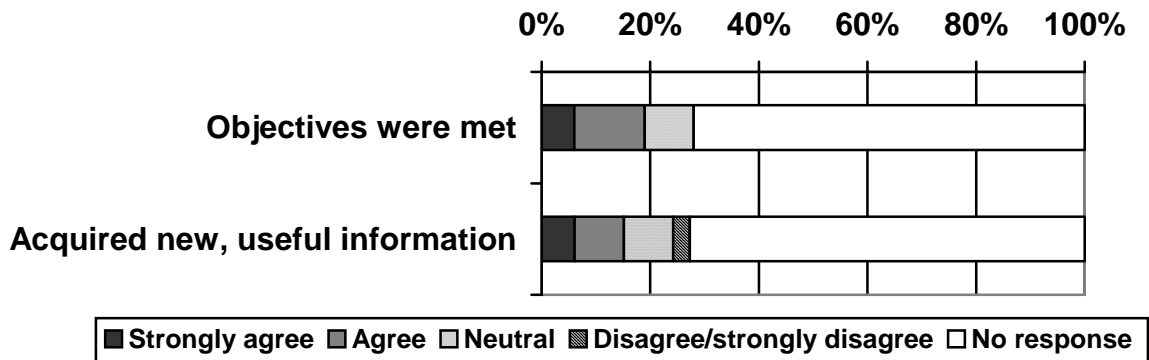


Figure 12 Ratings of the session on future training needs



Appendix C.

Written comments concerning the Institute as a whole and specific presentations and workshops

Each paragraph includes all written comments by specific individuals

Written comments concerning the Institute as a whole

I suggest that next time we work on M.I. have Wednesday off for sightseeing and work Thursday and Friday. Congratulations to all who planned it.

The speakers were excellent. I benefited from a review of areas such as relapse prevention and stages of change and also from exposure to other research areas such as Cam Wild's work. I would definitely attend future Institutes. One suggestion -I did not find the small break-out groups particularly useful (I decided to skip several). In my opinion the focus of the Institute should be on seminars and workshops related to the topics covered (e.g. John Gardin's workshops) and not looking at implementation challenges. For future Institutes I would keep the focus on learning and skill building. Also the room was much too cold for the Monday and Tuesday sessions and I found that this had a negative impact on my ability to get most out of these sessions

Excellent! All facets of the Institute provided opportunities to learn and to come together.

Perhaps more comfortable chairs would have been beneficial.

Translations of materials were disappointing but appreciated. Chairs were hard on my back. Excellent speakers. Workshops mainly focussed on outpatient services. We need to consider the training needs of education and prevention staff and inpatient detox. and rehab workers as well."

Excellent Institute! Congratulations

Should have made provision for more food!

The conference room was a little crowded. It would have been nice to have tables to put our binders on to follow and take notes. It was tiring keeping the binders on laps all day. Otherwise "super". Very nice welcome from staff and organizers, excellent conference, valuable tools and workshops, excellent exchanges and networking.

I think there is a need for a symposium for detox units and residential programs and clinical management. I think we also have to look at best practices and evidence-based research or the need for such. Often there is a lot of emphasis put on outpatient programs and although we can learn from that, detox and residential programs have their own needs, issues and challenges.

Thank you for an excellent week.

Future Institute training: Opiate addiction -different models

There was a lot of thought and planning and hard work that went into the preparation of this seminar (sic). Thank you. I was wonderful to be part of the end result.

The whole workshop was extremely valuable. I came away with some unexpected food for

thought -i.e. the different approaches of community-based programs as compared with correctional programs

Coffee at 8am would be nice or an earlier break when session start at 8am.

Great job! Room temperature was very cold for 2 days but the warm air outside was a treat. Wish there had been different lunch options. Overall I enjoyed attending the Summer Institute and learned many new things. I hope to attend future Institutes. Keep up the good work.

Exceptionally well done. For clinicians with more advanced experiences try case conference seminars (Non-native female; Aboriginal male; repeat offender).

Thanks to all involved in organizing etc. GREAT JOB. Networking with others was very important -perhaps have an icebreaker in the beginning.

The content was excellent. Facility was also great.

Four days is appreciated but wrap-up by lunch on the 4th day. Strict scheduling but less intensive structure please! Build in more opportunity to relax. 8 am is too early to start. Lunch buffet was time consuming. Keynote speakers for a full day. Overall an extremely good Institute. Thank you.

Would prefer a larger centre or place in a hotel to allow people to meet and talk after sessions Crucial and very important initiative. Well done. Excellent organization.

I would like to see more focus on the medical aspects of addiction and treatment.

I want to thank you for your warmth and professionalism. I congratulate you. I very much appreciated the translation. This was an ideal time of the year. We were able to work, play and vacation at on time. Thank you for your hospitality.

I would like to suggest there be a few presentation delivered in French. I would like for the institute to happen again. A real success, thank you for all your hard work especially the quality of the material and translation. I would like to suggest more time be spent on intervention problems. Perhaps with practical workshops discussing and studying addiction and other related cases.

I would like to suggest having themes depicting intervention with youth, ties with delinquents, violence and, consumption. Intervention and support for children of incarcerated parents. I thank you for the French interpretation, excellent documentation. I would appreciate a few presentations in French.

Comments, suggestion and involvement: Do you have suggestions other than those the presenters? --The rest is excellent. Thank you for the opportunity and your hospitality.

Written comments on Addiction and the Psychology of Change (Alan Marlatt)

Excellent -very impressive speaker and very impressive symposium.

The emotion presented in the film is very similar to what is experienced with other models such as 12 step.

Very good presentation. I was very interested in how mindfulness is being applied in the field of addiction. I would have liked more of a discussion of how the meditation fits in with the cognitive-behavioural interventions and relapse prevention.

Great presentation

Helpful information. Very knowledgeable presenter.

The information on meditation was not useful in that as detox unit would not be a conducive environment for the treatment modality.

Excellent presenter and very personable. Recommend this seminar to anyone. Alan has provided me with a sense of hope and direction

Would have preferred to have heard Marlatt speak for 1 day focussing on newer modalities like mindfulness as opposed to the well known (material on) relapse prevention

Excellent presentation both in content and style

Wonderful presentation. Enjoyed sense of humor.

Enjoyed the humor that Marlatt injected into his presentation More working groups to work with the material Well presented material Very good

I already knew his work interesting to hear

Written comments on Coercion versus self determination (Cameron Wild)

Written comments concerning this presentation were: Excellent again.

Excellent presentation and the content was extremely relevant to the field of addictions I was very glad to be introduced to Cam Wild's work.

Fabulous. Like the fact that the articles referenced were in the package A bit too much of just reading the slides

Theses were useful interventions. However resources inhibit my ability to teach staff this approach and the setting and staff are barriers. Provided new ideas and relevant theory

Dr. Wild gave me some new ideas to ponder such as the movement away from confrontation and toward self-determination.

Content was applicable to clinical practice as well as to management and on a personal level to parenting

Very interesting, stimulating and thought provoking group. Sections could have been explained in more detail

Cameron has reminded me that the relationship between client and provider is paramount. There is an urgent need to review our definition of motivation and change

There was no new information. Less power point ideas would be helpful. I was glad when the course outline changed following the exercise

I would like for the presenter suggest concrete tools to evaluate how to detect real motivation in dependent persons. I would like for the workshops to more practical.

Written comments on Engaging youth (Tammy Richard)

Well presented -held my attention

More in dept information Re: challenges and what works

Informative. However, there was a need to discuss clinical issues vs. structure of services

Excellent

Written comments on Working with DWI clients (Heather Mitchell)

Loved presenter's smiles. Very knowledgeable. Took her time in presenting material Dealing with a negative client would have been useful Good overview

Very good. More general -less about repeat offenders which according to stats are resistant

Written comments on Techniques/or building motivation (Skinner)

Wayne has a most effective presentation style

Another excellent presentation by a very excellent presenter

Excellent presenter. Information was applicable to workplace. His presentation style promoted critical thought.

Good presentation. Wayne raised many relevant and thought-provoking points and obviously is very knowledgeable about the topic.

Wayne's presentation was excellent and informative. Relevant and thought provoking

Last exercise needed more energy and greater discussion. Felt very tired at the end of the day and pressured for time. Maybe a better time and more time would be better. Loved the presentation.

Wayne reinforced the value of using motivation techniques in working with clients

Wish there was more time to go over the whole presentation. As noted by the presenter only 2-3 hours to give a 2 day presentation.

Very good presentation and useful information. It gave me the opportunity to reflect on my own relationship with my clients Presentation was well done.

Written comments on Prenatal drug effects (Catherine Ryan)

Very interesting presentation but too short. Had to cut end of her presentation. The medical terms were difficult and there was not enough time for discussion

Wish there was more time to discuss presentation and ask questions. Not enough time to complete whole presentation. Great information.

Excellent presentation. Probably of greatest interest. However the session started late as we were waiting for an introduction. Needed at least two hours

Too short no interaction

I would have preferred this session to last longer and less concentrated in content. I for example appreciated the 7 step questions. How to intervene with such and troubles and a few supplementary tools on implementing services.

Written comments on Challenge of the dual disordered client (Dennis Kimberley and Louise Osmond)

I thought that Dennis was very knowledgeable on the topic but I found the presentation quite 'dry' and difficult to follow. I would have liked to hear more regarding research and "best practice" in the area of concurrent disorders. I liked his inclusion of non-psychiatric conditions in the definition of concurrent disorders.

Session was more appropriate for a clinical trainer Unfortunately I did not receive what I expected.

Very informative and well organized.

Helpful tools for assessment and treatment planning Very informative

I would have enjoyed a full session on this topic. Electives should be at least 1.5 hours
Good presentation and helpful information in a very short time frame! I would have liked more time on this serious problem

I felt that we missed much of the information as the person who introduced the presenter did not start until 8.20 and then cut the session at 9.05. The presentation had not finished and there was not time for discussion.

Written comments on Community reinforcement (John Gardin)

Excellent

I enjoyed this presentation and liked having the opportunity to try out some of the techniques through practical exercises.

Good presentation lots of energy and commitment by the speaker Very helpful sessions

I believe that we are already using these skills to some extent in our treatment centre. Difficult due to resources -human and time- to implement in a detox environment.

Opportunities to educate partners are extremely limited.

Did not receive some of the tools such as the SASSI. This would have been helpful. I would like to explore this strategy more especially when dealing with drugs other than alcohol

The content and the approaches are very useful to me. However, the implementation of this type program in my setting.

Excellent presentation Very well presented

The happiness scales were new to me and I can see they would be helpful in my work.

Again wish there was more time for this. Only 2-3 hours for a 2-day presentation. Information will be very helpful in my work situation. Role-plays were great and helpful.

The presentation was excellent, as was the presenter. However, I felt there was far too much role-playing.

Excellent material for treatment and excellent presentation

My knowledge base in this area was low and I found it difficult to follow the theory Very clear presentation

Wonderful new insight into treating individuals

Variety of techniques but excellent presentation especially on antabuse etc.

The presenter confirmed results which do not reflect fundamental scientific statistics. In this context it lacked vigour. Exercises were interesting and forced us to reflect.

Research and evaluation (Alan Ogborne and Brian Grant)

Excellent -would have liked more but appreciate the time constraints

It was helpful to have this overview of evaluation. The logic model is very simple yet helpful that can be applied in a variety of areas. Very good information

This information and the Institute program was geared to ARC More time for discussion would have be useful

I really found this session valuable as I am presently exploring research resources to help me as a new manager to evaluate our programs and to develop new programs. I have made some good contacts and ideas where I can access resources. Thank you!

Slides not in order -loss of concentration

Reinforced the need to do and continue to do evaluation. Also appreciated the Website for further information.

Clear but slides mixed up. Well done Alan

Excellent presentation. Clear and concise. Difficult topic to present

Very relevant. Helpful frameworks

More examples of research evaluation would have been appreciated

Written comments on Sector summaries

Getting tired now!

I would have preferred a continuation of the presentations of program evaluation rather than this session. I found these sessions (sector discussions and summaries) of limited utility although I much preferred the large group discussion of CRA implementation to small group discussion of M.I. and the stages of change with feed back to the larger group (too time consuming) Became repetitious. Perhaps (better to have) collected feedback and the have presentation and discussion the next day with a summary of the feedback. It was good to separate clinical from programming and policy.

I am setting small realistic goals in implementing these approaches in my treatment/detox centre. I will start by selling the ideas to my staff.

Icing on the cake

Hopefully the members will have access to the lists from the flip charts either email or on the website

Well done- a lot of good strategies brought out

Time may have been better allocated to program management Was very pertinent but lack of energy

Written comments on Future training needs, evaluation and wrap-up

Written comments concerning this session were:

Ideas for future training:

- Research and evaluation -how to incorporate an evaluation component. Its seems to me that most programs are very limited in terms of collecting data and the establishing a research/evaluation framework -even a very simple one. It may be useful to provide staff who work in addiction with some tools to set up even rudimentary evaluation protocols and to liaise with universities etc to promote research
- Concurrent disorders -best practices

I think we were burned out by this time

Suggestion: conference centred on detoxification best practices -protocols, programs etc. Would have liked to see more on methadone maintenance and community development. I am so glad to see evidence base and outcome measures coming to light. The CRC presenter appeared to be trying to sell this product.

I think we can all agree that training is never a waste of time and it appears that best practice training is greatly needed in non- correctional community based programs.

Appendix D

Sector summaries

Motivational Interviewing

Clinical Groups

Group 1:

- Full support for model
- Made sense

Benefits:

- Reaches more clients
- Inclusive
- Matching of needs to clients
- Ethical issues no longer problematic
- Better use of resources
- Evidence-based
- Broader application to partner agencies

Challenges:

- Tension between those staff that resist and those who support
- Lack of education
- Physical needs
- Abstinence based models
- We know best attitude
- Public support for punitive measures
- Measurement of lifestyle changes
- Definition of stages - consistent language
- System wants quick fix

Opportunities:

- More education
- Interagency collaboration
- Need to present model to supervisors

Research:

- Necessary
- Narrow the gap - research presence at planning tables

Group 2:

Benefits:

- Empowerment (staff & clients)
- Retention in treatment

- Less resistance
- Fits clients' needs better
- Shares burden with client
- Increases client's skill re: relapse prevention

Challenges:

- Staff fear of loss of control
- Seen as "giving in"
- Other agencies may resist
- Clients may be confused
- Threat of losing clients
- Time consuming
- Clients challenge
- Resources for training
- Staff resistance

Opportunities:

- Staff training (formal & informal)
- Inter-agency training
- Label skills already used eg. Motivational Interviewing
- Training across the board
- Funding for training

Policy Groups

Group 1:

- Systemic application - focus

Benefits:

- Evidence-based
- User-friendly extends to staff -> clients
- "Hard to Reach" client benefits
- Addiction as social/public health problem
- Adds to the menu (tools)

Challenges:

- Can the system handle increase in clients
- Focus on what's wrong
- Massive communication challenge
- Research/evaluation needed to "make the case"

Opportunities:

- On line resources for training (technology)]
- Best use of resources
- Accountability measures to ensure Best Practices are being used
- Accreditation
- Government contract requirements -> compliance

- Technical support -> call you (the experts) for consult/support
- National strategy
- Full consultation
- Ensure treatment aspect is strong

Group 2:

Benefits: (CRA's)

- Responsibility -> client -> choice
- Rapid ID of priorities
- Measurable clear goals
- Allowing recognition of client success
- Happiness scale -> checking back with client - clarification with client...
- "Continuum" - more benefits than other approaches
- structure - easy to supervise; safety

Challenges:

- Traditional way of doing business
- May be perceived as intrusive
- Broader application eg. beyond alcohol/court mandated
- what are the studies on other groups?
- Resource need goes beyond addiction community
- Financial barrier
 - Training
 - Consultation
- Literature is not well known in Canada
- Re-thinking our resource distribution
- Access to 18 week program (rural)
- Inflexibility in implementation of model

Program Management Group

Group 1:

Benefits:

- Increase quality of care
- Less burnout
- Greater consistency
- Clients -> own pace
- Non-confrontational
- Increased productivity
- Improved lifestyle for clients
- Better assessment
- More flexibility for clients and staff
- Evidence-based

Barriers:

- Staff resistance (abstinence support)
- Resources

- Time
- Program policy (abstinence)
- Program credibility
- Priority setting -> resources
- LAMA's -> policy conflict
- Training

Options:

- NB -> Nov. conference - model of change
- Build into orientation for new staff
- Change treatment structure
- Educate clients on new approach
- Explore new funding opportunities
- Change -> positive

Group 2:

Benefits:

- Client is the expert in own programming
- Cost efficiency
- Retention
- Respect for the client

Challenges:

- Lack of understanding by community, family, etc.
- Lack of training and resources
- Social controls

Opportunities:

- Education and training for everyone
- Clinicians part of development
- Evaluation