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JOINING INSTRUCTIONS - CADETS

INTRODUCTION

- 1. Congratulations on your selection to attend a Regional Cadet Support Unit (Prairie) (RCSU (Pra)) Cadet Summer Training Centre (CSTC). This summers experience will be challenging, rewarding, and fun.
- 2. All cadets are required to conform to these rules and instructions. Parents/guardians must realize that it is not possible to accommodate those who may cause conflict or obstruct the routine of the summer training centre. In the case where cadets pose a disciplinary problem they will be returned home after notification by telephone to their parents/guardian, and applicable RCSU (Pra) Detachment. It is stressed that such occurrences are rare and that every attempt is made to correct the problem before resorting to this action.
- 3. On arrival at the CSTC each cadet should have the following forms filled out and in their possession to pass on the CSTC staff:
 - a. Record of Valuable Items;
 - b. Declaration;
 - c. Press Release Information; and
 - d. Provincial Health Card number
- 4. Cadets attending the Air Cadet Flying Scholarship Course must also have the following:
 - a. original Birth Certificate
 - b. original Licence Validation Certificate

TRANSPORTATION

- 5. The RCSU (Pra) Detachment Movement staff will arrange transportation to and from the CSTC. Details will be forwarded to corps/squadron Commanding Officers who will provide cadets with the necessary instructions and/or documents. This contact list of Regional Movement officers is to be carried by the cadet, and used if required while travelling. If any difficulties in travel arrangements are experienced, the emergency contact names and numbers for the RCSU (Pra) Movements Officers are:
 - a. for cadets from Manitoba or NW Ontario, call Lt (N)S. Knight at (204) 833-2500 ext 6219 at RCSU (Pra) Detachment Winnipeg;
 - b. for cadets from Saskatchewan, call Capt K. Smith at 1-800-341-3284 at RCSU (Pra) Detachment Regina; and
 - c. for cadets from Alberta, call Capt C. Lindley-Scott at 1-800-938-3680 at RCSU (Pra) Detachment Edmonton.

If unattended, answering machines will be activated.

6. Cadets shall travel to and from the CSTC in uniform. The dress and deportment of all cadets shall be above reproach at all times. All cadets must have a valid photo identification card prior to their departure from home to the CSTC. The name on the photo identification must be identical to the name submitted on the CF 51 Application for Summer Training.

- 7. Cadets are not authorized to bring private motor vehicles of any type to a CSTC. Parents/guardians may transport cadets to and from the summer training centre if prior arrangements are made with the Movement Officer through the Corps or Squadron Commanding Officer. Parents/Guardians are to note that cadet departures from the CSTC will not normally occur prior to 1500 hrs, following their graduation ceremonies.
- 8. Baggage entitlements and restrictions will be identified in the Movement Orders. Entitlements are to be adhered to and all baggage must have identification tags.

CADET UNIFORM AND CLOTHING REQUIREMENTS

- 9. Cadets are to ensure that all uniform items fit properly (especially running shoes and boots) and are in a serviceable condition. All special or environmental clothing required by cadets will be issued upon arrival and must be returned prior to leaving the CSTC. In addition to the issued cadet uniform, cadets are to bring the following properly fitting issued items of PT clothing:
 - a. tilley style cap;
 - b. Cadets Canada shorts (one pair);
 - c. Cadets Canada t-shirt (one); and
 - d. running shoes (one pair).
- 10. The following personal items of kit must be brought to camp:
 - a. toothbrush, toothpaste, dental floss;
 - b. soap and shampoo (biodegradable for Rocky Mountain cadets);
 - c. two bath towels, two hand towels, face cloths; one beach towel;
 - d. shaving kit (if required);
 - e. hairbrush or comb;
 - f. fingernail clippers or nail file;
 - g. handkerchief or tissue;
 - h. deodorant, sunscreen lotion and lip balm;
 - i. shoeshine kit;
 - j. sewing kit;
 - k. laundry soap (biodegradable for Rocky Mountain cadets);
 - writing material;
 - m. two padlocks (combination type);
 - n. several changes of underclothing, T-shirts and socks;
 - o. pyjamas;

- p. sweat suit and sweatshirts;
- conservative swimsuit;
- r. sweater;
- s. hangers;
- t. lint brush;
- u. eyeglass retainer bands for sports (for eyeglass wearers);
- v. shower sandals; and
- w. neutral colour bobby pins/hair accessories (if necessary);
- 11. The following additional clothing items are required for cadets that are attending an Athletic or Athletic Instructor course:
 - a. 1 pair of good cross training running shoes;
 - b. 2 pair of civilian gym shorts (no cut off jeans);
 - c. 2 white T-shirts;
 - d. extra conservative bathing suit & beach towel;
 - e. 5 pair athletic socks;
 - f. any required athletic braces/supports;
 - g. personal size water bottle; and
 - h. optional items include:
 - (1) knee pads for volleyball;
 - (2) eye goggles for the pool; and
 - (3) whistle for officiating.
- 12. All items of kit and personal belongings must be marked clearly, in permanent marker, with the cadet's name and cadet corps/squadron number. All cadets will be subject to a complete kit check on their arrival at the training centre. Cadets are reminded that they are solely responsible for any valuable items brought to the training centre. **Training Centre staff will not be held liable for the loss or damage of valuables brought to the CSTC by cadets**.
- 13. The training centre will provide cadets attending a music course, all instruments, equipment and Highland accourrements required for training or performances. **Cadets are not to bring their personal instruments to CSTCs.** If personal instruments are brought to the training centre, they will be stored for the summer and the training centre will not be responsible for damage or loss.

FORBIDDEN ITEMS

- 14. The following items are absolutely forbidden and shall not be brought to the training centre under any circumstances. **These items will be confiscated and disposed of if brought to the training centre**:
 - a. firearms of any kind;
 - b. all knives;
 - c. straight blade razors;
 - d. pornographic materials;
 - e. non prescription drugs;
 - f. laser pointers; and
 - g. lighters and other fire starting equipment.

DISCIPLINE

- 15. All course cadets will be treated as minors placed in the custody of the Canadian Forces by parents or guardians. Where off training centre privileges are granted, CSTC Commanding Officers will enforce strict compliance with regulations regarding the use of alcohol and curfew times.
- 16. A cadet may be returned home if he/she:
 - a. fails to meet the training standards;
 - b. cannot adapt to summer training centre life or training;
 - c. is declared physically or medically unfit; or
 - d. is a discipline problem.

Parents/Guardian will be notified in advance if a cadet is to be returned home early.

17. Personal relationships beyond normal working relationships will not be tolerated and may result in those involved in being returned to home.

OUT OF BOUNDS

- 18. The following areas are out of bounds:
 - a. female quarters to all male personnel;
 - b. male quarters to all female personnel;
 - c. staff quarters to all cadets; and
 - d. combined messes to all cadet/staff cadet personnel.

DRESS

19. Dress shall be in accordance with the prescribed CSTC uniform as issued to course cadets upon arrival. All issues must be returned prior to departing the CSTC.

HAIRCUTS

20. Barbering facilities at the CSTC are usually limited; cadets must have their hair cut prior to arriving at the CSTC. The staff will attempt to arrange visits by a barber and the cost of the haircut is the responsibility of the cadet.

SMOKING, ALCOHOL AND DRUGS

- 21. Cadets under the age of 18 years shall obtain the written authorization (Annex I) of their parents/guardians before they can be permitted to smoke tobacco products while attending the summer training center. The use of tobacco products is discouraged at all CSTCs. Prairie Region does not sell tobacco products at any of our CSTCs and provincial regulations preclude minors from purchasing these products. At Region Gliding School (Prairie) smoking shall be confined to designated areas. As a result of the Alberta Legislation that came into effect 1 April 2003, smoking and or the possession of tobacco products for those personnel under the age of 18 is prohibited by law at Rocky Mountain National Army Cadet Summer Training Centre, Penhold Air Cadet Summer Training Centre, and Cold Lake Air Cadet Summer Training Centre. Failure to adhere to the Alberta Provincial Legislation may result in a RTU. Smoking shall be confined to designated areas for those cadets over the age of 18 at CSTCs in Alberta.
- 22. All cadets regardless of age are prohibited from purchasing, possessing or consuming alcoholic beverages. The use or possession of alcohol or mood altering drugs is absolutely forbidden. These substances will result in an automatic return home and could involve charges under the criminal or juvenile laws of Canada.
- 23. Drugs are forbidden as defined in the Narcotics Control Act and in Parts 3 and 4 of the Food and Drug Act. This includes any other substance known to competent medical authorities as a drug, which if injected, consumed, or inhaled has the capacity to affect the normal functions of the mind or body.

PASSES

24. The CSTC Commanding Officer may authorize course cadets to leave the confines of the summer training centre under the supervision of family or friends. Authorization is based on the training requirement of the course and only with written consent by the parent or guardian as indicated on the previously completed form CF51 Application and Approval - Cadet Activities.

TRAINING CENTRE FACILITIES

- 25. A banking system will be in place for cadet use. Cadets are encouraged to limit their spending money on hand, and bank the remainder as a safeguard against loss or theft.
- 26. Light refreshments, including soft drinks, chocolate bars, souvenirs and various sundry items are available at the cadet canteen for purchase by cadets.
- 27. Pay phones are available within the CSTC to permit personal calls.

RATIONS AND QUARTERS

- 28. Rations will be provided at no cost to the cadet. Meals will be prepared to provide a well balanced diet. Those cadets that have special dietary needs are to advise their supervising officer upon arrival at the CSTC. Cadets will be housed in barrack style rooms and provided with an individual bunk and locker. Linen exchange will be done weekly.
- 29. Washers and dryers are available in quarters for cadet use. Cadets are to provide their own laundry soap and starch, which is available for purchase in the cadet canteen.

MEDICAL AND DENTAL

- 30. All cadets are entitled to emergency medical and dental treatment while at the summer training centre. Sick parade will be held daily, and medical treatment is available anytime.
- 31. Cadets who wear glasses are required to bring to the CSTC a copy of their eyeglass prescription, a sports retainer, and if available, an extra pair of glasses. The wearing of contact lenses is prohibited for any type of training. Cadets, parents or guardians will assume all related expenses arising from the loss, accident, damage or illness due to contact lens wear.
- 32. Cadets taking prescribed medication must advise the Summer Training Centre medical staff on arrival. Sufficient quantities of the prescription should be brought to last the duration of the cadet's course. To ensure the correct dose of medication is given in a timely manner, it is recommended that medications be brought in a seven day "Blister Pak" (quantities as required) available through local pharmacies. All prescribed medication will be handed to the authorized officer who will make these medications available to the cadet as needed. Non-prescription drugs such as aspirin or cough medicine shall not be brought to the summer training centre. If required, such medicine will be provided at no cost to the cadet.

COURSE CADET TRAINING BONUS

- 33. A training bonus of \$60.00 per week (up to six weeks) will be paid to all course cadets. A training bonus of \$60.00 per week will be credited to the cadet through a banking arrangement after each completed week of training.
- 34. A cadet returned to unit (RTU'd) for any reason will receive the \$60.00 per week training bonus for all completed training weeks.

BANKING AND VALUABLES

35. Pay Office Banking Services are set up for each course cadet on arrival at the training centre. Cadets may draw their money as needed from the pay office. To eliminate any storage of valuables, or security problems, it is recommended that cadets do not bring jewellery, walkmans, or other "attractive items" to the CSTC. Cadets who bring valuables to CSTC are to complete the Record of Valuable Items form and bring a copy of the completed form to the CSTC.

DUKE OF EDINBURGH'S AWARD

36. Cadets who have previously enrolled in the Duke of Edinburgh's Award program at their home corps/squadron should bring their books to the CSTC. Many requirements of the program can be obtained during the course. In addition, at a personal cost of \$15.00 per cadet, the CSTC may enrol cadets in the award program. Registrations and monies collected will be forwarded to the Program Director of the cadet's home province.

INSPECTION OF PROPERTY

- 37. Due to the large number of cadets attending summer training centres there is a need to conduct inspections of cadets and their property, particularly on their arrival. The major objective of such an inspection is to ensure that each cadet has the necessary clothing and equipment for his or her use for the entire summer program. The smooth, efficient operation and the safety of all personnel at the CSTC would be undermined significantly if the cadets were in possession of forbidden items noted in paragraph 14. Parent/guardians are requested to sign the Declaration Found at Annex A. Failure to sign this form dictates that the Canadian Forces will be unable to accommodate a cadet at a CSTC. Cadets must bring a copy of this completed form to the CSTC.
- 38. Please be assured that any inspections that may be required will conform to standard legal practices, having due regard at all times for the privacy and dignity of the individuals

involved. There is absolutely no intent to embarrass or harass any cadet and, in practice, there will be no difference from the inspection system that has been carried out at cadet summer training centres in the past.

PRESS RELEASE

35. During the course of the summer, the CSTC Public Affairs Office may produce photographs and written articles of cadets performing various training activities. To ensure that the maximum coverage is given to this material, you are requested to fill out - Press Release Information found at Annex B. Cadets may then bring a copy of this completed form to the CSTC.

Please take the time to open and read the CSTC instructions specific to your son/daughter's training:

Rocky Mountain NACSTC Penhold ACSTC Cold Lake ACSTC Air Cadet Power Scholarship Region Gliding School (Prairie)

RECORD OF VALUABLE ITEMS

Unless serial numbers, or a detailed description of valuable items, are properly recorded it is virtually impossible to identify items reported found, lost or stolen. All cadets should record their name on their personal belongings and record serial numbers and a description of their valuables.

SERIAL NUMBER	ITEM AND DESCRIPTION
(Surnama) (Civo	n Nama(a)) (Carna/San)
(Surname) (Give	n Name(s)) (Corps/Sqn)

JOINING INSTRUCTIONS - STAFF

INTRODUCTION

- 1. Congratulations on your selection to be a staff member at a Regional Cadet Support Unit (Prairie) (RCSU (Pra)) Cadet Summer Training Centre (CSTC). RCSU (Pra) has consistently provided a high calibre of training to all cadets chosen to attend a CSTC. All staff members will maintain this level of training, leadership, instructional skill, environmental knowledge, and sense of professional ethics required of an Officer of the Cadet Instructor Cadre, a Civilian Instructor, or of a senior cadet. This is a demanding task, and it requires special officers, civilians and senior cadets.
- 2. Personnel accepting an appointment as CSTC staff must be prepared to work long hours during the whole summer period. Those who may feel that the summer training centre's routine might be too strenuous and demanding should carefully consider their decision as, once the summer training centre is functioning, one person returning home puts an increased burden on the remainder. On the other hand, if the duties and responsibilities are approached in a positive manner, the experience will be rewarding.
- 3. After arriving at the summer training centre staff will participate in staff indoctrination training. Adjustments to the initial selection of staff and staff cadet appointments may be made at this time, depending on unforeseen changes to the staff.
- 4. At the end of staff training, staff will be briefed on duties and responsibilities. These duties will normally be those of the slated position, but secondary duties may be assigned in addition to the primary ones. While specific duties are scheduled, the summer training centre routine is on going 24 hours a day. Therefore all staff must be prepared to work irregular hours, if required to do so.

TRANSPORTATION - STAFF CADETS

- 5. Transportation to and from a CSTC will be arranged through the applicable RCSU (Pra) Detachment Movements Section. Movement orders will be sent when travel arrangements are finalized. Cadets employed by the CSTC as staff cadets are not authorized to bring private motor vehicles (PMV) to any CSTC. An emergency contact list of National Movement officers is to be carried by staff cadets and used if required while travelling. If any difficulties in travel arrangements are experienced, the emergency contact names and numbers for the RCSU (Pra) Movements Officers are:
 - a. for cadets from Manitoba or NW Ontario, call Lt (N)S. Knight at (204) 833-2500 ext 6219 at RCSU (Pra) Detachment Winnipeg;
 - b. for cadets from Saskatchewan, call Capt K. Smith at 1-800-341-3284 at RCSU (Pra) Detachment Regina; and
 - c. for cadets from Alberta, call Capt C. Lindley-Scott at 1-800-938-3680 at RCSU (Pra) Detachment Edmonton.

If unattended, answering machines will be activated.

6. If for some reason there is a delay to reporting as ordered, RCSU (Pra) Staff cadets are to contact the applicable RCSU (Pra) Detachment Personnel Officer and Out-of-Region Staff Cadets are to contact their home unit Regional Personnel Staff. The Personnel Officers will advise RCSU (Pra) in Winnipeg and request permission for a change of date, with reasons for such request. It is an injustice to the cadets and to other applicants for staff positions, if offers of

employment are accepted and staff fail to meet those commitments without advising the proper authorities as far in advance as possible.

- 7. Baggage entitlements and restrictions will be identified in the Movement Order. All baggage must have identification tags.
- 8. Staff Cadets will travel to and from the CSTC in their cadet uniform. On arrival, Staff Cadets shall be issued with a uniform to wear while employed. All issued uniform parts will be returned prior to leaving the CSTC.
- 9. Parent/guardians may transport Staff Cadets to and from their place of employment if prior arrangements are made with the Detachment Movement Officer and a Parental Pick Up/Drop Off Form is completed. If staff cadets are transported by their parent/guardian they are to arrive no later than 1600 hrs on scheduled day of arrival. Departure times are to be confirmed with the CSTC Movements Officer.

TRANSPORTATION - CIC OFFICERS/CIVILIAN INSTRUCTORS

- 10. Transport details will be arranged through the applicable RCSU (Pra) Detachment or RCSU HQ. Transportation is arranged to and from the address listed on the employment application. Request for travel by private motor vehicle (PMV) must be returned on the applicable form to the RCSU (Pra) Detachment with acceptance of employment.
- 11. The applicable Movements section will advise the CSTC on arrival of personnel. If members are delayed or unable to report as ordered they are to contact their applicable Detachment/Regional Personnel Officer.

TRANSPORTATION - REGULAR/PRIMARY RESERVE

12. Transport arrangements for Regular and Primary Reserve members will be coordinated through the RCSU (Pra) Movement Officer. Transportation to a CSTC will be in accordance with issued TD instructions.

IDENTIFICATION CARDS

13. All staff must have valid photo identification card prior to their departure from home to the CSTC. For Staff Cadets, the name on the photo identification must be identical to the name submitted on the CF 51

DOCUMENTATION

- 14. Upon arrival at the SCTC, staff should be in possession of the following:
 - a. Regular Force members:
 - (1) DND 99 (9-85) Travel Order Claim;
 - (2) DND 404 for personnel whose duties include driving; and
 - (3) DND 416 for personnel qualified MSE Ops 935;
 - b. Primary Reserve members:
 - (1) as listed in 14 a(1), (2) and (3) above; and
 - (2) CF 899(5/76) "Reserve Force Route Letter and Attendance Report";

- c. CIC Officers/Civilian Instructors:
 - (1) DND 99 Travel Order Form (including tickets issued);
 - (2) Reserve Force Route Letter (CF899), (members of RCSU (Pra) will have a Route Letter automatically forwarded on their behalf);
 - (3) DND 404 for personnel whose duties include driving; and
 - (4) a copy of direct deposit, bank account information; and
- d. Staff Cadets:
 - (1) a copy of direct deposit, bank account information; and
 - (2) copy of the Offer of employment.

<u>NOTE:</u> All staff cadets are to ensure they are in possession of their physical fitness training clothing and running shoes upon arrival at the CSTC.

DRESS

- 15. Dress for members of the Canadian Forces (CF) will be in accordance with CF Dress Regulations. Cadet Instructor Cadre (CIC) officers will wear the appropriate Branch badge and insignia. As the CSTCs maintain limited uniforms for CF personnel, CIC officers are to ensure that they have been issued all clothing in accordance with the applicable clothing scale prior to departure. If CIC officers are missing uniform parts they are to order online from Logistik at www.logistikunicorp.com for replacement parts. The following orders of dress will be required:
 - a. DEU 1A; and
 - b. all orders of DEU 3 and DEU 4.
- 16. CIC Officers travelling on cadet chartered aircraft will wear the appropriate Military Dress of the Day.
- 17. Civilian Instructors will wear appropriate civilian clothing while traveling to and from, and while employed at a CSTC. Civilian Instructors (CIs) are advised that the clothing descriptions below are acceptable for the CSTC:
 - a. Daily routine:
 - (1) males:
 - (a) short sleeve dress shirt;
 - (b) tie (optional);
 - (c) lightweight dress pants and belt;
 - (d) dress socks; and
 - (e) dress shoes;
 - (2) females:
 - (a) blouse or sweater;

- (b) skirt or dress slacks;
- (c) dress socks or pantyhose; and
- (d) dress shoes.
- b. Graduation parades and formal functions:
 - (1) males:
 - (a) blazer, tie and slacks or business suit; and
 - (b) appropriate accessories;
 - (2) females:
 - (a) dress; or
 - (b) dress blouse or sweater with skirt or dress slacks.
- 18. Cls may be required to wear distinctive work apparel when designated by the Commanding Officer. The CSTC will issue the distinctive work apparel.
- 19. There are occasions over the summer that appropriate Mess Kit may be worn. If staff are in possession of Mess Kit they are to bring it to the CSTC. In addition to the above items, all staff should be in possession of clothing suitable for church and social occasions.

ADMINISTRATION AND PAY

- 20. Staff personnel will be paid twice monthly, normally the fifteenth and the last day of the month. All staff will be paid by direct deposit. The direct deposit form included in your Offer of Employment must be completed and turned into the Finance Officer upon arrival.
- 21. Staff who require an exemption from deductions for income tax purposes shall submit a TD1 Tax Exemption Return. This form is available at the CSTC Office.
- 22. A Record of Employment for the purpose of Employment Insurance must be requested in writing from the CSTC Personnel Administration Officer before the end of summer training centre.

DISCIPLINE

- 23. There is no distinction between staff cadets and course cadets for the purposes of supervision and privileges. All will be treated as minors placed in the custody of the CF by parents or guardians. There is a distinction between staff cadets and course cadets in terms of personal relationships, due to the nature of the leader/trainee relationship.
- 24. By accepting employment at a CSTC, all staff will:
 - a. be assumed to have accepted the limitations and requirements placed on them in accordance with the Cadet Administrative and Training Orders, Prairie Region Policy and Administrative Instructions, Ship's Standing Orders, Prairie Region Flying Orders and the lawful orders and directions of superior officers;
 - b. be aware of special responsibilities in supervising cadets; and

- c. serve as an example to cadets with respect to:
 - (1) attention to duty;
 - (2) appearance on and off duty;
 - (3) correct conduct on and off duty; and
 - (4) loyalty to superiors.
- 25. CF Members are subject to the Code of Service discipline and will be governed accordingly. Civilian Instructors are subject to termination of employment if they fail to obey orders and support the decisions and policies of their superiors.
- 26. Upon arrival at a CSTC, staff cadets will be briefed on their expected personal performance and be required to sign a statement entitled "Articles of Conduct". This statement is a written confirmation of what is expected of a staff cadet's personal conduct during the employment period.
- 27. Staff members may be returned home if they:
 - a. cannot adapt to summer training centre life;
 - b. are declared physically or medically unfit; or
 - c. are a discipline problem.

Parents will be notified in advance if a staff cadet is to return home early.

28. Personal relationships beyond a normal working relationship will not be tolerated and will result in those involved in being returned to home.

SMOKING, ALCOHOL AND DRUGS

- 29. The following rules in regard to the use of tobacco products, alcohol, and drugs by staff shall be applied at the summer training centres:
 - a. drugs are forbidden as defined in the Narcotics Control Act, and in Parts 3 and 4 of the Food and Drug Act. This includes any other substance known to competent medical authorities as a drug, which if injected, consumed, or inhaled has the capacity to affect the normal functions of the mind or body.;
 - CSTC staff will be briefed on the regulations in regard to the consumption of alcoholic beverages;
 - c. Staff Cadets, regardless of age, are prohibited from purchasing, consuming or having alcohol in their possession;

Smoking Policy for RCSU (Pra) CIs and members of the CF

- d. RCSU (Pra) CIs and members of the CF shall not smoke in the presence of cadets and/or Staff Cadets e.g. smoking will not be permitted during classroom instruction;
- e. The use of tobacco products is discouraged at all CSTCs. Prairie Region does not sell tobacco products at any of our CSTCs and smoking shall be confined to designated areas;

Smoking Policy for RCSU (Pra) Staff Cadets

- f. all Staff Cadets employed at CSTCs shall not smoke in the presence of cadets e.g. smoking will not be permitted during classroom instruction;
- g. the use of tobacco products is discouraged. Prairie Region does not sell tobacco products at any CSTCs and provincial regulations preclude minors from purchasing these products. At Region Gliding School (Prairie) smoking shall be confined to designated areas; and
- h. as a result of the Alberta Legislation that came into effect 1 April 2003, smoking and or the possession of tobacco products for those Staff Cadets under the age of 18 is prohibited by law at Rocky Mountain National Army Cadet Summer Training Centre, Penhold Air Cadet Summer Training Centre, and Cold Lake Air Cadet Summer Training Centre. Failure to adhere to the Alberta Provincial Legislation may result in a RTU. Smoking shall be confined to designated areas for those Staff Cadets over the age of 18 in Alberta CSTCs

MEDICAL AND DENTAL

- 30. All reserve members must complete Annex A to CFAO 34-45 prior to the start of employment at a RCSU (Pra) CSTC .
- 31. All staff are entitled to emergency medical and dental treatment, and may be treated at the CSTC medical facilities or the nearest civilian medical facilities.
- 32. Staff taking prescription medication under the direction of a physician must advise the medical staff upon their arrival at the CSTC and must arrive at the CSTC with sufficient prescribed medication for the duration of employment. To ensure the correct dose of medication is given to Staff Cadets in a timely manner, it is recommended that medications be brought in a seven day "Blister Pak" (quantities as required) available through local pharmacies. All prescribed medication will be handed to the authorized officer who will make these medications available to the cadet as needed. Non-prescription medication is not to be brought to the summer training centre, as the medical staff will provide this.
- 33. Sick parade will be held daily. Medical treatment is available at any time. Staff must have their Provincial Medicare Certificate number with them when arriving at the summer training centre.
- 34. Staff who wear eyeglasses are requested to bring an extra pair with them. Members must also bring a copy of their eyeglass prescription to the summer training centre, as replacement glasses will be provided in emergency cases. For participation in active sports, staff must wear sport eyeglasses. Staff will assume all related expenses arising from the loss, accident, damage or illness due to contact lens wear.

LEAVE

- 35. CF Personnel on Class B service and Civilian Instructors are entitled to two days annual leave for every 30 days of <u>completed</u> service in accordance with CFAO 16-01 paragraph 58. Staff Cadets are not entitled to Annual Leave. However, CSTC COs, at their discretion, may grant time off to Staff Cadets employed at the CSTC.
- 36. In order that Staff Cadets may proceed on unsupervised leave or visit with relatives or friends in the proximity of the summer training centre, parental or guardian consent is required as indicated on form CF51 Application for Approval Cadet Activities. The CSTC Commanding Officer will not grant leave without parental/guardian consent. This is not to be interpreted to

mean the CSTC Commanding Officer must authorize leave because of parental/guardian consent. Every effort will be made to provide leave if it does not conflict with assigned duties.

MESSES

- 37. All officers, CIs and Regular Force and Reserve members shall become a member of applicable CSTC mess, if they are not already a member of a mess. If they are already a member of a recognized mess and choose to become a member of the applicable CSTC mess upon return to their regular mess, they should submit a receipt of paid dues to be applied towards their regular dues and time.
- 38. All Staff Cadets shall become a member of the Staff Cadet Mess.
- 39. Members of these messes are:
 - a. entitled to the rights and privileges of such membership;
 - may be subject to an assessment for mess dues to be collected at the CSTC;
 and
 - c. expected to pay a nominal amount for an entertainment fee.
- 40. The CSTC canteen will have a limited variety of sweets, soft drinks and personal necessities available for purchase by CSTC personnel.
- 41. Sports equipment and recreational areas are available for use during free time for all staff members.
- 42. Staff will normally be billeted in double rooms with shared washroom and laundry facilities.
- 43. A barber will be provided to staff who require a haircut. As barber facilities are limited, staff must arrive at CSTC with regulation haircuts.

SPENDING MONEY

- 44. Staff cadets are advised to bring enough spending money to last up to two weeks, until the first paycheque is deposited. Thirty dollars should be more than adequate for incidental expenses.
- 45. A banking system is established at the CSTC to ensure the safekeeping of money. All staff are encouraged to use this institution to safeguard excessive amounts of cash retained by them. Lost or stolen funds not safeguarded will be the responsibility of the staff member.

RELIGIOUS SERVICES

46. Protestant and Roman Catholic services are available at the summer training centre. Religious services for persons of other denominations may be arranged if required and available.

DAILY ROUTINE

47. A typical duty day at a) CSTC is as follows:

0600 Wake up

0700 Breakfast

0800 Morning training commences

1000 Morning break

1200 Lunch

1300 Afternoon training commences

1500 Afternoon break

1700 Supper

1830 extra Evening training begins - (only when required)

2000 extra Mandatory training ceases - (only when required)

2200 Course Cadets lights out

2230 Staff Cadets return to quarters

2300 Staff Cadets lights out

48. Commanding Officers will publish the daily routine in CSTC Routine Orders.

ACCESS TO AN OFFICER

49. Staff cadets may, at any time, have access to a commissioned officer for a private interview. An interview with the CO will be arranged upon request. Such requests are to be made via the Chain of Command.

Please take the time now to open and read the CSTC instructions specific to your son/daughters training:

Rocky Mountain NACSTC

Penhold ACSTC

Cold Lake ACSTC

Air Cadet Power Scholarship

RegionGliding School (Prairie)

Annex A - DECLARATION

Required to be signed and brought to the RCSU (PRA) CSTC.			
1. I,, l (Parent/Guardian)	have read and understood the		
above information and I consent to a designated representative of the Canadian Forces conducting inspections involving the person and property of my son/daughter/ward,			
(Name of Cadet)			
2. I understand that these inspections are conducted solely for the purpose of loss prevention, assurance of the sufficiency and suitability of clothing and equipment brought to the summer training centre by the cadet, and the maintenance of good order and discipline. I have no objection that, when unsuitable items such as illegal weapons, alcoholic beverages and sexually explicit photographic reading material are found, they may be confiscated, either temporarily or permanently, and dependent upon the legal requirements disposed of in the appropriate manner.			
I understand the aforementioned consent.			
Parent/Guardian signature	Date		
(Signature of Cadet)	(Signature of Witness)		

Annex B - RELEASE OF PERSONAL INFORMATION



National Defence Défense nationale



RELEASE OF PERSONAL INFORMATION

Authority is granted to use cadet personal information (name, age, hometown) and photographic image to publicly recognize cadet accomplishments and achievements while in the Cadet Program and to promote the Cadet Program through print or electronic media including radio, television, the internet, newspapers and magazines. This authority is valid until one year after he/she is no longer a cadet unless rescinded in writing.

CONSENTEMENT DE DIVULGATION D'INFORMATION PERSONNELLE

Je consens à ce que l'information personnelle (nom, âge, ville) du cadet et de toute image photographique pour reconnaître publiquement ses accomplissements et ses réalisations pendant sa participation dans le programme des cadets et pour promouvoir ce programme par l'entremise de texte ou les médias électroniques comprenant la radio, la télévision, l'Internet, les journaux et les revues. Ce consentement est valide jusqu'à un an après que lui ou elle ne sera plus un cadet sauf si demande de rescision par écrit est faite.

NAME OF CADET (Please print)		NOM DU CADET (Lettres moulées s.v.p.		
	SIGNATURE		 Date	
NAME OF PARENT OR GUARDIA	AN (Please print)	NOM DU PA moulées s.v	ARENT OU DU TUTE(.p.)	JR (Lettres
	SIGNATURE		 Date	
Home Corps/Squadron Number	Nar	me	· · · · · · · · · · · · · · · · · · ·	
Home Town	Provi	nce		
Name & Address of Home Town N				



Annex C - CHECK LIST

(Please	print and fill in at your own leisure prior to departure for summer training)
1	Know travel arrangements and reporting date.
2.	Check cadet boots and other cadet kit for comfortable fit and condition. Obtain replacement items for incorrectly sized, worn, torn or permanently soiled clothing.
3.	Get hair cut.
4.	Put name on all items brought to the summer training centre.
5.	Pack complete cadet kit and personal kit.
6.	If required, bring eyeglasses prescription and/or extra pair of glasses.
7.	Consider amount of spending money for two weeks.
8.	Label all luggage with name and home address.
9.	Bring completed Record of Valuable items, Annex A Declaration, Release of Personal Information, and Provincial Health number.
10.	Obtain travel orders and information.
11.	Give parents/guardian the Summer Training Centre address and phone number

Annex D - ROCKY MOUNTAIN NATIONAL ARMY CADET STC

- 1. Rocky Mountain National Army Cadet Summer Training Centre (RMNACSTC) is located in the Rocky Mountain Forest Reserve 100 km NW of Calgary. RMNACSTC's primary role is the provision of advanced training to Army Cadet and three Exchange programs. Twelve British, and six American youths are brought to the course in exchange for Canadian cadets going to the United Kingdom, Germany and the United States.
- 2. RMNACSTC provides two advanced training courses during its summer operation:
 - a. Cadet Leadership and Challenge Course. Six weeks in duration, is designed to develop the cadets' qualities of self-confidence, initiative, ability to relate with others, leadership and the capacity to make responsible decisions. During the summer, cadets receive instruction and practice skills required to operate effectively for long periods in mountainous terrain, watermanship skills, mountain climbing and related leadership challenges; and
 - b. **National Army Cadet Advanced Pipes and Drums**. Six weeks in duration, is designed to qualify cadets for selection as a staff cadet instructor in a pipes and drums environment providing the prerequisite for appointment as a cadet Pipe Major. The band is provided with opportunities to perform locally in Banff, Canmore and Lake Louise and may be featured at the Calgary Stampede and in Medicine Hat for their annual exhibition.
- 3. In addition to the two hundred and twenty cadets, RMNACSTC staff includes over one hundred and thirty CIC officers, Regular Force personnel, Reserve Force personnel, civilian instructors and staff cadets.
- 4. The CSTC is located at 4500' above sea level where normal morning temperatures range between 5-10° c. It is not unusual, for snow to fall in early June. Cadets and staff attending RMNACSTC are advised to ensure they bring suitable warm civilian clothing such as a sweater and coat.
- 5. RMNACSTC is a remote location and is more than 30 minutes travel to a physician. Cadets that arrive at RMNACSTC with medical limitations requiring that they be within 30 minutes of a physician **may** be RTU'd.
- 6. Each year, RMNACSTC organizes supplemental exam sessions for cadets and staff cadets belonging to Quebec school boards. These sessions are held at the same time as the ones organized in Quebec. The exams are those of the Ministère de l'Éducation or the school boards wishing to have their local exams sent to the Training Centre. It should be noted that the school boards are under no obligation to RMNACSTC to have the exams administered. In order to facilitate liaison with the school boards, it is necessary to complete Appendix 1 to this annex. This information must be submitted on your arrival at the Training Centre.
- 7. Mess Dinners will be arranged while at RMNACSTC. The staff cadet mess dinner will be held mid way through the course and staff cadets are permitted to wear suitable equivalent civilian attire to the dinner. Officers and NCMs may wear Mess Kit, as appropriate, to their Mess Dinners.
- 8. Banking services are available in the town of Cochrane, which is located approximately 45 km SE from the camp. It would be most beneficial to have an Interac account with one of the following financial institutions:
 - a. Bank of Nova Scotia
 Points West Shopping Centre
 200-5 Avenue West
 Cochrane AB TOL 0W0

(403) 932-8060;

- b. Bow Valley Credit Union 504-1st Street West Cochrane AB T0L 0W0 (403) 932-3277;
- c. Royal Bank of Canada 130-1st Street West Cochrane AB T0L 0W0 (403) 932-2231;
- d. Bank of Montreal 304 5th Ave West Cochrane AB T4C 2A5 Ph 403-851-2110 Fax403-8512116; and
- e. Toronto Dominion Bank 300-5th Ave West Cochrane AB T4C 2A7 Ph 403-932-8090 Fax 403-932-8099.
- 9. The RMNACSTC mailing address is:

RANK, FULL NAME, INITIAL Rocky Mountain National Army Cadet Summer Training Centre Box 1847 Cochrane AB T4C 1B7.

- 10. Mail should be annotated Cadet, Staff Cadet, or Summer Training Centre Staff in the lower right corner of the envelope.
- 11. The toll free emergency contact number for the Rocky Mountain National Army Cadet Summer Training Centre is 1-888-249-4499. Personnel travelling by commercial airline will normally be met at the Calgary International Airport by a RMNACSTC vehicle. If there is a problem, you must call RMNACSTC by dialling toll free 1-888-249-4499. A map showing how to get to RMNACSTC can be found at Appendix 2 to this Annex.

Annex D Appendix 1

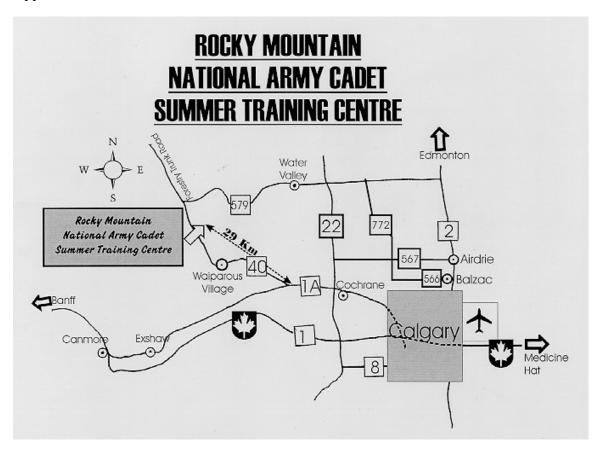
SUPPLEMENTAL EXAMS - EASTERN REGION

In order to facilitate liaison with the school boards, it is necessary to provide the information below. This information must be submitted on your arrival at the Training Centre. If you are not certain about whether you passed or failed the exam, please indicate this. It must be kept in mind that the school board can refuse to allow you to sit these exams at the Training Centre.

Note: The accuracy of the information you provide will speed up the process and improve the chances of obtaining the exams in time.

Surname and Give Name	() Home Telephone Number
Permanent Student Number	Name of School Board
Name of Contact Person	() Telephone # of Contact Person
Exam Title(s)	
Exam Date(s)	
I need to sit one or more supplemental ex	xams.
I am not certain that I failed an exam but	am submitting this information just in case.

Annex D Appendix 2



Annex E - PENHOLD AIR CADET STC

- 1. Penhold Air Cadet Summer Training Centre (PACSTC) is located 10 km Southwest of Red Deer, Alberta, next to Red Deer Regional Airport and the community of Springbrook 6 km North of the town of Penhold. Springbrook is approximately halfway between Edmonton and Calgary. PACSTC's primary role is in the provision of a safe and challenging summer training programme.
- 2. PACSTC comprises approximately two hundred and seventy five staff and provides fifteen training courses to approximately 1700 Air Cadets from Alberta, Saskatchewan, Manitoba, NW Ontario and British Columbia during its summer operation. Your son/daughter has been selected to attend one of the following training courses:
 - a. **Basic Air Cadet.** Two weeks in duration, provides basic training in life skills, adventure training, physical recreation, marksmanship, first aid, citizenship and experience the air element of the Canadian Cadet Movement;
 - b. **Introduction to Leadership**. Three weeks in duration, provides training in effective speaking, instructional techniques, leadership, general cadet knowledge, drill, physical recreation, first aid and practice in fundamental military skills;
 - c. **Introduction to Instruction Training.** Three weeks in duration, provides training in instructional techniques, drill instruction, create instructional media, general cadet knowledge, physical recreation, marksmanship, and swimming;
 - d. **Introduction to Physical and Recreational Training**. Three weeks in duration, provides training in sensible living, first aid, instructional techniques, organization of and participation in recreational sports programs, PT drill and perform the duties of a physical and recreational training assistant;
 - e. **Basic Musician**. Three weeks in duration, provides theoretical and practical music training in Music Level Basic, music performance training validation, drill, and physical recreation;
 - f. **Musician Level I –V**. Six weeks in duration, combining theoretical and practical music training, with the opportunity to perform at community events. Cadets also receive leadership, physical recreation, and first aid training;
 - g. **Introduction to Rifle Coaching**. Three weeks in duration, provides training to perform marksmanship techniques, act as a range assistant in both theoretical and practical components of the LHQ marksmanship program; and
 - h. **Power Pilot Scholarship**. Seven weeks in duration, provides training to achieve a Transport Canada Private Pilot Licence.
- Graduation dates for courses are found at Annex J.
- 4. The telephone number at Penhold Air Cadet Summer Training Centre will be 1-888-692-6252 as of June 1st. Messages will be passed to the cadets who will be able to return calls when they are free from training. If there is an emergency, explain the nature of the emergency, and the Training Centre staff will take the appropriate action.
- 5. The correct mailing address is:

RANK, FULL NAME, INITIAL PENHOLD AIR CADET SUMMER TRAINING CENTRE BAG 10 PENHOLD AB TOM 1R0 **Note**: Mail for cadets should be annotated Cadet, Staff Cadet, or Summer Training Centre Staff in the lower right corner of the envelope. All mail and parcels MUST have a return address as some of the mail/parcels are received after the cadet has departed the CSTC.

6. Parents who have arranged to deliver or pick up cadets should report to the Summer Training Centre orderly room in Building 39 where assistance will be available.

Annex F - COLD LAKE AIR CADET STC

- 1. COLD LAKE AIR CADET SUMMER TRAINING CENTRE (CLACSTC) is located at 4 Wing Cold Lake, 300 km northeast of Edmonton, Alberta, close to the Saskatchewan border. CLACSTC's primary role is in the provision of a safe and challenging national summer training programme.
- 2. CLACSTC conducts the following four training courses during the summer:
 - a. Introduction to Survival Training. Two weeks in duration, provides basic training in canoeing/small craft safety, survival field training exercises, emergency first aid / CPR, recreational sports, and drill training for Prairie Region cadets;
 - b. **Survival Instructor Course**. Six weeks in duration, provides advanced training in survival, map and compass, orienteering, communications, ground search, standard first aid / CPR, leadership, instructional technique, canoeing, and recreational sports for cadets from Western Canada;
 - c. **Senior Leaders Course**. Six weeks in duration, provides advanced leadership training to cadets from all provinces in Canada covering drill, leadership, instructional techniques, effective speaking, practice in fundamental military skills, and recreational sports; and
 - d. **Service Band Training**. Six weeks in duration, combining theoretical and practical music training for cadet musician levels III-V, with the opportunity to perform at community events and receive instructional technique and leadership training.
- 3. CLACSTC comprises approximately one hundred and fifty staff and staff cadets as well as 600 course cadets.
- 4. Staff who are in possession of combat clothing are to bring the clothing to the CSTC.
- 5. Staff are to bring a copy of their Military Driving Record to CLACSTC so they can be authorized to operate Mobile Support Equipment (MSE) at Cold Lake.
- 6. Graduation dates for courses are located at Annex J.
- 7. The mailing address for your cadet at CLACSTC is:

RANK, FULL NAME, INITIAL COLD LAKE AIR CADET SUMMER TRAINING CENTRE 4 WING COLD LAKE BOX 6550 STN FORCES COLD LAKE AB T9M 2C6

Note: Mail for cadets should be annotated Cadet, Staff Cadet, or Summer Training Centre Staff in the lower right corner of the envelope. All mail and parcels MUST have a return address as some of the mail/parcels are received after the cadet has departed the CSTC.

- 8. The emergency telephone number to contact cadets and Staff Cadets at CLACSTC is (780)840-8000 extension 4777. Calls are to be directed to the CLACSTC Administration Officer for cadets attending the Senior Leaders course and the Service Band Training, or to the Cadet Survival Training Centre Administration Officer for cadets attending the Introduction to Survival Training or the Survival Instructor course.
- 9. Parents who have arranged to drop off or pick up cadets should report to the cadet training centre security office located in Barrack Block 43 or the Survival Training Centre Headquarters in Building 79.

Annex G - PRAIRIE REGION AIR CADET POWER PILOT SCHOLARSHIP

- 1. The Prairie Region Air Cadet Power Pilot Scholarship courses will be located at Harv's Air, in Steinbach, MB; Harv's Air, St Andrews, MB; Skywings Aviation in Penhold, AB (co-located with Penhold ACSTC). Each cadet will be informed of his or her specific location for training prior to departure.
- The wings graduation parades dates are at Annex J.
- 3. It is imperative to understand that regardless of the location of the training, Power Pilot Scholarship Cadets are **cadets**. Therefore all the rules, regulations and orders involved with the cadet organization still pertain and govern behaviour and conduct. Cadets will be briefed and presented with the respective rules and regulations for the location that they are attached to. Cadets will be required to read, understand, and sign as having read and understood these regulations. Any breach of these rules or inappropriate behaviour may result in the cadet being returned to unit. A high level of discipline and maturity is required throughout all aspects of summer training both in and out of the aircraft
- 4 Cadet squadrons must ensure all cadets are issued required clothing items. This should include one extra pair of boots (to be returned to the squadron immediately after course completion) and appropriate rank insignia.
- At the course location, cadets will be issued a Canadian Forces flying suit, flight computer, ruler, protractor and the training publication "From the Ground Up". All items must be returned to the Supervisory Officer at the completion of training. A pilot logbook and maps will also be issued and retained by the cadet.
- 6 Cadets, upon arrival, **must** have in their possession, the following additional items:
 - a. proof of age and citizenship, birth certificate, baptismal or Canadian Landed Immigrant status documentation. The actual certificate, not a photocopy, is required. This is for the Minister of Transport Licence requirements; and
 - b. the original Licence Validation Certificate (not a copy), showing a Medical Category 3 (or 1).
- 7. The following list of additional items may be brought to summer training:
 - personal owned flight suits may be worn only if properly badged and attired according to CF regulations and Prairie Region Flying Orders. Cadets will be briefed on arrival as to these regulations;
 - b. suitable civilian clothing, especially for hot weather;
 - c. personal sports gear (i.e. roller blades, tennis racquets);
 - d. additional blue plain t-shirts, cadets will each be issued two at the course location, as these are required to be worn under the flight suit; and
 - e. additional funds to cover the cost of course shirts and or crests. These are purchased at personal expense.

Note: All cadets are reminded that although your training will be conducted at a civilian establishment, military discipline will be maintained. A high standard of both dress and deportment will be expected of you.

8. Cadets should have sufficient funds to pay for the following items, which have an approximate cost of \$300.00, however, they are reminded that their training bonus may be used to offset these costs:

- a. Transport Canada Private Pilot Licence Application and licensing Fees. (\$160.00);
- b. Aeronautical Information Publication (AIP) Canada. If you have an up to date copy of this publication, bring it with you;
- c. Aircraft Operating Manual;
- d. Weather manuals; and
- e. Pilot Training Record.

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Note: Each supervisory Officer will have a Cell phone for 24-hour contact. This number along with postal address will be given to the cadet's upon arrival to each location.

Annex H - REGION GLIDING SCHOOL (PRAIRIE)

- 1. The Region Gliding School Prairie (RGS (P)) is located at the former RCAF Station in Gimli, Manitoba. Gimli is located 100 kms north of Winnipeg, Manitoba. RGS (P) provides two training courses during its summer operations:
 - a. **Introduction to Aviation Course (ITAC)**. Three weeks in duration. Designed to be an exciting hands-on introduction to the flying environment, combining classroom theory with various activities including, but not limited to, model aircraft construction, flight simulator experience, flying training, sports and tours; and
 - b. **Glider Pilot Course**. Six weeks in duration, providing a physically and mentally demanding course combining theoretical and practical flight training. Cadets should be prepared to work hard to achieve a Glider Pilot Licence. Cadets will be required to pass the transport Canada written test. An inability to pass this exam or to maintain academic levels required, may result in a return to unit.
 - c. Cadets who arrive in Gimli in excess of the weight and height limits for a glider (max 200 lbs and min 90 lbs, 6 ft 3 in, 4 ft 6 in) may be returned to unit.
- 2. During the summer approximately 170 Air Cadets will attend Glider Pilot and Introduction to Aviation Courses in Gimli.
- 3. Graduation dates for RGS (P) are listed at Annex J.
- 4. Cadets attending Glider Pilot training will be issued with appropriate clothing for flying operations. Cadets on course do not wear flight suits; therefore there is no requirement for cadets to bring them to the training centre. Civilian clothes may be permitted during off duty hours. All of the required flying manuals will be issued at the training centre.
- 5. Cadets attending Glider Pilot Training are required to ensure that their **original** birth certificate, citizenship or landed immigrant status documentation is brought to the training centre. Photocopies are allowed only if a duly appointed person has signed the back as being a true copy. Cadets are also required to have their **original** license validation certificate (Medical) showing a category 3(or 1). **Flying training cannot commence without these documents.**
- 6. For the cadets attending the Glider Pilot Course, there will be a Transport Canada license and test fee of \$160 that is required to be paid during summer training. A \$60 a week training bonus will also be paid to all the cadets attending summer training, this bonus may be used to offset these costs.

MAIL FACILITIES/TELEPHONE NUMBERS

7. Mail will be delivered and dispatched daily, Monday to Friday inclusive. Postal address as follows:

RANK NAME INITIALS
Region Gliding School (Prairie)
PO Box 1960
Gimli MB R0C 1B0

All mail and parcels MUST have a return address as some of the mail/parcels are received after the cadet has departed from Gimli. Contact phone numbers for the RGS at Gimli will be given to the cadets upon arrival.

Annex I - PARENTAL/GUARDIAN AUTHORIZATION TO SMOKE TOBACCO

(First and Surname)	, the parent/guardian, authorized my <u>son/daughter,</u> (Circle One)
(Name of Cadet)	who is a cadet serving with, and is, and is
under the age of 18 to smoke	obacco products while attending unit and summer training centre
activities.	
Dated:	Signature of Parent/Guardian:

Annex J - SUMMER TRAINING COURSE COMPLETION DATES

Rocky Mountain National Army Cadet Summer Training Centre

1. The graduation parade for RMNACSTC is scheduled for 19 August 2005 at 1400 hrs (2:00 pm)

Penhold Air Cadet Summer Training Centre

- 2. Graduation dates for the Penhold ACSTC are listed as follows;
 - a. 21 July 2006 at 1000 hrs;
 - (1) first serial of basic training;
 - b. 28 July 2006 at 1000 hrs;
 - (1) first serial introduction to leadership;
 - (2) first serial introduction to instruction training;
 - (3) first serial physical and recreational training;
 - (4) first serial basic musician; and
 - (5) first serial introduction to rifle coaching;
 - c. 4 August 2006 at 1000 hrs:
 - (1) second serial of basic training; and
 - d. 18 August 2006 at 1000 hrs:
 - (1) third serial of basic training;
 - (2) second serial introduction to leadership;
 - (3) second serial introduction to instruction training
 - (4) second serial physical and recreational training;
 - (5) second serial introduction to rifle coaching;
 - (6) second serial basic musician; and
 - (7) musician level I-V.

Cold Lake Air Cadet Summer Training Centre

- 3. Graduation dates for CLACSTC are listed as follows:
 - a. 21 July 2006 at 1000 hrs:
 - (1) first serial of Introduction to Survival Training;

- b. 4 August 2006 at 1000 hrs:
 - (1) second serial of Introduction to Survival;
- c. 17 August 2006 at 1900 hrs:
 - (1) Senior Leaders Course and;
 - (2) Service Band Training.
- d. 18 August 2006 at 1000 hrs:
 - (1) third serial of Introduction to Survival Training, and
 - (2) Survival Instructors Course;

Region Gliding School (Prairie)

- 4. Graduation dates for RGS (P) are listed as follows:
 - a. 28 July 06 at a time 1000 hrs;
 - (1) first serial Introduction to Aviation Course; and
 - b. 189 Aug 2006 at a time 1900 hrs;
 - (1) second serial of Introduction to Aviation Course; and
 - (2) Glider Pilot Course.

Power Pilot Scholarship

5. The wings graduation parades for Penhold (Sky Wings) is scheduled for Thursday 17 August , 1800 hrs; Steinbach and St Andrews (Harv's Air) have been combined and are scheduled for Friday, 18 August 06 at 1600 hrs.