#### **Can I Ever Return to a Casino or REC?**

Yes, you may return once you have completed the term of self-exclusion you selected. You cannot withdraw or cancel the Agreement prior to its expiry.

# What Other Help is Available?

The VSE Program is one of many tools available to help you through this difficult time. Additional resources are available to you. For more information, visit the Responsible Gambling Information Centre, call the **Alberta Alcohol and Drug Abuse Commission** (AADAC) 24 hour, toll-free Help Line at 1-866-332-2322 for confidential assistance or visit **www.aadac.com**. Remember, it's up to you.

# **What are the Warning Signs of Gambling Harm?**

In the past 12 months have you...

- gambled to escape worry?
- gambled to get money to solve financial difficulties?
- spent more money than you intended on gambling activities?
- been approached by family or friends with concerns about your gambling?
- been concerned about the amount of time and money you spend gambling?

If you answered "yes" to these questions, you may be experiencing harms caused by gambling. Please consider getting more information about, or an assessment of your gambling. Call the toll-free AADAC Help Line at 1-866-332-2322.



#### **Help is Available**

Are you concerned that you or someone you know may have a gambling problem? Call the 24-hour, toll-free Help Line at 1-866-332-2322, contact your nearest AADAC office, or visit www.aadac.com



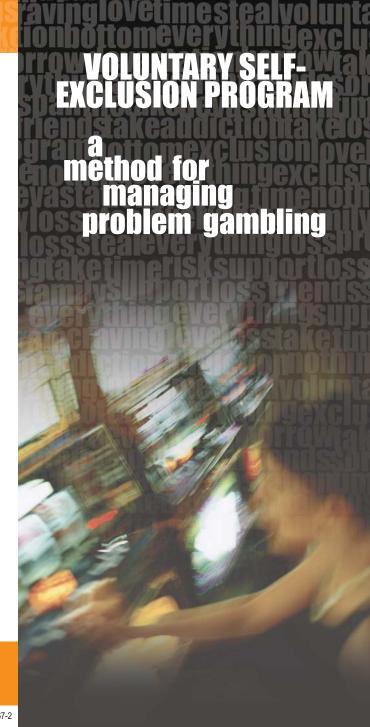
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Alberta Alcohol and Drug Abuse Commission

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# My Gambling has Become a Concern for Me – What can I Do?

The Voluntary Self-Exclusion (VSE) Program offered at Alberta casinos and racing entertainment centres (RECs) may be an important first step to getting your gambling under control. The VSE program is designed for people who feel it is in their best interest to take a break from gambling.

#### What Is the Voluntary Self-Exclusion (VSE) Program?

The VSE program enables you to voluntarily ban yourself from all Alberta casinos and RECs. By completing the VSE agreement form and having a photograph taken, you will enable the casino and REC security staff to help you honour your exclusion agreement.

## **How Do I Access the VSE Program?**

The VSE Agreement forms are available at all Alberta casinos, RECs, **Alberta Gaming and Liquor Commission** (AGLC) offices, or on the AGLC website at: www.aglc.gov.ab.ca/social/vse.asp

#### What Happens While I'm Signing Up?

You will meet with a staff member of the casino, REC or AGLC, who has been trained to handle requests for self-exclusion. You will be required to provide proof of identity via photo identification. You may be asked to provide a photograph or be asked to sit for a photograph that will

be used to identify you to casino/REC staff. You will be asked to take the Agreement away with you and think about your decision for 48 hours before being accepted into the program.

#### Why Do I Have to Wait 48 Hours?

You can waive the 48-hour waiting period, however, it is preferable that you think through your decision and be sure you want to take this step. It is your responsibility to honour your commitment; the casino and REC staff are there to help you, but it is you who must take full responsibility for staying out of the casinos or RECs.

#### After the 48 Hours What Do I Do?

If your identification has been verified at a casino, REC or AGLC office, you can mail your signed Application to the AGLC head office. An addressed envelope will be provided to you upon your initial sign-up. If you did not have your identification verified, you must return the completed form in person to any casino, REC or to the AGLC office (50 Corriveau Avenue, St. Albert, phone: (780) 447-8600).

#### **What Happens After I Voluntarily Exclude?**

When you ask to be excluded from casinos and RECs, your information is available to the security offices of all of the casinos and RECs in Alberta. This allows us to support you in your commitment to stay away from casino/REC

gambling. If you attempt to access the properties after you have signed up for the program, security personnel will make every effort to identify you and refuse your admittance.

If you do gain admittance and are then identified, you will be escorted off the premises and you could be charged with entering a premises you are banned from, or face a monetary fine.

## **What Exactly Will I Be Excluded From?**

You will be prohibited from entering all Alberta casinos and RECs. This includes the gaming floor, restaurants, lounges and entertainment venues located within the properties. This does not include licensed premises with VLTs, other than those located in the casinos or RECs.

#### Who Will Know About My Self-Exclusion?

All exclusion files are kept confidential and will only be shared with those staff at AGLC, casinos and RECs that are responsible for maintaining the Voluntary Self-Exclusion Program. Your personal information is protected by Alberta's Freedom of Information and Protection of Privacy Act.

## **How Long Does the Exclusion Last?**

The VSE Program choices are six months, one year, two years or three years and you may re-enter the VSE Program after you have completed any term.