

The image features a solid green background. On the left side, there are silhouettes of a knife and a fork. The knife is positioned vertically, and the fork is placed to its right. On the right side of the image, there is a large, light green circular shape representing a plate. In the center of this plate, the word "menu" is written in a white, lowercase, sans-serif font, enclosed within a white rounded rectangular border.

menu

# breakfast



cereal



egg



pancakes



orange



milk



bagel



orange juice



yogurt



toast and  
peanut butter



banana

# lunch



brown rice



tuna sandwich



salad



chocolate milk



ham and cheese sandwich



vegetables



peach



pizza



taco



apple

# dinner



stew



vegetables



spaghetti



brown rice



cheese burger



beans



cheese



stir fry



fruit



baked potato



carrots



chicken



soup



pizza



milk

The pictures in this menu are not necessarily the recommended portion sizes for children 3-5 years old. Please refer to the *Food Serving Sizes for 1 to 3 Years and 4 to 5 Years* handout included in this Snackivity Box for appropriate portion sizes.

# dessert



jello



yogurt



fruit salad



cookie



fruit



orange



peach



ice cream